

Holding the Whole Family: Boundaries, Loyalty, and Love in Kinship Care webinar



May 12, 2026

Brittani M. Kindle, LCSW

Here Now Health



Formed Families Forward - who we are...

- A family-led resource center in Northern Virginia supporting foster, adoptive and kinship families who are raising children, youth & young adults with specialized needs, and professionals who work with our families.
- We offer free training, consultations to families, events, resources, and systems navigation. Also - peer support groups; Resource Directory; *Learning Your Way* self-paced classes; youth classes, videos and other resources.
- Family partner to Virginia Tiered Systems of Supports (VTSS; a VDOE project)

www.FormedFamiliesForward.org

Kelly.Henderson@FormedFamiliesForward.org

Requests for Certificate Attendance:

Stacia.Stribling@formedfamiliesforward.org



Support Groups

For Foster, Adoptive, and
Kinship Caregivers

In-Person Group Meets
3rd Wednesdays from 7-8:30 PM

Virtual Group Meets via Zoom
1st Sundays from 7:30-9 PM

[Register Here](#)

Formed Families Together
Peer Support Groups

INTERESTED IN JOINING?
REGISTER AT
[HTTPS://BIT.LY/FFFTGROUPS](https://bit.ly/FFFTgroups)
OR LEARN MORE AT
FORMEDFAMILIESFORWARD.ORG

We provide a safe space for foster & adoptive parents & kinship caregivers to share their experiences, concerns, frustrations, & resources!

Formed Families Together support groups are led by trained peer leaders with personal & professional experience.

VIRTUAL GROUP MEETS VIA ZOOM
1ST SUNDAYS
FROM 7:30 TO 9 PM

IN-PERSON GROUP MEETS
3RD WEDNESDAYS IN
FAIRFAX CITY,
FROM 7 - 8:30 PM

Hosted By
FORMED FAMILIES FORWARD



Are you raising a child for a family member or friend?

Join other KINSHIP caregivers for FREE support groups!

FAIRFAX KINSHIP SUPPORT GROUP

- Virtual group on first Thursdays of each month, 6:30 - 8 PM
- In-person group at Fairfax County Community Centers on third Thursdays, 6:15 - 8 PM. Dinner and child care provided.
- Learn more and register at <https://bit.ly/FFFKinSG>

FORMED FAMILIES FORWARD

Fairfax Kinship Peer Support Groups are trained, facilitated and supported by Formed Families Forward, through a contract with Fairfax County Department of Family Services. In-person groups are offered at Fairfax Community Centers, with support from Fairfax County Neighborhood and Community Services.

FF is a 501(c)(3) non-profit organization. All services are provided on the basis of availability. Some services are subject to change without notice. Resources are provided on an as-is basis.



Fairfax County's Kinship Assistance, Resources, and Education (KARE)



KARE Kinship Assistance, Resources, and Education

Call the Kinship Resource Line
703-324-4534
KARE@formedfamiliesforward.org

Kinship Navigators help relatives caring for children both inside and outside of the formal child welfare system. Your Navigator is an expert on the services available in your area.

FORMED FAMILIES FORWARD

FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES

When a TTY number is not indicated, use 711 Virginia Relay. Reasonable accommodations provided upon request, call 703-324-4755.
A Fairfax County Publication - 02/2026

Are you Raising a Child for a Friend or Relative?

KARE

Are you Raising a Child for a Friend or Relative?

When parents can't meet a child's basic needs, relatives or family friends often step in to care for the child.

ARE YOU...

- Raising your grandchild
- Caring for your niece or nephew
- Responsible for a younger sibling or a friend's child?

Then you are a **kinship caregiver!** You are helping them, so let us help you!

KARE Kinship Assistance, Resources, and Education

Our FREE Kinship Navigation program can help connect Fairfax County kinship families to valuable support services.

Our Kinship Navigators are available to talk 1:1 about any questions you may have!

What can we help you navigate?

- Basic Needs and Financial Resources
- Emergency Assistance Funds
- Support Groups
- Trainings, Workshops, and Parenting Education
- Respite and Recreational Activities
- School, including Special Education
- Child Care Subsidies
- Eligibility for Benefits Programs such as TANF, SNAP, WIC, and Medicaid
- Legal and Custody Resources
- Mental and Behavioral Health Resources

And much more!

Upcoming Webinar

Wednesday, May 13, 7 PM



[Register Here](#)

FFF's Resource Directory

Searchable by:

- Topic
- Locality
- Medicaid/Private insurance
- Trauma expertise
- FASD experience/expertise

<https://formedfamiliesforward.org/resource-directory/>

Formed Families Forward's

RESOURCE DIRECTORY

Find providers, agencies and organizations - searchable by topic!

Topics include:

- Adoptive, Foster, and Kinship Services and Resources
- Condition-Specific Information
- Educational Services and Resources

As well as:

- Family Support
- Legal Advocacy
- Medical and Health Care
- Mental and Behavioral Health
- Transition Services for Young Adults (18-21)

[bit.ly/FFFDIRECTORY](https://formedfamiliesforward.org/resource-directory/)



FORMED FAMILIES **FORWARD**



Register at <https://bit.ly/FFFLYWSpring26>

- Free, on-line, on-demand learning
- Self-paced & interactive
- Certificates of Completion
- 8 Courses Available:
 - Special Education 101
 - Constructive Communication & Collaboration
 - Special Education Dispute Resolution
 - Trauma 101
 - Kinship Care
 - Other Health Impairment
 - Positive Parenting
 - Functional Behavior Assessment (FBA) & Behavior Intervention Plans (BIP)



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Formed Families Forward – Stay in Touch!

PLEASE COMPLETE EVALUATION.

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