Understanding the Diagnosis of Fetal Alcohol Spectrum Disorders (FASD)

Alison Sturgill PNP, Stephanie McNerney PNP

UVA Neurodevelopmental and Behavioral Pediatrics

Slides at https://formedfamiliesforward.org/family_resource/understanding-the-diagnosis-of-fasd-webinar/

Formed Families Forward - who we are…

- A family-led resource center in Northern Virginia supporting foster, adoptive and kinship families who are raising children, youth & young adults with specialized needs, and family-serving professionals.
- We offer free training, consultations to families, events, resources, and systems navigation. Also - peer support groups; webinars; virtual trainings; videos and other resources.
- Family partner to Virginia Tiered Systems of Supports (VTSS; a VDOE project)

Certificates of Attendance

FASD Winter Webinar Series

- Tuesday, ***January 20***, 2026, 7-8pm: **The Role of Occupational Therapy (OT) in Supporting Those with FASD** with Dr. Misty Pruner and Dr. Tracy Jirikowic (University of Washington, Seattle)
- Tuesday, ***January 27***, 2026, 7-8pm: **FASD Virginia: Exploring a New Resource for Families** with Dr. Stacia Stribling and Dr. Kelly Henderson (Formed Families Forward)

Recordings of earlier webinars at https://formedfamiliesforward.org/resource_category/webinars/

Mark your calendars!

Saturday, April 18, 2026
8:30 AM - 2 PM
GMU Science & Tech Campus, Manassas

Formed Families Together parent and caregiver support groups

- Formed Families Together peer-led support group for **adoptive and foster parents and kinship caregivers** meets twice a month
- Virtual - First SUNDAY each month, 7:30 – 9 PM
- In-person - Third WEDNESDAY of each month on site in Fairfax city, 7- 8:30 PM
- Led by trained FFF staff

https://bit.ly/FFTgroups

FORMED FAMILIES TOGETHER
PEER SUPPORT GROUPS

Stronger Together Life Skills Training Class for Youth

- Any interested student in gr. 6 through 9
- In person, in Fairfax City
- Weekly on 8 Tuesdays, 5:30 - 7 PM
- February 3 - March 24
- FREE with dinner served
- Regular attendance is required

bit.ly/ST-Life-Skills-Winter26

Formed Families Forward – Stay in Touch!

PLEASE COMPLETE EVALUATION right after we end.

****Certificates (only available for those who attended the live session) Email: Veronica.Ferris@FormedFamiliesForward.org****

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