

# RAISING KIDS with BIG BAFFLING BEHAVIORS

## a course for caregivers

DEVELOPED BY ROBYN GOBBEL, MSW

### ABOUT THE COURSE

*You'll develop the confidence*  
to stay connected to your kids even  
in the face of the most bizarre and  
baffling behaviors.

#### SECTION 1

How to Become the Expert  
in Children's Behaviors.

#### SECTION 2

Now, Let's "Fix" Those Behaviors.

#### SECTION 3

Why Knowing Isn't Even Half the Battle.

- Tuesdays, Feb. 3- March 24
- 7:00 p.m. - 8:30 p.m. Virtual
- \$250, includes materials
- <https://bit.ly/BBBwinter26>



*Based on the  
best seller*

RAISING KIDS WITH BIG,  
BAFFLING BEHAVIORS:



BRAIN-BODY-SENSORY STRATEGIES THAT REALLY WORK

You can experience what parents and  
caregivers describe as a life-changing new way  
to reframe and change children's behaviors.

### 3 CORE TENETS

- 1 Behavior is just a clue.
- 2 We all need connection to survive.
- 3 Regulated, connected kids who feel safe behave well.

FORMED FAMILIES **FORWARD**



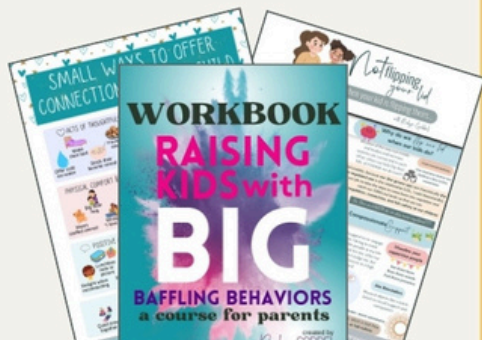


# MEET YOUR FACILITATOR

**Melissa Lebling**, Family Support and Outreach Specialist

TOGETHER WE'LL EXPLORE

Owls, Watchdogs & Possums



Plus, you'll get tons of resources!

## The Three Tenets

**Behavior is just a clue.**

It's what we see on the outside that gives us some information about what might be happening on the inside.

**We all need connection to survive.**

If a child is behaving in a way that makes us not want to be connected to them, we can pause and ask "What's up with that?"

**Regulated, connected kids who feel safe behave well.**

To change children's behaviors, we will look for ways to increase regulation, connection, and felt-safety.



You'll develop the confidence

to stay connected to kids even in the face of the most bizarre and baffling behaviors

Section 1- How to Become the Expert in a Child's Behaviors.

Using the science of being relationally, socially, and behaviorally human, this section will demystify the most baffling behaviors. You'll change how to see and interpret a child's behavior. That change will become the most powerful tool in your caregiving toolbox.

Section 2- Now, Let's "Fix" Those Behaviors.

Your caregiving toolbox will be stuffed with brain, body, and sensory strategies- that actually work. These techniques will strengthen the child's nervous system and decrease baffling behaviors. Better yet, by the end of this section you'll know what interventions to use when.

Section 3- Why Knowing Isn't Even Half the Battle.

You aren't a bad caregiver, so what happens between learning new caregiving skills and actually using those new caregiving skills? Section 3 will grow your tolerance for baffling behaviors so you can show up the way that you want to.

FORMED  
FAMILIES

FORWARD