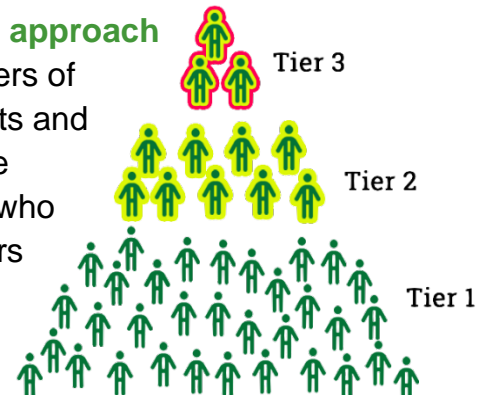


## POSITIVE BEHAVIORAL INTERVENTIONS and SUPPORTS:

### Did You Know?

**Positive Behavior Interventions and Supports (PBIS) is an approach that promotes positive behavior in schools.**

It uses three tiers of intervention. **Tier 1** focuses on strategies to support all students and focuses on setting clear expectations and teaching appropriate behaviors. **Tier 2** provides targeted interventions for students who need additional support beyond tier one strategies. **Tier 3** offers intensive, individualized interventions for students with big behavioral challenges. A student who accesses Tier 3 intensive services also benefits from Tier 1 & 2 supports.



By using a Multi-tiered Systems of Supports (MTSS) framework, all students receive the level of behavior, social-emotional and academic support they need to succeed, and schools are more effective, positive and proactive.

**PBIS teaches students what good behavior looks like, relies on data to track and drive instructional decisions, and provides additional support for small groups and individual students as needed.**

Behavior rules are taught like other subjects such as math or reading, by:

1. Setting Clear Expectations: Rules for everyone to follow might include being respectful, responsible, and safe. Students practice these rules every day.
2. Teaching Expectations: Teachers explain and use visuals and role-plays to show what rules look like in various places like classroom, hallway, and playground.
3. Recognizing Good Behavior: Students who follow rules are recognized through praise, stickers, or special privileges making them feel good about their choices.
4. Correcting Problem Behavior: If a student breaks a rule, teachers calmly remind them of the expectations and help them fix their behavior. They might use consequences like time-outs or loss of privileges, but the focus is on learning from mistakes.
5. Monitoring and Adjusting: Schools keep track of behavior to see how well PBIS is working. They use this information to make changes if needed.

**PBIS is important because it helps create a positive, safe school environment.** When students know what is expected and are acknowledged for good behavior, they are more likely to behave well, making school a better place for everyone to learn and grow. PBIS:

1. Improves Behavior: Students learn to make good choices and behave well.
2. Creates a Positive Environment: Schools become happier and safer places.
3. Supports All Students: PBIS helps all students, including those who struggle with behavior.
4. Builds Better Relationships: Students and teachers build positive relationships based on respect and understanding.