

Trauma-Informed & Healing Centered Family Engagement

Facilitation Guide

Child and family outcomes improve when provider agencies and organizations authentically engage families and youth in the planning, delivery and evaluation of their services. This training curriculum is designed to support providers to deepen understanding of what authentic family engagement is, why it is linked to better outcomes, and most importantly, learn together to implement trauma-informed and healing-centered approaches that make our work more efficient and effective. The curriculum is a project of the Fairfax Trauma Informed Community Network and was developed by Fairfax County in partnership with colleagues at local family-led nonprofit, Formed Families Forward with funding support from the Virginia Department of Social Services Office of Trauma and Resilience Policy.

Trauma-Informed & Healing Centered Family Engagement Training

This training is intended for child- and family-serving professionals, and uses video modules, interactive worksheets, and supplemental resources to provide an overview of best-practices for family engagement using a trauma-informed and healing centered lens.

Module 1 - What is Family Engagement?

This module defines authentic family engagement, and the mindset shifts required to achieve the desired outcomes for children, youth and families.

Supplemental Resources -

[Using a Trauma Lens to Create Forms.pdf \(fairfaxcounty.gov\)](#)

[Trauma Informed Design Elements \(fairfaxcounty.gov\)](#)

[sharing power a tool for reflection 2.pdf \(nctsn.org\)](#)

Module 2 - What is Trauma-Informed Care?

This module defines trauma-informed care and introduces viewers to why trauma-informed practice is key to family engagement.

Supplemental Resources -

[What is Trauma-Informed Care? - University at Buffalo School of Social Work - University at Buffalo](#)

[A Guide to Trauma-Informed Approaches for Service Providers.pdf \(fairfaxcounty.gov\)](#)

Module 3 - What is a Healing Centered Approach?

This module introduces a healing centered approach and covers how these concepts can support family engagement.

Supplemental Resources -

[Trauma-Informed/ Healing-Centered Engagement Teaching Resources - Center for the Enhancement of Learning and Teaching \(tufts.edu\)](#)

Module 4 - Using Motivational interviewing Skills

The module provides a brief overview of how motivational interviewing skills can be used to engage families in a trauma-informed way.

Supplemental Resources -

Motivational Interviewing Training is offered to clinicians in Fairfax County via the Consortium for Evidence-Based Practice - [Clinical Psychology | Overview | Fairfax Consortium For... \(qmu.edu\)](#)

Module 5 - Changing Practice: Developing an Action Plan

This module introduces a framework that viewers can use to apply what they have learned to improve their family engagement practices.

Supplemental Resources -

Lippitt-Knostrer Model for Managing Complex Change

<https://meyerfoundation.org/wp-content/uploads/2019/12/Managing-Complex-Change.pdf>

<https://nyslibrary.libguides.com/dei/change>