

Trauma Informed & Healing Centered Family Engagement



Module Three

What is a healing centered approach?

Healing Centered Engagement

Healing Centered Engagement is a holistic approach involving culture, spirituality, civic action and collective healing.

A healing centered approach views trauma not simply as an individual isolated experience, but rather highlights the ways in which trauma and healing are experienced collectively.

Healing Centered Five C's

Compassion

Connection

Community

Curiosity

Ceremony

(applying ancestral knowledge to plant seeds of resilience, hope, and wellness)

A Tale of Two Conversations *Take One*

A Tale of Two Conversations *Take Two*