# Trauma Informed & Healing Centered Family Engagement

## Module One

### What is family engagement?

My definition of family engagement:

Definition of family engagement used by Family Engagement Consulting Team.

**Family engagement** refers to the systematic inclusion of families in activities and programs that promote children's development, learning, and wellness, including in planning, development and evaluation.

## Practices that I feel good about

List specific things you do in your own practice, and/or that are norms or policies at your organization you think are good examples of family engagement.

Growth Mindset Notes: How am I applying this information to how I engage with families?

## Voice and Choice

- Family perspectives are intentionally elicited and prioritized.
- Professionals work to provide options and choices to ensure that all decisions and plans reflect the client's and families' values and preferences.
- Decisions are grounded in child, youth or other client's and their family members' perspectives.

Opportunities I am already taking advantage of.	
New ways I can provide voice and choice to families.	
What can we offer more voice and choice in?	Have we considered?
Intake processes	<ul> <li>Out of the box strategies to offer choices.</li> </ul>
Screening processes	<ul> <li>If our spaces are set-up to promote choice.</li> </ul>
Communication methods	<ul> <li>Perception is reality. Do families leave</li> </ul>
<ul> <li>Transitions between workers and/or programs (internal and external)</li> </ul>	interactions with us feeling an increased sense of agency.
Referral sources	<ul> <li>How problem solving and decision making are grounded in client and family strengths/assets.</li> </ul>
Outreach processes	<ul> <li>How considerations of family and community</li> </ul>
<ul> <li>Program evaluation and use of evaluation data for planning</li> </ul>	culture are integrated to all phases of engagement.

### Four work areas that impact family engagement

Below are four areas of our work that impact family engagement. Consider how these four areas intersect with the intake, initial meeting, feedback and crisis intervention processes. What aspects of your processes are strengths and which are areas of needed focus?

Physical	Strengths:
Environment	Needs:
Personal	Strengths:
Interaction	Needs:
Written Materials and Communication	Strengths: Needs:
Practices and	Strengths:
Policies	Needs:

