



Person-Centered Planning

Person-Centered Planning is all about YOU!

YOU are focus of person-centered planning, also called PCP. That means that you get to let your family, your teachers, and others know what you want to do when you leave high school or college and how you want to live your life. People that you trust and care about can help you make those choices but your voice is the most important. PCP can help you achieve your goals and dreams for life after high school.

Dream Big

- Think about the things that you like to do and the things you don't like to do.
 - Maybe you really like being around animals. And maybe you really don't like cooking.
- Think about what you are good at and where you need help?
 - Maybe you are great at math but need help with reading.
 - Maybe you are a really good listener but sometimes need help talking to others.
- Think about what you would like to do after you leave high school, your goals.
- Think about what works for you and what doesn't.
 - Maybe you need a little extra time to finish your work and short breaks if you get tired.
 - Maybe you don't like when people think you can't do something or when they don't give you the chance to say what you are thinking or feeling.



The answers to these questions will help you complete your person-centered plan for life after high school.

- Do I want to go to college or trade school?
- Do I want to get a job?
- Where do I want to live?
- What do I like to do for fun?
- How will I get places?
- Will I have money to do the things I want to do?
- Will I have friends or a relationship?



Who is My Person-Centered Planning Team?

Your PCP team is anyone that you want it to be. You and your family can decide. Here are some ideas on who might be part of your team besides **YOU** and your family.

- Your teachers,
- Your therapists like your speech language or physical therapist if you have one,
- Your vocational rehabilitation counselor,
- Neighbors or friends,
- An employer or job coach,
- Anyone that you would like to be a part of planning and helping you build your future.



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