



Friday, April 12, 2024

8:45 AM - 1 PM

10304 Eaton Pl., Fairfax VA

Trauma, the Brain, and Hope: Implications for Professional Practice workshop



Workshop presented by **Jessica Sinarski, LPCMH**
Trauma expert, national trainer,
Brave Brains founder, author of
Riley the Brave books

It's a brain thing! Discover the hopeful side of neuroscience, with user-friendly applications for all ages.

Participants will be able to:

- Describe the main operating systems of the brain in accessible language.
- Apply a strengths-based lens to address current challenges.
- Implement at least 3 small shifts that will better support child and staff brain functioning and behavior.

Register at
<https://bit.ly/profworkshop24>



4 contact hours

Early bird rate
\$60 until 3/16