

Links for 8 29 23 *Starting the School Year Strong: Strategies for Foster, Adoptive and Kinship Families* webinar

Stacia Stribling and Kelly Henderson

Slides (and where recording will be):

[https://formedfamiliesforward.org/family\\_resource/starting-the-school-year-strong-strategies-for-foster-adoptive-and-kinship-families/](https://formedfamiliesforward.org/family_resource/starting-the-school-year-strong-strategies-for-foster-adoptive-and-kinship-families/)

Editable calendars/schedules:

Calendar Labs- [www.Calendarlabs.com](http://www.Calendarlabs.com)

In Canva: <https://www.canva.com/design/DAFsvaUqVwl/7i9NzZIMh6TKyqwW7vVMpA/edit>

Timers:

Visual countdown timers-

<https://play.google.com/store/apps/details?id=com.fehnerssoftware.visualtimer>

Visual Supports Library- <https://www.earlywood.org/Page/546>

Feelings Thermometer- <https://children.wi.gov/Pages/FeelingsThermometer.aspx>

Scripted stories for social situations:

<http://csefel.vanderbilt.edu/resources/strategies.html>

Sensory tools:

Many ideas and how-to's - <https://www.edutopia.org/article/diy-ways-meet-childs-sensory-needs-home>

Make weighted snake lap buddy- <https://www.autismspeaks.org/blog/diy-weighted-lap-buddy>

Moody Cow Meditates, book read aloud- <https://www.youtube.com/watch?v=km6tIFgVBKs>

Parent/child yoga ideas - <https://www.greenchildmagazine.com/bonding-with-your-child-through-yoga/>

Mindfulness Practices for stressed out parents- <https://www.mindful.org/when-parenting-gets-tough/>

Sesame St. Belly Breathe song (2:25) - <https://www.youtube.com/watch?v=mZbzDOpyIA>

Explanation of diaphragm breathing- <https://www.health.harvard.edu/healthbeat/learning-diaphragmatic-breathing>

Beyond Consequences cards - [https://formedfamiliesforward.org/family\\_resource/regulation-clip-chart-tools-from-h-forbes/](https://formedfamiliesforward.org/family_resource/regulation-clip-chart-tools-from-h-forbes/)

FFF All About Me:

Fill-in Word doc- [https://www.formedfamiliesforward.org/resource\\_category/special-education-advocacy/](https://www.formedfamiliesforward.org/resource_category/special-education-advocacy/)

Instructions and sample All about Me- [https://formedfamiliesforward.org/resource\\_category/special-education-advocacy/](https://formedfamiliesforward.org/resource_category/special-education-advocacy/)

Student profiles:

- [https://www.iidc.indiana.edu/styles/iidc/defiles/INSTRC/Student\\_Personal\\_Profile\\_Template.pdf](https://www.iidc.indiana.edu/styles/iidc/defiles/INSTRC/Student_Personal_Profile_Template.pdf)
- <https://www.understood.org/en/school-learning/choosing-starting-school/back-to-school/download-back-to-school-introduction-letters>
- [http://www.aimpa.org/uploaded/Institute/All\\_ChildProfile.pdf](http://www.aimpa.org/uploaded/Institute/All_ChildProfile.pdf)
- <http://www.cidd.unc.edu/docs/CommunityTalk/PositiveStudentProfile.pdf>
- [https://wrap2fasd.org/wp-content/uploads/2022/08/TTYU0wftSDScmLL4a1kn\\_Understanding-Me-FASD.pdf](https://wrap2fasd.org/wp-content/uploads/2022/08/TTYU0wftSDScmLL4a1kn_Understanding-Me-FASD.pdf)

Training Evaluation link- <https://forms.gle/P2VqfepV9kTPkE9Z6>

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<https://www.facebook.com/FormedFamiliesForward>

Instagram- <https://www.instagram.com/formedfamiliesforward/>

X/Twitter- <https://twitter.com/FormedFamilies>