

HOW TRAUMA-INFORMED CARE CAN BENEFIT CHILDREN AND YOUTH WITH DISABILITIES



TRAUMA IS
Negative experiences that affect how children interact with the world & how they see themselves



EXPOSURE TO TRAUMA CAN INCLUDE

Abuse	Medical treatments	Poverty
Neglect	Immigration	Racism
Bullying	Community violence	Ableism



TRAUMA-INFORMED CARE IS
Professionals who respond with care, understanding, and sensitivity to a child's trauma history



YOUR TRAUMA-INFORMED CARE TEAM SHOULD INCLUDE

Educators	Family members
Medical professionals	Community providers
Mental health professionals	



PILLARS OF TRAUMA-INFORMED CARE
Empowerment Collaboration
Safety Cultural understanding
Choice Respect



LOOK FOR TRAUMA-INFORMED PROVIDERS WHO

- Understand what trauma is
- Know how trauma impacts behavior and the ability to learn



CHILDREN WITH DISABILITIES & TRAUMA

- Are more vulnerable to victimization
- May have difficulty communicating trauma has occurred
- Often communicate via with challenging behaviors or new behaviors
- Might have a delay in healthy brain development



TRAUMA-INFORMED CARE IS CRUCIAL FOR CHILDREN WITH DISABILITIES

Opportunities to recover from trauma appear when a trauma lens is added to the understanding of the child's disability



BENEFITS OF TRAUMA-INFORMED CARE FOR CHILDREN WITH DISABILITIES

- Increase feelings of physical, social, and emotional safety everywhere in their lives
- Receive higher quality of care from mental health and medical providers
- Improve success at school
- Empower families to partner with professionals to get the best outcomes

GET MORE CRITICAL CROSSROADS RESOURCES



Critical Crossroads: The Impact of Trauma on Children with Disabilities Video
Critical Crossroads: Trauma-Informed Care for Children with Disabilities Video



Trauma-Informed Student Evaluations at School Checklist
Trauma-Informed IEP Checklist

<http://bit.ly/3Gzg1J1>

