



POSITIVE PARENTING CLASS

Are you parenting children under 6? Feeling overwhelmed & stressed due to COVID? Kids driving you crazy? Maybe you have a child with special needs? Concerned about behaviors or strong emotions?

- Formed Families Forward is offering a FREE two-session positive parenting workshop.
- Parents & caregivers will learn positive ways to address common behavior challenges, how to manage stress, build family resiliency & where to go for additional help if needed.
- Adapted from the "Positive Solutions for Families" curriculum.

Our next offering will be held at **The Arc of Greater Prince William.**

13505 Hillendale Dr, Woodbridge, Virginia 22193

September 17th & 24th: 10:00am-1:00pm, lunch will be provided.

Classes are FREE! Childcare provided.

Gift cards will be provided to those who complete both sessions.

Interested? Register at: <https://fffpositiveparentingfall2022.eventbrite.com>
or email info@formedfamiliesforward.org or call (703) 539-2904!



Formed Families Forward is a family led non-profit organization which offers training and support to families formed by foster care, adoption and kinship care raising children and youth with special needs. Positive Parenting classes are open to any parents/caregivers.

www.FormedFamiliesForward.org