



Healthy Relationships Plus Program

Free Training Series for Young Teens, *Grades 7 - 9*

October 7 – November 18, 2021
5:15 – 7:15 PM
This session is being offered virtually.

Youth in grades 7, 8 and 9 are invited to participate in seven sessions of Healthy Relationships Plus Program. Participants will learn healthy habits and build skills. This evidence-based program covers topics such as:

Peer pressure; Help-seeking; Media literacy; Healthy and unhealthy peer and dating relationships; and Healthy communication.

Participants who attend regularly **earn gift cards!** Session dates are October 7, 14, 21 and 28 and November 4, 11 and 18, 2021.



Open to all interested participants: **Register at FormedFamiliesForward.org or at [Eventbrite here](https://Eventbrite.com).** Call 703-539-2904 for more information. Healthy Relationships Plus Program is offered through the support of Fairfax County Neighborhood and Community Services Partners in Prevention Fund.