Safe Zone Scenarios

1. You are in a parent support group meeting and everyone is sharing some updates about some of the challenges they have faced in the past few weeks. One of the other parents is telling the group about some stress that they have experienced. As they continue to talk, they start making comments that are subtly homophobic and transphobic about someone they are having issues with. You are unsure if this person realizes what they are saying is problematic or not, and no one else has responded to the behavior. What might you do?

2. You notice that your child's best friend has recently started changing how they dress and present themselves. You have always known them as Alexandra and used she/her pronouns to refer to your child's friend. One day, your child's friend asks you to please call them Alex and to use they/them pronouns. They also disclose that they have been feeling frustrated with their mom who refuses to use they/them pronouns and will only call them Alexandra. How do you support your child's friend? How do you support their parent?

3. A young person in your community has been experiencing some issues at school. He says that he is being bullied at school for the way that he dresses, and people call him homophobic slurs on an almost daily basis. Last week, a group of classmates threatened to physically hurt him. What are some ways you can help this young person?