



# Kinship families *we are here to support you!*

## ARE YOU A RELATIVE IN THE ROLE OF PARENT & READY FOR A BIT OF A BREAK?

The *Respite to Recharge* program is for relatives, close family members, or friends who are raising children when parents cannot.

Free childcare for up to 10 hours a week for 8 weeks,  
giving you a well-deserved break!

**HOW  
IT  
WORKS**  
➤

Open to kinship (relative) caregiving families in Fairfax County and Falls Church who qualify based on income

Use your own respite provider (family, friend or community member), or use our list if needed

Work with your respite provider to schedule and follow personal health precautions

**KINSHIP FAMILIES** ♥ *get started today!*

Learn more at <https://FormedFamiliesForward.org/respite-to-recharge>  
Complete the interest form at <https://tiny.cc/respitefairfax>  
571-453-1749 ♥ [info@formedfamiliesforward.org](mailto:info@formedfamiliesforward.org)

