

FORMED FAMILIES NORTHERN VIRGINIA RESOURCE DIRECTORY 2019-2020

Provided by:
Formed Families Forward
4031 University Drive, Suite 100, Fairfax, VA 22030
Phone: (703) 539-2904 | Fax: (703) 277-7730
www.FormedFamiliesForward.org



This Formed Families Resource Directory provides information about programs and services offered in Northern Virginia to support families formed by adoption, foster care and kinship care who are raising children and youth with disabilities and other special needs.

This Directory is provided as a free service to individuals and other organizations and agencies. It covers the areas of Alexandria, Arlington County, Fairfax County, Falls Church City, Loudoun County, and Prince William County. Some entries are listed under multiple categories; there is an index of organizations at the end of the Directory.

Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization's listing or you would like your organization to be included in the Directory, please contact our office at (703) 539-2904 or info@formedfamiliesforward.org.

WHO WE ARE AND WHAT WE DO

Formed Families Forward is a non-profit organization dedicated to supporting families formed through foster care, adoption and kinship care in the Northern Virginia area. Our mission is to improve developmental, educational, social, emotional and post-secondary outcomes for children and youth with disabilities and other special needs through provision of information, training and support.

Formed Families Forward provides consultation and support to families and agency personnel to help them meet the special educational needs of their children and youth. Short-term phone and in-person consultations are available at no cost to adoptive, foster and kinship families and to child welfare and education professionals in northern Virginia. We also host *Stronger Together* peer support groups for youth and young adults ages 14-22, and for parents and caregivers of children with special needs. Groups are facilitated by professional clinicians.

Formed Families Forward offers education, disability, trauma and other resources designed specifically for foster, adoptive and kinship families. We make linkages to other agencies and organizations and offer support in navigating systems and resources.

Formed Families Forward staff and volunteers have helped to make this and previous editions of the Directory possible. We thank Gail Brodfuehrer, Melissa Dolberg, Jeana Adams and Anne Havlovick for their efforts over the years. Jenn Paul is the editor of this and recent editions of the Directory.

This Directory and other work of Formed Families Forward is made possible, in part, through tax-deductible donations. Contributions may be made via mail or through our website.

Disclaimer: Information provided in this directory does not necessarily reflect the position of Formed Families Forward, nor does the inclusion of information regarding various organizations constitute an endorsement of views, persons, methodology, or products.

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ADOPTIVE, FOSTER AND KINSHIP SERVICES AND RESOURCES

Mentoring programs

BeFriend-A Child Program

Fairfax County Department of Family Services

12011 Government Center Parkway

Fairfax, VA 22035

Phone: 703-324-7500 TTY: 711

Email: DFSinfo@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/volunteer-partner-services/befriend-a-child>

Children from ages 5-12 whose families are involved with Fairfax County's Children, Youth and Families Division are referred by their family's Children Youth and Family worker. Children are matched one-on-one with trained volunteer mentors. In addition to spending one-on-one time together, the mentors and mentees participate in monthly group outings throughout the year, such as ice skating, hiking, Celebrate Fairfax, community service, and the annual holiday party.

BEST Kids, Inc.

1212 4th Street SE, Ste 201

Washington, DC 20003

Phone: 202-397-3272

Email: info@bestkids.org

Website: <http://bestkids.org/index.html>

BEST Kids Mentoring Program serves youth in foster care on a one-to-one basis with a mentor. Through one-on-one volunteer mentoring, extensive training, staff support, and experiential learning-based Peer Groups, BEST Kids encourages youth to discover and develop their unique skills and abilities. Beginning with children as young as six and continuing, as needed, until adulthood, BEST Kids works to enable youth to develop a positive sense of self, to acquire teamwork and group social skills, and to become productive members of society. Best Kids works with kids age 6 and up, for as long as needed, even into adulthood.

Bridging the Gap Family Services

Offices in Richmond and Manassas.

Northern Virginia Office

10515 Crestwood Dr, Ste 103

Manassas, VA 20109

Phone: 804-986-0044

Email: info@btgfs.org

Website: <http://www.btgfs.org/mentoring>

Bridging the Gap Family Services provides mentoring services to individuals ages 8 through 20. Individuals must be pre-approved for services through Family Assessment and Planning Teams (FAPT) and Wraparound Teams because the program is funded through the CSA (Comprehensive Services Act).

Compass Counseling Services of NOVA, LCC

Locations throughout Virginia
9274 Corporate Circle
Manassas, VA 20110
Phone: 703-496-7804

10715 Spotsylvania Avenue
Fredericksburg, VA 22408
Phone: 540-339-3640
Website: <https://compassva.com/service/therapeutic-mentoring/>

Compass Youth and Family Services offers therapeutic mentoring in their NOVA and Fredericksburg offices. Mentoring is a community-based, one-to-one therapeutic service that provides support to children and adolescents who are exhibiting behavioral concerns. Our Mentoring program helps empower youth within our community to make positive life choices. The program focuses on the development of interpersonal relationships, pro-social behavior, community involvement, and wellness.

Family Insight, P.C.

Locations in Lynchburg, Chesterfield, Danville, Hampton/Newport News, Lynchburg, Manassas, Richmond, Roanoke, Virginia Beach, and Winchester.

Winchester Location
312 S. Cameron St
Winchester, VA 22601
Phone: 540-486-4653

Manassas Location
7730 Donegan Dr
Manassas, VA 20109
Phone: 571-208-0592
Email: peter.doyle@familyinsight.net
Website: <https://familyinsight.net/>

Family Insight offers Therapeutic Mentoring services designed for youth aged 10-21 years. Mentors work with the parent or caregiver and child to develop a specialized treatment plan to address individual problematic behaviors that impact the home, school, and community spheres. Therapeutic mentoring support education in basic living skills, connection to community resources, and positive self-esteem development.

First Star Academies

Website: www.firststar.org

First Star Academies are the pathway to college and careers through Academics, Life Skills and Caregiver Engagement. Hosted at university academies across the nation, First Star programs serve youth who have experienced foster care by helping them graduate high school, enter college, and graduate college. Programs have year-long activities, including living on a college campus in summer.

For Children's Sake of Virginia

Chantilly Office
14900 Bogle Dr, Ste 200
Chantilly, VA 20151
Phone: 703-817-9890

Woodbridge Office
12741 Darby Brook Ct, Ste 202
Woodbridge, VA 22192
Phone: 703-817-9890
Website: <http://www.fcsva.org/mentor-services.html>

The FCSVA Mentoring Program exists to provide youth in need of additional support or who exhibit emotional or behavioral difficulties which may interfere with their ability to interact appropriately, a positive role model. Mentoring is provided by mental health professionals.

National Counseling Group (NCG)

Over 20 locations throughout Virginia.

Annandale Location
7620 Little River Turnpike Ste 402
Annandale, VA 22003
Phone: 703-813-5982

Manassas Location
9301 Forest Point Circle
Manassas, VA 20110
Phone: 703-257-5997

Fredericksburg Location
10712 Ballantraye Dr Ste 301
Fredericksburg, VA 22407
Phone: 540-446-0007

Front Royal Location
134 Payton St Unit A
Front Royal, VA 22630
Phone 540-2734

Winchester Location
817 Cedar Creek Grade Ste 202
Winchester, VA 22601
Phone: 540-450-2734
Website: <https://ncgcommunity.com/>

National Counseling Group (NCG) offers a wide range of community-based services throughout Virginia. NCG Therapeutic Mentoring Services has mental health staff who work individually with children and adolescents suffering from behavioral health concerns. They foster life and social skills, adaptive and pro-social behaviors, mood regulation and healthy self-esteem based on the youth's personalized treatment plan. Therapeutic mentoring is CSA funded.

US Care In-Home Behavioral Health

Offices in Richmond and Fairfax.
Fairfax Office
4031 University Dr, Ste 100
Fairfax, VA 22030
Phone 703-554-7188
Email: info@myuscare.com
Website: <http://myuscare.com/>

US Care In-Home Behavioral Health provides a mentoring service that matches school-age children and teenagers with trained adults to provide a one-on-one relationship with a positive role model for your child. The mentor facilitates activities of interest to your child or teenager, expanding their interests where appropriate and bringing your child into community. The mentoring relationship, in conjunction with the activities, helps your child improve social skills, discover and develop their talents, and develop coping skills. Mentors are also available to help with schoolwork.

Youth for Tomorrow (YFT)

11835 Hazel Circle Dr
Bristow, VA 20136
Phone: 703-368-7995 or 703-396-7203
Website: <http://youthfortomorrow.org/Mentoring>

Woodbridge Office
14000 Crown Court, Ste 101
Woodbridge, VA 22193

Manassas Office
9720 Capital Court, Ste 303
Manassas, VA 20110

Gainesville Office
7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

Springfield Office
6800 Backlick Road, Ste 300
Springfield VA 22150

Loudoun Office
19415 Deerfield Avenue, Ste 101
Landsdowne, VA 20176

Warrenton Office
20 Rock Pointe Lane, Ste 201
Warrenton, VA 20186

Youth For Tomorrow (YFT) provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT has a volunteer mentoring program called One-on-One Mentoring and a therapeutic mentoring program. One-on-One mentors work with youth to provide a solid support system and be a reliable trusted adult in the young person's life with the goal of developing long lasting relationships between the mentors and the mentees. All mentors are required to participate in a rigorous Federal, State, & Local CPS/DSS background check, and 21 hours of training. All mentors are required to spend 2 hours a week with their mentee. YFT's Therapeutic Mentors are able to provide youth with social skills activities which will include how to develop positive peer relations, utilize anger management techniques, accept and display personal responsibility and other activities designed to address the particular behavioral patterns of the child requested by the parent. Therapeutic Mentoring services may be paid for by private pay, fee for service, CSA, VJCCCA, family reunification, or adoption subsidies.

Therapeutic Foster Care Agencies

Adore Children and Family Services, Inc.

1408 N Fillmore St, Ste 3
Arlington, VA 22201
Phone: 703-582-7304
Website: www.adore-children.com

Adore Children and Family Services (ACFS) is a therapeutic foster care agency which offers services for children in need of substitute care. Families are provided with training before children are placed in their homes. In addition, Adore has monthly support groups and trainings on topics such as trauma, attachment disorders and behavior management. ACFS offer a full range of services to families and children placed through Adore, including case management, behavioral assessments, child care, respite care and continuing education.

Braley & Thompson, Inc.

Offices located in Charlottesville, Hampton Roads, Christiansburg, Lynchburg, Richmond, Roanoke, and Woodbridge.

Woodbridge Office

4300 Ridgeway Center Dr

Woodbridge, VA 22192

Phone: 703-878-8216

Website: <https://braleyandthompson.com/foster-care/>

Braley & Thompson, Inc. is a therapeutic foster care agency that provides a range of services throughout the Commonwealth. Services in the Woodbridge location provides parenting classes, traditional foster care, therapeutic foster care, and short-term foster care for temporary respite. Braley & Thompson's foster families work with a team of professional staff to develop unique responses to meet the individualized needs of each child. Foster Families are fully trained as part of their certification process. The Short-Term Placement Service provides respite to caregivers by placing the child in a treatment foster home on a short-term basis.

Bair Foundation Child and Family Ministries

Virginia Beach Location

184 Business Park Drive, Ste 200

Virginia Beach, VA 23462

Phone: 757-424-2861

Richmond Location

8002 Discovery Dr, Ste 300

Richmond, VA 23229

Phone: 804-288-8210

Toll Free: 877-315-3151

Email: info@bair.org

Website: www.bair.org

Bair Foundation is a Christ-centered agency that makes every effort to prevent out-of-home placements through intervention and by focusing on the strengths of the biological family. There are locations throughout the United States. Bair supports foster families through the certification process and after the placement is made. Families are well trained to ensure their success as they foster children and teens. Bair believes that foster families are the agents of change and want them to feel loved, appreciated, and valued. Services Bair provide include Foster Care, Adoption, Kinship, Family Services, behavioral Health, and Independent Living services.

Embrace Treatment Foster Care

National Counseling Group (NCG)

Offices located in Hampton Roads, Fredericksburg, Richmond, Roanoke, and Winchester.

Fredericksburg Location

10712 Ballantraye Dr Ste 301
Fredericksburg, VA 22407
Phone: 540-446-0007
Email: Gretchen.Rusden@embraceTFC.com

Winchester Location
817 Cedar Creek Grade Ste 202
Winchester, VA 22601
Phone: 540-450-2734
Email: Erica.Penn@embraceTFC.com

Embrace Treatment Foster Care partners with National Counseling Group TFC, provides specialized foster home placements for children who have been removed from their homes for unforeseen circumstances. The agency provides hands on training, knowledge, and support to foster families. Foster families have access to 24 hours on-call availability, parent support group, and Foster parent "Training Institute." Each family is included in all key decisions and has a Foster Parent Coordinator to help and support foster parents throughout the entire process.

Extra Special Parents

Richmond Office
711 N Courthouse Rd
Richmond, VA 23236
Phone: 804-714-1776

Mt. Crawford Office
755 S. Main St.
Mt. Crawford, VA 22841
Phone: 540-442-6555

Roanoke Office
1344 Maple Avenue SW
Roanoke, VA 24016
Phone: 540-981-1776
Email: info@espva.org
Website: www.espva.org

Extra Special Parents is a therapeutic foster care provider dedicated to placing children with physical or mental disabilities in quality home environments. All families certified by Extra Special Parents have completed psychological evaluations, comprehensive home studies, and pre-service training on topics such as strength-based parenting, Virginia's foster care system, trauma informed care, behavior management, among other relevant topics. Treatment Foster Care Parents are also provided with monthly training and support groups that cover various parenting and foster care topics. They also provide a variety of community-based support services.

First Home Care

Locations in Tidewater, Richmond, NOVA, and Roanoke.

NOVA Office

5520 Cherokee Ave, Ste 215

Alexandria, VA 22312

Phone: 703-914-0182

Website: <https://www.firsthomecare.com/what-we-do/therapeutic-foster-care>

First Home Care provides community behavioral health services in several locations throughout the Commonwealth. In Northern Virginia First Home Care provides foster care services for children birth through 17 years old; young adults 18-21 participating in Fostering Futures, who require out-of-home, community-based placement in a family setting. Comprehensive, coordinated, and nurturing care is provided in the homes of trained treatment families with support, supervision, and 24-hour crisis support available, as needed, from mental health professionals.

For Children's Sake of Virginia

Chantilly Office

14900 Bogle Dr, Ste 200

Chantilly, VA 20151

Phone: 703-817-9890

Woodbridge Office

12741 Darby Brook Ct, Ste 202

Woodbridge, VA 22192

Phone: 703-817-9890

Website: <https://www.fcsva.org/foster-care-resources.html>

For Children's Sake of Virginia (FCSVA) is a child placing agency providing therapeutic treatment, foster care, and adoption services to children aged birth to 21 years old. Other services include intensive in-home services, supervised visitation, mentoring, mental health support services, intensive care coordination (ICC), and mental health skill building for adults. The FCSVA Therapeutic Foster Care Program provides preservice training and ongoing support for foster parents. They hold training sessions or support groups every month, additional training to fit the need of each child, and also offer online training sites, support sites, and online articles.

Intercept Treatment Foster Care

Intercept Health

Locations in Richmond, Chesapeake, Chester, Henrico, Lynchburg, Roanoke, Rocky Mount, Martinsville, Stafford, Wytheville, and Waynesboro

Stafford Office

2712 Jefferson Davis Hwy

Stafford, VA 22554
Phone: 540-318-4740
Website: <https://www.intercepthealthtfc.com/>

Intercept Health is a full-service provider with specialized programming across the care continuum. Intercept Health offers a variety of specialized services to meet the needs of individuals and families throughout Virginia. Intercept Treatment Foster Care provides a structured family environment and treatment for newborns to 18 year olds, who are exhibiting significant levels of emotional, behavioral and/or medical problems. Youth receive support, nurturing and supervision from specialized treatment families. TFC consultants provide 24-hour crisis intervention, case management and ongoing training and support for families.

Lutheran Family Services of Virginia

Offices in Richmond, Newport News, Winchester, Lynchburg, Bedford, Charlottesville, Danville, Manassas, South Hill, and Winchester.

Email: info@lfsva.org

Website: <https://lfsva.org/children-in-foster-care/>

Lutheran Family Services of Virginia (LFSVA) offers a broad range of services from treatment foster care and post-adoption support to support for individuals with disabilities. Services include adult respite care, in-home services, Family Care Homes, day support, supported employment services. LFSVA trains and approves foster and adoptive parents in the Richmond and Tidewater area. . LFSVA does not approve families who are seeking infant adoptions, private adoptions, or out-of-state adoptions. They will assist families looking for adoptive placements by referring to our partner agencies.

Therapeutic Interventions, Inc.

Belle Haven Office
36086 Lankford Highway, Ste 308
Belle Haven, VA 23306
Phone: 757-442-6147

Hampton Office
2101 Executive Drive, Ste 200
Box 59
Hampton, VA 23666
Phone: 757-827-2923

Website: <https://www.therapeuticinterventions.com/services/therapeutic-foster-care/>

Therapeutic Interventions, Inc. is a community mental health and foster care provider. Services include outpatient treatment, therapeutic foster care, mental health skill building, intensive in home, and therapeutic day treatment. There are skill building services for adults with a significant psychiatric function who are learning to live independently. Therapeutic Interventions, Inc. provides long term as well as short term care for kids from birth to age 18.

Northern Virginia Family Service (NVFS)

10455 White Granite Dr, Ste 100

Oakton, VA 22124

Phone: 571-748-2500

Website: <https://www.nvfs.org/our-services/foster-care-adoption-northern-virginia/>

Northern Virginia Family Services (NVFS) offers a range of community-based services including Early Head Start Programs; Health, Workforce Development, and Homelessness Programs; and Mental Health Services. NVFS Foster Care provides foster families in Northern Virginia and surrounding areas with the tools and support to build healthy, caring and therapeutic relationships with children placed in foster care. NVFS foster and respite parent(s) must be over 21, financially and emotionally stable, responsible and willing to work as a part of a team. Foster and respite parents are culturally diverse, single or married and from all income levels. No experience is required; NVFS provides extensive training.

United Methodist Family Services (UMFS)

Locations in Richmond, Fredericksburg, Alexandria, Norfolk, Farmville, South Hill, and Lynchburg

NOVA Location

5400 Shawnee Rd, Ste 303

Alexandria, VA 22312

Phone: 703-941-9008

Email: nova@umfs.org

Fredericksburg Location

1320 Central Park Blvd, Ste 310

Fredericksburg, VA 22401

Phone: 540-898-1773

Email: fredericksburg@umfs.org

Website: <https://www.umfs.org/>

UMFS offers therapeutic foster care program in both Northern Virginia and Fredericksburg locations. UMFS provides initial and on-going training for foster parents to ensure a continuum of education and support. Foster Parents receive ongoing support from Resource Parent Trainers (RPT) throughout the process; monthly support groups; 24/7 on-call support; and specialized trainings grounded in trauma-informed care, the Whole Brain Child, and Collaborative Problem Solving.

The Up Center

Offices located in Norfolk, Portsmouth, and Suffolk.

150 W. Boush Street, Ste 500

Norfolk, VA 23510

Phone: 757-965-8683

Email: info@theupcenter.org

Website: <https://www.theupcenter.org/how-we-help/children/foster-care-adoption/>

Up Center services include foster care and adoption services; youth counseling; parenting support; mental health skill-building, job training, housing, and financial counseling; and summer camp, sponsored family homes, and financial management for adults with disabilities. The Up Center specializes in placing children and adolescents with varying needs in caring foster homes. They strive to find the best matches possible between child and foster parent and provide extensive support services for foster parents and foster children, from birth to age 21.

Youth for Tomorrow (YFT)

11835 Hazel Circle Dr

Bristow, VA 20136

Phone: 703-425-9200

Website: <http://youthfortomorrow.org/foster>

Appointment Phone: 703-425-9200

Website: <http://youthfortomorrow.org/Behavioral-Health-Services>

Woodbridge Office

14000 Crown Court, Ste 101

Woodbridge, VA 22193

Manassas Office

9720 Capital Court, Ste 303

Manassas, VA 20110

Gainesville Office

7130 Heritage Village Plaza, Ste 102

Gainesville, VA 20155

Springfield Office

6800 Backlick Road, Ste 300

Springfield VA 22150

Loudoun Office

19415 Deerfield Avenue, Ste 101

Landsdowne, VA 20176

Warrenton Office

20 Rock Pointe Lane, Ste 201

Warrenton, VA 20186

Youth For Tomorrow (YFT) provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. In Northern Virginia, YFT provides foster care to youth who are placed out of their home and need intensive support to be maintained in a community placement. Youth (ages 0-21) are placed with trained and professionally supported families. YFT provides a high level of support and

supervision. Treatment foster care parents are reimbursed from the state for the caretaking of children placed in their home. Treatment foster care parents help children learn to deal with emotional problems, learn to trust others, and learn to set and achieve goals for the future. YFT has a special short term transitional foster care program for unaccompanied immigrant children who are awaiting reunification with family or sponsors in the U.S.

Other Adoption, Foster Care, and Kinship Support

ABC Adoption Services

Carolina Adoption Services (CAS)

630 North Elm Street

Greensboro, NC 27401

Phone: 336-275-9660

Virginia Phone: 703-608-4494

Email: debrasmithlcsw@gmail.com

Home Study Website: <https://www.carolinaadoption.org/virginia-adoption-services/>

Post Adoption Website: <https://www.carolinaadoption.org/post-adoption-and-post-placement-services/>

ABC Adoption Services provides adoption home studies and post adoption service for adoptions in Virginia. ABC has highly experienced, professional contract social workers across the state to assist in navigating both international and domestic adoptions. We work with families adopting through CAS as well as families working towards placement with agencies around the country. Post adoption support include supporting families post placement with the country reports for international adoptions, the finalization of a domestic adoption or international guardianship case in US court, and re-finalization or validation of an international adoption that has been finalized in a foreign country. Carolina Adoption Services can assist families living in NC or VA with finalization or re-finalization, regardless of how long ago they adopted

Adoption Homestudies Consulting

1424 North 2nd St.

Harrisburg, PA 17102

Phone: 888-526-4442

Website: <http://ahcadopt.com/>

Adoption Homestudies Consulting (AHC) assists Americas Diplomats and U.S. Military families with adoption needs while living overseas. They have extensive experience conducting adoption homestudies for US military personnel stationed abroad. AHC strongly believes in counseling the family on adoption and provide consulting services.

Adoption-Share

P.O. Box 1532

Brunswick, GA 31520

Email: info@adoption-share.com

Website: <https://www.adoption-share.com/>

Adoption-Share exists to leverage technology to bring efficiency, innovation, and reform to the private and public adoption process and to raise awareness about adoption in the United States. Adoption-Share is an online network designed exclusively for home study approved adoptive parents, expectant parents, licensed adoption agencies and adoption attorneys. Their tool is designed for those who are tired of dead-ends in their adoption journey and want a way to connect without the roadblocks, hurdles, and delays.

Adoptions Together

Locations in Calverton, MD; Baltimore , MD; Alexandria, VA; and Washington, DC.

Alexandria, VA Office

5250 Cherokee Avenue, Ste 203

Alexandria, VA 22312

Phone: 703-689-0404

Email: info@adoptionstogether.org

Website: www.adoptionstogether.org

Adoptions Together is an adoption center which offer support through the adoption process for both birth parents and adoptive parents. They provide adoption home study services and post adoption support. The FamilyWorks Together Program provides counseling, training, and education services for adults and children. The training programs include training on domestic infant, older child, international adoption, adoption finalization, and a variety of webinars on transitioning from foster care to adoption, attachment enhancement training, and Dialectical Behavioral Therapy.

AdoptUSKids

Phone: 888-200-4005

Email: info@adoptuskids.org

Website: www.adoptuskids.org

AdoptUSKids educates families about foster care and adoption and gives child welfare professionals information and support to help them improve their services. We also maintain the nation's only federally funded photolisting service that connects waiting children with families. AdoptUSKids provides resources to families and child welfare professionals, including tips and resources, and an extensive database of children in U.S. foster care available for adoption, and families who are home studied, approved, and ready to adopt them.

America World Adoption

6723 Whittier Ave

McLean, VA 22101

Phone: 1-800-429-3369

Email: info@awaa.org

Website: <http://awaa.org/>

America World Adoption is an international adoption agency that has placed over 4,500 orphans from 13 countries into their forever families. Programs include adoption program, adoption events, support groups, coaching and training for parents post-adoption. America World Adoption offers support for parents who are struggling with difficult feelings following an adoption as parents strive to attain a “new normal” while working hard to bond. There is a small fee for participating in the groups.

Arlington Kinship Navigator

A Second Chance, Inc (ASCI)

Phone: 412-342-0600

Email: jdukes@arlingtonva.us

Website: <http://www.asecondchance-kinship.com/what-we-do/services/arlington-navigator>

Referral form Website:

<https://docs.google.com/forms/d/e/1FAIpQLSeiwGClvRIKdQYuBuC9-3bfvA3Zha48702yJkSQi-nlFFIpw/viewform>

The mission of A Second Chance, Inc. (ASCI) is to provide a safe, secure, and nurturing environment to children who are being cared for by their relatives or a close family friend. ASCI has a Kinship Navigator Program in Arlington, that assists with family finding and kinship supports for existing foster care placements, emergency placements, and cases where children are at high risk of being removed from their homes. The website has a link to a referral form.

Barker Foundation

7979 Old Georgetown Rd, 1st Floor

Bethesda, MD 20814

Phone: 301-664-9664

Email: info@barkerfoundation.org

Website: <https://www.barkeradoptionfoundation.org/>

The Barker Foundation is a nonprofit adoption agency licensed in Maryland, Virginia, and Washington, D.C. Barker provides lifelong services for all in the adoption constellation and advocates for ethical, respectful, and child-centered adoption practices. Barker offers pregnancy counseling, domestic and international adoption services, and post adoption support. Post adoption services include individual counseling, facilitated support and discussion groups, search and reunion services for birth parents and adoptees, homeland tours to Columbia and Korea, and educational programming and community outreach to build understanding about adoption-related issues.

Bethany Christian Services

Locations throughout the world.

Bethany in Fredericksburg

5610 Southpoint Centre Blvd, Ste 107

Fredericksburg, VA 22407

Phone: 540-373-5165

Website: <https://bethany.org/locations/us/virginia/fredericksburg>

Bethany Christian Services offers pregnancy support, infant adoption in the U.S., international adoption, and post adoption services. Post adoption services include support navigating open adoption relationships, searching for birth families, and consulting, coaching, and counseling. When challenges arise, Bethany can assess needs and provide recommendations for support and services. They also offer a specialized trauma-focused counseling program called ADOPTS where parents and children can begin to understand past traumatic events and learn how to thrive as a family. ADOPTS is available at select locations.

Susan Branco, PhD, LPC, LCPC, NCC, ACS

105 North Virginia Avenue, Ste 309

Falls Church, VA 22046

Phone: 703-302-0769

Email: sbbranco@adoptiontherapist.org

Website: <http://adoptiontherapist.org/>

Susan Branco is an adoption therapist with experience providing mental health counseling services for diverse populations with treatment needs ranging from severe mental illness to mild adjustment issues. Susan strongly believes every person possesses innate strengths and resiliency. Susan does not adhere to a pathological model of treatment. Rather, Susan works diligently with her clients to build a trusting relationship, to identify core strengths, and to collaboratively develop a plan to address where clients feel challenged. Susan's clinical training includes two post master's certificates.

C2Adopt

8100 Three Chopt Rd, Ste 101

Richmond, VA 23229

Phone: 804-354-1881

Website: www.c2adopt.com

C2Adopt is a non-profit, Virginia-licensed agency offering training and education, placement, and adoptive family support services. Their website provides a broad education on the types of adoption available and details the services C2Adopt provides before, during, and after placement.

C.A.S.E. (Center for Adoption Support and Education, Inc)

Locations in Maryland, Virginia, and New York.

Sterling, Loudoun County Office

21335 Signal Hill Plaza, Ste 290

Sterling, VA 20164

Phone: 703-659-0816

Annandale, Fairfax County Office

7857 Heritage Dr, Ste 300
Annandale, VA 22003
Phone: 703-256-3820
Website: www.adoptionsupport.org

C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences. The Northern Virginia office also offers free counseling as part of Adoptive Family Preservation supported by Virginia Department of Social Services.

Cherrydale's Orphan and Foster Care Ministry

Cherrydale Baptist Church
3910 Lorcom Lane
Arlington, VA 22207
Phone: 703-525-8210
Email: orphancare@cherrydale.org
Email: fostercare@cherrydale.org
Website: <https://www.cherrydale.org/serve/dc-metro-community/orphan-and-foster-care/>

Cherrydale's orphan and foster care ministry ministers to local and international orphans and to foster and adoptive families, helping meet their physical and emotional needs and sharing the message of hope through Jesus Christ. The Ministry hosts a Foster/Adoptive Parent Support Group that meets on the third Sunday of every month. The group also encourage individuals and families to join if they're considering mentoring a child in foster care, fostering, or adopting.

Children's Home Society of Minnesota

Lutheran Social Service of Minnesota
Locations in St. Paul, MN; Silver Spring, MD; and Springfield, VA.
6800 Versar Center #404
Springfield, VA 22151
Phone: 703-642-2193
Email: inquire@chlss.org
Website: <https://chlss.org/>

Children's Home Society of Minnesota (CHSM) partners with Lutheran Social Service of Minnesota. CHSM offers international adoption and infant adoption programs to support adoptive families in MD, MN, and VA. Experienced staff helps families prepare for adopting internationally with pre-adoptive training, in-country and travel resources, and ongoing support throughout every step of the process. Through their infant adoption program CHSM also helps adoptive families prepare for open adoptions with home studies, pre-adoptive training, outreach resources, and ongoing support throughout every step of the process.

Choose To Thrive

Karen Chaudhry, LCSW

Fairfax, VA

Phone: 571-278-4678

Email: kconsultnow@gmail.com

Website: www.thriveandchange.wordpress.com

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens at In Step. Working with adoptive families and kinship families, Karen addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections. Karen specializes in the areas of anxiety, abuse, neglect, trauma, social skills, children with a history of foster care, adoptees, and those struggling with Autism Spectrum Disorder, and ADHD.

The Closet

Fairfax County Foster Care & Adoption Association (FCFCAA)

Cynthia & Lily Kyser Phone: 703-200-8722

Cheryl Cain Phone: 703-507-0311

Email: TheClosetFairfax@gmail.com

Website: https://fcfaa.wixsite.com/fcfaa/the-closet?fbclid=IwAR0hOP_-Em2xbxFn9kLQ3J-iVg7OSEK1jyvEMAirIlnsCV_nHdFZXsxjbtM

The Closet provides essential gear, clothing and toys to foster families in Fairfax County. The Closet services to equip foster parents with the basic gear and essentials to get them through those chaotic first few days or weeks, with an unexpected child added to their household. Some children will stay only a few days, some for much longer. Children often come to foster parents with nothing, not even clothing. Baby gear, especially, is a huge expense for foster parents when the child may stay only a short time. The Closet operates in conjunction with the Fairfax County Foster Care & Adoption Association.

Our Children Fund

The Community Foundation for Northern Virginia

2940 Hunter Mill Road, St 201

Oakton, VA 22124

Sari Raskin

Phone: 703-879-7641

Email: sari.raskin@cfnova.org

Jill Bach

Phone: 703-879-7639

Email: jill.bach@cfnova.org

Website: <https://www.cfnova.org/for-grant-seekers/our-children-fund>

The Our Children Fund was created to provide financial assistance for "normalizing" items and experiences to children in the Fairfax County foster care system. The funds from the Our Children Fund are open to Foster Care children in Fairfax County between the ages of birth and 17 years and young adults between the ages of 18 and 21 if permanency (return home, relative placement, or adoption) is not achieved and

addresses their otherwise unmet medical, social, emotional, and education needs. Examples of items that can be funded include afterschool activities, camps, and sports fees. Other items to be considered include dental and health services. To apply for a grant, a Foster Care parent should complete the online application on behalf of the foster care child. The need must be substantiated by a social worker/case worker, medical professional, or clergy member and the submitted application should be signed by both the foster care parent and the professional working with the child (as listed above). Once the request is approved, a check will be sent to the company that will provide the service.

Connecting Hearts VA

2727 Enterprise Parkway, Ste 107

Henrico, VA 23294

Phone: 804-308-5946

Email: info@connectingheartsva.org

Website: www.connectingheartsva.org

Connecting Hearts is a foundation dedicated obtaining permanency for children in foster care, whether it is in the form of reunification, kinship care, or adoption. Programs serve families, professionals and youth. Services include Family-Match and direct services to children and youth in foster care, such as birthday parties for kids in care, holiday gift events, photo events, and a work program with financial literacy component for older youth. The foundation works to increase advocacy, education and awareness.

Connect Our Kids

1069 West Broad Street, Ste 778

Falls Church, VA 22046

Phone: 850-598-0047

Email: Hello@ConnectOurKids.org

Website: <https://www.connectourkids.org>

Connect Our Kids is scaling up the family recruitment process by building technology to locate and connect extended family quickly and efficiently—so every child can experience the love a forever family provides. Our Family Connections tool scales up America's most successful techniques by incorporating intelligent technology to the process of finding and engaging extended family members of foster children. People Search is completely free and available to pilot partners and friends of Connect Our Kids. Contact via email to become a friend and gain access to People Search immediately.

Dave Thomas Foundation for Adoption

716 Mt Airyshire Blvd, Ste 100

Columbus, OH 43235

Phone: 1-800-275-3832

Email: info@davethomasfoundation.org

Website: www.davethomasfoundation.org

The Dave Thomas Foundation for Adoption finds homes for children who are waiting to be adopted from foster care in North America. The Foundation provides free educational resources, promote awareness, assist policymakers and employers, and support adoption professionals and agencies throughout the United States and Canada. The foundation supports Wendy's Wonderful Kids which provides funding to adoption agencies to hire recruiters who implement an evidence-based, child-focused recruitment model. They also sponsor "A Home for the Holidays" which is an annual primetime television special that shares stories of foster care adoption and has featured performances from some of America's most popular music artists.

Extreme Recruitment

United Methodist Family Services (UMFS)
5400 Shawnee Rd, Ste 303
Alexandria, VA 22312
Phone: 703-941-9008
Fax: 703-750-0621
Email: nova@umfs.org

The UMFS Extreme Recruitment program moves children out of the foster care system by finding and matching them with safe and appropriate families for permanent guardianship or adoption. The focus is particularly on those children who have been in foster care the longest.

Family-Match

P.O. Box 1532
Brunswick, GA 31520
Email: support@adoption-share.com
Website: <https://family-match.org/>

Family-Match allows waiting families from around the country create free profiles and make themselves visible to caseworkers everywhere. With this powerful network in hand, caseworkers are able to identify families on markers of compatibility that extend beyond basic demographic information. Through the automated matching system, Family-Match generates optimal connections at the moment new candidates are identified and allows caseworkers the opportunity to connect with families directly

Fairfax County Foster Care & Adoption Association (FCFCAA)

Website: https://fcfaaemail.wixsite.com/fcfaa?fbclid=IwAR0hOP-Em2xbxFn9kLQ3J-iVg7OSEK1jyvEMAirIlnsCV_nHdFZXsxjabtM
Facebook page:
<https://www.facebook.com/FairfaxCountyFosterCareandAdoptionAssociation/>

The Fairfax County Foster Care and Adoption Association is a grassroots organization founded on the principle of helping foster and adoptive parents in Fairfax County Virginia. FCFCAA is an association of foster and adoptive families in Fairfax County brought together by their stories and experiences fostering children in need. Members of FCFCAA support each other through gatherings and friendships, help to advocate for

children in care through a consolidated voice, and provide information through Facebook page and newsletters. FCFCAA also hosts “The Closet,” a lending center for Foster Parents to use. It's full of clothes and other critical supplies Foster Parents need when getting a surprise youth (or a rapidly growing youth). FCFCAA is not a part of the Fairfax County Department of Family Services, but many times work hand in hand with the Department for the better of youth in care and to bring foster families together.

Dr. Ronald S. Federici, PsyD

9532 Liberia Ave, Ste 727
Manassas, VA 20110

10432 Balls Ford Rd
Manassas, VA 20109
Phone: 703-830-6052
Phone: 703-734-1012
Phone: 703-548-0721
Email: DRFEDERICI@aol.com
Website: www.drfederici.com

Dr. Federici specializes in the neurodevelopmental assessment and family treatment of both domestically and internationally adopted children. Dr. Federici and colleagues offer comprehensive in-home evaluations and intensive family interventions for crisis or emergency cases with children, adolescents, and adults experiencing cognitive or emotional disorders, including FASD. Services include comprehensive psychological and neuropsychological evaluations for children and adolescents and adults experiencing cognitive or emotional disorders. Dr. Federici assesses organic brain syndromes and traumatic brain injury and trauma-developmental disorders and offers highly specialized and intensive treatment services.

Foster Care Alumni of America

5810 Kingstowne Center Dr, Ste 120-730
Alexandria VA 22315
Phone: 918-862-2586
Email: info@fostercarealumni.org
Website: www.fostercarealumni.org

The mission of Foster Care Alumni of America (FCAA) is to connect the alumni community and to transform policy and practice, ensuring opportunity for people in and from foster care. The Foster Care Alumni of America host alumni reunions, annual foster walks, provides speakers, offers training on how to strategically share lived experience, sponsor a radio show project called Foster Stories, and a community art project called the culture of foster care. Additionally the website provides links to resources and information on advocacy. FCAA has a scholarship program for foster care alumni age 25 and over to help fill a gap in educational opportunities for older alumni. voice of alumni.

FosterParentCollege.com

326 West 12th Avenue
Eugene, OR 97401
Phone Main: 541-343-6636
Phone Toll Free: 800-777-6636
Email: fpc@northwestmedia.com
Website: www.fosterparentcollege.com

FosterParentCollege.com (FPC) provides innovative, research-based, interactive online courses for foster, adoptive, and kinship parents. The self-paced training is accessible 24 hours a day, 7 days a week. From the comfort of home, parents can enroll, complete a course, and receive a certificate of completion in a single session. The content is developed by nationally recognized experts in the fields of parenting, social work, pediatrics, psychology, psychiatry, and education. FPC courses are valued by foster care agencies and praised by caregivers.

Generations Together

303 Vintage Park Drive, Ste 250
Foster City, CA 94404
Phone: 650-356-2902
Email: info@generations-together.org
Website: <http://www.generations-together.org/>

Generations Together is housing development build to create multi-generational communities where children who have experienced foster care find permanent, loving families; those families receive integral support; and seniors find meaningful purpose as valued members of the community. As part of the program, families and seniors receive affordable housing with onsite programs designed to facilitate connections and encourage supportive relationships between neighbors. Seniors are a valued cornerstone of the community -- running after school programs for the children and babysitting for the families. In return, seniors receive onsite fitness and wellness programs and have the opportunity to participate in social activities with their peers.

Kimberly Harrell, LPC

4601 North Fairfax Drive, Ste 1200
Arlington, VA 22203

4000 Legato Road, Ste 1100
Fairfax, VA 22033
Phone: 703-282-4286
Email: KHarrell.lpc@gmail.com
Website: <https://kimberlyharrelllpc.com/>

Kimberly Harrell, LPC provides individual couples, and family counseling. She works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. A few areas of specialization include parenting support, adoption issues, infertility grief work, and birth parent therapy. She also provides consultation services

in adoption search and reunion, adoption readiness, choosing the right adoption agency and type of adoptions, and mediation between birth and adoptive parents.

iFoster

Offices in LA, NY, Truckee, and Sacramento

Headquarters Office

10049 Martis Valley Rd, Unit C

Truckee, CA 96161

Phone: 530-550-9645

Email: support@ifoster.org

Website: <https://www.ifoster.org/>

Portal of Resources: <https://portal.ifoster.org/Default.aspx>

iFoster's mission is to ensure that every child growing up outside of their biological home has the resources and opportunities they need to become successful, independent adults. iFoster provides training and support for youth to earn livable-wage jobs; provides free or low-cost laptops and tech support needed to help them succeed; and distributes free smartphones with unlimited text, voice, data. One of iFoster's greatest assets is their portal of thousands of resources for foster youth, caregivers, agencies, and businesses. The extensive library of national and local foster care resources with access to Discounts on goods and services, low cost orthodontics, vision service plan, free tutoring, and career exploration.

Jewish Social Service Agency (JSSA)

Offices in Maryland and Northern Virginia.

Northern Virginia Office

3025 Hamaker Court, Ste 450

Fairfax, VA 22031

Phone: 703-896-7918

Email: info@jssa.org

Website: <https://www.jssa.org/get-help/adults-couples-and-parents/adoption-services/>

JSSA's licensed social workers help families explore all of the adoption options available to them. Services include informational adoption consultations, home studies for private and domestic adoptions, case management and adoption support services, postplacement supervision visits and reports, individual and family counseling, adoption court reports, counseling and adoption searches for adult adoptees and birth parents, and birth parent counseling and assessments.

Kidsave

Offices in Los Angeles, CA and Washington, DC

4622 Wisconsin Ave NW, Ste 202

Washington, DC 20016

Phone: 202-503-3100

Email: info@kidsave.org

Website: www.kidsave.org

Kidsave matches pre-teens and teens with loving parents and lifelong mentors through family visit and mentoring programs. This is done through having volunteer families host older kids in US foster care for the weekend, with the eventual goal of adoption, guardianship, or long-term mentoring relationships. Kidsave also has opportunities for families to host older children without homes from other countries as well.

Kinship Café

Fairfax County Department of Family Services

Kinship Family Institute (KFI)

Mott Community Center

12111 Braddock Road

Fairfax, VA 22030

Phone: 703-246-4653

Email: KFI@FairfaxCounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute>

Kinship Café is a dinner and discussion group where kinship caregivers can share a meal and conversation about the experiences, joys, and challenges of raising children for relatives or friends. A free dinner will be provided for the entire family. There are separate activities and games for children of all ages. Please register online or call at least one week in advance. Kinship Café is usually from 6-8 pm on Wednesday evenings while school is in session. Check the website for upcoming dates.

Kinship Care Support Group

Fairfax County Department of Family Services

Fairfax County Public Schools, Instructional Services Department

South County Center

8350 Richmond Highway, Room 220

Alexandria, VA 22308

Child Care Phone (Mary Hager): 703-324-7716

Registration Line: 703-246-4653

Email: KFI@FairfaxCounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute/support-group>

Grandparents, aunts, uncle and other relatives who are raising children are invited to the county's support group, Thursdays from 6:30 p.m.-8 p.m. Find out about community resources you may not have known exist. Talk with others who understand how difficult and joyful this responsibility can be. Need to bring kids? Child care may be available--call Mary Hager to confirm childcare. This support group is for residents of Fairfax County or the cities of Fairfax and Falls Church. Please call ahead to register at the kinship registration line. Please indicate whether you need reasonable ADA accommodations. Check website for future dates for support groups.

Kinship Family Institute (KFI)

Fairfax County Department of Family Services
Pennino Building
12011 Government Center Parkway
Fairfax, VA 22035
KFI Helpline: 703-246-4KIN (4546)
Email: KFI@FairfaxCounty.gov
Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute>

The Kinship Family Institute (KFI) assists kinship families who need a connection to services, such as child care, education, health care, and financial help, and are seeking support from professionals or peers. The KFI also provides seminars, trainings, and workshops focused on kinship families' needs, as well as support groups for these families. Trainings vary, from strengthening caregivers' parenting skills and communication skills to relationship building, conflict resolution, self-care, and managing stress. The KFI offers a helpline for kinship caregivers and social service providers in the community. A caregiver who calls can talk to a kinship navigator to receive connections to services and resources and feel supported about their kinship situations.

National Center for Missing and Exploited Children

Regional Offices in California, Florida, New York, and Texas.
333 John Carlyle Street, Ste 125
Alexandria, VA 22314-5767
Phone: 703-224-2150
24-hour call center: 800-THE-LOST (843-5678)
Website: www.missingkids.com

The National Center for Missing and Exploited Children operates the official national resource center and information clearinghouse for missing and exploited children. Assistance and training is available to support families and law enforcement agencies in locating and recovering missing and exploited children. There is a 24-hour hotline for those who wish to report a sighting of a child that is missing or a case of abuse.

National Center on Grandfamilies

Generations United
80 F Street NW
Washington, DC 20001
Phone: 202-289-3979
Website: <https://www.gu.org/what-we-do/public-policy/grandfamilies/>

The National Center on Grandfamilies is an initiative of Generations United that provides advocacy for families headed by grandparents or other relatives. The center works to create supportive programs and laws for grandfamilies, and improve access to them. Center staff conduct federal advocacy and provide technical assistance to state level practitioners and advocates.

National Down Syndrome Adoption Network

Parent Support Line: 513-709-1751

Website: www.ndsan.org

National Down Syndrome Adoption Network provides an adoption information and support network specific to children with Down Syndrome. The mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family. The website has information on parenting a child with Down Syndrome and the adoption process. The network offers grants up to \$2,500 to help cover the cost of adopting a child with Down Syndrome.

National Foster Parent Association

1102 Prairie Ridge Trail

Pflugerville, TX 78660

Phone: 800-557-5238

Email: Info@NFPAonline.org

Website: www.nfpaonline.org

The National Foster Parent Association is a non-profit, volunteer organization formed to meet the needs of foster families in the United States. It seeks to support foster parents in achieving safety, permanence and well-being for the children and youth in their care. The National Foster Parent Association sponsors an annual education conference and offers scholarships to NFPA members whose birth, foster and US adopted youth wish to further their education beyond high school, including college or university studies, vocational/technical school or junior college. The Helen Stone Memorial Scholarship is awarded to current foster, adoptive, or kinship caregivers to provide assistance in attending the National Foster Parent Association's annual education conference. Each scholarship is worth \$500 to be used for expenses in attending the Annual Education Conference.

NewFound Families

P.O. Box 85

Ashland, VA 23005

Warm Line peer support: 888-236-7837

Email: info@newfoundva.org

Website: www.newfoundva.org

Webinar Archive: <https://newfoundva.org/newfound-resources/webinars>

Facebook Support Group: <https://www.facebook.com/groups/FACESsupport/>

NewFound Families is the Virginia adoptive, foster, and kinship family association. NewFound Families serves all of Virginia's adoptive, foster, and kinship families by offering peer support and connecting families with the resources families need to be stable, nurtured, and healthy. NewFound Families has a weekly Facebook parent support chats; warm line peer support, resource and referral assistance; family support leadership training, family-based respite camps, couples retreats, sibling retreats,

training opportunities; and a Gathering Place for parents in Ashland, VA. There is also free training and information available on a Webinar Archive on the website. The NewFound Families also has a 'members only' online support group meets on Wednesdays at 9:00 PM.

North American Council on Adoptable Children (NACAC)

970 Raymond Ave, Ste 106

St. Paul, MN 55114

Phone: 651-644-3036

Email: info@nacac.org

Website: www.nacac.org

National Conference: <https://www.nacac.org/get-training/conference/>

Young Adult Leadership Training: <https://www.nacac.org/help/be-a-youth-advocate/leadership-training-application/>

NACAC is committed to meeting the needs of waiting children and the families who adopt them, through advocacy, education, adoption support, and leadership development. NACAC supports parent groups and other community leaders; hosts a comprehensive adoption training conference; conducts training sessions and workshops on adoption subsidy, child welfare reform, and transracial adoption; offers leadership training to adoptive, foster, and kinship parents; creates and disseminates publications that provide resources, information, and support to adoptive families and prospective adopters. NACAC also provides phone consultation and materials to address parents' questions about adoption subsidies for children with special needs NACAC has volunteers in Virginia to assist adoptive families in finding needed resources. They also host an annual conference and young adult leadership and advocacy training.

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Regratifying Foundation's NOW Program

13100 Tall Shadows Lane, Ste A

Fairfax, VA 22033

Phone: 703-585-7239

Website: <https://www.regratifyingfoundation.org/>

The Regratifying Foundation's NOW program is designed to encourage foster care youth to continue their education, learn about and consider professional careers and set future personal and career goals before they age out or emancipate from foster care.

Participants will learn about various professions, as well as how to improve social and communication skills, problem solving, and self-confidence. To encourage participation, the program will be actively engaging and provide personal incentives to each participant. Participants will be partnered with a mentor, develop skills, explore careers, gain job experience, earn rewards, and set personal and career goals.

Safe Families for Children

Patrick Henry Family Services

1621 Enterprise Dr.

Lynchburg, VA 24502

Phone: 434-376-2006

Website: <https://www.patrickhenry.org/services/safe-families-for-children/>

Safe Families for Children Virginia provides breathing room and support for parents in temporary crisis, giving them time to get back on their feet, while their children are cared for in a safe and loving environment. Volunteers who host children and support parents are known as Host Families, and are recruited from a large network of faith communities. Parents in crisis, called the Placing Family, willingly place their children with a loving, and thoroughly screened volunteer Host Family for a short period of time. Parents can reunite with their children at any time. Both the Placing Family and the Host Family participate voluntarily, with no compensation or expectation of adoption. The trust built between the Placing Family and Host Family is central to the Safe Families program; it's at the heart of creating a safe, temporary haven for children, and a strong, caring support network for the Placing Family. After the hosting arrangement ends, Safe Families For Children's goal is for the two families to remain in contact, further reducing social isolation, and providing ongoing support.

Virginia One Church, One Child

1214 W. Graham Rd
Richmond, VA 23220
Phone: 804-329-3420
Toll-Free: 800-440-5090
Website: <https://www.vaonechurchonechild.org/>

Virginia One Church, One Child is a statewide adoption education and recruitment program. Their primary focus is finding families to adopt the hundreds of African American children who are waiting for a family. Virginia One Church, One Child works with churches across the commonwealth to educate and identify adoptive families. Recruitment through churches is complimented by outreach and adoption education with individuals, community groups, social clubs, civic associations, professional groups and businesses.

Adoptive, Foster, and Kinship Guides and Resources

Directory of Licensed Child Placing Agencies in Virginia

Virginia Department of Social Services

<http://dss.virginia.gov/facility/lcpa.cgi>

This is a directory of licensed child placing agencies in the Commonwealth of Virginia.

The Foster Care & Adoption Life Talk Web Series

Barry Farmer

Website: <https://www.barryfarmer.com/>

Link to Blog: <https://www.barryfarmer.com/blog/>

The FosterCare & Adoption Life Talk web series is starting an important conversation. Barry Farmer, a single adoptive father, he talks foster care, adoption, transracial

adoptions, domestic adoptions, lifestyle, motivation, support, and more. On his website, Barry has a blog and a web series where he interviews other adoptive parents about their experience.

Grandfamilies.org

Website: <http://grandfamilies.org/>

This website has information on federal and state laws related to many topics including adoption, education, federal laws, financial assistance, foster care licensing, housing, healthcare, and subsidized guardianship.

Kinship Care Quick Guide

Fairfax County Department of Family Services

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute/quick-guide>

This resource guide contains resources in the community for kinship care providers. It includes resources on legal assistance, financial assistance, healthcare assistance, care for the caregiver, education, child care, recreation and leisure, and emergency assistance.

CONDITION SPECIFIC INFORMATION

ADHD (Attention Deficit Hyperactivity Disorder)

ADHD College Success Guidance Program

9685-D Main Street

Fairfax, VA 22031

Phone: 703-425-5200

Email: jthomas@adhdcollegesuccess.com

Website: www.adhdcollegesuccess.com

ADHD College Success Guidance Program provides college readiness assessments, residential workshops, training and follow up guidance for students with ADHD. The training, guidance, and follow up will empower individuals to develop the tools necessary to succeed in college and ready them to function independently in the world of work beyond. They offer 3-day intensive residential workshops where students are immersed in and learn the proven principles of success. Students leave the training energized, focused, and well-equipped to do the hard work that college and careers will demand.

ADHD Resource Group of Northern Virginia

4031 University Drive, Ste 100

Fairfax, VA 22030

Phone: 703-738-9984

Email: adhdgrp@verizon.net
Website: <https://www.adhdnova.org/>

The ADHD Resource Group of Northern Virginia is a nonprofit organization of dedicated service business professionals, with specialization in ADHD (attention deficit disorders,) who provide direct services to individuals and families dealing with the strengths and needs of those with attention deficit and executive function challenges or co-existing conditions. The group provides educational opportunities, community outreach, referral services and local event information on ADHD and its impacts on the family and self.

C. Adams Consulting Services, LLC

Catherine Adams
4031 University Dr, Ste 100
Fairfax, VA 22030
Phone: 571-405-3051
Email: adamsadhdconsult@verizon.net
Website: www.adamsadhdconsult.com

Catherine Adams consults with parents and caregivers of children with ADHD. She gives workshops and training sessions for parents, professionals, and support service organizations on the impact of ADHD on individual lives.

CHADD of Northern Virginia and DC

Various locations in Northern Virginia
Website: <http://www.meetup.com/novachadd/>

CHADD provides the means for members to exchange ideas about raising and educating children with attention deficit disorders by offering monthly meetings with guest speakers and a periodic newsletter. CHADD-Northern Virginia offers several different support groups across Northern Virginia, from Alexandria to Loudoun County. There are groups for parents, caregivers, adults and teens with ADHD and ADD.

Fairfax Therapy Solutions

9675 Main Street, Ste C
Fairfax, VA 22031
Phone: 703-899-8222
Email: Deborah@fairfaxtherapysolutions.com
Website: <https://www.deborahobrienlcsw.com/>

Fairfax Therapy Solutions provides therapy for individuals, children, and adolescents who struggle with emotional and relationship difficulties. They specialize in Anxiety Disorders, Divorce Issues, Autism, ADHD, Anger Management, Depression, and Drug/Alcohol Addictions. The philosophy of Fairfax Therapy Solutions is to help clients build lives that are more satisfying and secure, to heal parts of their lives that feel broken or wounded, and to become free from unproductive, repetitive patterns in their

lives. The therapist and client can work to improve relationships, to cope with stress, to heal from trauma, and to recover joy.

New Focus Coaching, LLC

Becky Wheeler, ADHD Coach
201 King Street, Ste 305
Alexandria, VA 22314
Phone: 703-980-0809
Email: bwheeler@newfocuscoach.com
Website: www.newfocuscoach.com

New Focus Coaching works with students with ADHD to provide strategies, skills and support to maximize organization and productivity at home and school. New Focus coaching also offers parent coaching to help create a home life that bolsters the ADHD child and supports the entire family. Coaching is offered in person, by phone or by Skype.

Jo Ann Skinner, ACC, ACAC

1268 New Bedford Ln
Reston, VA 20194
Phone: 910-769-2509
Email: joann@joannskinner.com
Website: www.joannskinner.com

Jo Ann Skinner coaches students and adults with ADHD, as well as parents and spouses. Her coaching philosophy revolves around positive change and self-awareness. She helps her clients find their strengths in order to understand the strategies needed to maximize their potential in all aspects of their lives. Coach and client work together as partners to meet challenges and improve performance.

Attachment Issues and Trauma Reactions

Dr. Cynthia Agbayani

Lifeworks Outreach Services/Family Teamwork, Inc.
4300 Ridgewood Center Dr, Ste A
Woodbridge, VA 22193
Phone: 703-580-7210
Website: <http://www.familyteamwork.net/meet-us.html>

Dr. Agbayani has 20 years of experience as a home-based counselor for at risk youth and families, 15 years working with adoptees and their families, eight years as an outpatient counselor, and two years in a youth emergency shelter. Her areas of special interest are attachment, trauma, and severe mental illness in youth and children. She has specialized training in attachment disorder, working with difficult adolescents, the wrap-around approach, and parenting. Dr. Agbayani holds a doctorate in counseling studies and a masters degree in counseling.

ATTACH

3001 Metro Drive, Ste 290
Bloomington, MN 55425
Minneapolis, MN 55409
Phone: 612-861-4222
Email: info@attach.org
Website: www.attach.org

ATTACH is an international coalition of professionals and families dedicated to helping those with attachment difficulties by sharing their knowledge, talents and resources. Children with attachment disorder, which can be triggered by abuse, neglect, abandonment, separation from birth parents, birth trauma, maternal depression, chronic illness, frequent moves and placements, and divorce, have difficulty in forming loving, lasting, intimate relationships. ATTACH provides an annual conference, membership directory, and other benefits to members and the public.

Attachment and Trauma Network, Inc.

P.O. Box 79181
North Dartmouth, MA 02747
Crisis "Warm" Line: 888-656-9806
Email: membership@attachtrauma.org
Website: www.attachmenttraumanetwork.org
Search for Providers: <https://www.attachmenttraumanetwork.org/needhelp/>

The Attachment and Trauma Network, Inc. offers support with attachment, trauma, and FASD. This organization focuses on support, education, and advocacy. There are links to provider listings, stories of lived experience, online support, educational resources, and crisis support. ATN encourages advocacy, volunteerism, and connection with others who have similar lived experience.

The Attachment Place (TAP)

P.O. Box 71
Tracy's Landing, MD 20779
Phone: 410-707-5008
Email: info@theattachmentplace.com
Website: <https://theattachmentplace.com/>

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child's ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Autumnleaf Group, Inc.

Offices in Washington, DC and Burke, VA.
8983 Hersand Dr, Ste 2
Burke, VA 22015
Phone: 703-658-7103
Email: info@adoptattach.com and info@group.com
Website: www.autumnleafgroup.com

Autumnleaf Group offers five programs which focus on improving relationships and parenting skills as well as addressing both the emotional, developmental and case management needs of clients. The In-Home Services program offering home-based therapeutic and case management services to children and families. Services offered include: Counseling, Individualized Treatment Plans, Skill Capacity Building, Case Management, Service Coordination, Therapy, and Crisis Management Response Intervention. The Adoption Attachment Program offers therapeutic trauma-informed clinical services that promote healthy interactions, bonding and relationships between children and families.

Center for Attachment and Trauma Services, Inc. (CATS)

Haymarket Office
14950 Washington Street, Ste 204
Haymarket, VA 20169

Springfield Office
8136 Old Keene Mill Rd, Ste A-302
Springfield VA 22152
Phone: 703-913-8563
Email: info@familyattachment.org
Website: www.familyattachment.org

Center for Attachment and Trauma Services, Inc. (CATS) is a non-profit organization offering programs and counseling geared toward promoting healthy relationships from infancy through adulthood. Services include Counseling, Parent Guidance and Coaching, Assessment and Evaluation, Community Education and Training, and the Clinic for Understanding Baby Behaviors (CUBB). CATS specializes in attachment focused therapies, Trauma Focused Therapies, EMDR, Sand Tray Therapy, Parent-Child therapy, mindfulness, DBT, Hypnotherapy, Emotional Freedom Technique, and Somatic Experiencing. All of which are evidence based approaches to treating trauma and attachment challenges.

Family Priority, LLC

Locations in Fairfax, Williamsburg, and Richmond.
11350 Random Hills Rd, Ste 240
Fairfax, VA 22030
Phone: 703-537-0700
Email: FamilyPriorityFairfax@familypriority.com
Website: <https://familypriority.com/>

Family Priority, LLC offers ABA therapy, home-based counseling, parent coaching, level 3 developmental services, and wraparound. When traditional in-home services are not enough and residential treatment is too much, Level 3 Developmental Services include attachment, developmental and trauma services. Attachment services seek to support children and their families to form more secure attachments. Developmental services address children's behaviors through the lens of development. Trauma services seek to provide clinically proven interventions to help children and their families manage and recover after trauma. Funding provided by EPSDT/Medicaid, Tricare and Private Insurance, Self pay, and CSA.

Gil Institute for Trauma Recovery and Education, LLC

8626 Lee Highway, Ste 200

Fairfax, VA 22031

Phone: 703-560-2600

Email: contactus@gilinstitute.com

Website: www.gilinstitute.com

Gil Institute provides research-informed, trauma-focused treatment to children, adolescents, and adults. It offers several treatment options, including individual, group, couples, family and parent-child therapy, working with children as young as three years of age. Specialized services include attachment parent-child assessments, Boundary Project for problem sexual behaviors in children, Extended Play-Based Developmental Assessments (EPBDA), attachment and brain-based parenting programs, and a variety of professional training services. Treatment approaches include equine assisted therapy, Theraplay, Filial therapy, Circle of Security Parenting Program, and parent child dyadic work.

Improving Outcomes

101 Rowell Ct.

Falls Church VA 22046

Phone: 703-533-1996

Email: info@improvingoutcomes.com

Website: <http://www.improvingoutcomes.com/>

Improving Outcomes uses attachment-based interventions, and attachment and trauma-informed care as well as positive behavior support. Services offered include individual and family therapy, intensive in-home services, comprehensive clinical assessments, social skills groups for youth, and CONNECT Parent Group. Evidence-based clinical approaches include ARC framework, Positive Behavior Support, Collaborative Helping, Trauma focused cognitive behavioral therapy, and incredible years.

The Ainsworth Child-Parent Attachment Clinic

914 E Jefferson St

Charlottesville, VA 22902-4745

Phone: 434- 984-2722

Email: abby@theattachmentclinic.org
Website: www.theattachmentclinic.org

The Ainsworth Clinic provides evaluation, intervention-planning, and intervention-consultation for children from birth through adolescence who have experienced significant challenges or disruptions to their relationships and attachment bonds with their parents or other caregivers. Among the children who benefit from these services are those in foster care or adoptive care, those having difficulties with custody and visitation arrangements, and those whose families have experienced a traumatic event. The Clinic uses the Circle of Security Model which is an evidence based intervention designed to strengthen secure attachment between children and their caregivers.

Multicultural Clinical Center

Loudoun Location
46161 Westlake Drive, Suite 130
Sterling, VA 20165

Fairfax Location
6563 Edsall Rd
Springfield, VA 22151
Phone: 703-354-0000
Email: info@mccva.com
Website: <http://mccva.com/>

The Multicultural Clinical Center provides therapeutic home-based, ABA, in-home residential, and outpatient services. The center offers outpatient diagnostic and treatment services for children, adolescents and adults, including diagnostic clinic, psychological and neuropsychological evaluations, psychiatric evaluations, assessments, specialized treatment, children and adolescent services, sex offender services, substance abuse services, and gang intervention services. Also offered are home-based, play, individual, group, family, and couples therapy. Specialized Treatment Services include Child Abuse and Neglect, Domestic Violence, Trauma-Focused Services, and Substance Abuse Program. Services provided in English, Spanish, Vietnamese, Korean, Urdu, Hindi, Punjabi, Pashtu, Farsi, Mandarin, and Sign Language.

National Child Traumatic Stress Network (NCTSN)

UCLA
11150 W. Olympic Blvd, Ste 650
Los Angeles, CA 90064
Phone: 310-235-2633

Duke University
1121 West Chapel Hill Street, Ste 201
Durham, NC 27701
Phone 919-682-1552

Program Office
SAMHSA (Substance Abuse and Mental Health Services Administration)
5600 Fishers Lane
Parklawn Building, Rm 17C-26
Rockville, MD 20857
Email: info@nctsn.org
Website: www.nctsn.org

The mission of the National Child Traumatic Stress Network (NCTSN) is to raise the standard of care and improve access to services for traumatized children, their families and communities throughout the United States. The NCTSN website includes information and resources regarding child traumatic stress, including a section entitled “Treatments that Work.” Many products may be viewed online or printed from the website. The NCTSN is funded by SAMHSA.

Trauma and Hope

5417-C Backlick Road
Springfield, VA 22151
Phone: 703-750-1714
Email: traumaandhope@gmail.com
Website: <https://traumaandhope.com/>

Trauma and Hope provides clinical evaluations, home based therapy, individual, family and group therapy. Specialized programs include: Substance Abuse Treatment Program, Sex Offender Program, Gang Specific Treatment Program, Sexual Exploitation Treatment Services (SETS), Anger Management Program, and Substance Abuse Treatment Program. Trauma and Hope provides private mental health treatment for a range of problems including trauma, depression, anxiety, conduct, problem sexual behaviors, schizoaffective disorder, and bipolar disorder.

Virginia Center for Neurofeedback, Attachment & Trauma

420 3rd Street, NE
Charlottesville, VA 22902
Phone: 434-878-3146
Email: info@virginianeurofeedback.com
Website: <http://virginianeurofeedback.com/>

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

Autism Spectrum Disorder and ABA Therapy Services

ABC Behavior

Offices throughout Virginia.

Fairfax Office

Jonathan Redding, MA, BCBA, LBA

Phone: 814-777-3003

Email: Jonathon.redding@abcbehavior.org

Gainesville Office

Rebecca Gonzales, MEd, BCBA, LBA

Phone: 571-319-1187

Email: Rebecca.gonzales@abcbehavior.org

Manassas Office

Lisa Liguori, MA, BCBA, LBA

Phone 323-313-7659

Email: lisa.liguori@abcbehavior.org

Woodbridge Office

Sarah Rosenthal, MAT, BCBA, LBA

Email: sarah.rosenthal@abcbehavior.org

Main Office

Phone: 571-212-6627

Website: <http://www.abcbehavior.org/>

ABC Behavior utilizes ABA therapy in a variety of settings—home, social groups and community outings. ABC Behavior assists individuals with developmental disabilities who are 18 months to 22 years. ABC Behavior provides supervision for BCBA and BCaBA students. They assess a case with interviews, functional behavior analysis, VBMAPP, PEAK, or ABLLS to setup a behavior treatment plan. The practice accepts Medicaid and self-pay clients.

[Achieve Beyond Pediatric Therapy and Autism Services](#)

Locations throughout the US.

Virginia/Metro DC Location

11240 Waples Mill Rd, Ste 101

Fairfax, VA 22030

Phone: 703-237-2219

Email: metrodc@achievebeyondusa.com

Website: <http://www.achievebeyondusa.com/index.php/office-locations/virginia>

Achieve Beyond Pediatric Therapy and Behavior Services provides pediatric therapy to help each child reach their full potential through education, therapy, and family support services. Services are provided throughout Northern Virginia. They offer initial screenings, parent or school consultations, and comprehensive evaluations services to infants and children with special needs and/or developmental disabilities/delays or children who might just need some extra assistance. Services are provided in the home, community settings, or in the clinic in Fairfax, VA. Funding sources for treatment and

evaluations include The Early Intervention Program of Virginia, Insurance Companies and Private Payment options.

Aurora Behavior Clinic (ABC Clinic)

The Arc of Loudoun
601 Catoctin Cir NE
Leesburg, VA 20176
Phone: 703-777-1939 ext. 207
Website: <https://thearcofloudoun.org/aurora/>

ABC Clinic works with children who are diagnosed on the autism spectrum or have other related disabilities, as well as their families, caregivers and the professionals who work with them. The Clinic uses the principles of Applied Behavior Analysis (ABA Therapy) for children with autism, behavior challenges, language and communication delays and other related disabilities. The focus is on improving verbal behavior, communication skills, social skills, academic skills, and increasing appropriate behaviors. They offer in home training for parents, social skills groups for ages 5 to 18 years for youth. ABC Clinic accepts Aetna PPO, Anthem BC/BS, Cigna, Magellan and Optima insurance.

The Aurora School

The Arc of Loudoun
601 Catoctin Cir NE
Leesburg, VA 20176
Phone: 540-751-1414
Website: <https://thearcofloudoun.org/aurora/>

The Aurora School is a private day school that uses the principles of applied behavior analysis to provide an individualized education for students ages 5 to 22 with intellectual and developmental disabilities, primarily autism. Aurora offers a wide variety of special education programs. Our curricula and activities are made to meet the individual student's needs. Among the skills we teach our students are: Verbal behavior; Social Skills, Self-Management, Problem-Solving Skills, Math, and Reading. Using the latest techniques, curricula, and technology, students and their families become active partners in their individualized education program.

Autism Education Solutions (AES)

Phone: 703-232-1511
Email: info@autismedsolutions.com
Website: www.autismedsolutions.com

Autism Education Solutions offers educational consulting, social skill play and leisure groups, social skill groups for schools, and PEERS social skills intervention program for adolescents and young adults. Social Skills groups for children ages 2 to 12 years are set up in the natural environment of the home and includes peer models. The PEERS program is an evidence-based social skills intervention program for youth age 13-18.

AES uses research-based teaching techniques and behavior strategies based on the principles of Applied Behavior Analysis (ABA) but support that each child is unique and there is not a single methodology that meets the individual needs of all children.

Autism FYI National Registry

7507 Old Chapel Drive

Bowie, MD 20715

Phone: 301-367-1042

Hotline: 855-487-0777

Email: admin@autismfyi.org

Website: <https://www.autismfyi.org/>

IRIS Website: <https://www.autismfyi.org/national-registry/>

Spectrum Heights Website: <https://www.autismfyi.org/fyi/spectrum-heights-a-future-endeavor/>

Autism FYI Organization created the IRIS (Immediate Recognition Increases Safety) Program which is a National Autism Registry designed to help emergency responders recognize needs through the use of easily recognizable logos. ID tags with pertinent info on USB, GPS and RF trackers, clothing and patches with the logo will help bring that same benefit of quick recognition to those in the community. There is a 24 hour hotline for access to the member's profile and they provide standard script training for registrants and emergency personnel to help facilitate calm interactions. In the future the Registry hopes to establish Spectrum Heights, a self-sustaining community for independent adults on the Autism Spectrum and their aging parents.

Autism Outreach Inc. (AOI)

21680 Ridgetop Cir, Ste 100

Sterling, VA 20166

Phone: 703-689-0019

Email: information@autismoutreach.org

Website: www.autismoutreach.org

Autism Outreach develops individualized programs to best meet the needs of each child and strives to provide each family with support, guidance, and personalized consultation. Services include Applied Behavioral Analysis (ABA) Consultation and Therapy; IEP Development; Intensive Potty Training; Social groups; Parents Training Workshops; and Parents Night Out.

Autism Society of Northern Virginia (ASNV)

10467 White Granite Drive, #324

Oakton, VA 22124

Phone: 703-495-8444

En Español: 703-868-0111

Email: Info@asnv.org

Website: <https://www.asnv.org/support>

Autism Society of Northern Virginia (ASNV) builds community for individuals and families through education, advocacy, and support. ASNV works to educate members of the community about autism by offering workshops, trainings, online resource directory, and information and referrals. ASNV encourages advocacy to create lasting changes. ASNV provides direct support to families by offering an intervention assistance fund; support groups for autistic adults, parents and caregivers of adults on the spectrum, parents of autistic teens, and middle age adults on the spectrum; assistive technology; family social events; and a peer mentor program

Autism Speaks

Offices located throughout the US.

Washington DC Office

1990 K Street NW

Washington, D.C. 20006

Phone: 202-955-3114

ART info line: 888-288-4762

ART Email: familyservices@autismspeaks.org

Grant Website: <https://www.autismspeaks.org/grants-service-providers>

Website: www.autismspeaks.org

Autism Speaks is an autism science and advocacy organization that provides education and community support, provides resource referrals to family, and offers grants that provide people with autism with social and educational experiences. Autism Speaks sponsors an Autism Response Team (ART) information line for the autism community that provides information, tools and resources in communities. They also sponsor variety of Sensory Friendly Events in communities throughout the country. Through the Autism Speaks Local Impact Grant program, we fund activities across the country in our chapters and regional markets. In addition, the bi-annual Norma and Malcolm Baker Recreation Program grants identify and support innovative community programs for people with autism of all ages.

Avail Outreach

5415 C Backlick Rd

Springfield, VA 22151

Phone: 703-941-1910

Email: admin@availoutreach.com

Website: www.availoutreach.com

Avail Outreach provides home based Applied Behavior Analysis (ABA) Therapy for children with autism spectrum disorder and related disabilities. The focus of treatment is on developing communication, social, academic, play, and adaptive skills that are critical to your child's success. They support individuals from 18 months of age through adulthood in home, community, school and clinical settings. We offer a full range of Applied Behavior Analysis (ABA) services as well as Direct Instruction, Naturalistic Teaching Techniques, Social Group Facilitation and Consultation.

Butterfly Effects

Providers located throughout the United States including Woodbridge and Quantico.

Woodbridge Office
Regional Mailing Address
780 Lynnhaven Parkway, Ste 400
Virginia Beach, VA 23452
Phone: 888-880-9270
Website: <http://butterflyeffects.com/>

Butterfly Effects provides therapy services, parent support, and care coordination to families with children on the Autism Spectrum. Butterfly Effects works through a network of individual practitioners across the United States. ABA services include an initial assessment by a BCBA, individualized treatment plan and goals, and BCBA supervised implementation of the plan by behavior technicians. Service can be provided in home, school, or other environment and encourage multiple modalities including physical, speech, and occupational therapies.

Capital Music Therapy Services, LLC

10560 Main Street, Ste PH-01
Fairfax, VA 22030
Phone: 301-785-3596
Website: www.capitalmts.com

Capital Music Therapy Services consists of a dynamic group of specialists who hold degrees in the research-backed benefits of music's ability to maximize human development, rehabilitation, and improve the overall quality of life of individuals. Capital Music Therapy Services specializes in helping improve the overall quality of life of all individuals. Experienced in working with children with autism and Down syndrome. The therapy focuses on helping to develop communication, motor skills, socialization and improving challenging behaviors.

Center for Autism and Related Disorders (CARD)

Locations throughout the US.
Toll Free Phone: 855-345-2273
Email: info@centerforautism.com
Website: <https://www.centerforautism.com/locations/?state=VA>

Alexandria East
318 Montgomery St
Alexandria, VA 22314

Alexandria West
5400 Shawnee Rd, Ste 208
Alexandria, VA 22312
Phone: 703-750-0633

Arlington
4141 N Henderson Rd, Ste 8
Arlington, VA 22203

Phone: 571-777-9210

Ashburn
43490 Yukon Dr, Ste 104
Ashburn, VA 20147
Phone: 703-936-2122

Fairfax
10340 Democracy Ln, Ste 102
Fairfax, VA 22030
Phone: 571-386-0871

Manassas
10370 Battleview Pkwy
Manassas, VA 20109
Phone: 571-364-0440

Sterling
46040 Center Oak Plaza, Ste 150
Sterling, VA 20166
Phone: 703-997-9494

Woodbridge
12731 Marblestone Dr, Ste 101
Woodbridge, VA 22192
Phone: 571-589-0201

CARD Academy Alexandria
4875 Eisenhower Ave, Ste 210
Alexandria, VA 22304
Phone: 571-290-0143
Website: <http://virginia.centerforautism.com/>

CARD Academy Stafford
2761 Jefferson Davis Hwy, Ste 107
Stafford, VA 22554

CARD Academy Sterling
45305 Catalina Ct Building B, Ste 101
Sterling, VA 29166
Phone: 571-441-3177

CARD provides ABA & autism services, diagnosis & assessment, center-based services, therapy for family members, specialized outpatient services, and CARD Academy. .
CARD Academy teaches self-help and safety skills, build language and communication as well as social skills and executive functioning. With input of parents and the child's

caregivers, CARD sets challenging goals and tracks progress on each skill domain carefully. CARD is an in-network provider for most insurance including Tricare.

Compass Counseling Services of NOVA, LCC

Locations throughout Virginia
9274 Corporate Circle
Manassas, VA 20110
Phone: 703-496-7804

10715 Spotsylvania Avenue
Fredericksburg, VA 22408
Phone: 540-339-3640
Website: https://compassva.com/service/connections_aba/

Compass Youth and Family Services offers an ABA and Family Support program called Connections in their NOVA and Fredericksburg offices. Connections provides home-based Applied Behavior Analysis (ABA) services for children and adolescents under the age of 21, who demonstrate significant impairment in adaptive functioning that is related to either developmental delays or other health conditions. Connections is not a diagnosis-specific program and children with other disorders who exhibit communication and social skills deficits in combination with maladaptive behaviors may qualify for services.

Continuum Behavioral Health Autism Spectrum Alliance

1651 Old Meadow Rd, Ste 600
McLean, VA 22102
Phone: 800-828-5659
Email: contact@autismspectrumalliance.com
Website: <http://autismspectrumalliance.com/virginia-2/>

Continuum Autism Spectrum Alliance serves Northern Virginia offers diagnosis, assessment, and treatment. During the assessment process, each child receives a comprehensive functional assessment that identifies core deficits and problem behaviors that may be interfering with the child's ability to learn and participate in daily life at home, school and in the community. Every child's program is individualized to meet his or her needs, learning style and guided by what is developmentally expected. They also have social skills groups, structured play dates, teen social group programs, and speech and language groups.

CPB Behavioral Therapy & Advocacy Services

45 Lindsey Lane
Stafford, VA 22556
Phone: 540-840-9285
Email: cpbbehavior@gmail.com
Facebook Page: <https://www.facebook.com/pages/category/Mental-Health-Service/CPB-Behavior-Therapy-and-Advocacy-Services-287493962125890/>

CPB Behavioral Therapy & Advocacy Services provides in-home Applied Behavior Analysis (ABA)/Behavioral Therapy Services for children between the ages of 1-21 years old. CPB is in-network with several insurance companies, work with other insurance companies, and work with private pay and consultation cases as well. CPB serves Prince William County, Stafford County, Spotsylvania County, the City of Fredericksburg, Westmoreland, Montross, and King George Counties as well as Colonial Beach and Wise, VA.

Dower and Associates, Inc.

Corporate Office
9845 Business Way
Manassas, VA 20110

Clinic Location
24538 Marrwood Rd
Aldie, VA 20105
Phone: 703-618-6180
Email: information@dowerandassociates.com
Website: www.dowerandassociates.com

Dower and Associates specializes in the assessment and treatment of children and adolescents diagnosed with Autism Spectrum Disorder utilizing ABA and in the areas of receptive and expressive language delays and disorders, learning disabilities, ADD/ADHD, phonemic awareness difficulties, phonological/articulation delays, auditory and language processing disorders, semantic-pragmatic disorder, word finding deficits, reading, spelling, and written language problems. Dower and Associates, Inc. current staff of speech/language pathologists and individual instructors/tutors provide services (e.g. evaluations, therapy, tutoring, training, functional behavioral assessments) and consultations to children in a variety of settings (e.g. office, private and public schools, community, and group home living environments).

Easy Street Foundation, LLC

35867 Camotop Court
Round Hill, VA 20141
Phone: 571-274-2728
Website: <https://easystreetllc.org/>

Easy Street Foundation is a support network for parents caring for young adults with Asperger's. The foundation offers help to young adults transitioning from high school to independence with a focus on identifying vocations, skill development opportunities, and job opportunities for young adults with Autism Spectrum Disorder.

Epic Developmental Services

Offices in New Jersey, Pennsylvania, Texas, and Maryland.
1026 Cromwell Bridge Rd.
Towson, MD 21286
Phone: 410-853-7044

Website: <https://epicdevelopmentalservices.com/>

Epic Developmental Services specializes in the principles of ABA for behavior therapy. Autism services, behavioral health, therapeutic intervention, and related special educational services are offered. The most current, best practices in education and behavioral health to address the needs of children everywhere are provided. Epic Developmental Services specialize in ABA Therapy, Autism, Early Intervention, and provide support to find funding for services. Epic Developmental Services provides a continuum of expert therapeutic services in collaboration with school districts throughout the Commonwealth of Virginia.

Faison's Family Partner Program

The Faison Center

1701 Byrd Avenue

Richmond, VA 23230

Phone: 804-612-1947

Website: <https://www.faisoncenter.org/family-partner-program>

Faison's Family Partner Program is a residential option for adults with autism. Clients are matched with professional family partners in single-family homes. Often the professional family partner has a long-term relationship with the person to be supported. A Family Partner home is developed in full partnership with the natural family, the professional family partner, and Faison. Family Partners provide a caring and structured home life, in partnership with Faison and the individual's natural family. This career choice provides Family Partners with the flexibility to stay at home with their children, or to pursue other interests as most of the individuals served attend day programs such as Faison's Adult Day Services. Professional family partners participate in best practice training and use Faison's resources. The program ensures that individuals with autism have an increased level of independence and are living enriched, inclusive lives within the community.

The Faison Residence

The Faison Center

1701 Byrd Avenue

Richmond, VA 23230

Phone: 804-612-1947

The Faison Residence

5322 Markel Rd

Richmond, VA 23230

Website: <https://www.faisoncenter.org/the-faison-residence>

The Faison Residence operates as part of The Faison Center's adult services program. The Residence features 45 apartments, as well as a community room and recreational facilities for social activities. Approximately a third of the apartments are set aside for adult tenants with autism and other developmental disabilities who are generally independent but need occasional assistance and supervision. The remaining apartments

are rented to the public, making it a truly integrated community with neighbors looking out for neighbors. The apartments also feature assistive and security technology – all embedded into the fabric of this amazing residential community. The Faison Residence allows individuals to live as independently as possible with supportive in-home services.

Family Insight, P.C.

Locations in Lynchburg, Chesterfield, Danville, Hampton/Newport News, Lynchburg, Manassas, Richmond, Roanoke, Virginia Beach, and Winchester.

Winchester Location
312 S. Cameron St
Winchester, VA 22601
Phone: 540-486-4653

Manassas Location
7730 Donegan Dr
Manassas, VA 20109
Phone: 571-208-0592
Email: peter.doyle@familyinsight.net
Website: <https://familyinsight.net/>

Family Insight offers ABA service targets social skills like academics, communication and adaptive functioning (toileting, dressing, eating, vocational work, etc.). Parents, caregivers, and paraprofessionals involved with the client are trained in the basic principles of ABA for the sake of consistent treatment outside of direct behavioral therapy. Family Insight provides ABA services under the direct supervision of a Board Certified (assistant) Behavior Analyst (BCBA/BCaBA). Family Insight's in-home (ABA) services are available through Early Periodic Screening Diagnosis and Treatment (EPSDT). This service is available to individuals under the age of 21 residing in their family home who receive Medicaid or have a Medicaid Waiver. Individuals seeking behavioral treatment through EPSDT will need a letter of medical necessity from a physician or psychiatrist indicating the need for behavioral treatment services.

Family Priority, LLC

Locations in Fairfax, Williamsburg, and Richmond.

Fairfax Office
11350 Random Hills Rd, Ste 240
Fairfax, VA 22030
Phone: 703-537-0700
Email: FamilyPriorityFairfax@familypriority.com
Website: <https://familypriority.com/>

Family Priority, LLC offers ABA therapy, home-based counseling, parent coaching, level 3 developmental services, and wraparound. In-home Applied Behavior Analysis (ABA) program provides evidence-based treatment for children with autism and other intellectual disabilities. All interventions are developed based on a Functional Behavior Assessment using research-based assessment tools and may include language and skill

assessments such as the VB-MAPP, ABLLS, Vineland, or FBA. Funding provided by EPSDT/Medicaid, Tricare and Private Insurance, Self pay, and CSA.

GMU Center for Psychological Services

George Mason University
10340 Democracy Ln, Ste 202
Fairfax, VA 22030
Phone: 703- 993-1370
Email: psycclin@gmu.edu
Website: <https://psyclinic.gmu.edu/>

The GMU Center for Psychological Services runs an adolescent social skills training group for adolescents with Autism Spectrum Disorder. Based on scientific research, this group will provide an opportunity for adolescents to improve their social skills and make friends. Participants must be between the ages of 13-18. Interested participants will be screened to ensure that treatment is appropriate for them. This group meets on a weekly basis for 12 consecutive weeks.

L.E.A.P. Ahead, Inc.

10686 Crestwood Dr., Ste A and B
Manassas, VA 20109
Phone: 703-392-6166
Fax: 703-392-3885
Email: info@leapahead.org
Website: www.leapahead.org

L.E.A.P. Ahead provides therapy and consultations to children ranging from the ages of 18 months to 16 years of age who have been diagnosed with Autistic Spectrum Disorder and other related disorders. L.E.A.P. works in a variety of settings including within the home, their office, and supporting public and private schools. L.E.A.P. focuses on the implementation of Applied Behavior Analysis (ABA), with an emphasis in Verbal Behavior (VB) and also offers parent support, speech therapy and occupational therapy. LEAP accepts Kaiser Permanente, Anthem Blue Cross, Federal Blue Cross, Aetna, and private pay.

Matthew's Center

10651 Lomond Drive
Manassas, VA 20109
Phone: 703-369-2976
Website: www.matthewscenter.org

The programs offered at Matthew's Center are designed to provide effective behaviorally based intervention for individuals with autism and related disorders. Program development and implementation is unique and individualized for each student. The Private Day School has classrooms serving children ages 5-21. Each classroom is staffed at a minimum of 2:1 ratio, including a special education teacher.

May Center for ABA Services

May Institute

Locations in Florida, Georgia, Massachusetts, North Carolina, and New Hampshire.

1516 Willow Lawn Dr, Ste 203

Richmond, VA 23230

Phone: 804-269-4732

Website: <https://www.mayinstitute.org/>

Richmond Website:

<https://www.mayinstitute.org/locations/location.html?id=1081&state=VA>

May Institute is an award-winning non-profit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and behavioral health needs. The Institute also provides training and consultation services to professionals, organizations, and public school systems. The May Center for ABA Services in Richmond provides best practice intensive behavioral intervention to children and adolescents with autism spectrum disorder (ASD) and other special needs. They have a home-based and School-based services.

National Autism Center at May Institute

41 Pacella Park Drive

Randolph, MA 02368

Phone: 877-313-3833

Email: info@nationalautismcenter.org

Website: www.nationalautismcenter.org

The National Autism Center is May Institute's center for the promotion of evidence-based practice. It is a nonprofit organization dedicated to serving children and adolescents with Autism Spectrum Disorders (ASD) by providing reliable information, promoting best practices, and offering comprehensive resources for families, practitioners, and communities. The Center identifies effective programming and shares practical information with families about how to respond to the challenges families face. It also conducts applied research and develops training and service models for practitioners, and works to shape public policy concerning ASD and its treatment through the development and dissemination of national standards of practice.

New Horizons Professional ABA Services

500 West Jubal Early Drive, Ste 210

Winchester, VA 22601

Phone: 540-431-5641

Email: info@newhorizonsaba.com

Website: <http://newhorizonsaba.com/>

New Horizons Professional ABA Services is an in-home service provider assisting families with children who have special needs. New Horizons is licensed by the Department of Behavioral Health and Developmental Services, and are a Medicaid provider for the Early Periodic Screening Diagnostic Treatment (EPSDT) Applied

Behavior Analysis (ABA) Behavior Therapy program. New Horizons provides support with Behavioral Skills, Daily Living Skills, Life Skills, Communication, and provide academic and vocational training.

Open Door Learning Center Preschool

The Arc of Loudoun
601 Catocin Cir NE
Leesburg, VA 20176
Phone: 540-751-1414
Website: <https://thearcofloudoun.org/open-door/>

Open Door Learning Center Preschool (ODLC) offers all-day and half-day preschool openings for children 2 years old to 7 years old. Teaching practices at the school are derived primarily from applied behavior analysis (ABA). Some of these practices include: positive reinforcement, direct instruction, continuous measurement of learning, and strategic data analysis. We offer a wide range of enriching activities that focus on building each child's emotional, social, cognitive and physical skills. Experienced teachers give individualized attention to our early learners at a low student to teacher ratio (typically 6:1). We also have potty training for all ages, so your early learner does not need to be toilet-trained to join ODLC.

Parents of Autistic Children of Northern Virginia (POAC-NoVA)

8003 Forbes Place, Ste 310
Springfield, VA 22151

Mailing Address
P.O. Box 10515
Burke, VA 22009
Phone: 703-249-5099
Email: president@poac-nova.org
Email: theboard@poac-nova.org
Website: www.poac-nova.org

POAC-NoVA works to improve the quality and quantity of education for students with autism in Northern Virginia through advocacy, community education, and support group meetings. Members regularly with the decision makers in Northern Virginia school districts, carefully follow the education budget process at the local and state level, and advocate when support programs are in jeopardy. POAC-NoVA holds educational community meetings on topics of interest such as expert advice on developing a successful IEP for your child, inclusion opportunities within schools, and adapted sports and recreation opportunities. They also offer support group meeting for parent several times per year.

Springbrook Autism Behavioral Health, Travelers Rest, SC

Website: <https://springbrookautismbehavioral.com/>
Springbrook Behavioral Health offers treatment programs for behavioral problems that are linked to autism. The Autism Program at Springbrook is a goal-oriented treatment

plan designed to minimize the self-destructive behaviors that are often seen in children with autism and related diagnoses. At the core of the program is Applied Behavior Analysis—a discipline that uses evidence-based interventions to improve socially significant behaviors.

T-TEN Services

Locations in Leesburg, Warrenton, Ashburn, and Sterling
P.O. Box 794
Asburn, VA 20146
Phone: 703-574-0350
Website: www.ttenservices.com
Facebook: <https://www.facebook.com/TtenServices/>
Twitter: <https://twitter.com/Ttenservices>

T-Ten offers both home-based and School-based individualized programs specializing in ABA and Verbal Behavior Methodologies. T-Ten's BCBA's conduct descriptive and systematic behavioral assessments, including functional analyses, and provide behavior analytic interpretations of the results. They specialize in designing and supervising behavior analytic interventions and programs, as well as teach others to carry out ethical and effective interventions based on published research.

VCU Autism Center for Excellence

Virginia Commonwealth University
1314 West Main St
PO Box 842011
Richmond, VA 23284-2011
Phone: 855-711-6987
TTY: 804-828-2494
Email: austimscenter@vcu.edu
Website: <https://vcuautismcenter.org>

VCU Autism Center for Excellence is a university-based technical assistance, professional development, and educational research center for Autism Spectrum Disorder in the Commonwealth of Virginia. It provides many online information and resources, webinars, and online courses for parents, educators, paraprofessionals, and administrators free of charge.

Victoria Transcultural Clinical Center (VTCC)

3541 Chain Bridge Rd, Ste 204
Fairfax, VA 22030
Phone: 703-218-6599
Email: info@vtccmail.com
Website: <http://vtccnet.com>
Facebook: <https://www.facebook.com/victoriatransculturalclinicalcenter>

VTCC is a private, for-profit, multicultural mental health agency serving children, youth, and families who are Medicaid or funded through Family Assessment and Planning

Teams (FAPT). Their programs are open to underserved children, youth and families located in the Northern Virginia area. Their programs currently include Applied Behavior Analysis (ABA) or EPSDT, and home-based intensive in-home services. VTCC provides ABA services to clients between the ages of 2 and 21 in the natural environment of the client. Parents, legal guardians, or primary caregiver are provided with training and care coordination as part of the ABA services.

Virginia Autism Council at VCU

Virginia Commonwealth University
700 E. Franklin Street, Ste 140
Richmond, VA 23284
Phone: 804-827-0108
Email: aidifkm@vcu.edu
Website: <http://autismtrainingva.vcu.edu/>

The Virginia Autism Council is a council of autism experts seeking to define needed skill competencies and to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism. Their website is Virginia's clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia.

Virginia Autism Project (VAP)

Northern Virginia Email: vapnova@gmail.com
Tidewater Email: vaptidewater@gmail.com
Central Email: vapcentral@gmail.com
SouthWest Email: vapsouthwest@gmail.com
Facebook Page: <https://www.facebook.com/VirginiaAutismProject/>
Twitter: <https://twitter.com/VaAutismProject>
Instagram: <https://www.instagram.com/vaautismproject/>
Website: <http://www.virginiaautismproject.com/>

The Virginia Autism Project (VAP) is an organization representing a grass-roots, state-wide coalition of individuals and families with children affected by an autism spectrum disorder. Their mission is educating, advising, and collaborating with federal, state, and local decision makers and the general public on issues that impact individuals with autism and their communities, while raising awareness throughout Virginia.

Virginia Institute for Autism

943 Glenwood Station Lane, Ste 201
Charlottesville, VA 22901
Phone: 434-923-8252
Email: info@viaschool.org
Website: www.viaschool.org
James C. Hormel School
1414 Westwood Road
Charlottesville, VA 22903-5149

Outpatient Behavioral Services and Adult Services
3500 Remson Court
Charlottesville, VA 22901

Virginia Institute of Autism offers school, home and community based services for children with autism. Services include behavior therapies, diagnosis and assessment, speech language therapies, and parent training and behavioral supports. The James C. Hormel School offers a year-round, state of the art, evidence-based educational and clinical program formulated to maximize student and family outcomes. Home and school based intervention for individuals age 2-22. Speech language therapy focuses on articulation; receptive, expressive, and pragmatic language, alternative-augmentative communication, and childhood apraxia of speech. Parent training includes an intensive 6-week training course, intensive caregiver training, and crisis training for families.

Virginia Tech Center for Autism Research NOVA Symposium

Website: <https://www.vtcar.science.vt.edu/outreach/NoVASymposium.html>

Contact Carey

Phone: 703-865-6502

Email: calford@financialguide.com

Website: <https://www.vtcar.science.vt.edu/outreach/NoVASymposium.html>

The Virginia Tech Center for Autism Research promotes collaborative research on Autism Spectrum Disorders (ASD) and related conditions from multiple disciplinary perspectives. The Center builds upon basic research and clinical resources already available at Virginia Tech and works closely with the Virginia Tech Autism Clinic and other autism service providers to provide outreach on research findings, conduct research, and recruit participants. Every year in Northern Virginia, The Virginia Tech Center for Autism Research co-host an Autism Research Symposium. The Symposium features Autism Research from Biomedical and Imaging, Technology, Education, and Clinical Translational fields.

Dyslexia and Learning Disabilities

Decoding Dyslexia VA

Website: decodingdyslexiava.wordpress.com

Regional Leadership Emails: <https://decodingdyslexiava.wordpress.com/contact-us/>

Decoding Dyslexia VA is a grass-roots movement of parents focused on linking families to resources, support, and educational interventions for dyslexia. Decoding Dyslexia VA aims to raise dyslexia awareness, empower families to support their children and inform policy-makers on best practices to identify, remediate and support students with dyslexia in Virginia. The website has links to “find your legislator, talking points, and advocacy packets.

Dyslexic Advantage

6701 139th Pl SW

Edmonds, WA 98026-3223
Phone: 206-521-1014
Email: team@dyslexicadvantage.org
Website: www.dyslexicadvantage.org

Dyslexic Advantage promotes the positive identity, community, and achievement of dyslexic people by focusing on their strengths. This organization offers an online community, newsletters, blogs, and conferences. There is a fee to access some information on the website.

Fairfax Dyslexia

Fairfax, VA 22032
Email: info@fairfaxdyslexia.com
Website: www.fairfaxdyslexia.com

Fairfax Dyslexia is a Northern Virginia consulting service specializing in dyslexia education and advocacy. Fairfax Dyslexia helps parents and teachers understand dyslexia and how it can be remediated, empowers parents with the information parents need to become their child's best advocate, and trains teachers to help them implement accommodations in the classroom to ensure their students' success. Tutoring services are also available.

Dyslexia Information

Fairfax County Public Schools
Website: <https://www.fcps.edu/academics/academic-overview/special-education-instruction/high-incidence-disabilities-team-k-12/dyslexia-information>

FCPS offers a free online Handbook that provides information and resources to FCPS school and parents as they support students with dyslexia. There is a link to a free online training for parents that offers fundamentals, strategies, and supports for parents. There are also links to resources available through FCPS to support students with Dyslexia.

International Dyslexia Association

Branches throughout the US.
Virginia Branch
3126 West Cary Street, Ste 102
Richmond, VA 23221
Phone: 866-893-0583
Email: info@vbid.org
Website: <http://va.dyslexiaida.org/contact-us/>
Scholarship Website: <https://va.dyslexiaida.org/scholarships-grants/>
Conference Website: <https://www.eiseverywhere.com/website/887/home/>

The International Dyslexia Association seeks to improve the lives of individuals with dyslexia through education, legislation, and service. The website has information about dyslexia and provider directory. The Association also offers scholarships & Grants to provide funds to a student in need of assistance. To qualify students must be in grades

3-12 and demonstrated a need for remediation or education services. They also host the Annual IDA Conference on Reading, Literacy, & Learning.

SDSquared (Sliding Doors STEM & Dyslexia)

Phone: 571-335-1825

Email: krista@sdsquared.org

Website: <https://www.sdsquared.org/>

SDSquared offers an after school program, Tutor Network, and summer camps for students as well as teacher workshops and an annual conference called Dyslexic Edge. The after school program is a structured reading/spelling group instruction plus STEM activities that meets twice a week for 90 minutes and includes special outings with Science Saturdays and summer camps. The private Tutor Network offers the same specialized reading tutoring as the after school programs. Citizen ROvers is a week-long camp for students with dyslexia in grades 4-8 designed to expose kids to a myriad of science, technology, engineering, and math topics. The Dyslexic Edge conference is intended for educators, industry professionals, parents and students from kindergarten to the university level. SD Squared offers a limited number of spots at reduced tuition for those on free and reduced lunch programs.

Fetal Alcohol Spectrum Disorders

Aloha Community Platteville:

FASD Communities

1516 Avon Way

Honolulu, HI 96822

Phone: 808-523-8191

Email: fasdcommunities@gmail.com

Website: <http://fasdcommunities.com/>

Aloha Community Platteville: <http://fasdcommunities.org/housing/>

The mission of FASD Communities is to create sustainable living communities across the United States for young adults with Fetal Alcohol Spectrum Disorders (FASD) Aloha Community Platteville is the first of FASD communities and is located in Wisconsin. Aloha Community Platteville is a five-bedroom home that sits on four acres. Each resident has a bedroom and access to communal spaces. Aloha community Platteville provides a structured, calm environment that combines the safety of 24-hour staff oversight for adults living with FASD. The program provides the tools needed to achieve self-reliance including duties such as preparing dinner or tending to farm animals. If a resident is interested in taking a class at one of the area technical or community colleges, that can be arranged.

The Attachment Place (TAP)

P.O. Box 71

Tracy's Landing, MD 20779

Phone: 410-707-5008

Email: info@theattachmentplace.com

Website: <https://theattachmentplace.com/>

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child's ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Families Affected by Fetal Alcohol Spectrum Disorder (FAFASD)

Phone: 413-570-5966

Email: adrienne@fafasd.org

Website: www.fafasd.org

FAFASD provides education, support and research-based training to family members, caregivers, and professionals living with, caring for, and working with individuals with an FASD. The organization raises awareness about the disability and helps provide treatment options. Both in person workshops and Webinars are available on the website. There is a fee associated with the training.

Dr. Ronald S. Federici, PsyD

9532 Liberia Ave, Ste 727

Manassas, VA 20110

10432 Balls Ford Rd

Manassas, VA 20109

Phone: 703-830-6052

Phone: 703-734-1012

Phone: 703-548-0721

Email: DRFEDERICI@aol.com

Website: www.drfederici.com

Dr. Federici specializes in the neurodevelopmental assessment and family treatment of both domestically and internationally adopted children. Dr. Federici and colleagues offer comprehensive in-home evaluations and intensive family interventions for crisis or emergency cases with children, adolescents, and adults experiencing cognitive or emotional disorders, including FASD. Services include comprehensive psychological and neuropsychological evaluations for children and adolescents and adults experiencing cognitive or emotional disorders. Dr. Federici assesses organic brain syndromes and traumatic brain injury and trauma-developmental disorders and offers highly specialized and intensive treatment services.

Kennedy Krieger Institute

707 North Broadway

Baltimore, MD 21205
Phone: 443-923-9200
Referral Line: 443-923-9400
Website: www.kennedykrieger.org

Neurodevelopmental Pediatricians
Mihee J. Bay, MD
Harolyn ME Belcher, MD, MHS
Joanna Burton, MD
Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger's patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient's needs.

Proof Alliance

2233 University Avenue West, Ste 395
St. Paul, MN 55114
Phone: 651-917-2370
Email: info@proofalliance.org
Website: <https://www.proofalliance.org/>

Proof Alliance serves as the leading voice and resource on Fetal Alcohol Spectrum Disorders (FASD), stands up for the rights of the FASD community, provides education and training so that FASD is better understood, and creates awareness so all women know that there is no safe level of alcohol use during pregnancy. The website offers information on FASD, Screening and Diagnosis, Support and Resources, Training and Webinars. The agency operates the Proof Alliance Diagnostic Clinic; provides Family Engagement Coordinators; Support Groups for youth, caregivers, and birthmothers; Financial support to attend conferences, provide care, attend camps, and fund diagnostic evaluations; and over \$500,000 per year in grants for programs and events that help build the capacity of communities to prevent prenatal alcohol exposure and to improve the quality of life for those living with an FASD.

National Organization on Fetal Alcohol Syndrome (NOFAS)

1200 Eton Court NW, Third Floor
Washington, DC 20007
Phone: 202-785-4585
Email info@nofas.org
Website: www.nofas.org
State Resources for Virginia: www.nofas.org/state-resources-for-virginia

NOFAS educates the public, practitioners, and policymakers about the risk of alcohol use during pregnancy and Fetal Alcohol Spectrum Disorders (FASD), the leading known preventable cause of brain damage, developmental disabilities, and birth defects, and a leading known cause of learning disabilities and behavioral problems in children, adolescents, and adults. The NOFAS website has a link to a resource directory that identifies local providers on FASD, materials and webinars that outline the risks associated with drinking alcohol during pregnancy, and information about the many facets of FASD and how NOFAS works to prevent the disorders and support individuals living with alcohol-related birth defects.

Susan Rich, MD, MPH

Potomac, MD 20854

Phone: 301-251-1190

Email: dr.sdrich@gmail.com

Website: www.susandrigh.com

Dr. Rich sees patients in a home office on Dream Catcher Farm in Potomac, MD. The practice incorporates neuropsychiatric assessments of children, adolescents and adults with prenatal alcohol exposure with a variety of treatment modalities, including farm animal therapy, academic and vocational recommendations, psychopharmacology, and parent guidance. She focuses on improving social communication and perception, neurocognition and executive function, motor and sensory, and mood regulation and autonomic arousal through multimodal techniques.

Other Conditions

American Diabetes Association

2451 Crystal Drive, Ste 900

Arlington, VA 22202

Phone: 1-800-DIABETES (1-800-342-2383)

Website: www.diabetes.org

The American Diabetes Association funds research to prevent, cure, and manage diabetes; delivers services to hundreds of communities, provides objective and credible information, and gives voice to those denied their rights because of diabetes. The website has information about living with diabetes, food and fitness, activities in the community, advocacy, and research and practice. There is basic information about diabetes, an online support community, meal planning resources.

Brain Injury Association of America

1608 Spring Hill Road, Ste 110

Vienna, VA 22182

Phone: 703-761-0750

National Brain Injury Information Center: 800-444-6443

Website: <http://www.biausa.org/>

The mission of the Brain Injury Association of America (BIAA) is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury. Website has resources, tips, tools, and topics on brain injury; an online community with personal stories to raise public awareness, a series of informational webinars, links to research, and funding opportunities for researchers interested in “finding cures for brain injury.”

Brain Injury Services

Offices throughout Northern Virginia

Main Office

8136 Old Keene Mill Rd, Ste B-102

Springfield, VA 22152

Phone: 703-451-8881

Adapt Clubhouse

4100 Mohawk Lane

Alexandria, VA 22309

Phone: 703-799-9410

Leesburg Office

Leesburg Junction

215 Depot Circle SE, Second Floor

Leesburg, VA 20175

Phone: 703-737-3150

Prince William County Office

4341 Ridgewood Center Drive

Woodbridge, VA 22192

Phone: 571-285-2480

Fredericksburg Office

927 Maple Grove Drive, Ste 107

Fredericksburg, VA 22407

Phone: 540-785-6122

Winchester Office

150-A Creekside Lane

Winchester, VA 22602

Phone: 540-773-3322

Website: <http://braininjurysvcs.org>

Brain Injury Services offers adult and pediatric case management, counseling services, supported living program, a veteran’s integration program, and vocational services. The ADAPT Clubhouse in Alexandria, VA, is one of their core programs and is a day program for individuals with brain injuries to come together for a supportive work-ordered day. Brain Injury Services also offerst

Celebrate Communication

Northern Virginia Resource Center for the Deaf & Hard of Hearing Persons (NVRC)

Website: <https://nvrc.org/celebrate-communication/>

Celebrate Communication is the area's premier information fair for anyone with an interest in or connection to hearing loss. Each year a variety of vendors participate offering information on a wide variety of resources including State and Local government programs, cutting edge technologies, audiologists, cochlear implants, ASL and Cued Speech, crafts, and social groups for people who are deaf or hard of hearing.

Cerebral Palsy Group

13506 Summerport Village Pkwy

Windermere, FL 34786

Phone: 407-501-5056

Caseworker Phone: 800-226-6581

Website: <https://cerebralpalsygroup.com/>

Cerebral Palsy Group is an online resource for anyone who has been affected by cerebral palsy, brain injuries, or birth injuries. Cerebral Palsy Group offers case consultation, links to information on cerebral palsy, financial support, government benefits, legal compensation resources, and treatment and therapy options. Cerebral Palsy Group website also has a blog that addresses concerns related to living with Cerebral Palsy.

Cerebral Palsy Guidance

Phone: 866-579-8495

Website: <https://www.cerebralpalsyguidance.com/>

Cerebral Palsy Guidance website provides information for those living with cerebral palsy and their families. The website has a live chat feature as well as information on how to get financial assistance, lawyers, special education assistance, respite care, as well as tips on transitioning to adulthood.

Cystic Fibrosis Foundation

Metro DC Chapter

4550 Montgomery Avenue, Ste 350N

Bethesda, MD 20814

Phone: 301-657-8444

Email: metro-dc@cff.org

Website: www.cff.org/Chapters/metrodc

The Cystic Fibrosis Foundation is a non-profit, donor-supported organization which funds research into a cure for cystic fibrosis. The Foundation supports the development of new drugs to fight the disease and to improve the quality of life for those with cystic fibrosis. The Metro DC Chapter conducts fundraising events in DC, Maryland and Virginia, including its largest event, Great Strides, where community members form teams through their workplace, through clubs and organizations or with friends and family, and join together for a family-oriented celebration.

DC Candlelighters Childhood Cancer Foundation

P.O. Box 2705

Merrifield, VA 22116

Phone: 202-827-6544

Email: dccandlelighters@gmail.com

Website: www.dccandlelighters.org

Facebook Page: <https://www.facebook.com/DCCandlelighters/>

DC Candlelighters helps provide emotional, educational, practical, and financial support to families of children fighting cancer in the Northern Virginia area. Programs include financial assistance to families, survivor scholarships, educational support, emotional support, and family events. DC Candlelighters offers two \$1000 scholarships to childhood cancer survivors in the DC Metro area age 17-30 post-secondary education. They also offer books age-specific books on cancer for little or no cost and volunteers make informal visits to hospitals to provide caregivers a chance to speak with others who have walked into their shoes. They also hold annual family events to give all members of the family a chance to reconnect and take a break from the world of childhood cancer.

Diabetes Management Program

Cumberland Hospital for Children and Adolescents

9407 Cumberland Rd

New Kent, VA 23124

Phone: 800-966-2242

Website: <http://www.cumberlandhospital.com/treatment/hospital-services/chronic-illness/>

Cumberland Hospital for Children and Adolescents has a Diabetes Management Program for hard-to-treat children and adolescents. Cumberland's 16-bed, co-ed medical Residential Treatment Program provides a specialized milieu for adolescents ages 13 to 22. These residents do not require hospitalization, but need supervision for medical compliance and a structured environment to address behavioral, emotional and control issues that impede successful medical self-care. Licensed as a behavioral health program, residents also receive 24-hour nursing and medical management assistance. At discharge, program participants will demonstrate skills and knowledge to effectively monitor their blood sugars with insulin, healthy diet, and exercise.

Down Syndrome Association of Northern Virginia

10467 White Granite Drive, Ste 320

Oakton, VA 22124

Phone: 703-621-7129

Website: www.dsanv.org

The Down Syndrome Association of Northern Virginia helps families adjust to the birth of a child with Down Syndrome and provides them with educational, financial, medical, legal and social support and resources. They offer a wellness and recreation programs,

education and skill development activities, and parent to parent support group and lecture series. Activities include things like Bingo, Buddy Walk, Football, Holiday parties, and picnics. Skill development activities include a cooking club, online reading programs, shoe tying clinics, relationship group, IEP consulting, and learning programs.

Epilepsy Foundation of Virginia

PO Box 800754

Charlottesville, VA 22903

Phone: 434-924-8669

Email: SRB3M@Virginia.edu

Website: <https://www.epilepsyva.com/>

Falls Church Support group: <https://www.epilepsyva.com/calendar/2019/7/9/falls-church-support-group>

The Epilepsy Foundation of Virginia promotes awareness about epilepsy and advocates for, and provides assistance to, people with epilepsy. Information is available on employment rights, affordable assisted living facilities or independent housing, sources of reduced-cost or no-cost medication, physician referrals, special education, transportation, and health insurance. The website has links to online booklets, newsletters, other resources, and videos. There is a support group at 7pm the second Tuesday of every month in Falls Church at the Inova Conference Center.

Kennedy Krieger Institute

707 North Broadway

Baltimore, MD 21205

Phone: 443-923-9200

Referral Line: 443-923-9400

Website: www.kennedykrieger.org

Neurodevelopmental Pediatricians

Mihee J. Bay, MD

Harolyn ME Belcher, MD, MHS

Joanna Burton, MD

Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger's patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient's needs.

Latimer Neurology Center

2401 Pennsylvania Ave NW, Ste 400

Washington, DC 20037

Phone: 202-625-4898

Website: <http://www.bethlatimermd.com/>

Latimer Neurology Center is a child and adolescent Neurology practice that offers neurological disorder evaluation and treatment. While the Latimer Neurology Center works with a wide variety of neurological disorders, specializing in PANS and PANDAS. Other areas of focus include tremors, tics, concussion, spasticity management, ADD/ADHD, Epilepsy, and Autism.

Laurent Clerc National Deaf Education Center

Gallaudet University

800 Florida Ave NE

Washington DC 20002

Phone: 202-651-5206(KDES), 202-651-5031(MSSD)

Website: www.gallaudet.edu/clerc-center.html

Elementary School Website: <https://www.gallaudet.edu/kendall-demonstration-elementary-school>

Secondary School Website: <https://www3.gallaudet.edu/clerc-center.html>

The Clerc Center provides resources and teaching to the deaf and hearing impaired. The Clerc Center has two separate schools, the Kendall Demonstration Elementary School (KDES) and the Model Secondary School for the Deaf (MSSD). Both schools are tuition-free, accredited ay schools for deaf and hard of hearing students. The elementary school serves students age birth through grade 8 from the Washington DC metropolitan area. The secondary school has a residential component and serves students from all over the US and its territories. Students living outside of a 12-mile radius of the school campus may live in the dormitories during the week. Students living outside of a 60 mile radius may stay in the dormitories during weekends that the school is open.

MyHeart.net POTS Center

2151 Highland Ave, Ste 350

Birmingham, AL 35205

Phone: 844-466-9432

Email: info@myheart.net

Website: <https://myheart.net/pots-syndrome/>

The MyHeart.net POTS Center is a comprehensive online resource on POTS. The POTS Center will be constantly updated to reflect the most current literature related to POTS. This page includes an overview of the disease, an outline of the challenges related to receiving a diagnosis, along with the most notable findings in a survey conducted by MyHeart.net. Each section has a page dedicated to it, where more in-depth information can be found. All content is written by one of MyHeart's volunteer cardiologists and then reviewed by at least two others.

Northern Virginia Resource Center for the Deaf & Hard of Hearing Persons (NVRC)

3951 Pender Drive, Ste 130
Fairfax, VA 22030
Voice Phone: 703-352-9055
Videophone: 571-350-8656
TTY: 703-352-9056
Email: info@nvrc.org
Website: <https://nvrc.org/>

The purpose of the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons is to empower deaf and hard of hearing individuals and their families through education, advocacy and community involvement. There is an outreach program, sponsor an annual information fair called Celebrate Communication, offer ASL classes and workshops, and provide information on accessible cultural events in the region. NVRC has Accessible Meeting Rooms for workshops, planning meetings, organizational retreats, for groups ranging from 10-65 people and receptions up to 90 people. NVRC will be able to work with low-income individuals and other non-profit organizations by providing low-cost interpreting and transliterating services. NVRC has an Assistive Technology Demonstration Center that gives individuals the opportunity for a hands-on experience to try out assisted equipment before purchasing it.

National Federation of the Blind

200 East Wells Street at Jernigan Place
Baltimore MD 21230
Phone: 410-659-9314
Email: nfb@nfb.org
Website: www.nfb.org
Virginia Affiliate: <https://www.nfb.org/about-us/state-affiliates/virginia>
Scholarship: <https://www.nfb.org/programs-services/scholarships-and-awards>
Summer Programs: <https://www.nfb.org/programs-services/summer-programs>

National Federation of the Blind supports the community through education, direct support, and advocacy. There are several programs supporting the blind including assistive devices, braille certification, early childhood initiatives, research programs, legal program, scholarships and awards, career mentoring, blind parent mentoring, and summer programs. The scholarship program awards more than \$120,000 annually to blind scholars in recognition of their achievements and professional aspirations. The National Federation of the Blind offer awards that honor individuals, organizations, and educators who are a positive force in the lives of blind people. The Association also sponsors several summer programs throughout the country focusing on learning braille, engineering, skill development, college preparation, and workplace readiness. They also host an annual conference that offers both an adult and youth track. There are affiliates throughout the country.

National Down Syndrome Adoption Network

Parent Support Line: 513-709-1751
Website: www.ndsan.org

National Down Syndrome Adoption Network provides an adoption information and support network specific to children with Down Syndrome. The mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family. The website has information on parenting a child with Down Syndrome and the adoption process. The network offers grants up to \$2,500 to help cover the cost of adopting a child with Down Syndrome.

PANDAS Network

655 Oak Grove Avenue #1373

Menlo Park, CA 94026

Email: pandasnetwork@gmail.com

Website: <http://www.pandasnetwork.org/>

PANDAS Network is dedicated to improving the diagnosis and treatment of children with PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections) and PANS (Pediatric Acute-onset Neuropsychiatric Syndrome). Armed with an impressive network of doctors, researchers and scientists, PANDAS Network strives to collaborate with subject matter experts, build public awareness, provide family support, and gather data and resources to better inform parents and the medical community about PANDAS and PANS.

Parent Advocacy App

Laurent Clerc National Deaf Education Center

Gallaudet University

800 Florida Ave NE

Washington DC 20002

Phone: 202-651-5206(KDES), 202-651-5031(MSSD)

Website: <https://www.gallaudet.edu/parent-advocacy-app>

Parent Advocacy App is an app for families of children who are deaf or hard of hearing attending IEP meetings, 504 meetings, or other meetings. The app helps parents to understand what the meetings are and how they can best advocate for their child. The Parent Advocacy app helps parents understand their child's rights and prepares parents to work with the school in the best interest of their child. The app is available on Google Play and the Apple App Store.

Pediatric Research & Advocacy Initiative (PRAI)

P.O. Box 370

Midlothian, VA 23113

Phone: 804-615-5377

Email: contact@praikids.org

Website: <http://praikids.org/>

PRAI exists to spread awareness of neuroimmune disorders like PANDAS and PANS, advocate for patient care, and support data-driven research that will ultimately lead to effective treatments and cures for these disorders. To accomplish this, PRAI raises and

deploys donations to educate physicians and clinicians, fund scientific studies, enable parents to contribute to the scientific process through registering information in data repositories for trend analysis and engaging in pilot projects through patient-centered research initiatives. PRAI's dedicated personnel and volunteers are constantly engaging with medical practitioners, researchers, and legislators to make critical connections and share the latest information.

The POTS Treatment Center

7515 Greenville Ave, Ste 1005

Dallas, TX 75231

Phone: 888-290-8442

Email: info@potstreatment.com

Website: <http://www.potstreatmentcenter.com/>

The POTS Treatment Center offers patients collaborative, alternative care aimed at treating the whole person, not just the disorder. The treatment team consists of a psychophysiologicalist, an internal medicine doctor, clinical health psychologist, and a registered dietitian who work with you to provide compassionate care through a full range of services. The Center offers an accelerated treatment program where patients travel to the center in Dallas, Texas for eight days to attend the accelerated program. The program will start on a Monday ending the following Wednesday. Patients come in everyday (except weekends) for 3+ hours. After the patient completes the eight day accelerated program, she/he will receive a home program to maintain learned skills and techniques. During the time of home training, the patient's progress is monitored over phone and email. The goal of this program is to gain control of the autonomic nervous system (ANS) and thereby directly addressing the pots/dysautonomia. by prematurity; programs start at birth and continue throughout childhood.

Parents and Researchers Interested in Smith-Magenis Syndrome (PRISMS)

21800 Town Center Plaza, Ste 266A-633

Sterling, VA 20164

Phone: 972-231-0035

Email: info@prisms.org

Website: <http://www.prisms.org/>

PRISMS is dedicated to providing information and support to families of persons with Smith-Magenis Syndrome (SMS), and fostering partnerships with professionals to increase awareness and understanding of SMS. The website offers webinars with information on what SMS is, family support, living with SMS, and ongoing research. Their mission is to enhance the lives of persons with SMS. PRISMS also sponsors an annual conference that provides opportunities for engagement and community amongst SMS families and professionals.

Spina Bifida Association of the National Capital Area

P.O. Box 523415

Springfield, VA 22152-5415
Phone: 703-455-4900
Email: spinabifidadc@gmail.com
Website: www.sbanca.org

The Spina Bifida Association facilitates a monthly support group which provides the opportunity to meet other members and share experiences. The Association runs a Loan Closet, which offers a variety of equipment and supplies; plans annual gatherings; furnishes a membership directory; and offers new parent outreach and individual support and assistance. The website has a link to a blog about what is happening in the spina bifida community and a calendar of events for adults, kids, and families.

Standing Up To POTS

Email: info@standinguptopots.org
Website: <http://standinguptopots.org/>
Facebook page: <https://www.facebook.com/standinguptopots/?ref=bookmarks>
Adult Facebook Support Group:
<https://www.facebook.com/groups/1520089144930779/>
Teen Facebook Support Group: <https://www.facebook.com/groups/456559661169096/>

Standing Up to POTS is an agency committed to supporting research for postural orthostatic tachycardia syndrome (POTS) and implementing POTS-specific solutions, resources, information, and programs while also increasing awareness about the disorder. The website has information on research initiatives, symptoms, living with POTS, treatment options, advocacy opportunities, and links to research articles. There are two closed online support groups on Facebook. One group is for adults with POTS or parents experiencing POTS through their children. The other group is only for teens and college students who are battling POTS. Adolescents with POTS have unique issues related to school, peer pressure, and dealing with family that adults do not have.

The Tourette Association of America Mid-Atlantic Chapter

Mid-Atlantic Chapter
4709 Harford Rd
Baltimore, MD 21214
Phone: 443-327-9667
Email: info@taamac.org
Website: <https://tourette.org/chapter/mid-atl/>
Facebook Page: <https://www.facebook.com/TouretteAssociationOfAmericaMidAtlantic>

The mission of the Tourette Association of America Mid-Atlantic Chapter supports the needs of individuals and families affected by Tourette Syndrome and Tic Disorders through education, advocacy and awareness in Maryland, Virginia and Washington D.C. The Association sponsors community outings and support groups in Baltimore, DC-Maryland Suburbs, Northern Virginia, and Virginia Beach/Hampton Roads. The Northern Virginia Support Group generally meets on the 2nd Sunday of each month.

Virginia Department for the Blind and Vision Impaired (DBVI)

Headquarters
397 Azalea Avenue
Richmond, VA 23227
Phone: 804-371-3140

Fairfax Regional Office
11150 Fairfax Boulevard, Ste 502
Fairfax, VA 22030
Phone: 703-359-1100
Email: DBVIReferralsandInquiriesDBVI@dbvi.virginia.gov
Website: <https://www.vdbvi.org/>
Resources Website: <https://www.vdbvi.org/resources.htm>

DBVI assists blind Virginians in achieving quality employment outcomes. Vocational evaluation, job training, job development, placement, follow-up and other services are provided to assist consumers in obtaining jobs in the public and private sectors. Training for and employment as food service managers and vendors are available in cafeterias, snack bars, and other vending facilities in public and private buildings. The website has a resource information page with topics such as assistive technology services, education services, orientation and mobility services, vocational rehabilitation services, and vision loss and driving.

Virginia Project for Children & Young Adults with Deaf-Blindness

Partnership for People with Disabilities
Virginia Commonwealth University
700 E. Franklin St
PO Box 843020
Richmond, VA 23284-3020
Phone: 804-828-8252
Email: jdurando@vcu.edu
Website: <https://partnership.vcu.edu/programs/education/vadbp/>

The Virginia Project for Children and Young Adults with Deaf-Blindness is a statewide program designed to provide technical assistance, training, distance education, and networking information to families, teachers, and service providers of individuals birth through 21 who have both a hearing loss and a vision loss. Through providing technical assistance, training, and information, we aspire to improve the quality of life for people who are deaf-blind as they live in their homes, learn in their schools, socialize in their communities, and access the services they choose.

EDUCATIONAL SERVICES AND RESOURCES

Educational Advocates, Support, Evaluation, and Tutoring

Academic Academy

Arlington Career Center
816 S. Walter Reed Drive
Arlington, VA 22204

Phone: 703-228-5790

Email: madeline.lasalle@apsva.us

Website: <https://careercenter.apsva.us/programs/academic-academy/>

The Academic Academy is a program designed for students as an alternative to the comprehensive high school. Students in grades 10 through 12 are served, as well as 9th grade students who have not yet completed the requisite coursework for admission to high school in Arlington Public Schools. This program is designed with small class settings, low teacher/student ratio, individualized teacher mentoring, and structured academics. Curriculum areas include English, math, social studies, and science. In addition to academics, students have the option of enrolling in one the many Career and Technical Education (CTE) elective classes offered at the Career Center. Students may attend the Academy for five periods and return to the comprehensive high school for an additional two classes, or students may choose to spend the entire academic day at the Career Center.

Academic Connections

P.O. Box 2852

Ashburn, VA 20146

Phone: 571-549-4053

Email: info@actutor.com

Website: www.actutor.com

Academic Connections offers professional in-home tutoring, special education consulting, academic assessment & evaluations, academic coaching, and advocacy for students with disabilities. Academic Connections offers tutoring for students in kindergarten and elementary school to college students and adults. They tutor students in all levels of mathematics, writing, the sciences, SAT and ACT test preparation, and a variety of languages. Individual, group, online, special education, and homeschooling tutoring available.

Achieve Beyond Pediatric Therapy and Autism Services

Locations throughout the US.

Virginia/Metro DC Location

11240 Waples Mill Rd, Ste 101

Fairfax, VA 22030

Phone: 703-237-2219

Email: metrodc@achievebeyondusa.com

Website: <http://www.achievebeyondusa.com/index.php/office-locations/virginia>

Achieve Beyond Pediatric Therapy and Behavior Services provides pediatric therapy to help each child reach their full potential through education, therapy, and family support services. Services are provided throughout Northern Virginia. They offer initial screenings, parent or school consultations, and comprehensive evaluations services to infants and children with special needs and/or developmental disabilities/delays or children who might just need some extra assistance. Services are provided in the home, community settings, or in the clinic in Fairfax, VA. Funding sources for treatment and evaluations include The Early Intervention Program of Virginia, Insurance Companies and Private Payment options

ACT Connections, LLC

Judith A. McKinney, PhD

Phone: 804-402-7056

Email: Judith.mckinney.actconnections@gmail.com

Website: https://cahumanservices.org/resource_db/act-connections-llc/

ACT Connections works collaboratively with families, private schools for students with disabilities, and local school divisions. ACT Connections assists families in navigating special education processes while specializing in private day and residential school placements. ACT Connections provides resources and technical assistance to school personnel, agencies, and other interested groups through consultation and training opportunities.

All Can Read, LLC

6829 Elm St, Ste 240

McLean, VA 22101

Phone: 703-288-2943

Email: allcanread@starpower.net

Website: www.allcanread.com

All Can Read offers tutoring using a variety of language education programs, including Wilson Reading. It offers intensive multisensory structured language teaching for children with Dyslexia and other learning disabilities.

Myra H. Angel, PhD

Licensed Clinical Psychologist

380 Maple Ave W, Ste 303

Vienna, VA 22180

Phone: 703-938-5234

Fax: 703-938-2949

Email: myraangelphd@gmail.com

Myra Angel is a licensed clinical psychologist who conducts psycho-educational evaluations in private practice.

AoPS Academy Vienna Campus

8381 Old Courthouse Rd Ste 130

Vienna, VA 22182

Phone: 703-592-8479

Website: <https://vienna.aopsacademy.org/>

The AoPS (Art of Problem Solving) Academy offers both math and language arts classes for youth in grades 2-12. The math curriculum is centered on students developing an understanding of math fundamental, while encouraging creative problem-solving that trains students to handle novel mathematical and scientific situations. AoPS's core language arts class instruction focuses on multiple components of writing and developing skills by starting from words, progressing to sentences, and then organizing sentences into well-constructed paragraphs, essays, and stories. The Academy offers both day and evening classes that meet once a week for 36 weeks. There are classes available for youth in grade 2 math through Calculus and youth in grade 2 Language Arts through Advanced Language Arts Seminar.

Arlington Career Center

Arlington Public Schools

816 S. Walter Reed Drive

Arlington, VA 22204

Phone: 703-228-5800

Website: <https://careercenter.apsva.us/>

Arlington Career Center is the only Career and Technical Education (CTE) center for the Arlington Public Schools. The center offers 23 unique CTE programs in industry standard labs. Many of programs and academic courses are dual enrolled which allow students to get a jumpstart to earning college credits. Programs offer national and state approved industry credentialing tests which certify and license students. Program specific internship opportunities provide students with invaluable real life work experiences.

Arlington Special Education PTA (SEPTA)

Parent Resource Center

2110 Washington Blvd, Ste 158

Arlington, VA 22204

Email: info@arlingtonsepta.org

Website: www.arlingtonsepta.org

Arlington Special Education PTA (SEPTA) affiliated with the National PTA and the Virginia PTA, serves all children with special educational needs and their families in Arlington County. Arlington SEPTA offers workshops, training, monthly support groups, Mini grants to educators, and parent liaisons to support and encourage the flow of information. Liaisons serve as points of contact for families interested in connecting with another parent of a child with special needs in individual schools.

Ashburn Psychological & Psychiatric Services

44095 Pipeline Plaza, Ste 240

Ashburn, VA 20147

Phone: 703-723-2999

Website: www.ashburnpsych.com

Ashburn Psychological & Psychiatric Services offers a wide array of diagnostic, psychotherapy, medication, and consultation services for children, adolescents, adults and families. They offer comprehensive neuropsychological testing that measures and identifies the interaction between cognition, processing capacities, and psychological functioning and their impact on academic and daily behavior. Testing results will offer specific recommendations to educators, consultants and employers, which can help the child, adolescent or adult adapt to the work or school setting.

Aspire Afterschool Learning

P.O. Box 41318

Arlington, VA 22204

Phone: 703-379-6488

Website: www.aspireafterschool.org

Aspire offers a variety of out of school programs for children in grades 3-5 who are at risk of falling into the achievement gap. Aspire's Learning ROCKS! Program supports academic achievement and social-emotional development, placing a heavy emphasis on developing both reading skills and a love of reading. Each Summer Aspire offers a six-week, full-day intensive summer camp to prevent summer learning loss among students.

Associated Clinical Services (ACS)

8802 Sudley Road, Ste 112

Manassas, VA 20110

8348 Tradford Lane, Ste 102

Springfield, VA 22152

8134 Old Keen Mill Rd, ste 101

Springfield, VA 22152

Phone: 703-569-8731

Website: <http://www.associatedclinical.com/>

Associated Clinical Services (ACS) has clinicians to serve patients of all ages, backgrounds, and behavioral health needs. ACS offers neuropsychological, psychological, educational, speech/language, forensic/legal, and vocational evaluations. Screenings for specific disabilities, substance abuse, behavioral health, and treatment progress are also provided. ACS clinicians collaborate with other professionals, such as primary care physicians, lawyers, and teachers, as needed, to coordinate services. ACS accepts insurance. For those not covered by insurance, ACS offers sliding scale fees and other payment arrangements. ACS is able to work with patients of all financial means to

minimize out of pocket expenses. ACS offers evening appointments and limited Saturday service.

Autism Education Solutions (AES)

Phone: 703-232-1511

Email: info@autismedsolutions.com

Website: www.autismedsolutions.com

Autism Education Solutions assist families with child studies, eligibility under the Individuals with Disabilities Education Act (IDEA), Section 504 plans and Individualized Education Programs (IEPs). Some services they provide are educational assessments, review of educational evaluations, 504s or IEPs, parent preparation and support at 504 or IEP meetings, and training on how to implement educational goals in the home setting.

B&B Special Needs Advocacy

Betty Ann Maher, Consultant/Advocate

Phone: 571-225-9441

Email: maherbandb@gmail.com

Website: <https://www.bandbspecialneedsadvocacy.com/>

The mission of B&B Special Needs Advocacy is to teach Virginia parents of children with disabilities how to advocate for quality education and disability services for their child. B&B Special Needs Advocacy provides a free initial consultation and offer services such as records review, recommendations for the IEP, attending an IEP, and referral to community resources/agencies.

Bass Educational Services, LLC

Locations in Maryland and Virginia

Virginia Location

8304 Old Courthouse Rd, Ste B

Vienna, VA 2218

Phone: 703-462-9299

Email: info@basseducationalservices.com

Website: www.BassEducationalServices.com

Bass Educational Services provides comprehensive college planning services for students with learning differences, guiding families throughout the college selection and admissions process. Services include college and post-secondary planning, K-12 school placement, educational advising, and one-on-one standardized test preparation.

Behavioral Care Services

7340 Heritage Village Plaza, Ste 102

Gainesville, VA 20155

Phone: 703-398-1085

Email: info@behavioral-care.com

Website: www.behavioral-care.com

Behavioral Care Services is a specialized practice provides comprehensive psychoeducational testing, developmental evaluations, behavioral assessments, and psychotherapy. They specialize in services for children and adolescents with learning disabilities, ADD/ADHD, developmental delays, and emotional and behavioral problems.

Behavioral Health & Wellness Associates of Northern Virginia

4460 Brookfield Corporate Drive, Ste H

Chantilly, VA 20151

Phone: 571-261-8239

Website: <https://bhwaofnova.com/>

Behavioral Health and Wellness Associates provides child psychological and psycho-educational assessments as well as outpatient therapy. Assessments for emotional disorders, behavioral disorders, learning disabilities, and gifted/IQ evaluations are available. Counseling specialties for children, adolescents, and adults include ADHD, Asperger's Disorder Autism Spectrum Disorder, depression, anxiety, substance abuse, bipolar disorder, grief, family conflict, and marital issues.

The Bethesda Group Psychological Services LLC

7990 Old Georgetown Road Ste 9B, 10B, 10A

Bethesda, MD 20814

Phone: 301-718-4544

Email: info@thebethesdagroup.com

Website: <https://thebethesdagroup.com/>

The Bethesda Group provides therapy, testing, and other services for adults, adolescents, children, and families in the DC metro, Maryland, and Virginia areas. The Bethesda Group also provides psycho-educational evaluations, neuropsychological evaluations, psychological evaluations, focused ADHD evaluations, and admissions testing evaluations.

Brownley Law Group

Reston Office

11710 Plaza America Drive, Ste 2000

Reston, VA 20190

McLean Office

8300 Greensboro Drive, Ste 800

McLean, VA 22102

Phone: 703-758-5562

Email: <https://brownleylaw.com/>

Website: <https://brownleylaw.com/>

The Brownley Law Group has Special Education Advocates and Educational Consultants that have the education, training, and practical experience to help navigate special

education. They are well versed in reading and analyzing test scores, reports and IEPs, and then applying that knowledge. Advocates are well informed regarding the local professionals in such fields as Testing, Speech and Language, Visual and Auditory Processing, Neuro-psychology, and Occupational Therapy. All Advocates are expert at seeking and obtaining positive results in contentious and sometimes hostile situations. The Group also offers Case Analysis for \$650 prior to retaining the group. For the Case Analysis, a lawyer reviews the case for 1-2 hours and then meets with clients for 2 hours to discuss the law, appropriate course of action, answer any questions, and give a professional legal opinion of the case.

Jacquelyn Calbert, MD

Pediatric Specialists of Virginia (PSV)
Fairfax Office
3023 Hamaker Court, Ste 200
Fairfax, VA 22031
Phone: 703-876-2788
Website: <http://psvcare.org/physicians/jacquelyn-calbert-md>

Dr. Jacquelyn Calbert works in the Fairfax office of Pediatric Specialists of Virginia. She is board certified in Neurodevelopmental pediatrics. Dr. Calbert's areas of clinical interest include ADHD, autism, school problems, learning disabilities, behavioral problems, and developmental delays for all patients starting from birth-23 years of age.

Cherry Tree Neuropsychology (formerly Clinical Neuropsychology Services, LLC)

2200 Wilson Boulevard, Ste 401
Arlington, VA 22201
Phone: 703-875-0475
Email: info@cherrytreenp.com
Website: www.cherrytreenp.com

Cherry Tree Neuropsychology specializes in assessment, treatment, and therapy services for children, adolescents, adults, and older adults. Their office provides comprehensive, individualized neuropsychological assessments, detailed analysis of test results, personalized intervention strategies, and support in implementing treatment recommendations. They also provide consultation on IEP pre-planning and coaching, IEP reviews, IEP meeting attendance, and parent education and support.

Child and Family Counseling Group, PLC

10521 Rosehaven St, Ste 100
Fairfax, VA 22030
Phone: 703-352-3822
Website: www.childandfamilycounseling.com

The Child and Family Counseling Group, PLC offers neuropsychological testing and cognitive working memory evaluations. A complete neuropsychological evaluation includes motor, sensory, intellectual, attention/concentration, learning, memory, and

personality/emotional testing. Cogmed Working Memory training is a home-based program that helps children with attention problems by training and increasing their working memory capacity.

Cohen, Dowd and Madsen, LLC

P.O. Box 422
Vienna, VA 22183

Maxine F. Cohen, M.Ed.-Advocate/Coach
Phone: 703-973-5510

Kathy J. Dowd, M.Ed.-Advocate/Coach
Phone: 571-283-9400
Email: cdmadvocacy3@gmail.com
Website: <http://www.makingeducationspecial.com/>

Cohen, Dowd and Madsen are advocates who are focused on serving the needs of parents of special education students who attend public and private schools, and the needs of special education students educated in inclusive settings from elementary school through college. Cohen, Dowd, and Madsen will review educational history, assess educational progress, facilitate effective communication between school and home, suggest appropriate educational services, interpret available educational testing and test reports, discuss appropriate placement options, assist in preparing for the IEP program meeting and accompany parents to the meeting, and review IEP documents before signing. The advocates also provide academic coaching, tutoring services, and can help with the transition planning process.

College Living Experience (CLE)

401 N Washington St, Ste 420
Rockville, MD 20850
Phone: 800-486-5058
Email: info@ExperienceCLE.com
Website: <https://experiencecle.com/summer-exploration/>

College Living Experience (CLE) provides supports with independent living, social skills, executive functioning, and career development for young adults with learning differences. They offer a 3 week summer exploration program in Denver, CO for high school juniors, seniors, and recent graduates to personally experience the next step toward gaining independence. Within a supportive environment, students practice developing the skills necessary for their pursuit of higher education and preparing for employment, social development, and independent living.

Compass Homeschool Enrichment

Meeting Location
2705 Hunter Mill Road
Oakton, VA 22124

Mailing Address

PO Box 21

Centreville, VA 20122

Phone: 703-539-5075

Email: admin@compassclasses.com

Website: <https://www.compassclasses.com/>

Compass Homeschool Enrichment offers homeschool families extracurricular and enrichment classes to supplement the core academic material taught at home. Classes are taught by qualified instructors who are subject matter experts in science, technology, languages, history, art, music, and more. All classes are offered a la carte by quarter so homeschool families can mix and match for multiple siblings and try a topic without locking into a year-long commitment. Compass classes give students a taste of group learning in a classroom on a campus setting with other homeschooled peers. Families also enjoy special activities, events, and academic clubs/contests in addition to regularly scheduled classes. Compass Homeschool Enrichment program is a secular, inclusive program.

CPB Behavioral Therapy & Advocacy Services

45 Lindsey Lane

Stafford, VA 22556

Phone: 540-840-9285

Email: cpbbehavior@gmail.com

Facebook Page: <https://www.facebook.com/pages/category/Mental-Health-Service/CPB-Behavior-Therapy-and-Advocacy-Services-287493962125890/>

CPB Behavioral Therapy & Advocacy Services offers Special Education Advocate services. A Special Education Advocate helps to bring the team together to get the necessary supports, accommodations, and goals to meet the needs of youth. CPB serves clients all over the state and offer consultation services for educational advocacy in addition to representations, if needed, at IEP meetings.

Maria M. Cunningham, PCET, CDT

Phone: 703-655-1012

Email: ccunningham15@cox.net

Website: <https://www.linkedin.com/in/mariamcunningham/>

Maria M. Cunningham is certified as an NILD (National Institute for Learning Development) educational therapist, a Dyslexia Therapist through the international Dyslexia Association (IDA), an Equipping Minds Therapist, a Certified FIE Practitioner, and affiliated with the Learning Well Community. She works with students who have learning disabilities. She provides intervention independently in her private practice working with students in her home office, at schools, and traveling to their homes.

Dominion Center for Behavioral Health Services

43130 Amberwood Plaza, Ste 140

South Riding, VA 20152

Town Pediatrics
823 South King St, Ste A
Leesburg, VA 20175
Phone: 703-348-0030
Website: <http://www.dc4bhs.com/>

DCBHS provides psychological and neuropsychological testing. Neuropsychological testing measures overall intellectual functioning and academic achievement, attention, concentration, working memory, distractibility, short-term and long-term memory, ability to learn new skills, logical and abstract reasoning functions, capability to solve problems, ability to understand and express language efficiently, visual-spatial organization, fine and gross motor functioning, and psychological functioning and its impact on cognitive functions. The results of testing are then used to provide practical and therapeutic recommendations for referring physicians, the patient, and the patient's family members and caregivers. Appointments can usually be scheduled within-2 weeks to start the Neuropsychological Testing process.

Early Identification Program, GMU

George Mason University
4400 University Dr
Fairfax, VA 22030
Phone: 703-993-1000
Email: eip@gmu.edu
Website: eip.gmu.edu

EIP (Early Identification Program) is a college preparatory program serving 8th grade and high school students who will be the first in their families to attend a college or university. Mentoring and tutoring is provided throughout the school year, as well as math and science enrichment, and a three week summer program at the university campus.

Educational Advocacy and Consulting

Locations in Illinois and Virginia.
Washington DC Area Main Office
20130 Lakeview Center Plaza, Ste. 400
Ashburn, VA 20147
Phone: 773-230-8320
Email: admin@educationaladvocacyandconsulting.com
Website: <http://www.educationaladvocacyandconsulting.com/>

Educational Advocacy and Consulting is an advocacy-consulting firm that provides a free 60 minute consultation service and assists families through the process of procuring services and ensuring that children are receiving appropriate services. The process includes conducting observations, completing a record review, referring to outside providers if needed, and collaborating in a cooperative manner with the school team. Educational Advocacy and Consulting can assist in the process of alternate

placements in private therapeutic day or residential settings. Associates can intervene through early resolution, mediation, or the filing of complaints if there is an area of disagreement with the school district.

Educational Connections, Inc.

3923 University Dr
Fairfax, VA 22030
Phone: 703-934-8282
Email: info@ectutoring.com
Website: www.ectutoring.com

Educational Connections offers academic tutoring, executive function coaching, college application coaching, and test preparation services. In-home tutoring is available for students in reading, writing, history and social sciences, math, science and foreign languages. The office also provides LD, GT, and ADHD students assistance with special education eligibility, IEPs and 504s, and testing and records reviews, and offers assessments in reading, writing, and math.

Barry Ekdom, Ph.D., P.C.

3040 Williams Dr, Ste 402
Fairfax, VA 22031
Phone: 703-573-3573
Website: <http://www.ekdomneuropsychology.com/>

Dr. Barry B. Ekdom specializes in the assessments, diagnosis, and consultation of treatment for children, adolescents, and adults to evaluate cognitive strengths and weaknesses. Dr. Ekdom provides comprehensive and individualized neuropsychological assessments with careful interpretation of results and appropriate recommendations. Dr. Ekdom works closely with referral sources to guarantee a comprehensive treatment plan.

EmpowerMent Leadership Institute

The House Student Leadership Center.
Locations in Washington DC and Woodbridge.
Woodbridge Location
14000 Crown Court, Ste 105
Woodbridge, VA 22193
Phone 703-909-5459
Website: <http://www.thehouse-inc.com/programs/empowerment-leadership-institute>

The EmpowerMent Leadership Institute is an after school program for youth in grades 9-12. The Institute includes business core courses and Summit residencies at The University of Virginia. Upon completion of the modules, student members will receive Certificates backed by the Center's EmpowerMent curricula partnership with The University of Virginia Darden School of Business. The program meets after school on Wednesdays from 3-4:30pm at The House Student Leadership Center. It includes

participation in two residencies which vary in length from one to two days. Students must apply for the program.

Exceptional Schools Fair

Katzen Arts Center
4400 Massachusetts Ave NW
Washington, DC 20016
Phone: 301-244-3600
Email: exceptionalschoolsfair@gmail.com
Website: <http://www.exceptionalschoolsfair.com/>
2019 Fair: Sunday November 17, 2019 from 11am-2pm

The Exceptional Schools Fair is an annual event that showcases the school choices available to families of children with diverse learning needs. The fair is free and open to the public. There is information about individualized programs that will help children thrive both academically and socially. Admission is free and open to the public. The 2019 Exceptional Schools Fair is on Sunday, November 17, 2019 from 11 am-2 pm at the Katzen Arts Center. Katzen Arts Center is on American University at Ward Circle, Massachusetts and Nebraska Ave. NW, Washington, DC.

Family First Psychological Services

8381 Old Courthouse Road, Ste 330
Vienna, VA 22181
Phone: 703-938-9090
Website: <http://familyfirstva.com/>

Family First is a comprehensive mental health practice in Northern Virginia that provides therapy and psychological testing services to children, adolescents, and adults in a family-friendly environment. The practice offers psychoeducational, cognitive, developmental, and social/emotional assessments. Family First Psychological Services also offers support in advocating for educational needs (e.g., implementing school accommodations, IEP, or 504 Plan), developing a behavior plan for use at home and school, and/or facilitating communication among various professionals.

First Star Academies

Website: www.firststar.org

First Star Academies are the pathway to college and careers through Academics, Life Skills and Caregiver Engagement. Hosted at university academies across the nation, First Star programs serve youth who have experienced foster care by helping them graduate high school, enter college, and graduate college. Programs have year-long activities, including living on a college campus in summer.

Future Quest

Northern Virginia Transition Coalition
George Mason University Johnson Center
4400 University Dr

Fairfax, VA 22030
Phone: 703-993-4496
Email: ttacnews@gmu.edu
Website: <http://www.futurequestgmu.org/>

Future Quest is a free college and career conference held every two years for middle and high school students with disabilities, young adults with disabilities, their families, and professionals that work with them. It is organized by George Mason University and the Northern Virginia Transition Coalition. One of the largest events of its kind in Virginia, Future Quest features more than 40 workshops and 40 exhibits related to successful life after high school. The next Future Quest will be held on October 26, 2019 at the GMU Johnson Center.

Patrice B.F. Garver, Ph.D.

2915 Hunter Mill Rd, Ste 21
Oakton, VA 22124

6832 Old Dominion Drive, Ste 302
McLean, VA 22101
Phone: 703-281-6058
Email: drpatricegarver@drpatricegarver.com
Website: www.drpatricegarver.com

Dr. Garver specializes in working with children and adults age 5-adult with Attention Deficit Hyperactivity Disorder (ADHD), and the student population of the Gifted and Learning Disabled. Dr. Garver offers psychoeducational and developmental evaluations, parent and school consultation, child advocacy service, and support in developing home or school intervention programs.

GMU Center for Psychological Services

George Mason University
10340 Democracy Ln, Ste 202
Fairfax, VA 22030
Phone: 703- 993-1370
Email: psycclin@gmu.edu
Website: <https://psyclinic.gmu.edu/>

The GMU Center for Psychological Services provides comprehensive psychoeducational assessments for children and adolescents to assess for ADHD, Learning Disorders, cognitive and academic strengths and weaknesses. The specific measures included in the assessment differ depending upon the individual needs of the client and the preferred assessment strategies of the supervisor. Services are primarily provided by graduate students under the supervision of qualified, licensed professionals. All of our supervising faculty are affiliated with GMU, practicing, teaching, and/or conducting nationally funded research. Sliding scale fee applications are accepted for Individual Therapy and Comprehensive Psycho-educational Assessment Services.

Herndon Enrichment Program

Cornerstones, Inc.

Herndon Neighborhood Resource Center (HNRC)

1086 Elden St

Herndon, VA 20170

Phone: 571-323-5011

Website: <https://www.cornerstonesva.org/services/childcare-youth-services/tutoring-and-homework-assistance-ref-c4h/>

The Herndon Enrichment Program is a free evening academic program for students in grades 3-7 who need to improve their basic reading, writing, spelling, and math skills. This program meets at the Herndon Neighborhood Resource Center. Professional teachers, assisted by volunteer teacher's aides, lead small classes of students, helping with homework and creatively reviewing basic concepts in language arts and math. Parents work with their child's public school teachers to obtain a referral. Program teachers work closely with a student's parents and school teachers to create a plan tailored to each child's needs. Students from eleven Herndon schools participate in the program. Students in the Herndon Enrichment Program receive support twice a week (M/W or T/TH) in classes of 15-20 students. The program also connects parents to resources to help improve the student's home environment.

The House Student Leadership Center

Locations in Washington DC and Woodbridge.

Woodbridge Location

14000 Crown Court, Ste 105

Woodbridge, VA 22193

Phone 703-909-5459

Website: <http://www.thehouse-inc.com/>

The House Student Leadership Center is an originator and provider of out-of-school time programs for children and teens. The Center's programs magnify the student voice to expand their opportunity and build community. The Center's program initiatives work to improve health, education, and employment outcomes for students. Programs including before and after school academic coaching and summer camp for pre-teens and teens (grades 4-12); EmpowerMENT Leadership Institute, an elective after school program for teens (grades 9-12); Middle and High School of Public Service, an alternative school education; Fitting In, a sports and activity program; and 1K Destinations: Graduation, a scholarship program to help pay for college.

Incl(US)ion Consultants

100 North Washington Street, Ste 238

Falls Church, VA 22046

Website: <http://www.inclusionconsultants.com/>

The Inclusion Consultants help families secure the right services and supports, connect families to people they can trust, and help families solve problems with disability services that seem hard to solve. The Inclusion Consultant team are counselors, coaches

and consultants with lived experience who help families gain control over their lives and help communities open doors to welcome people with differences.

Independent School Options

218 North Lee St, Ste 323
Alexandria, VA 22314
Phone: 703-671-8316
Website: www.independentschooptions.com

Independent School Options provides educational guidance for families through school placement and consulting. Services include educational planning and problem solving; day and boarding school placement; and special needs and therapeutic program assistance. Referrals are made for testing; tutoring; special needs training, therapy, and counseling; and legal and financial assistance

Jewish Social Service Agency (JSSA)

Offices in Maryland and Northern Virginia.
Northern Virginia Office
3025 Hamaker Court, Ste 450
Fairfax, VA 22031
Phone: 703-896-7918
Email: info@jssa.org
Website: <https://www.jssa.org/get-help/children-and-adolescents/neuropsychological-testing/>

JSSA serves and supports individuals and families through a wide range of services including: counseling, educational, special needs services, and social services. JSSA's team of professionals specializes in providing comprehensive neuropsychological, psychological, and psychoeducational testing to diagnose, assess, and develop treatment recommendations for such conditions as Attention Deficit Hyperactivity Disorder (ADHD or ADD), learning disabilities, and social-emotional disorders (anxiety, depression, bipolar disorder, etc.).

Kids Building Selves

10195 Main Street, Ste T
Fairfax, VA 22030
Phone: 703-721-4KBS (4527)
Email: kidsbuildingselves@gmail.com
Facebook: www.facebook.com/kidsbuildingselves
Website: <http://www.kidsbuildingselves.com/>

Kids Building Selves provides programs to build executive functioning skills through brain-based learning and play. Kids building selves provides engaging and fun after-school programs for students in grades K-6; teaching and inspiring them to reach to their fullest potential. All students participating in after-school programs will have the opportunity to rotate through some of the following groups Academic Coaching Group,

Brain Booster Group, Creative Reading Group, Playback Theater, Super Student Group, and Study Skills Group.

Kirby Creative Clinical Solutions

3929 Old Lee Highway, Ste 92-C & 92-D

Fairfax, VA 22030

Phone: 703-409-2571

Email: Heather@KCClinicalSolutions.com

Website: <http://kcclinicalsolutions.com>

Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

Dorothy Lange, M.S. Ed

2431 Inglewood Ct

Falls Church, VA 22043

Phone: 703-204-4545

Email: lange.dorothy@gmail.com

Dorothy Lange is an educational diagnostician and therapist specializing in reading disabilities. She offers intensive, individualized research-based reading programs for students who are struggling with reading or who are not reading to their potential.

Dr. David Maddox

ABC Behavior

15507 Gossoms Store Court

Haymarket, VA 20169

Phone: 703-864-1300

Website: <http://www.abcbehavior.org/new-page/>

Mr. David Maddox is a consultant who provides advocacy for parents of children requiring special education in their dealings with public schools. Services include planning, preparation, and attendance of IEP, BIP and other relevant meetings and mediation conferences. Mr. Maddox assists parents in understanding the public education system, knowing their rights, and accessing the resources which are most beneficial to their child. His approach involves fostering good working relationships between parents and schools while determinedly pursuing parents' priorities. Primary areas of service include: Prince William, Fairfax, Fauquier, and Loudoun Counties.

Mind Well Psychology

14110 Robert Paris Ct.

Chantilly, VA 20151

Phone: 703- 378-7998
Website: www.mindwell.us

Mind Well Psychology provides services for children, teens, and adults. Services include consultation, neuropsychological testing, psychoeducational testing, emotional and developmental testing, and in-school observation. After evaluation clinicians develop an action plan that can include therapy and advocacy services. The assessment includes executive functioning and learning disorders to developmental delays, autism, ADHD, anxiety, depression, disruptive disorders, and other issues.

Mindworks Educational Services

10501 Braddock Rd, Ste 201
Fairfax, VA 22032
Phone: 703-250-6882
Email: Tutoring@MindworksEducation.com
Website: www.mindworkseducation.com

Mindworks has over one hundred state-certified, experienced teachers providing in-home tutoring in the Northern Virginia area. Mindworks provides one-to-one tutoring to students of all ages, in all subjects, including standardized SAT and ACT test preparation and educational coaching.

Nancy Katz, LLC

Email: nancykatztriplett@me.com
Website: <https://www.nancykatz.com/>

Nancy Katz, LLC provides academic coaching services for youth. Nancy holds a Master of Education and Counseling and has worked with children, adolescents and their families for more than 20 years as a school counselor, teacher, academic coach and humane education. Nancy is a member of the American Counseling Association, the Association of Professional Humane Educators, and CHADD (National Center on ADHD). Nancy Katz runs the Shiloh Project and Camp Underdog.

National Foster Parent Association

1102 Prairie Ridge Trail
Pflugerville, TX 78660
Phone: 800-557-5238
Email: Info@NFPAonline.org
Website: <https://nfpaonline.org/HelenStone>

The National Foster Parent Association sponsors an annual education conference. The Helen Stone Memorial Scholarship is awarded to current foster, adoptive, or kinship caregivers to provide assistance in attending the National Foster Parent Association's annual education conference. Each scholarship is worth \$500 to be used for expenses in attending the Annual Education Conference.

National Institute for Learning Development (NILD)

1540 Breezeport Way, Ste 500
Suffolk, VA 23435
Phone: 757-423-8646
Website: <http://nild.org/>
Link to NILD Therapists: <http://nild.org/parents/find-an-educational-therapist/>

NILD Educational Therapy addresses the underlying causes of learning difficulties rather than simply treating the symptoms. NILD educational therapy is a true therapy because it is individualized and aims the intervention just above the student's level of functioning and raises expectations for performance. Students are trained to view themselves as competent, confident learner. Interventions can be one-on-one or small group. Each session includes a variety of techniques designed to address students' specific areas of difficulty and to improve their overall ability to think, reason, and process information. Techniques emphasize basic skill areas such as reading, writing, spelling, and math, as well as applying reasoning skills within each area.

Oak Hill Psychological Services (OHPS) PLLC

2579 John Milton Drive, Ste 210
Herndon, VA 20171
Phone: 703-214-4924
Email: frontdesk@oakhillpsychological.com
Website: <https://oakhillpsychological.com/>

Oak Hill Psychological Services (OHPS) offers psychotherapy and assessment services for children, tweens, adolescents, adults and families. OHPS provides support for parents on several issues including issues related to coping with children with mental health issues and parenting challenges during infancy, early childhood, adolescence and adulthood. OHPS provides support for youth on issues related to ADHD, anxiety, social issues, mood disorders, school challenges, sexuality, family stress, identity/self-image, and family transitions. Psychological assessment of children, adolescents, and young adults for ADHD; intellectual functioning; advanced academic placement; learning disabilities; social emotional, and behavioral functioning; and school and college-based accommodations.

Office of the Family & Student Ombudsman

Fairfax County Public Schools
8270 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 571-423-4014
Email: ombudsman@fcps.edu
Website: <https://www.fcps.edu/department/office-family-student-ombudsman>

Family and Student Ombudsman is a position established in 2018-19 and provides an independent, confidential resource for students, families, and community members, offering informal help to resolve concerns, problems, complaints, and other student-related issues. The Office of the Family and Student Ombudsman works to serve families and students by providing information about resources and how to access them,

understanding concerns and providing support to resolve them. The Office of the Family and Student Ombudsman follows the four principles of the International Ombudsman Association of confidentiality, independence, impartiality, and informality.

Parent Advocacy App

Laurent Clerc National Deaf Education Center
Gallaudet University
800 Florida Ave NE
Washington DC 20002
Phone: 202-651-5206(KDES), 202-651-5031(MSSD)
Website: <https://www.gallaudet.edu/parent-advocacy-app>

Parent Advocacy App is an app for families of children who are deaf or hard of hearing attending IEP meetings, 504 meetings, or other meetings. The app helps parents to understand what the meetings are and how they can best advocate for their child. The Parent Advocacy app helps parents understand their child's rights and prepares parents to work with the school in the best interest of their child. The app is available on Google Play and the Apple App Store.

Parent Educational Advocacy Training Center (PEATC)

8003 Forbes Place, Ste 310
Springfield, VA 22151
Phone: 703-923-0010
Toll free: 800-869-6782
Email: partners@peatc.org
Website: www.peatc.org

PEATC works collaboratively with families, schools, and communities to develop, communicate, and disseminate state-of-the-art education, training, outreach, and support services for children (particularly children with disabilities), their families, and the professionals who serve them. The PEATC website offers a wealth of information about special education, parent involvement and advocacy, links to resources, and parent information resources. PEATC also has a Youth Empowerment Program (PYE) that helps youth gain knowledge to become empowered self-advocates, successfully transition into adult life, and be active leaders in their communities.

PEATC Youth Empowerment Program (PYE)

Parent Educational Advocacy Training Center (PEATC)
8003 Forbes Place, Ste 310
Springfield, VA 22151
Phone: 703-923-0010
Toll free: 800-869-6782
Email: uria@peatc.org
Website: <http://www.peatc.org/peatc.cgim?template=pye>

PEATC Youth Empowerment Program (PYE) is a program meant to empower young people ages 14-26 with disabilities in Virginia. This group helps youth gain knowledge to

become empowered self-advocates, successfully transition into adult life, and to be an active leader in their community. It offers a chance to create new friendships, learn or improve self-advocacy skills, get school and work recommendation letters, gain volunteer hours, and earn special prizes for participating in various activities. PYE meets virtually most of the time and asks for a one year commitment to the program.

Psych Ed Connections

Locations in Florida and Northern Virginia

Ashburn Office

21750 Red Rum Drive, Ste 102

Ashburn, VA 20147

Alexandria Office

1600 Prince Street, Ste 102

Alexandria, VA 22314

Phone Coaching: 571-289-9729

Email: Info-va@PsychEdConnections.com

Website: <https://www.psychedconnections.com/>

Psych Ed Connections provide diagnosis and coaching for children, teens, adults, and parents. It offers services to clients struggling with ADHD or similar problems in executive functioning such as: ADHD and Executive Function Coaching for individuals; Parent and Family Coaching to help educate parents and families about how to navigate life with ADHD; and Testing and Psychological Assessment for children, teens and adults who have interest in learning of a possible mental health diagnosis or gaining IEP and 504, or SAT and ACT accommodations.

Ready Set Go College (RSGC)

Foggy Bottom Road

Bluemont, VA 20135

Phone: 561-531-1638

Email: readyssetgocollege@yahoo.com

Website: <https://www.readyssetgocollege.com/>

Ready Set Go College (RSGC) provides personalized college preparation, selection, and transition services for students with disabilities. RSGC serves middle, high school, and transitioning college students in the Northern Virginia area. Most students with disabilities have gaps in their preparedness for college living and academics. Areas that require assistance may be related to academics, executive functioning, independent living, or social/emotional skills. RSGC helps develop these skills in students through coaching, assists in selecting and applying for best fit colleges, and advocates with college staff to optimize campus life and academics.

Restorative Justice Fairfax County Public Schools

Student Safety and Wellness Office

Phone 571-423-4278

Email: SMascoll@fcps.edu

Website: <https://www.fcps.edu/resources/student-safety-wellness/restorative-justice>

Restorative Justice project focuses on accountability, character development, and school and community safety. Restorative justice practice is a philosophy based on a set of principles for responding to harm and wrongdoing that is victim-centered and focuses on offender accountability to those who were harmed, and to the laws or rules that were broken. Restorative justice is a formal process facilitated by trained, skilled facilitators that brings together those impacted by wrongdoing to discuss the incident, understand who has been affected and to create an agreement for reparation of harm.

Fairfax County Public Schools Return to Learn

8115 Gatehouse Road
Falls Church, VA 22042

Website: <https://www.fcps.edu/resources/student-safety-and-wellness/school-psychology-services/return-learn>

Contact individual schools for services. <https://www.fcps.edu/schools-centers>

Return to Learn programs provides information on the support available to students returning to school following an extended absence. Whether returning following a chronic illness, short-term illness, mental health challenge, concussion, childbirth, or other medical condition, parents and educators work together to ensure the student's successful return to school. School-based professionals, consisting of school counselors, school psychologists, and school social workers, are available to support the transition process as children return to their learning environment. These professionals will work with families and other members of the school team to develop a plan for their child's return to school.

Laurie J. Smith, MS, CAGS, PLLC

10340 Democracy Lane, Ste 104
Fairfax, VA 22030

Phone: 703-938-5234, x. 4

Email: info@lauriesmithpsych.com

Website: www.lauriesmithpsych.com

Laurie Smith is a licensed school psychologist who offers comprehensive psycho-educational evaluations, therapeutic counseling, consultation, educational advocacy, and professional training. She serves as an advocate to families and youth to help navigate through the special education process, and guides parents on how best to access educational resources for their child's needs.

SDSquared (Sliding Doors STEM & Dyslexia)

Phone: 571-335-1825

Email: krista@sdsquared.org

Website: <https://www.sdsquared.org/>

SDSquared offers an after school program, Tutor Network, and summer camps for students as well as teacher workshops and an annual conference called Dyslexic Edge.

The after school program is a structured reading/spelling group instruction plus STEM activities that meets twice a week for 90 minutes and includes special outings with Science Saturdays and summer camps. The private Tutor Network offers the same specialized reading tutoring as the after school programs. The Dyslexic Edge conference is intended for educators, industry professionals, parents and students from kindergarten to the university level. SD Squared offers a limited number of spots at reduced tuition for those on free and reduced lunch programs.

Starfish Savers

P.O. Box 230636
Centreville, VA 20120
Phone: 703-631-9557
Email: info@starfishsavers.com
Website: www.starfishsavers.com

Starfish Savers provides many services for all age groups including IEP and 504 review, free get-togethers and consultation services. While their target group for these services are those with complex mental disorders, Starfish Savers offers a multitude of free resources from their website including Life Coaching and Advocacy Support services across the lifespan, Self-Advocacy Training, Transition Services, Soft Skills Training, Life and Social Skills Training and Advocacy Consultation and Support.

The StudyPro

6849 Old Dominion Dr, Ste 200
McLean, VA 22101
Phone: 571-321-5800
Email: info@TheStudyPro.com
Website: www.TheStudyPro.com

The StudyPro is a study skills and homework center. The program helps students build the key executive function skills required to plan, initiate, organize, time-manage and complete their work. While some students come by executive skills naturally, others need support with developing strategies for success until the process becomes natural for them. The study skills "system" teaches these skills in a 5-part course, provides a coach-supported homework center to practice skills on nightly homework and offers additional help with 1:1 coaching.

TTAC Region 4 Office

George Mason University
Fairfax, VA
Phone: 703-993-4496
Website: <https://ttac.gmu.edu/>
E-Newsletter: <https://ttac.gmu.edu/readyssetgo/>

TTAC Region 4 Office is Virginia Department of Education's Training and Technical Assistance Center at George Mason University. Specialists provide professional

development that focuses on improving academic outcomes for students with disabilities through targeted technical assistance (TA) to schools. The goal is to help school personnel gain knowledge and skills to prepare students with disabilities for graduation with a diploma or completion of an appropriate program, and successfully prepare them for post-secondary education, employment, and independent living. Focus areas include assistive technology, Autism Spectrum Disorder, Co-Teaching, Early Childhood Special Education, Family Engagement, Intellectual Disabilities, Literacy, Secondary Transition, Traumatic Brain Injury, and Virginia Tiered Systems of Support. They also assist with the I'm Determined project.

Tochterman Muir Educational Consulting, LLC

Office in Virginia and Maryland.

Virginia Office

1489 Chain Bridge Rd, Ste 203

McLean, VA 22101

Phone: 703-728-8676

Email: smuir@testingld.com

Website: www.testingld.com

Tochterman Muir provides evaluation, diagnosis, and recommendations for services and accommodations for students with learning disabilities and hyperactivity disorder. Services include psychoeducational diagnostic services for youth. Evaluations determine whether cognitive and achievement abilities and skills are commensurate. Evaluations include a full cognitive/ability and achievement investigation. Students served range from preschool through graduate school.

Tutoring For Success

Serving Northern Virginia, Maryland, and Washington, DC.

Phone: 703-390-9220

Email: info@tutoringforsuccess.com

Website: <http://tutoringforsuccess.us/>

Tutoring for Success provides in-home tutoring services for students from kindergarten to college, with programs that are tailored to fit each student's specific needs and goals. All tutors are carefully selected and matched to individual students. Programs include Subject Tutoring, SAT and ACT Test Prep, and Academic Coaching.

Tutoring Plus

Norman Hall

121 Moore Av SW

Vienna, VA 22180

Phone: 703 472-1630

Email: normhall@outlook.com

While parents and professionals rarely think in terms of levels of educational service support, Tutoring Plus is the level that best matches the needs of a student going off course. Tutoring Plus is the provision of **broad tutoring** with experienced fundamental

academic support combined with awareness of objectives and goals beyond the hurdles of coursework, class examinations, and standardized testing. Tutoring Plus is offered by Norman Hall, Master Tutor, specializing in ADHD, executive function, and chronic illness. Education via BA and MS degrees from Northwestern University, education classes from George Mason University and UVA. Ten years of tutoring experience.

Unique Steps, LLC

4609 Ferry Landing Rd

Alexandria, VA 22309

Phone: 703-856-5563

Email: kim.wood@uniquestepsllc.com

Website: www.uniquestepsllc.com

Unique Steps is a full-service education consulting company specializing in remediation, social integration, advocacy intervention, end-of-year testing and case management for homeschooled students. Unique Steps offers individual educational evaluations to provide school districts with proof of educational progress for all children, including those with special needs. For an additional fee, long-term goals, objectives, and methods to facilitate progress for special needs child (IEP) can be provided. Additionally, curriculum recommendations and tools to teach to children's strengths.

Vencinos Unidos

Herndon Neighborhood Resource Center (HNRC)

1086 Elden St

Herndon, VA 20170

Phone: 703-201-2809

Website: <http://vecinosunidos.org/>

Vencinos Unidos Volunteers assist students in grades 1-6 with school assignments and projects. In addition to completing required schoolwork, students receive help with study skills and organization of assignments. Whenever possible, VU works with the students' schools to better align assistance. The program seeks to foster a positive attitude toward homework and school and thus bring about an improvement in grades. Healthy drinks and snacks are provided to ensure that students are better able to focus on their work. Parents are required to escort students to the door for check-in and to come to retrieve and sign out their children by 6:00 p.m.

Virginia Institute for Autism

943 Glenwood Station Lane, Ste 201

Charlottesville, VA 22901

Phone: 434-923-8252

Email: info@viaschool.org

Website: <https://www.viaschool.org/families/services/outpatient-behavioral-services/diagnosis-and-assessment/>

Outpatient Behavioral Services and Adult Services
3500 Remson Court

Charlottesville, VA 22901

Virginia Institute of Autism outpatient assessment clinic provides comprehensive evaluations and recommendations for the behavioral, educational, and intellectual needs of children up to age 16. Assessments may be conducted individually or part of a complete battery depending upon the needs of the child and the reason for referral. In addition, the clinic is able to provide diagnostic assessment for children as young as 2 years old who are suspected to have autism.

The Wake Kendall Group PLLC

5247 Wisconsin Avenue NW, Ste 4

Washington, DC 20015

Phone: 202-686-7699

Website: <http://www.wakekendall.com/>

The Wake Kendall Group provides individuals, families, and schools with a full range of psychological and educational assessment and psychotherapy. Clinicians provide comprehensive neuropsychological evaluations, psycho-educational testing, social and emotional assessments, early childhood evaluations, and school admissions testing. Formal assessment through individual testing is conducted to learn more about a person's cognitive abilities and academic skills as well as to gain understanding of mood and personality. They work with clients from preschool age through adult.

Weinfeld Education Group

104 Northwood Ave

Silver Spring, MD 20901

Phone: 301-681-6233

Email: weinfeld@comcast.net

Website: www.weinfeldeducationgroup.com

Conference Website: <https://www.diamondsintheroughconference.com/about.html>

The Weinfeld Education group advocates for services for children with learning difficulties, and provide training and consultation to schools and parents. The Group provides parents, school staff, and a variety of service providers with evidence-based information on how to best teach children with learning difficulties. The website offers an online, self-paced continuing education course that provides a strong foundation in the principles of special needs advocacy, with an emphasis on practical application of the fundamental legal requirements that drive special needs education. Weinfeld Education Group also sponsors an annual special learning needs conference called "Diamonds In The Rough" which brings together providers and parents in the DC, MD, and VA area.

The Wise Family

Wise Mind Solutions, LLC

2850 Eisenhower Avenue, Ste 105

Alexandria, VA 22314

Phone: 703-991-6005

Email: info@thewisefamily.com

Website: <https://www.thewisefamily.com>

Wise Mind Solutions provides full educational and behavioral assessments to determine a student's strengths and weaknesses, and to identify interventions that will best remediate skill deficits. Assessment can provide a point of reference for which to measure future progress and we provide comprehensive recommendations for accommodations, modifications and remediation. Assessment also provides a roadmap and treatment plan for behavioral modification and developmental growth.

Early Intervention for Infants and Toddlers

Alexandria City Infant and Toddler Connection PIE Program (PIE)

Alexandria City Hall, 301 King St

Alexandria, VA 22314

Phone: 703-746-3363

Website:

<https://www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=50494#EarlyChildhoodDivision>

The Parent Infant Education Program (PIE) provides early intervention services for City of Alexandria infants and toddlers up to 3 years old whose physical or mental development is slower than expected, who are diagnosed with a condition likely to result in a delay, or who have a 25% delay in one or more developmental areas. Services include assessments, assistance in finding and funding services, financial assistance for special services and equipment. There is no charge to the family for the intake interview, child screening, case management, or development of a service plan.

Arlington Parent Infant Education Program (PIE)

Sequoia 2

2110 Washington Blvd, Ste 350

Arlington VA 22204

Phone: 703-228-1630

Website: <https://health.arlingtonva.us/public-health/health-clinics-services/parent-infant-education-program-pie/>

Parent Infant Education (PIE) is a family-centered program that serves children who have special needs from birth to their third birthday. The program helps families work with their children to help them develop to their maximum potential. Services include individual plans for each child for services such as physical therapy, occupational therapy, speech therapy, and educational services.

Even Start Family Literacy Program

Arlington Public Schools

Barcroft Elementary School

625 Wakefield St

Arlington, VA 22204
Phone: 703-228-8846
Website: <https://www.apsva.us/even-start/>

Even Start is a free family literacy program for Arlington residents who have children under the age of 10. The goal of the program is to empower parents who are new to the country to help their children be academically successful. English classes are held 5 mornings a week. Parents also learn about literacy development, the US education system, Arlington Public School programs, and community resources. Children between the ages of 1 and 4 may participate in early childhood education classes on site while their parents study. Classes are held daily from 9 am to 12 pm. Breakfast and lunch are provided daily.

Fairfax County Infant & Toddler Connection (ITC)

Annandale Office
Heritage Center, East Building
7611 Little River Turnpike, Ste 200E
Annandale, VA 22003
Phone: 703-538-7407

Chantilly Office
14150 Parkeast Circle, Ste 260
Chantilly, VA 20151
Phone: 703-653-6153

Fairfax North Office
3750 Old Lee Highway
Fairfax, VA 22030
Phone: 703-246-5347

South County Office
8350 Richmond Highway, Ste 515
Alexandria, VA 22309
Phone: 703-704-5026
Website: <https://www.fairfaxcounty.gov/familyservices/office-for-children/infant-and-toddler-connection>

The Infant and Toddler Connection of Fairfax-Falls Church provides evaluations and early intervention services for infants and toddlers (up to age three) who have a developmental delay or a diagnosis that may lead to developmental delays. If a child is found eligible for participation in the Infant and Toddler program, an Assessment for Service Planning meeting is scheduled. This meeting includes the development of an Individualized Family Service Plan (IFSP) that identifies the services and supports needed to promote the child's development and support the family in their daily activities and routines with their child.

Fairfax County Public Schools Early Childhood Child Find

Early Childhood Assessment Services located in Dunn Loring, Chantilly, and Alexandria
Dunn Loring Office
2334 Gallows Rd, Ste 233
Entrance 3
Dunn Loring, VA 22027
Phone: 703-204-6790
Spanish: 703-204-6791

Bull Run Office
15301 Lee Highway
Centreville, VA 20121
Phone: 703-456-2200
Spanish: 703-456-2220

Virginia Hills Office
6520 Diana Lane
Alexandria, VA 22310
Phone: 703-317-1400
Spanish: 703-317-1405
Website: <https://www.fcps.edu/registration/early-childhood-prek/child-find>

Child Find in the process of identifying children with potential special education needs as well as educating the community about child development and the importance of early intervention. Child Find services are provided for children ages 20 months to 5 years old by the FCPS Early Childhood Identification and Services (ECID&S) program. Program staff members serve as liaisons providing assistance and information to local community preschool, child-care, Head Start, and Family and Early Childhood Education Programs (FECEP).

Head Start and Early Head Start

Fairfax County Office for Children
Greater Mount Vernon Community Head Start
Gum Springs Children's Center
8100 Fordson Road
Alexandria, VA 22306
Phone: 703-799-5760

Higher Horizons Day Care Center, Inc
5920 Summers Lane
Bailey's Crossroads, VA 22041
Phone: 703-820-2457

Fairfax County Public Schools
Alan E. Leis Center
7423 Camp Alger Avenue
Falls Church, VA 22042
Phone: 703-208-7900

Website: <https://www.fairfaxcounty.gov/familyservices/office-for-children/head-start>

Head Start is an income-based federal program that serves children up to the age of five, and pregnant women, from low-income families. Head Start helps prepare children for success in school through early childhood education, services for children with disabilities, healthy meals and snacks, helping pregnant women find pre-natal care, helping families find health care, including dental and mental health care, and offering parenting workshops, events and one-on-one training. There are full day, full year programs that operate year round and school day programs that operate September through June.

Healthy Families Program

Northern Virginia Family Service (NVFS)

Alexandria Phone: 571-748-2850

Arlington Phone: 571-748-2711

Fairfax Phone: 571-748-2841

Prince William Phone: 571-748-2743

Website: <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

NVFS Healthy Families, affiliated with Healthy Families America, provides the tools, guidance and support that families need to build a healthy, successful life. The program provides free services in Arlington, Fairfax and Prince William counties and the city of Alexandria to promote healthy child development, and to prevent child abuse and neglect, for families with children pre-birth to age 3 or 4 (depending on jurisdiction). Healthy Families' four goals are to promote positive, nurturing, responsive parenting; improve child health and development; promote school readiness; and prevent child abuse and neglect.

Healthy Families Loudoun County

INMED Family and Youth Opportunity Center

21630 Ridgetop Circle, Ste 130

Sterling, VA 20166

Phone: 703-729-4951

Website: <https://opportunitycenter.us/>

The Healthy Families Loudoun County is sponsored by INMED family and Youth Opportunity Center. The program is an early intervention home-visiting program for first time parents who are pregnant or have a child less than 14 days old. The program provides intensive in-home visitations, providing parenting education and support, case management and access to critical resources to ensure health and safe home and optimal child development.

Infant & Toddler Connection of Virginia

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

1220 Bank Street, 9th Floor

P.O. Box 1797

Richmond, VA 23219-1797
Phone: 804-786-3710
Website: <http://www.infantva.org/>

The Infant and Toddler Connection of Virginia provides early intervention supports and services to infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. In addition, supports and services focus on helping parents and other caregivers know how to find ways to help the child learn during everyday activities. These supports and services are available for all eligible children and their families regardless of the family's ability to pay.

Foundations for Learning

Creative Health Solutions
3900 Jermantown Rd, Ste 250
Fairfax, VA 22030
Phone: 703-910-5006
Email: INFO@CreativeHealthLLC.com
Website: <https://creativehealthllc.com/preschool-and-school-readiness/>

Creative Health Solutions offers a range of services including developmental screening and school readiness programs; listening, occupational, and speech-language therapies; and support for young adults transitioning to independence. Creative will provide a free developmental screening to identify children who should receive more intensive assessment or diagnosis for potential developmental delays. Foundations for Learning is Creative's school and life preparation program. Foundations is a customized, adaptive therapeutic intervention; a developmental learning experience for those with school or other life challenges. It improves interactions by focusing on attending to others, social engagement, expressive and receptive communications, motor skills, and use of senses.

The Jo Ann & Carl McNair Community Child Development Center

Easterseals
300 Hunton Ave
Falls Church, VA 22046
Phone: 703-534-5353
Email: fallschurchcdc@eseal.org
Website: <http://www.easterseals.com/DCMDVA/our-programs/childrens-services/child-development-center-of.html>

The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children's services, Autism (ASD) Services, Camping and Recreation, Military and

Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

Loudoun County Infant & Toddler Early Intervention

MHSADS Trailview Office

906 Trailview Blvd, Ste A

Leesburg, VA 20175

Phone: 571-258-3095

TDD: 703-777-0377

Website: <https://www.loudoun.gov/2778/Infant-Toddler-Early-Intervention>

The Early Intervention Program of Loudoun provides specialized services for families and children birth through thirty-six months of age. The program serves infants and toddlers who have a suspected delay, a diagnosis that could lead to delays, or atypical development. Children with vision and hearing impairments can also be served in this program. Each child referred for early intervention services receives a developmental screening and / or assessment to determine eligibility for the program. If a child is eligible, an Individualized Family Service Plan is developed to address the family's concerns, priorities, and resources.

New Path

The Arc of Virginia

2147 Staples Mill Rd

Richmond, VA 23230

Phone: 804-649-8481

Email: newpath@thearcofva.org

Website:

https://www.thearcofva.org/index.php?option=com_content&view=article&id=38:new-path&catid=20:site-content&Itemid=128

New Path is a program of The Arc of Virginia that provides training, support, connection, and guidance for families who have children involved in early intervention services. New Path provide peer support pairing individuals throughout Virginia with another parent that has been through a similar situation with a child that has a similar diagnosis. New Path also provides families with knowledge and guidance to help them utilize all of the supports available to them so that families can make the most of the early intervention experience.

Open Door Learning Center Preschool

The Arc of Loudoun

601 Catoctin Cir NE

Leesburg, VA 20176

Phone: 540-751-1414

Website: <https://thearcofloudoun.org/open-door/>

Open Door Learning Center Preschool (ODLC) offers all-day and half-day preschool openings for children 2 years old to 7 years old. Teaching practices at the school are

derived primarily from applied behavior analysis (ABA). Some of these practices include: positive reinforcement, direct instruction, continuous measurement of learning, and strategic data analysis. We offer a wide range of enriching activities that focus on building each child's emotional, social, cognitive and physical skills. Experienced teachers give individualized attention to our early learners at a low student to teacher ratio (typically 6:1). We also have potty training for all ages, so your early learner does not need to be toilet-trained to join ODL.

Prince William Community Service Early Intervention Programs

Phone: 703-792-7879

Website: <http://www.pwcgov.org/government/dept/cs/pages/infant-toddler-services.aspx>

Community Service Early Intervention Programs provide services for families of infants and toddlers, birth through two years of age, who have a disability, developmental delay or are displaying atypical development. Early intervention services through the Infant Information Center (ICIC) include developmental screening; service coordination with other agencies and professionals; and coordination of eligibility for the Parent-Infant Education (PIE) Program. Services through the PIE Program include development of an Individualized Family Service Plan (IFSP), to include an assessment for service planning, to determine the child's strengths and needs; Early Intervention Supports and Services provided in the home/community by licensed and certified Physical and Occupational Therapists, Speech-Language Pathologists or Early Childhood Special Educators; and consultations with child care providers and other community resources. Services are available for all eligible children/families regardless of the family's ability to pay.

Sound Start Development

10560 Main Street, Ste PH-01

Fairfax, VA 22030

Phone: 301-785-3596

Sound Start Development uses music and play to promote literacy, numeracy and executive function development in children 18 months-kindergarten. Board-certified music therapists use storytelling with rhythm, melody, and moving to a beat to promote literacy skills; finger play songs to promote counting and finding patterns, and learning through fine motor play to promote numeracy; and memory games to promote focused attention, solving problems, learning about feelings to promote executive functioning.

Public School Special Education Parent Resource Centers

Anne R. Lipnick Special Education Parent Resource Center

Alexandria City Public Schools

TC Williams High School, Minnie Howard Campus

3801 West Braddock Rd, Room 134
Alexandria, VA 22302
Phone: 703-824-0129
Email: janet.reese@acps.k12.va.us
Website: <https://www.acps.k12.va.us/Page/397>

The Anne R. Lipnick Special Education Parent Resource Center serves the diverse families of children with disabilities in the Alexandria City community and trains parents to be advocates for their children while establishing partnerships between families and schools. This center provides free workshops, training sessions, parent support groups, individual support and consultation. Services are available at no charge to all residents of Alexandria with children ages 2 to 22, regardless of whether enrolled in public school, private school, preschool, or at home.

Arlington Public Schools Special Education Parent Resource Center (PRC)

Syphax Education Center at Sequoia Plaza
2110 Washington Blvd, Ste 158
Arlington, VA 22204
Phone: 703-228-7239
Website: <https://www.apsva.us/special-education/parent-resource-center/>

The Arlington Public Schools Special Education Parent Resource Center's (PRC) purpose is to provide parents the support and information necessary to work with the school system to identify and meet their child's unique learning needs. The PRC offers support and assistance, a lending library, parent newsletter, parent training workshops, and is an information and referral source for both families and staff members.

Fairfax County Public Schools Parent Resource Center (PRC)

Dunn Loring Center for Parent Services
2334 Gallows Rd, Room 105
Dunn Loring, VA 22027
Phone: 703-204-3941
Email: prc@fcps.edu
Website: <https://www.fcps.edu/resources/family-engagement/parent-resource-center>

The FCPS Parent Resource Center (PRC) offers a welcoming and engaging environment for parents, educators and community members to access information and resources to support the success of all students, including those with learning challenges, special needs and disabilities. Free workshops, confidential consultations and over 6,000 lending library materials available at the PRC help ensure that ALL students are inspired, engaged and thriving.

Loudoun County Public Schools Parent Resource Services (PRS)

21000 Education Court
Ashburn, VA 20148
Phone: 571-252-6540

Email Educator: Leanne.Kidwell@lcps.org
Email Parent: Pamala.Spiering@lcps.org
Website: <https://www.lcps.org/ParentResourceServices>

PRS is committed to positive relationships among parents, schools and communities to support the development of the whole child. The PRS assists families with questions and planning as well as provides resources and training

Prince William County Public Schools Parent Resource Center (PRC)

Kelly Leadership Center
14715 Bristow Rd, first floor
Manassas, VA 20112
Phone: 703-791-8846
Website: <http://pwcs.ss9.sharpschool.com/cms/one.aspx?pageId=755210>

The Prince William County School PRC provides information, lending library, and supports parents regarding the special education process in Prince William County, and will refer parents to appropriate resources in the Division and the community. PRC staff may not serve as advocates for parents in School Intervention, IEP, or Eligibility meetings or attend a Central Office Review, State Mediation, or Due Process Hearing. PRC and provide language support for parents if needed.

Virginia Parent Resource Centers (PRC)

Center for Family Involvement
Partnership for People with Disabilities
Virginia Commonwealth University
Box 843020
Richmond, VA 23284-3020
Phone: 877-567-1122
TTY relay: 800-828-1120
Website: www.vaprcs.org

Virginia's Parent Resource Centers are committed to a positive relationship between parents and schools for students' sake. PRCs assist parents with questions and planning, as well as provide resources and training sessions.

Day Schools and Residential Schools

Virginia Department of Education Private Day & Residential Schools

Website: http://www.doe.virginia.gov/special_ed/day_residential_schools/index.shtml

This website has links to downloadable documents related to private day and residential schools for students with disabilities. The documents include a directory of private schools, regulations governing the operation of the schools, and information on the process for completing an application to operate a school.

Accotink Academy Therapeutic Day School

8519 Tuttle Rd
Springfield, VA 22152
Phone: 703-451-8041
Email: james.corley@accotink.com
Website: <http://accotinktherapeuticday.com/>

Accotink Academy is a therapeutic day school serving children age 6-21 who have emotional disabilities, developmental disabilities (including receptive and expressive language disorders), and specific learning disabilities in reading, mathematics and written expression. There school offers school-wide ABA implementation, clinical services, case management, art therapy, speech/language therapy, pragmatic language group, and occupational therapy. Accotink Academy also has a transition program that is designed to provide students with job sampling and work experiences beginning at age 14. They provide an assessment to indicate the student learning style, life skills aptitude, and career interest, and services to prepare for post-secondary education.

Alternative Paths Training School (APTS)

Campuses in Alexandria, Fredericksburg, Manassas, and Stafford.

Central Office
2525 Pointe Center Court, Ste 100,
Dumfries, VA 22026
Phone: 703-766-8708

Alexandria Campus
5632 Mt. Vernon Memorial Hwy
Alexandria, VA 22309
Phone: 703-766-8708

Fredericksburg Campus
710 Littlepage St
Fredericksburg, BA 22401
Phone: 540-373-8760

Stafford Campus
21 SmokehouseDr.
Fredericksburg, VA 22406
Phone: 540-479-1701

Manassas Campus
8509 Barrett Dr.
Manassas, VA 20109
Phone: 703-365-7494
Website: <http://www.apsinc.org/>

APTS is a year round special education day school offering a highly structured classroom setting for students whose disabilities include Autism and other Developmental Disabilities, not limited to Emotional and or Learning Disabilities. The program

specializes in an intensive delivery of services to students who engage in self-injurious behaviors (SIBs) as well as aggressive behaviors. The school educates students ages 5-22 or PreK-12 and offers a wide array of specialized services including behavior intervention plans, occupational therapy, physical therapy, speech/language therapy, individual and group counseling, social skills groups, and classrooms for advanced academic students. APTS has school based ABA services, no time out rooms, no in school or out of school suspensions. APTS also has a community outreach ABA program that provides direct support to families in the home and in the community.

Auburn School

Locations in Maryland and Virginia

Fairfax Campus

3800 Concorde Pkwy

Chantilly, VA 20151

Phone: 703-793-9353

Email: admissions.fairfax@theauburnschool.org

Website: <https://www.theauburnschool.org/domain/46>

The Auburn School is an independent day-school for intellectually engaged students with challenges in the areas of communication, socialization, language, and organization. Auburn's program simultaneously supports the development of academic skills, social competency and pragmatic language in an engaging educational environment. Average class size ratios are not more than 8 to 1. Many social thinking and learning, behavior and OT services are included in the tuition. Generous financial aid and tuition assistance is available to families that qualify based on demonstrated need. The Fairfax, VA Campus serves student in Kindergarten through 12th grade.

The Aurora School

The Arc of Loudoun

601 Catocin Cir NE

Leesburg, VA 20176

Phone: 540-751-1414

Website: <https://thearcofloudoun.org/aurora/>

The Aurora School is a private day school that uses the principles of applied behavior analysis to provide an individualized education for students ages 5 to 22 with intellectual and developmental disabilities, primarily autism. Aurora offers a wide variety of special education programs. Our curricula and activities are made to meet the individual student's needs. Among the skills we teach our students are: Verbal behavior; Social Skills, Self-Management, Problem-Solving Skills, Math, and Reading. Using the latest techniques, curricula, and technology, students and their families become active partners in their individualized education program.

The Camphill School

1784 Fairview Road,

Glenmoore, PA 19343

Phone: 610-469-9236

Email: information@camphillspecialschool.org

Website: <https://camphillschool.org/>

The Camphill School is a residential school for children with special needs in kindergarten through grade twelve. The adapted Waldorf curriculum presents traditional scholastic subjects, both academically and experientially, stimulating young minds and nurturing healthy emotional development. And, as in every other Waldorf school, the curriculum allows children to work with their hands every day, encouraging practical, social, and artistic growth. The school also runs a transition program at Beaver Farm which teaches vocational skills to youth aged 18-21 in a farm setting.

CARD Academy

Center for Autism and Related Disorders (CARD)

Locations throughout the US.

Toll Free Phone: 855-345-2273

Email: info@centerforautism.com

Website: <https://www.centerforautism.com/locations/?state=VA>

CARD Academy Alexandria

4875 Eisenhower Ave, Ste 210

Alexandria, VA 22304

Phone: 571-290-0143

Website: <http://virginia.centerforautism.com/>

CARD Academy Stafford

2761 Jefferson Davis Hwy, Ste 107

Stafford, VA 22554

CARD Academy Sterling

45305 Catalina Ct Building B, Ste 101

Sterling, VA 29166

Phone: 571-441-3177

CARD provides ABA & autism services, diagnosis & assessment, center-based services, therapy for family members, specialized outpatient services, and CARD Academy. CARD Academy teaches self-help and safety skills, build language and communication as well as social skills and executive functioning. With input of parents and the child's caregivers, CARD sets challenging goals and tracks progress on each skill domain carefully. CARD is an in-network provider for most insurance including Tricare.

Commonwealth Academy

1321 Leslie Ave

Alexandria, VA 22301

Phone: 703-548-6912

Email: info@CommonwealthAcademy.org

Website: www.commonwealthacademy.org

The Commonwealth Academy is a grade-level college preparatory program for students in Grades 3–12, offering services to average to superior students who require individual attention in small classes, as well as to students who have been diagnosed with a specific learning disability (LD) or with ADHD. It provides on-site support services such as counseling, college counseling, and SAT and ACT preparation, and a wide variety of electives, clubs, activities, and athletics, readying its students for the challenges of college or other post-secondary education.

Cortona Academy

13505 Dulles Technology Drive , Ste 3

Herndon, VA 20171

Phone: 703-464-0034

Website: <https://cortonalearning.com/>

Founded in 1992, Cortona Academy is a private, college preparatory program serving grades 7-12, focusing on the student, not the student's "label." Staff understands that students work at different paces, and reach them at all levels. There is a 4:1 student-teacher ratio, optional one-on-one focused "Oxford-like" course, and inspirational professional mentors who guide students to internships that change their futures while improving their grades, study skills, hi-tech skills and confidence.

Discovery School of Virginia

PO Box 1160

Dilwyn, VA 23936

Phone: 434-983-5616

Email: admissions@discoveryschool.org

Website: <http://www.discoveryschool.org>

The Discovery School of Virginia is a residential school that serves teenage boys and girls ages 12-17 experiencing emotional, behavioral, and learning difficulties. There are separate campuses for each of the schools. Referred students are frequently described as immature, impulsive, angry and oppositional. Often prospective students are experiencing failure in a traditional school setting. Due to their poor coping skills, many students present with unresolved family issues.

Embark Center For Self-Directed Education

103 Loudoun Street SW

Leesburg, VA 20175

Phone: 540-277-3172

Email: info@embarkcenter.org

Website: <https://www.embarkcenter.org/>

Embark Center is a community of learners and serves as a resource center for youth and families who wish to have more autonomy in their learning and lives. Through personal advising, family conferencing, classes, workshops and tutorials, Embark Center focuses on each unique individual to envision a plan for success. Typically, Embark members

range in age from 13-19; have grown increasingly frustrated by the constraints of traditional schooling; have tried, unsuccessfully, to create a meaningful existence in one or more school-like settings. At Embark Center, each member is paired with a personal advisor. This relationship will become the key element of the youth member's experience. Through regular meetings, the advisor helps the member envision a unique plan that includes tutorials, classes, and community involvement. If the member is under 16 years, the advisor will help create a written plan for submission to the local superintendent of schools.

Fusion Academy

Alexandria Location

333 John Carlyle Street, Ste 100

Alexandria, VA 22314

Email: alexandria@fusionacademy.com

Phone: 703-535-3130

Website: <https://www.fusionacademy.com/alexandria/?crnt=alexandria>

Loudoun Location

19300 Promenade Dr, Ste 200

Leesburg, VA 20176

Phone: 571-252-7007

Email: loudoun@fusionacademy.com

Website: <https://www.fusionacademy.com/loudoun/?crnt=loudoun>

Tysons Location

1934 Old Gallows Road, Ste 200

Vienna, VA 22182

Phone: 703-448-0350

Email: tysons@fusionacademy.com

Website: <https://www.fusionacademy.com/tysons-corner/?crnt=tysons-corner>

Fusion is an accredited private middle and high school for grades 6-12. In a Fusion one-to-one classroom, the educational experience is completely customized to ignite a student's passion for learning. Classes are self-paced, and course material is presented in ways that suit students' individual interests, strengths and challenges. Fusion works for kids who do not do well in traditional schools such as those who struggle with ADHD, Learning Differences and Disabilities, Accelerated and Gifted Learners, Social Challenges and School Anxiety, Students with Challenging Schedules, and those transitioning from Boarding School or Treatment Programs.

Grafton Therapeutic Day Schools

Grafton Integrated Health Network

120 Belview Avenue

Winchester, VA 22601

Phone: 5540-955-2400 ext.6460

Email: admissions@grafton.org

Website: <https://www.grafton.org/about-us/services/tds/>

Grafton provides an integrated continuum of care that includes psychiatric residential treatment, therapeutic day school, and therapeutic community living options. The therapeutic day schools in Berryville, Richmond, and Winchester provide educational services for students aged six to 22. Grafton serves individuals with high functioning Autism, mental health challenges, intellectual and developmental disabilities, as well as those with co-occurring diagnoses. Their research-based approach to instruction includes informal and formal assessments, curriculum alignment, mapping, and data analysis. By combining special education and behavioral health, balancing academic and functional skills, students are allowed to recognize their strengths and use them to achieve success in learning across diverse subjects and environments. Career and technical training are also provided.

Helping Hands Private Day School

2049 Jefferson Davis Highway

Stafford, VA 22554

Phone: 540-657-1423

Email: office@hhitherapy.com

Website: <https://www.hhitherapy.com/day-school>

Helping Hands serves kids in grades 1-8. Students at Helping Hands are given a low-stimulus environment, immersed with Occupational Therapy, language pragmatics, and Social Thinking curriculum to acquire the skills needed to grow and thrive. Multiple movement breaks throughout the day allows for new knowledge to be processed and increased ability to retain and comprehend higher-level academic challenges. Movement decreases frustration tolerance, dysfunctional movement-seeking behaviors, and increases overall attention to task. Social Thinking awareness is everywhere. It occurs within every academic day, in peer interactions, and in supported community learning environments.

Inova Kellar School

Inova Health System

11204 Waples Mill Rd

Fairfax, VA 22030

Phone: 703-218-8500

Website: <https://www.inova.org/healthcare-services/Inova-kellar-center/kellarschool.jsp>

The Kellar School is a therapeutic education program serving students grades three through 12 who have been identified as eligible for special education services. The structured, individualized program is designed to meet the needs of students with emotional or learning disabilities. These students may also have social, behavioral or health-related issues that significantly interfere with their ability to learn. The majority of the students are referred and placed by their local school jurisdiction. Eligibility for special education at the private day school level is based upon the students' Individual Education Program (IEP).

The Jo Ann & Carl McNair Community Child Development Center

Easterseals

300 Hunton Ave

Falls Church, VA 22046

Phone: 703-534-5353

Email: fallschurchcdc@eseal.org

Website: <http://www.easterseals.com/DCMDVA/our-programs/childrens-services/child-development-center-of.html>

The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children's services, Autism (ASD) Services, Camping and Recreation, Military and Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

Laurent Clerc National Deaf Education Center

Gallaudet University

800 Florida Ave NE

Washington DC 20002

Phone: 202-651-5206(KDES), 202-651-5031(MSSD)

Website: www.gallaudet.edu/clerc-center.html

Elementary School Website: <https://www.gallaudet.edu/kendall-demonstration-elementary-school>

Secondary School Website: <https://www3.gallaudet.edu/clerc-center.html>

The Clerc Center provides resources and teaching to the deaf and hearing impaired. The Clerc Center has two separate schools, the Kendall Demonstration Elementary School (KDES) and the Model Secondary School for the Deaf (MSSD). Both schools are tuition-free, accredited schools for deaf and hard of hearing students. The elementary school serves students age birth through grade 8 from the Washington DC metropolitan area. The secondary school has a residential component and serves students from all over the US and its territories. Students living outside of a 12-mile radius of the school campus may live in the dormitories during the week. Students living outside of a 60 mile radius may stay in the dormitories during weekends that the school is open.

Lourie Center School

12301 Academy Way

Rockville, MD 20852

Phone: 301-761-2721

Website: <https://www.adventisthealthcare.com/LC/programs/school/>

Lourie Center School serves children 4 to 12 years of age. The program is an 11 month school program to provide continuity of structure, consistency in relationships, educational programming, and ongoing provision of therapies to students. Students currently come from Montgomery and Prince George's Counties in Maryland, Arlington and Fairfax Counties in Virginia, and Washington, D.C. The program combines an educational curriculum with therapeutic services to strengthen children's emotional resources, social capacities, cognitive development, motor abilities, and speech and language skills. Class size is up to 9 students in a classroom, with a minimum of one adult for three children. Maximum school enrollment is 50 children.

Matthew's Center

10651 Lomond Dr

Manassas, VA 20109

Phone: 703-369-2976

Website: www.matthewscenter.org

Matthew's Center is a private nonprofit organization providing special education day school, after school, and outreach services to children with autism and their families. The Day School currently has classrooms serving children ages 5-21. Each classroom is staffed at a minimum of 2:1 ratio, including a special education teacher. Other available professionals include: Board Certified Behavior Analyst, Speech Language Pathologists, and Occupational Therapists. Each student's curriculum and educational plan are laid out according to their Individualized Education Program (IEP).

May Center School for Brain Injury and Neurobehavioral Disorders

596 Summer Street

Brockton, MA 02302

Phone: 508-588-8800

Website: <https://www.mayinstitute.org/brain-injury-school/brockton/index.html>

May Center School focuses on both education and rehabilitation of children and adolescents with neurobehavioral, genetic, and related disorders. They try to create a home-away-from-home that is safe and nurturing, while encouraging students and their families to maintain a strong connection with regular phone calls and visits. Every student's residential experience is unique and personalized. It focuses on behavioral, social, and independent skills development, and addresses each child's medical and rehabilitative needs. School and residential staff work together to coordinate students' IEP goals so the learning doesn't stop at the end of the school day. The school accepts students age 5-22 and has a 1:2 staff-student ratio.

Oakwood School

7210 Braddock Rd

Annandale, VA 22003

Phone: 703-941-5788

Email: oakwood@oakwoodschoo.com

Website: www.oakwoodschoo.com

Oakwood School is a private, non-profit, co-educational day school for elementary and middle school students (Kindergarten through 8th grade) with mild to moderate learning differences. Students are of average to above average potential and exhibit a discrepancy between their potential and their current level of achievement. Some students may have been diagnosed with learning disabilities; some may also have attention difficulties; and others may have dyslexia, language or visual processing deficits, or difficulty with math.

PHILLIPS Education Programs

7010 Braddock Rd

Annandale, VA 22003

Phone: 703-941-8810

Fax: 703-658-2378

Website: <http://www.phillipsprograms.org/phillips-schools/>

Annandale School: <https://www.phillipsprograms.org/phillips-school-annandale>

Laurel School: <https://www.phillipsprograms.org/phillips-school-laurel>

Phillips School-Fairfax: <https://www.phillipsprograms.org/phillips-school-fairfax>

Building Futures Fairfax: <https://www.phillipsprograms.org/phillips-building-futures-fairfax>

Building Futures Loudoun: <https://www.phillipsprograms.org/phillips-building-futures-loudoun>

Growing Futures Laurel: <https://www.phillipsprograms.org/growingfutures>

Designing Futures Annandale & Fairfax: <https://www.phillipsprograms.org/3d-design-print>

The PHILLIPS Education Programs have programs located in Annandale, Laurel, Fairfax, and Loudoun. Phillips offers special education at non-public, non-profit day schools for students for whom public or other specialized schools were not successful. The programs provide students age 5-22 with academic programming, supportive services, and related services while learning building trades as part of their school day. Building Futures programs in Fairfax and Loudoun provides intensive vocational programming for students with disabilities. Growing Futures in Laurel is a farm to table model providing training in culinary arts, commercial kitchen, and training in indoor hydroponic vertical far growing. In the Designing Futures Programs in Annandale and Fairfax students learn to utilize 3D computer assisted design software.

Saint John Paul the Great Catholic High School

17700 Dominican Dr.

Dumfries, VA 22026

Phone: 703-445-0300

Email: info@jpthegreat.org

Website: <https://www.jpthegreat.org/apps/pages/optionsprogram>

Saint John Paul the Great Catholic High School has the JP Options Program. The program is an innovative, inclusive special education program for students with moderate intellectual or cognitive disabilities who cannot access the general curriculum. The Options Program provides the opportunity for students to grow socially, spiritually, and academically alongside their peers in a Catholic environment. The program focuses

on academic as well as vocational skills, with a highly individualized plan for each student. On graduation day, in lieu of a high school diploma, students receive a special Options Program certificate of completion.

Stetson School

Seven Hills Foundation

455 South Street

Barre, MA 01005

Phone: 978-355-4541 ext 4139

Email: koconnor@stetsonschool.org

Website: <https://www.sevenhills.org/programs/residential-program-at-stetson-school>

Stetson School is a nationally accredited, fully licensed, Chapter 766-approved Residential and Education Treatment Program for male youth and young adults, ages 9-22, with sexually problematic behaviors, complex developmental difficulties, chronic mental illness, and autism spectrum disorders, who have suffered from severe trauma. Recognized as a national leader in the treatment of sexually troubled behavior, Stetson School offers a continuum of supports and services to the high-risk population with a family-focused, individualized “culture of recovery.”

Three Rivers Treatment Center and Academy

231 Hickory Road

Kenbridge, VA 23944

Phone: 434-676-1378

Email: info@3rtc.com

Website: <https://www.3rtc.com/>

Three Rivers Treatment Center is a Family Driven and Youth Guided diagnostic and treatment service provider for youth ages 11 through 17 who require a structured therapeutic short-term residential treatment environment as part of their continuum of care. Each youth will receive a Comprehensive Educational Evaluation that is coordinated with the Family and community school. Treatment and educational goals are designed to complement each other and prepare the Youth to return successfully back to their Family and Community School. Educational professionals will coordinate educational services with the youth’s home school at the time of admission, during the treatment stay, and as part of the discharge process back to the community. Three Rivers Treatment Center partners with the local school district to ensure youths are provided with an educational program that meets standards established by the Virginia Department of Education and is following requirements established in the federal IDEA.

Timber Ridge School

Mailing Address

P.O. Box 3160

Winchester, VA 22604

Physical Address

1463 New Hope Road

Cross Junction, VA 22625
Phone: 540-888-3456
Email: info@trscool.org
Website: <http://www.timberidgeschool.org/>

Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them successfully with their families and communities. Timber Ridge School has enhanced residential services, community in-home services, substance abuse services, career and technical training, academic day school, and academic services.

Virginia Keys School

433 New Dominion Lane
Cumberland, VA 23040
Phone: 434-983-1776
Email: info@virginiakeys.org
Website: <http://www.virginiakeys.org/>

Virginia Keys is an academic and trade school where youth ages 14 through 22 may gain a high school diploma while learning a trade that will provide them with a living wage. Virginia Keys has a full-time academic day school, residential placement, or a weekly boarder program where the young adult returns home on the weekends. Virginia Keys offers three housing options: a group home, college dormitory style room, or individual “tiny homes” that are built by the students. Training is available in vocations such as carpentry, culinary arts, agriculture, welding, auto mechanics, roofing, use of heavy equipment, small engine repair, electrician, firefighter, and professional lawn care. Virginia Keys School is approved by Virginia Department of Social Services (DSS) as a licensed Residential Program and Independent Living Program suited for youth who may be aging out of the foster care system.

Youth for Tomorrow (YFT)

11835 Hazel Circle Dr.
Bristow, VA 20136
Phone: 703-425-9200
Private School Phone: 703-368-7995
Website: <http://youthfortomorrow.org/Private-School>
Day School Phone: 703-659-4068
Website: <http://youthfortomorrow.org/Day-School>

Youth For Tomorrow (YFT) provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. The YFT education program includes grades 7-12 for both residential and day school students. YFT's resident program has a structured vocational trainings in useful and appropriate skills, such as computer and other technological training, gardening, or cooking skills. Weekly vocational training is equally available to boys and girls during the school day or within the residential setting. The program focuses on the needs of children, adolescents and

young adults who require more individualized, comprehensive and emotionally supportive education than they can find in most public schools. Enrichment programs – including after-school tutoring, recreation, information technology, the arts, and clinical therapy– are offered on campus. YFT operates a full-time program, on the standard 10-month calendar aligned with Prince William County Public Schools (Virginia), providing a minimum of 6 1/2 hours of academic instruction daily. YFT has a rolling admissions process which permits a student to enroll at any time of the year

Online Educational Guides and Resources

AIM-VA Accessible Instructional Materials

Website: <https://aimva.org/>

Free program sponsored by the Virginia Department of Education. Free accessible materials to help K-12 students in Virginia with visual, physical, or learning disabilities.

Arlington Public Schools Special Education Family Resource and Information Guide

Website: <https://www.apsva.us/wp-content/uploads/2015/04/Family-Resource-Guide-FINAL-WEB-5.18.17.pdf>

This guide can assist parents to: become active members of their child's educational team, organize information about their child, work collaboratively with schools, access the variety of resources that are available for support, and make the best possible decisions on their child's behalf.

Center on Technology and Disability (CTD)

Website: <https://www.ctdinstitute.org/>

The Center on Technology and Disability provides a wealth of free resources including personal and professional development (PPD) webinars, articles, guides, and training materials related to assistive and instructional technology. The Center is designed to increase the capacity of families and providers to advocate for, acquire, and implement effective assistive and instructional technology practices, devices, and services.

Education Directory for Children With Special Needs

Website: https://apps.militaryonesource.mil/MOS/f?p=EFMP_DIRECTORY:HOME:

The Education Directory for Children With Special Needs provides military families with children with special needs the information they need to make informed assignment decisions and easier transitions. The directory consists of two components: School Age Directory (3-21) and Early Intervention (EI) directory. The directories have descriptions of education and EI systems and resources and links to other agencies.

Fairfax County Public Schools Directory of School Psychologists

Website: <https://www.fcps.edu/resources/student-safety-and-wellness/school-psychology-services>

This website lists the contact information for school psychologists at schools in Fairfax County. All services provided by the school psychologist are intended to enhance the academic and social emotional success of students.

Fairfax County Public Schools Directory of School Social Workers

Website: <https://www.fcps.edu/resources/student-safety-and-wellness/school-social-work-services>

This website lists the contact information for school social workers at schools in Fairfax County. School social workers help to prevent social, emotional, and behavioral factors from affecting a student's ability to perform at his or her best.

Fairfax County Public Schools Student Rights and Responsibilities A Guide for Families

Website: <https://www.fcps.edu/srr>

The Student Rights and Responsibilities document conveys the expectations for student behavior in schools so that all students can experience a positive learning environment.

Fairfax County Public Schools A Parent's Guide to Discipline Hearings

Website: <https://www.fcps.edu/hearings-office/guide>

This website provides the information that families need to know if their child has a referral to the division superintendent, expulsion, long-term suspension, reassignment, or exclusion hearing in Fairfax County Public Schools.

Fairfax County Public Schools Parent Resource Center Tutor List

Email for updated list: prc@fcps.edu

Website: <https://www.fcps.edu/resources/family-engagement/tutors-and-tutoring/parent-resource-center-tutor-list>

This website has information about tutors in Fairfax County. To receive the updated list, email the Parent Resource Center to request one.

Fairfax County Public Schools Special Education Procedures

Website: <https://www.fcps.edu/node/32532>

This website outlines how FCPS implements Virginia's public school special education regulations.

Guidance for Military Families with Students In Special Education

Website:

http://www.doe.virginia.gov/special_ed/parents/military_families_sped_guidance_.pdf

This document produced by the Virginia Department of Education (VDOE) and is designed to serve as a resource for military families and parents, as well as school divisions.

Inclusion Project Guide and Toolkit: A Youth Led Initiative

Website:

<https://partnership.vcu.edu/centerfordisabilityleadership/InclusionProject/index.html>

The Inclusion Project is a way to increase awareness so people can begin to become sensitive to people with disabilities. This website is a guide to help students plan Inclusion Projects at schools. The guide outlines the planning and implementation as

well as offers several example activities for elementary, middle, and high school students.

Individuals with Disabilities Education Act (IDEA)

Website: <https://sites.ed.gov/idea/>

The Individuals with Disabilities Education Act (IDEA) website brings together IDEA information and resources from the Department and grantees. The site has information and resources on infants, toddlers, children, and youth with disabilities.

Learning Disabilities Association of America

Website: <https://ldaamerica.org/>

This is a website for parents, educators, adults, and professionals to learn more about learning disabilities. The website explains what various disabilities are and give strategies to best assist individuals with these sorts of disabilities.

Learning Well Community

Website: <http://www.learningwellcommunity.com/>

Learning Well Community is an online support for parents who are homeschooling their children. Learning Well Community provides resources, support, e-courses, homeschooling organization ideas, and curriculum directory with reviews for parents.

Loudoun County Public Schools Parent Resource Services Tutoring Website: <https://www.lcps.org/Page/186523>

This webpage has a link to a downloadable list of names of LCPS employees who have interested in tutoring. There is also a link to employees who are specialized reading tutors.

The Office of Special Education Programs (OSEP)

Website: <https://osepideasthatwork.org/>

The Office of Special Education Programs (OSEP) website is designed to provide easy access to information from research to practice initiatives funded by OSEP that address the provisions of IDEA and ESSA. This website will include resources, links, and other important information relevant to OSEP's research to practice efforts.

Prince William County Public Schools Office of Special Education PRC Lending Library Bibliography

Website:

https://pwcs.ss9.sharpschool.com/UserFiles/Servers/Server_340140/File/Migration/DEPARTMENTS/Student%20Learning%20&%20Accountability/Special%20Education/PRC/Overview/PRC_biblio%20July%202015%281%29.pdf

This is a list of resources available through the Prince William County Public Schools Parent Resource Center lending library.

U.S. Department of Education Office of Special Education and Rehabilitative Services Tool Kit on Teaching and Assessing Students with Disabilities

Website: <https://osepideasthatwork.org/federal-resources-stakeholders/tool-kits/tool-kit-teaching-and-assessing-students-disabilities>

The Tool Kit brings together the most current and accurate information, including research briefs and resources designed to improve instruction, assessment, and accountability for students with disabilities in a format that is easy to access and to understand.

TTAC Online

Website: www.ttaonline.org

The TTAC Online (Training and Technical Assistance Center) website has links to resources with information related to the Virginia educational assessments, disabilities, state/national organizations, special education process, local disability services and special education contacts. Additionally individuals can access hundreds of resources and online trainings from the website. The TTAC Region 4 office supports Northern Virginia and is located at George Mason University.

Virginia Family Special Education Connection

Website: www.vafamilysped.org

The goal of this website is to provide a one-stop-shop for parents, families and caregivers of children with special needs to learn about and plan a child's educational program, understand legal rights and responsibilities, access local resources including school system contacts and disability services in communities, and to access an abundance of resources, including instructional strategies, assistive technology and behavioral supports to help children succeed. The Virginia Family Special Education Connection website is managed by the TTAC (Training and Technical Assistance Center) at George Mason University.

Virginia Department of Education Division of Instruction

Website: <http://www.doe.virginia.gov/instruction/index.shtml>

This website has links to information about standards of learning for specialized instruction. Some area of specialized needs include early childhood, special education, alternative education, charter schools, homebound services, and virtual learning.

Virginia Department of Education Division of Instruction Standards of Learning

Website: www.doe.virginia.gov/testing/sol/standards_docs/index.shtml

This website describes the commonwealth's expectations for student learning and achievement in grades K-12 in English, mathematics, science, history and social science, technology, the fine arts, foreign language, health and physical education, and driver education.

Virginia Department of Education Parent's Guide to Special Education

Website: www.doe.virginia.gov/special_ed/parents/parents_guide.pdf

This parent's guide was developed by the Virginia Department of Education (VDOE) to help parents understand their rights and responsibilities, their child's rights, and the school's responsibilities to meet the special needs of their child. This guide includes a description of the special education process and what is required of parents and the

school during each step of that process. Important timelines are highlighted in each section.

Virginia Special Education Advisory Committees

Website:

http://www.doe.virginia.gov/boe/committees_advisory/special_ed/local_sped_advisory_committees/index.shtml

Local special education advisory committees (SEACs) have a long history in Virginia. Every school division is required to have a SEAC as detailed in Regulations Governing Special Education Programs for Children with Disabilities in Virginia.

What is a 504 Plan

Website: <https://www.verywell.com/what-is-a-504-plan-3104706>

Explains what a 504 plan is and how it is different from an IEP.

WrightsLaw

Email: webmaster@wrightslaw.com

Website: www.wrightslaw.com

WrightsLaw provides extensive information and training about special education law including information about the Individuals with Disabilities Education Act (IDEA 2004), education law, and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter, and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

FAMILY SUPPORT SERVICES AND RESOURCES

Parent, Caregiver and Youth Support

Ability Unlimited

Affiliated with Moms in Motion and At Home Your Way

PO Box 4228

Surf City, NC 28445

Phone: 800-511-9471

Email: info@abilityunlimited.net

Website: <http://www.abilityunlimited.net/>

Ability Unlimited provides Assistive Technology to people with special needs in Virginia through Medicaid funding. Ability Unlimited helps navigate Medicaid and the Assistive Technology approval process, to give clients unlimited access to portable specialized medical equipment, supplies, devices, controls, and appliances. Staff is experienced and educated on the ins and outs of Medicaid. Ability Unlimited is a Virginia Medicaid Assistive Technology service provider. Services are state-wide and products are

delivered straight to individuals. Ability Unlimited provides vision, hearing, physical, learning, and communication devices.

Access Ministry

McLean Bible Church
8925 Leesburg Pike
Vienna, VA 22182
Phone: 703-639-2000
Fax: 703-639-5680
Website: www.mbctyson.org/access

Access Ministry is McLean Bible Church's ministry for individuals with disabilities and their families. Access Ministry serves the community by equipping people with disabilities and their families to become full participants and contributors in the church and their community. Jill's House is an integrated auxiliary of McLean Bible Church established for the purpose of providing care and support to children with special needs and their families through overnight respite and therapy programs without respect to race, gender, creed or religious preference. McLean Bible Church has several locations around Northern Virginia. There are two respite programs that support families who have children with disabilities. A Friday evening program for children with special needs and their siblings called Break Out and a Saturday respite care for children with special needs aged 2-25 who are living at home called Breakaway.

ALLY Advocacy Center

The Arc of Loudoun
601 Catactin Circle NE
Leesburg, VA 20176
Phone: 703-777-1939
Website: <https://thearcofloudoun.org/ally/ally-programs/>
Support Group Website: <https://thearcofloudoun.org/parent-support-group/>

ALLY Advocacy center provides free information on disability rights, guidance, support, events, and workshops for children with disabilities, their families, and the professionals who work with them. ALLY programs include programs like sensory sensitive movie and iCanBike camps for Children & Teens. Programs for Parents & Caregivers include IEP consults, future planning workshops, parent support group, and professional crisis management training and programs for Parents & Caregivers. Future Planning Workshops are the third Thursday of every months and Parent Support Group is the first Tuesday evening of every month from 5:30-6:30.

Alpha Moms

Northern Virginia
Robin Brady, Email list contact
Phone: 202-386-1552
Email: robin4brady@gmail.com

Alpha Moms is a support group for parents of adopted children and young adults. Alpha Moms meets monthly in McLean, VA. Via an email distribution list, information is sent out about meetings as well as support provided to the group.

America World Adoption

6723 Whittier Ave, Ste 202

McLean, VA 22101

Phone: 703-356-8447

Email: info@awaa.org

Email Support Group info: PostAdoption@awaa.org

Email Coaching Support info: ACT@awaa.org

Website: <http://awaa.org/act/support>

America World Adoption offers several post adoption support groups to help families with post adoption adjustment. There is a small fee for support groups. The names of some their groups are: Sensory Challenges After Adoption, Adult Adoptee, Post Adoption Blues Education, Where Am I From and Where Am I Going (chat group for tweens and teens), and Anchored in Hope. America World Adoption also offers Adoption Parent Coaching Support which pairs an experienced adoption professional with a family to participate together in weekly sessions aimed at working through behavioral struggles, post-adoption depression, and learning to connect with your child. Coaches partner with parents to provide parents with the skills and support they need to help their child heal.

The Arc of Greater Prince William

13505 Hillendale Dr

Woodbridge, VA 22193

Phone: 703-670-4800

Email: info@arcgpw.org

Website: www.arcgpw.org

The Arc of Greater Prince William is committed to promoting total community acceptance and awareness of individuals with developmental disabilities as contributing members of society. Among its programs are INSIGHT, Inc. the residential component of The Arc, which offers adults with intellectual and developmental disabilities opportunities for personal growth and independence in a variety of supported living situations. The Muriel Humphrey Developmental Child Care Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. The Arc also sponsors a Parents Night Out Program and hosts an annual Circle of Support Conference.

The Arc of Loudoun

601 Catocin Cir NE

Leesburg, VA 20176

Phone: 703-777-1939

Website: <https://thearcofloudoun.org/>

The Arc of Loudoun is a full-service non-profit organization with multiple programs and services that together provide an integrated and innovative environment for people with disabilities and their families. Programs and services enable children to grow into adulthood and move out into the world with skills and confidence. Programs include Open Door Learning Center, The Aurora School, ALLY Advocacy Center, Aurora Behavior Clinic, and Ability Fitness Center.

The Arc of Northern Virginia

2755 Hartland Rd, Ste 200

Falls Church, VA 22043

Phone: 703-208-1119

Email: info@thearcofnova.org

Website: www.TheArcofNoVa.org

The Arc of Northern Virginia works to educate legislators on issues and shape the policy that is important to people with intellectual and developmental disabilities and their families. The Arc of Northern Virginia offers programs and workshops for families and youth transitioning from school-aged services to adult community services, and information and referrals for families to navigate the disability service system. They also offer information and resources related to guardianship, special needs trusts, tech for independent living, and how to support a loved one with a developmental disability through their lifespan.

Barker Foundation

7979 Old Georgetown Rd, 1st Floor

Bethesda, MD 20814

Phone: 301-664-9664

Email: info@barkerfoundation.org

Website: <https://www.barkeradoptionfoundation.org/adoption-services/family-post-adoption-services#discussion>

The Barker Foundation offers post adoption support groups for adult adoptees, parents of adopted young adults, parents of adopted teens and parents who have adopted older children, and birth parents. They also offer educational workshops and homeland tours to Korea and Columbia

Beacon Tree Foundation

9201 Arboretum Pkwy, Ste 315

N. Chesterfield, VA 23236

Phone: 800-414-6427

Email: info@beacontree.org

Website: www.BeaconTree.org

Beacon Tree's Mission is to be advocate for families who have children up to age 21 struggling with mental illness by focusing on education, access to care and funding. The foundation provides funding to help families with the financial challenges of supporting a child with mental health issues. It accomplishes this through an annual scholarship, a

grant program to help families pay for residential treatment programs, and funding for initial psychological evaluations for youth and their families. Beacon Tree also provides access to important information, resources and advocacy.

Bethany Christian Services

Locations throughout the world.

Bethany in Fredericksburg

5610 Southpoint Centre Blvd, Ste 107

Fredericksburg, VA 22407

Phone: 540-373-5165

Website: <https://bethany.org/locations/us/virginia/fredericksburg>

Bethany Christian Services offers pregnancy support, infant adoption in the U.S., international adoption, and post adoption services. Post adoption services include support navigating open adoption relationships, searching for birth families, and consulting, coaching, and counseling. When challenges arise, Bethany can assess needs and provide recommendations for support and services. They also offer a specialized trauma-focused counseling program called ADOPTS where parents and children can begin to understand past traumatic events and learn how to thrive as a family. ADOPTS is available at select locations.

Braley & Thompson, Inc.

Offices located in Charlottesville, Hampton Roads, Christiansburg, Lynchburg, Richmond, Roanoke, and Woodbridge.

Woodbridge Office

4300 Ridgeway Center Dr

Woodbridge, VA 22192

Phone: 703-878-8216

Website: <https://braleyandthompson.com/parenting-classes/>

Braley & Thompson offers a series of parenting classes that are available for our prospective foster families, as well as adoptive families and the general public. These informative sessions cover a wide variety of topics related to assisting parents with providing a structured environment, as well as social, emotional, and educational supports to ensure that each child has the best opportunity to achieve ongoing success throughout his or her life. Basic five-hour courses and advanced ten-hour courses are available. Contact office.

Bridging Refugee Youth & Children's Services (BRYCS)

United States Conference of Catholic Bishops

3211 Fourth Street NE

Washington, DC 20017

Phone: 888-572-6500

Email: info@brycs.org

Website: <http://www.brycs.org/>

Bridging Refugee Youth & Children's Services (BRYCS) is a national technical assistance program working to broaden the scope of information and collaboration among service providers in order to strengthen services to refugee children, youth, and their families. BRYCS consultants provide technical assistance, contribute to blogs, webinars and the creation of new resources. In providing technical assistance and maintaining the nation's largest online collection of resources related to refugee and immigrant children and families, BRYCS facilitates information sharing and collaboration among a diverse group of service providers, including child welfare, schools, refugee resettlement agencies, and ethnic and community-based organizations.

Canine Companions for Independence

Regional Centers and locations located throughout the US.
National Headquarters & Northwest Regional Center
PO Box 446
Santa Rosa, CA 95402
Phone: 707-577-1700

Northeast Regional Center
286 Middle Island Rd
Medford, NY 11763
Phone: 631-561-0200
Website: <https://www.cci.org/>

Canine Companions for Independence is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnership. Canine Companions provides assistance dogs for adults, children, veterans, and professionals. Adults with disabilities are partnered with service or hearing dogs to increase independence; assistance dogs perform physical tasks for children with a range of disabilities to increase independence with support from an adult; wounded veterans and veterans with disabilities are matched with assistance dogs for greater independence; and assistance dogs are expertly trained and partnered with a working professional in a health care, visitation, criminal justice or education setting.

Celebrate Calm

Phone: 888-506-1871
Email: Casey@CelebrateCalm.com
Website: www.celebratecalm.com

Kirk Martin is an expert on strong-willed children and children with special needs. He offers very specific, practical strategies to stop the yelling, defiance, and power struggles that parents have with children. Celebrate Calm website has a blog, podcast, consultation services, lecture series for sale, and a listing of free educational events. There is also an ADHD University package that focuses specifically on practical, concrete steps that techniques that help children control their impulses, emotions, anxiety, and sensory issues.

Center for Family Involvement

Partnership for People with Disabilities

Virginia Commonwealth University

Box 843020

Richmond, VA 23284-3020

Phone: 877-567-1122

Website: www.centerforfamilyinvolvement.vcu.edu

The Center for Family Involvement is a program of the Partnership for People with Disabilities at VCU. The Center works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead independent lives. The Center sponsors The Family to Family (F2F) Network of Virginia which has six regional offices around the state. They also organize and host a Parent Summit for parents of transition-aged youth attending Virginia's I'm Determined Youth Summit.

CHADD of Northern Virginia and DC

Various locations in Northern Virginia

<http://www.meetup.com/novachadd/>

CHADD provides the means for members to exchange ideas about raising and educating children with attention deficit disorders by offering monthly meetings with guest speakers and a periodic newsletter. CHADD-Northern Virginia offers support groups across Northern Virginia, from Alexandria to Loudoun County. Several different support groups around Northern Virginia. Groups for parents and caregivers, adults and teens with ADHD and ADD.

The Childcare Network

4701 Market St, Ste D

Fredericksburg, VA 22408

Phone: 540-373-3275

Website: <https://thechildcarenetwork.org/>

The Childcare Network provides free referral services for parents and guidance on how to choose quality childcare. The Childcare Network also provide free technical assistance and consultation services to child care providers via telephone, email, on-site, or via online/printed resources. This service provides the child care practitioner with guidance, consultation, and resources on topics such as Child Care Regulations, Child Development, Quality Enhancement, Professional Development, Marketing, and lots more.

Cameron K. Gallagher Mental Health Resource Center

Virginia Treatment Center for Children

Children's Hospital of Richmond at VCU

Virginia Commonwealth University

Phone: 804-828-9897

Website: www.mentalhealth4kids.org

The Children's Mental Health Resource Center is an innovative resource for families of children with mental, emotional or behavioral health needs. Family navigators at the Mental Health Resource Center help providers and families understand the mental health options available for children and assist them in finding therapists, psychiatrists or other appropriate services. The model uses the valuable experiences of families who have navigated the mental health system, providing one-on-one support and referral assistance to families across Virginia. Health care providers can request services or families may call directly. All services are provided free of charge.

Child Abuse Prevention Services

Fairfax County Department of Family Services
12011 Government Center Parkway, Pennino Building

Fairfax, VA 22035

Phone: 703-324-7720

Email: DFSinfo@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/child-abuse-prevention>

Child abuse prevention services provides no-cost, community-based prevention and early intervention services to strengthen families, promote healthy family functioning and encourage families to become self-reliant. Healthy Families Fairfax is a home-based early intervention and prevention program offers pregnant or parents of newborns an opportunity to learn parenting skills and receive emotional support and case management services. Neighborhood Networks offers support and referral services link families who are facing significant challenges to community resources and provide them with opportunities to build leadership skills to become resources within their own neighborhoods. Parenting Education Program provides help parents and their children learn healthy, positive interactions and receive practical advice and guidance on living in harmony. The Volunteer and Partner Services Program builds volunteer capacity in the division, implements programs, and directs activities that promote positive relationships within the community.

Children's Regional Crisis Response (CR2)

National Counseling Group (NCG)

Information Line: 703-257-5997

24-Hour Emergency Response: 844-627-4747

24 Hour Emergency Respond: 703-257-5997

Website: <https://www.cr2crisis.com/>

Website: <https://family.arlingtonva.us/childrens-regional-crisis-response/>

CR2 provides 24-hour rapid response to all youth (17 and younger) facing a mental health and substance use crisis. Counselors provide phone screening and face-to-face assessment, intervention, and support. CR2 is provided at no cost to families. It is funded through both DBHDS grants and Medicaid. The counties of Arlington, Fairfax, Loudoun, Prince William, and the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

Chimes Virginia

3951 Pender Dr, Ste 120

Fairfax, VA 22030

Community Living Options: 703-267-2780

In-Home Support Services: 703-267-2770

Day Services: 703-267-2775

Website: <https://chimes.org/about/chimes-family/chimes-virginia/>

Chimes Virginia offers supported living options to enable individuals with intellectual and developmental disabilities to live in homes and communities of their choice throughout Northern Virginia. Traditional residential options include Agency-operated single-family homes for adults who may require 24-hour support. Supports can also be provided to both children and adults in their family home or their own home, depending on age and individual preferences. Support services can range from occasional respite care to ongoing drop in support to more comprehensive services. Day supports are provided in both our Fairfax County facility and in the community and emphasize enrichment activities, skill acquisition, and full community participation.

Choose To Thrive

Karen Chaudhry, LCSW

Fairfax, VA

Phone: 571-278-4678

Email: kconsultnow@gmail.com

Website: www.thriveandchange.wordpress.com

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens at Instep. Working with adoptive families and kinship families, Karen addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections. Karen specializes in the areas of anxiety, abuse, neglect, trauma, social skills, children with a history of foster care, adoptees, and those struggling with Autism Spectrum Disorder, and ADHD.

Community Counseling Program

Marine Corps Community Services

Marine and Family Programs

Main Side Office

Little Hall, Lower Level

2034 Barnett Ave

Quantico, VA

Phone: 703-784-3523

West Side Office

Cox Hall, Camp Barrett

24009 Montezuma Ave

Quantico, VA

Phone: 703-432-6442

24 Hour Victim Advocacy Helpline: 703-350-1688

Website: <http://www.quantico.usmc-mccs.org/index.cfm/marine-family/behavioral-health-program/community-counseling-program-ccp/>

The Community Counseling Center utilizes a holistic approach to assist people with overcoming some of life's most difficult challenges. Clinicians are independently licensed and credentialed professionals who provide solutions designed to meet specific needs in the following areas: Marital Issues, Parent/Child Relationship, Family Issues, Communication, Anger Management, School/Work Issues, Reintegration, Adjustment Issues, and Grief and Loss. Services are located on Marine Corps Base Quantico.

Cornerstones, Inc.

11150 Sunset Hills Rd, Ste 210

Reston, VA 20190

Phone: 571-323-9555

Website: www.cornerstonesva.org

Cornerstones promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. It offers a variety of programs including food, financial and urgent assistance, as well as tutoring and homework assistance, emergency shelters, housing counseling, and family support services as part of its Healthy Families Fairfax program to prevent child abuse and neglect.

ECHO—Ecumenical Community Helping Others

7205 Old Keene Mill Road

Springfield, VA 22150

Phone: 703-569-9160

Email: admin@echo-inc.org

Website: <https://www.echo-inc.org/>

Youth Volunteer Program Page: <https://www.echo-inc.org/volunteer/how-to-volunteer>

ECHO distributes donated clothing, school supplies and household items; offer food and financial assistance in emergencies; counselors provide emotional support and referrals for other services; and have large holiday food basket and gift programs. ECHO has opportunities for young people who are between 13 and 18 to volunteer on Wednesday evenings during the school year. The program is very popular and signing up in advance is a MUST! A teen may register for a single session or multiple sessions through monthly sign-ups.

Ethiopian Community Development Council (ECDC)

901 South Highland Street

Arlington, VA 22204

Phone: 703-685-0510

Email: info@ecdCUS.org

Website: <http://www.ecdCUS.org/>

The Ethiopian Community Development Council is one of nine national agencies authorized by the Department of State to resettle refugees in the U.S. The Matching Grant Program helps newcomers gain employment and provides clients extra financial assistance before achieving self-sufficiency. The Preferred Communities Program provides additional services to client populations that find themselves in the most need for up to one year. The Refugee Health Education and Outreach (RHEO) Program provides assistance with medical care and access to community health services beyond initial screenings. The RSS Program provides employment services and workshops to clients such as writing resumes and cover letters. The program does not provide cash assistance but allows enrollment in other programs such as TANF.

Even Start Family Literacy Program

Arlington Public Schools
Barcroft Elementary School
625 Wakefield St
Arlington, VA 22204
Phone: 703-228-8846
Website: <https://www.apsva.us/even-start/>

Even Start is a free family literacy program for Arlington residents who have children under the age of 10. The goal of the program is to empower parents who are new to the country to help their children be academically successful. English classes are held 5 mornings a week. Parents also learn about literacy development, the US education system, Arlington Public School programs, and community resources. Children between the ages of 1 and 4 may participate in early childhood education classes on site while their parents study. Classes are held daily from 9 am to 12 pm. Breakfast and lunch are provided daily.

Fairfax County Public Schools Return to Learn

8115 Gatehouse Road
Falls Church, VA 22042
Website: <https://www.fcps.edu/resources/student-safety-and-wellness/school-psychology-services/return-learn>
Contact individual schools for services. <https://www.fcps.edu/schools-centers>

Return to Learn programs provides information on the support available to students returning to school following an extended absence. Whether returning following a chronic illness, short-term illness, mental health challenge, concussion, childbirth, or other medical condition, parents and educators work together to ensure the student's successful return to school. School-based professionals, consisting of school counselors, school psychologists, and school social workers, are available to support the transition process as children return to their learning environment. These professionals will work with families and other members of the school team to develop a plan for their child's return to school.

Family Insight, P.C.

Locations in Lynchburg, Chesterfield, Danville, Hampton/Newport News, Lynchburg, Manassas, Richmond, Roanoke, Virginia Beach, and Winchester.

Winchester Location
312 S. Cameron St
Winchester, VA 22601
Phone: 540-486-4653

Manassas Location
7730 Donegan Dr
Manassas, VA 20109
Phone: 571-208-0592
Email: peter.doyle@familyinsight.net
Website: <https://familyinsight.net/>

Family Insight offers a parent/family support service designed to provide parents and caregivers with the concepts and techniques needed to successfully stabilize the family. Family support identifies and manages inappropriate behaviors and conduct exhibited by children in the home, school, and community spheres through developing effective parenting, behavioral, social and other coping skills. Parent support services help parents develop the skills to establish daily routines, a schedule, a budget, attending/maintaining community appointments, and advocating for their family. Providers observe, model and implement rules, teach the family how to interact positively and provide conflict resolution.

Family to Family (F2F) Network of Virginia

Center for Family Involvement
Partnership for People with Disabilities
Virginia Commonwealth University
Box 843020
Richmond, VA 23284-3020
Phone: 877-567-1122
Website: <https://centerforfamilyinvolvement.vcu.edu/family-to-family-network/>

The F2F Network of Virginia, is where family members of culturally and linguistically diverse children and young adults with disabilities can obtain needed information, services and community supports. There are regional offices and can provide Family Navigators to help parents get the needed services for their children. Family Navigators are parents or primary caregivers of a child with disabilities or special health care needs who have been trained to support other families. Family navigators provide one-to-one peer support and are knowledgeable about local and state resources.

Foster and Adoptive Families Support Group

Cherrydale Baptist Church
3910 Lorcom Lane
Arlington, VA 22207
Phone: 703-525-8210
Email: fostercare@cherrydale.org

Website: <https://www.cherrydale.org/serve/dc-metro-community/orphan-and-foster-care/foster-adoptive-families-support/>

The Foster and Adoptive Family Support Group is an outreach of Cherrydale's Orphan and Foster Care ministry. Practical, emotional, spiritual, and educational support is provided to existing and considering adoptive and foster families at Cherrydale and in the surrounding Northern Virginia community. The group meets on the 3rd Sunday of each month from 11:00–12:15 pm. Meetings are held in Room 117 while children participate in their Sunday classes. Families meet to share stories, successes, and challenges and pray for each other and provide encouragement. Anyone who is currently an adoptive or foster family or those who are considering adoption or fostering are welcome.

Gil Institute for Trauma Recovery and Education, LLC

8626 Lee Highway, Ste 200

Fairfax, VA 22031

Phone: 703-560-2600

Email: contactus@gilinstitute.com

Website: www.gilinstitute.com

Gil Institute offers an Adoption and Foster parent Support and Education group. Adoptive and foster parents can benefit from being a part of a community of peers where they can talk about similar experiences and learn from one another. Adoption and foster parent support and education groups can provide this helpful community of shared experiences. The group leader(s) will provide psychoeducation on attachment theory in addition to practical application of tools to promote and enhance attachment between children/adolescents and their parent(s) or caretaker(s).

Hartwood Foundation, Inc.

3702 Pender Dr, Ste 410

Fairfax, VA 22030

Phone: 703-273-0939

Email: info@hartwood.server283.com

Website: www.hartwoodfoundation.com

The Hartwood Foundation offers a variety of community-based supports for families including group home services and supports, supported residential services, emergency respite services, traditional group home-based respite services, in-home support services, drop-in support services, and respite subsidy program. With the exception of in-home support and respite subsidy program, all programs are for adults. With funding through the Virginia Intellectual Disability Waivered Services Program in-home support services can be provided for children in the family home on a limited basis. With funding through the Fairfax-Falls Church Community Services Board, families may be eligible to receive cash subsidies to assist with the costs of hiring specially skilled "sitters/companions" to care for a child with intellectual disabilities during short absences of caregivers. Fees are charged based on the ability to pay and pursuant to contractual agreements with Community Services Boards.

Heads Up & Talk It Out

Merrifield Center

8221 Willow Oaks Corporate Drive, Room 3-332

Fairfax, VA 22031

Peer Resource Center Phone: 703-559-3100

Email: Robyn.OlivoGonideaux@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/community-services-board/recovery/heads-up-talk-it-out>

“Heads Up” and “Talk It Out” are weekly concurrent groups for teens between the ages of 14-17 who are working through emotional, mental health or substance use challenges, and their parents. These groups will feature guest speakers and participants are welcome to drop in any time, weekly attendance is not required. At the Heads Up group, teens will learn about successful, sustainable recovery and resilience; how to develop strategies and tools to manage stress; and how to bend but not break when anxieties arise. Attendees will have opportunities to engage with each other, enjoy leisure activities and outings, and snacks. At the concurrent “Talk It Out” session, parents will discuss ideas on how to help their teen live their healthiest, fullest lives in the aftermath of trauma or through times of emotional distress. Guest speakers will offer parents ideas on how to discuss tough issues and offer tips on how to break communications barriers with their teen. Groups are held each Thursday from 6 to 7:30 p.m. at the Merrifield Center in Room 3-332.

Healthy Minds Fairfax

12011 Government Center Parkway, Pennino Building

Fairfax, VA 22035

Phone: 703-324-7938

Email: DFSHealthyMinds@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/healthymindsfairfax/>

Healthy Minds Fairfax's goal is to improve access to mental health and substance abuse services for children, youth and families, and improve the quality of those services, through coordinating a continuum of services across multiple County agencies, the school system and a network of private providers. The website has information on how to connect to services and supports, types of services and supports, information for youth and families and information for service providers.

Hope Family Village

PO Box 982

Williamsburg, VA 23187

Phone: 804-829-0881

Website: <http://hopefamilyvillage.org/>

Hope Family Village is a community in the planning stages that will offer community-based care for people who face mental health conditions and provide a loving and supportive community for caregivers. The community will be located in Williamsburg,

VA. The initial community plan is to develop an inclusive village, where 25 caregiving families and their loved ones who endure serious mental illness, live on 25 acres. Hope Family Village will have a center, a Common House, to congregate, meet, cook and share meals, recreate, otherwise care and support one another. Three housing options are currently under consideration: A family home for 4-5 unrelated adults in recovery, each with their own bedroom and shared living, kitchen, and bathroom areas; 2-3 bedroom single family homes and 3 bedroom single family townhomes. Virginia Senate Floor approved a state owned property to be set aside for Hope Family Village in February 2018. Expected groundbreaking is May 2020 with the first family homes expected to be ready for occupancy in February 2021. The first Williamsburg Fairweather Lodge opened in July 2019 (the first lodge in Virginia).

Improving Outcomes

101 Rowell Ct.

Falls Church VA 22046

Phone: 703-533-1996

Email: info@improvingoutcomes.com

Social Skills Website: <http://www.improvingoutcomes.com/services/social-skills/>

Social CONNECT Parent Group Website:

<http://www.improvingoutcomes.com/connect-parent-group/>

Improving Outcomes uses attachment-based interventions. They offer social skills groups for youth and CONNECT Parent Group. Evidence-based clinical approaches include ARC framework, Positive Behavior Support, Collaborative Helping, Trauma focused cognitive behavioral therapy, and incredible years.

Incl(US)ion Consultants

100 North Washington Street, Ste 238

Falls Church, VA 22046

Website: <http://www.inclusionconsultants.com/>

The Inclusion Consultants help families secure the right services and supports, connect families to people they can trust, and help families solve problems with disability services that seem hard to solve. The Inclusion Consultant team are counselors, coaches and consultants with lived experience who help families gain control over their lives and help communities open doors to welcome people with differences.

Infant & Toddler Connection of Virginia

Virginia Department of Behavioral Health and Developmental Services

1220 Bank St, 9th Floor

P.O. Box 1797

Richmond, VA 23219-1797

Phone: 804-786-3710

Website: www.infantva.org

The Infant and Toddler Connection of Virginia provides early intervention supports and services to infants and toddlers from birth through age two who are not developing as

expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. In addition, supports and services focus on helping parents and other caregivers know how to find ways to help the child learn during everyday activities. These supports and services are available for all eligible children and their families regardless of the family's ability to pay.

INMED Family and Youth Opportunity Center

21630 Ridgetop Circle, Ste 130

Sterling, VA 20166

Phone: 703-729-4951

Website: <https://opportunitycenter.us/>

The INMED Family and Youth Opportunity Center has community based programs for both adults and youth. They sponsor the Healthy Families Loudoun County early intervention program, parent education and support groups, and a workforce development program for adults. For youth they offer summer camps, after school programs, and a Saturday STEAM Club. The parent education programs are offered twice a month on Fridays free of charge and focus on creating healthy, stable homes. The workforce Development Program has a job fair every spring and offers classes on ESL and how to generate supplemental income. The youth programs focus on improving academic achievement and self esteem.

Inova Kellar Center Therapy and Support Groups

Inova Kellar Center-Fairfax

11204 Waples Mill Road

Fairfax, VA 22030

Website: <https://www.inova.org/healthcare-services/inova-kellar-center/therapy-support-groups>

Intake Phone: 703-218-8500

Inova Kellar Center offers a number of groups for children and adolescents including social skills groups and a Dialectical Behavior Therapy (DBT) Group. Screening intake must be completed prior to start to determine suitability for specific groups.

In Step

8500 Executive Park Ave, Ste 204

Fairfax, VA 22031

Phone: 703-876-8480

Website: www.insteppc.com

In Step provides a comprehensive range of mental health programs to the Northern Virginia community. Services include a wide range of group therapy options, psycho-educational evaluations, as well as individual and family therapy. In Step specializes in Parent Support and the Stepping Stones program, a structured, step-by-step approach for both parents and children, using specific cognitive-behavioral techniques to help children learn the skills needed to make and maintain friends.

The Jason Foundation

JFI at Dominion Hospital

2960 Sleepy Hollow Road

Falls Church, VA 22044

Phone: 703-536-2000

Toll free: 888-881-2323

Email: contact@jasonfoundation.com

Website: <http://jasonfoundation.com>

Curriculum Website: <http://jasonfoundationmaterials.com/home.asp>

Website: <https://dominionhospital.com/service/suicide-prevention-jason-foundation>

The Jason Foundation is a resource and help site for those at-risk of suicide or those who know someone at risk. It provides information for teachers, parents and youth for awareness and prevention of youth suicide. They have a curriculum unit for students and informational seminars for teachers and parents. The programs provide resources to accomplish this goal. The materials are easy to use and are intended to provide educational information.

The Jo Ann & Carl McNair Community Child Development Center

Easterseals

300 Hunton Ave

Falls Church, VA 22046

Phone: 703-534-5353

Email: fallschurchcdc@eseal.org

Website: <http://www.easterseals.com/DCMDVA/our-programs/childrens-services/child-development-center-of.html>

The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children's services, Autism (ASD) Services, Camping and Recreation, Military and Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

Joe Cabush & Associates

3911 Old Lee Hwy, Ste 42-B

Fairfax, VA 22030

Phone: 703-691-0036

Email: joecabush@gmail.com

Website: <http://cabush.com/>

Joe Cabush & Associates is a group of therapists who provide individual, group, and family counseling to children, adolescents, and their families. They offer several groups

for young people including friendship group, LGBTQ groups sports injury group, college age group, and parent support group. Joe Cabush & Associates also offer professional guidance to parents, students, physicians, and educators, on topics of wellness, life skills, human sexuality, and behavioral health issues.

The Josh Anderson Foundation

1300 Carpers Farm Way

Vienna, VA 22182

Website: <https://joshandersonfoundation.org/>

The Josh Anderson Foundation provides teenagers with the mental health education, resources, and support and focuses on suicide prevention and awareness. Josh Anderson Foundation developed Our Minds Matter, a student-led movement designed to change the school culture around mental health. Through group activities and school-wide promotion, Our Minds Matter will increase help-seeking behavior, promote social connectedness, and encourage self-care and healthy habits. The website has links to online resources for mental wellness.

Kellar Institute for Human disAbilities (KIHD) Kellar Library

George Mason University

4400 University Dr, MS 1F2

Fairfax, VA 22030

Phone: 703-993-3672

Website: www.kihd.gmu.edu

Library Website: <https://kellarlibrary.gmu.edu/>

KIHD seeks to improve the lives and productivity of persons with disabilities. It combines the resources of George Mason University with local, state, regional, national, public, and private sector agencies and organizations to develop products, services, and programs for persons with disabilities. The Kellar Library is a collaborative effort between the KIHD, the Virginia Department of Education's Training and Technical Assistance Centers (TTAC), and George Mason University. The library collection consists of almost 4,000 items including books, software, videos, assessment materials, assistive technology devices, journals, kits, textbooks, and reference materials covering disabilities and special education-related topics.

Kinship Café

Fairfax County Department of Family Services

Kinship Family Institute (KFI)

Mott Community Center

12111 Braddock Road

Fairfax, VA 22030

Phone: 703-246-4653

Email: KFI@FairfaxCounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute>

Kinship Café is a dinner and discussion group where kinship caregivers can share a meal and conversation about the experiences, joys, and challenges of raising children for relatives or friends. A free dinner will be provided for the entire family. There are separate activities and games for children of all ages. Please register online or call at least one week in advance. Kinship Café is usually from 6-8 pm on Wednesday evenings while school is in session. Check the website for upcoming dates.

Kinship Care Support Group

Fairfax County Department of Family Services
Fairfax County Public Schools, Instructional Services Department
South County Center
8350 Richmond Highway, Room 220
Alexandria, VA 22308
Child Care Phone (Mary Hagar): 703-324-7716
Registration Line: 703-246-4653
Email: KFI@FairfaxCounty.gov
Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute/support-group>

Grandparents, aunts, uncle and other relatives who are raising children are invited to the county's support group, Thursdays from 6:30 p.m.-8 p.m. Find out about community resources you may not have known exist. Talk with others who understand how difficult and joyful this responsibility can be. Need to bring kids? Child care may be available--call Mary Hager to confirm childcare. This support group is for residents of Fairfax County or the cities of Fairfax and Falls Church. Please call ahead to register at the kinship registration line. Please indicate whether you need reasonable ADA accommodations. Check website for future dates for support groups.

Kinship Family Institute (KFI)

Fairfax County Department of Family Services
Pennino Building
12011 Government Center Parkway
Fairfax, VA 22035
KFI Helpline: 703-246-4KIN (4546)
Email: KFI@FairfaxCounty.gov
Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute>

The Kinship Family Institute (KFI) assists kinship families who need a connection to services, such as child care, education, health care, and financial help, and are seeking support from professionals or peers. The KFI also provides seminars, trainings, and workshops focused on kinship families' needs, as well as support groups for these families. Trainings vary, from strengthening caregivers' parenting skills and communication skills to relationship building, conflict resolution, self-care, and managing stress. The KFI offers a helpline for kinship caregivers and social service providers in the community. A caregiver who calls can talk to a kinship navigator to

receive connections to services and resources and feel supported about their kinship situations.

Loudoun County Family Connections

45201 Research Place, Ste 110

Ashburn, VA 20147

Phone: 571-258-3071

Email: familyconnections@loudoun.gov

Website: <https://www.loudoun.gov/998/Family-Connections-Program>

Family Connections is program aimed at helping families who have teens who are struggling drug and alcohol abuse, failing grades, running away, severe disrespect, suicidal thoughts, truancy, or violence. A one time program fee of \$60 pays for individual family counseling, if desired; a seven-week Managing Your Difficult Teen program; and voluntary participation in the Alumni Group to provide ongoing peer support for parents and teens. The program begins with parents and teens participating in a seven-week, multi-family group called Managing Your Difficult Teen. The group is a step-by-step roadmap that will help parents establish authority and reclaim love. Concrete strategies that have proven results are taught by professional counselors and volunteers. The success of the program is due in part to the parent and teen volunteers who can offer support from their own experiences.

Lutheran Family Services of Virginia

Offices in Richmond, Newport News, Winchester, Lynchburg, Bedford, Charlottesville, Danville, Manassas, and South Hill.

Northern Shenandoah Valley Region Office

Carol E. Henderson, LCSW

629 Cedar Creek Grade, Ste C2

Winchester, VA 22601

Phone: 540-450-2782

Email: info@lfsva.org

Carol's Email: cellinger@lfsva.org

Website: <https://lfsva.org/counselingservices/>

Lutheran Family Services of Virginia (LFSV) provide an array of community based services and supported employment for individuals with intellectual and developmental disabilities, and help students with behavioral challenges. In the Winchester area LFSV offers outpatient mental health services, including diagnostic assessment and treatment, by adoption-competent clinicians who have received nationally recognized, rigorous training to work with the unique needs of families who have adopted. Carol Henderson provides therapy in the Winchester Office and specializes in outpatient therapy services specializing in behavior modification, high functioning autism, threat risk assessment, and parenting coordination for restructured families. LFSV accepts several major insurances and self-pay. They also offer sliding-scale fee arrangements.

Military OneSource

Phone: 800-342-9647

En Español: 800-342-9647

Benefits Website: <https://www.militaryonesource.mil/benefits-and-resources>

Special Needs Website: <http://www.militaryonesource.mil/efmp>

Military OneSource connects you to programs, services and products developed to help you navigate military life. The OneSource line is available 24 hours a day, seven days a week, 365 days a year, from anywhere in the world. Confidential non-medical counseling provides service members and their loved ones with resources and support to address a variety of issues, reduce stress, improve emotional well-being and build important skills to tackle life's challenges. The website also has links to information related to Military Life Cycle, Family & Relationships, Moving & Housing, Financial & Legal, Education & Employment, Health & Wellness, and Recreation, Travel & Shopping.

Moms In Motion, LLC

P.O. Box 609

Front Royal, VA 22630

Phone: 844-828-5591

Email: info@MomsInMotion.Net

Website: www.MomsInMotion.Net

Moms in Motion is a consumer directed VA Medicaid waiver service facilitation for the CCC Plus (formerly ECDC Waiver), ID, and DD Waivers. The website has descriptions of the different types of waivers available in Virginia and what the criteria are to qualify for the waivers. The website also has a survey to help individuals interested in applying for the ECDC Waiver to determine if they would likely meet the functional needs and medical nursing needs criteria.

NAMI Northern Virginia

NAMI National Alliance on Mental Illness

P.O. Box 8693

Reston, VA 20195

Helpline: 571-458-7310

Email: info@nami-nova.org

Website: <http://www.nami-northernvirginia.org/>

Calendar: <http://www.nami-northernvirginia.org/calendar.html>

Peer Groups: <http://www.nami-northernvirginia.org/individuals-peers.html>

Family Groups: <http://www.nami-northernvirginia.org/families-and-friends.html>

Family Support Partner Services: <http://www.nami-northernvirginia.org/parent-peer-support.html>

NAMI Northern Virginia is an association of volunteers who provide peer support and education to people with mental illnesses and their families. NAMI-Northern Virginia advocates to the community, and public officials, to ensure that people with mental illnesses are afforded the opportunity to live, work, learn and participate fully in their communities. NAMI-Northern Virginia offers many free trainings, peer and parent education classes, and support groups in the Northern Virginia area. NAMI Northern

Virginia also provides peer support and family support partners at no cost for families that are learning to cope with mental health issues.

NAMI Prince William

NAMI National Alliance on Mental Illness

P.O. Box 1423

Woodbridge, VA 22195

Helpline: 703-659-9983

Email: info@nami-pw.org

Website: <https://nami-pw.org/>

Calendar: <https://nami-pw.org/calendar/>

Peer Groups: <https://nami-pw.org/meetings-schedules/peer-groups/>

Family Groups: <https://nami-pw.org/meetings-schedules/family-groups/>

NAMI Prince William supports, educates, and advocates for people with mental illness and their families at the county, state and national levels for non-discriminatory access to quality healthcare, housing, education and employment for people with mental illness. NAMI Prince William offers peer and family support groups, speakers, education classes, and local events. The educational programs include the Family to Family Program, Peer to Peer Program, NAMI Basics, and Mental Health First Aid. The programs and trainings are free.

NAMI Virginia

NAMI National Alliance on Mental Illness

1910 Byrd Ave, Ste 202

Richmond, VA 23230

Crisis Line: 1-888-486-8264

Phone: 804-285-8264

National Information Helpline: 800-950-NAMI (6264)

Website: <http://namivirginia.org/>

Family Support: <https://namivirginia.org/programs/for-parents-of-children-and-youth-virginia-family-network/>

Peer Support: <https://namivirginia.org/programs/youth-young-adults-youth-move-virginia/>

Veterans Support: <https://namivirginia.org/programs/veterans/for-veterans/>

NAMI Virginia serves to promote recovery and improve the quality of life of Virginians with serious mental illness through support, education, and advocacy. NAMI Virginia provides technical support to local affiliates, operate a HelpLine, organize annual events to bring together advocates (Family and Youth Summit), members, and other stakeholders for educational opportunities, training, capacity-building, networking, and sharing strength and energy. Programs include education and support for parents through the Virginia Family Network and youth and young adults through Youth MOVE Virginia.

National Federation of Families for Children's Mental Health (NFFCMH)

15800 Crabbs Branch Way, Ste 300
Rockville MD 20850
Phone: 240-403-1901
Email: ffcmh@ffcmh.org
Website: www.ffcmh.org

The National Federation of Families for Children's Mental Health (NFFCMH) is a national family-run organization that provides advocacy, leadership and technical assistance to family run organizations. NFFCMH provides the only National Certification for Parent Family Peers. NFFCMH is responsible for providing oversight to the development and administration of a credible CPSP certification and the credential meets high standards of ethical and professional practice for parent support services and the proficiency and competency of parent support providers.

National Stepfamily Resource Center

Arlington County Support Group
Miriam Gennari
Arlington, VA 22202
Phone: 703-549-1422
Email: pmgennari@comcast.net
Website: <http://www.stepfamilies.info/>
Support Groups Website: <http://www.stepfamilies.info/support-groups.php>

The National Stepfamily Resource Center provides online training, information about health communication in stepfamilies, finding a therapist, and local therapy groups for those who are in a stepfamily relationship. Local chapters essential support and education to co-parents. Active support groups do this via regular meetings where stepfamily members discuss problems and successes, and find that they're not alone. Support groups usually offer organized discussion groups, speakers, an 8-step program for successful stepfamily living, and other education and support opportunities. The website offers links to resources.

NewFound Families

P.O. Box 85
Ashland, VA 23005
Warm Line peer support: 888-236-7837
Email: info@newfoundva.org
Website: www.newfoundva.org
Webinar Archive: <https://newfoundva.org/newfound-resources/webinars>
Facebook Support Group: <https://www.facebook.com/groups/FACESsupport/>

NewFound Families is the Virginia adoptive, foster, and kinship family association. NewFound Families serves all of Virginia's adoptive, foster, and kinship families by offering peer support and connecting families with the resources families need to be stable, nurtured, and healthy. NewFound Families has Facebook parent support chats; warm line peer support, resource and referral assistance; family support leadership training, family-based respite camps, couples retreats, sibling retreats, training

opportunities; and a Gathering Place for parents in Ashland, VA. There is also free training and information available on a Webinar Archive on the website.

New Path

The Arc of Virginia

2147 Staples Mill Rd

Richmond, VA 23230

Phone: 804-649-8481

Email: newpath@thearcofva.org

Website:

https://www.thearcofva.org/index.php?option=com_content&view=article&id=38:new-path&catid=20:site-content&Itemid=128

New Path is a program of The Arc of Virginia that provides training, support, connection, and guidance for families who have children involved in early intervention services. New Path provide peer support pairing individuals throughout Virginia with another parent that has been through a similar situation with a child that has a similar diagnosis. New Path also provides families with knowledge and guidance to help them utilize all of the supports available to them so that families can make the most of the early intervention experience.

North American Council on Adoptable Children (NACAC)

970 Raymond Ave, Ste 106

St. Paul, MN 55114

Phone: 651-644-3036

Email: info@nacac.org

Website: www.nacac.org

National Conference: <https://www.nacac.org/get-training/conference/>

Young Adult Leadership Training: <https://www.nacac.org/help/be-a-youth-advocate/leadership-training-application/>

NACAC is committed to meeting the needs of waiting children and the families who adopt them, through advocacy, education, adoption support, and leadership development. NACAC supports parent groups and other community leaders; hosts a comprehensive adoption training conference; conducts training sessions and workshops on adoption subsidy, child welfare reform, and transracial adoption; offers leadership training to adoptive, foster, and kinship parents; creates and disseminates publications that provide resources, information, and support to adoptive families and prospective adopters. NACAC also provides phone consultation and materials to address parents' questions about adoption subsidies for children with special needs NACAC has volunteers in Virginia to assist adoptive families in finding needed resources. They also host an annual conference and young adult leadership and advocacy training.

Parent CHILD Journey

Dan Shapiro, MD

11705 Magruder Lane

Rockville, MD 20852-4367

Phone: 301-881-6855

Email: drdan@parentchildjourney.com

Website: <http://www.parentchildjourney.com/>

Journey Website: <http://www.parentchildjourney.com/journey/>

Excursions Website: <http://www.parentchildjourney.com/excursions/>

Dr. Shapiro has developed the Parent Child Journey and Excursions Programs. In interactive group workshops, participants are introduced to a variety of behavioral strategies. The Journey program is designed to help parents identify the source of their child's challenging behavior and learn what they can do about it. The Excursions program focuses on special topics that cover some of the most common and difficult issues facing parents today. Each course helps parents learn how to individualize their approach to difficult behaviors, problem situations and developmental concerns. At the same time, parents share experiences and support each other.

Parenting Education Programs

Fairfax County Department of Family Services

12011 Government Center Parkway, Pennino Building

Fairfax, VA 22035

Phone: 703-324-7691

Email: parentingeducation@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

The Department of Family Services offers free parenting education classes to anyone who is interested. The classes teach positive and effective ways parents can interact with their children at every age and stage of development. They help families understand what to expect from children at different developmental stages and ages (0-18 years); build strong, positive, respectful relationships between all family members; take charge of their own feelings and behaviors, and communicate in non-threatening ways; handle stress and anger better, and find alternatives for yelling and spanking. Families enrolled in the programs can relax knowing that each class includes child care and an evening meal for all participants. Classes are offered with African-American Cultural Focus, 0-4 Age Range, 5-11 Age Range, and 12-18 Age Range, and Father Engagement Program.

Parent Support Group

Fairfax County Juvenile and Domestic Relations Courthouse

Juvenile Intake, Room 104

4110 Chain Bridges Road

Fairfax, VA 22030

Phone: 703-246-2495

Website: <https://www.fairfaxcounty.gov/juveniledomesticrelations/juvenile-intake/parent-support-group>

This support groups is for parents of teenagers who are running away, truant, abusing alcohol or drugs, or out of control at home, at school, or in the community. It is a walk-in group, no registration necessary, for parents & custodians of adolescents (court

involved or not) seeking help finding information, gaining insight, or regaining control of their child. Meetings are every Tuesday at 7pm. Call at least 24 hours before the group session and an interpreter can be provided. If FCPS closes or cancels evening activities due to inclement weather, the Parent Support Group will not be held.

Partnership for Drug-Free Kids

352 Park Avenue South, 9th floor

New York, NY 10010

Phone: 212-922-1560

Support Line: 1-855-378-4373

Text Message: 55753

Live chat: <https://drugfree.org/article/get-one-on-one-help/#gethelp2>

Email: support@helpandhope.drugfree.org

Website: <https://drugfree.org/>

Partnership for Drug-Free Kids is a nonprofit that supports families struggling their son or daughter's substance use. The website offers several downloadable resource guide to help parents learn about drug abuse and how to talk to their children about drug use. There is a support line, live chat, email, and text message line where parents can get confidential one-on-one support for their family by talking with a trained and caring specialist who will listen and help develop a personalized action plan.

Project Lifesaver

Fairfax County Sheriff's Office

10520-B Judicial Drive

Fairfax, VA 22030

Phone: 703-246-2805

Email: shf-projectlifesaver@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/sheriff/community-project-lifesaver>

Project Lifesaver assists families and caregivers of individuals with autism spectrum disorders, Down syndrome, Alzheimer's disease and related conditions and disabilities. Project Lifesaver clients wear a wrist or ankle band that emits a silent tracking signal. When caregivers notify the Sheriff's Office that a loved one is missing, a search and rescue team comprised of specifically trained sheriff's deputies responds to the area with state-of-the-art tracking equipment. The program has a 100 percent track record of locating wandering adults and children and bringing them home. Without having to rely on site visits or paper files, deputies can electronically update client information, such as height and weight, a photograph, medical issues and favorite hiding places. Fee is \$300 per year, but inability to pay does not prevent participation in the program.

Project Mend-A-House

8787 Commerce Court

Manassas, VA 20110

Phone: 703-792-7663

Email: director@pmahweb.org

Website: <http://pmahweb.org/>

Project Mend-A-House assists seniors, veterans, people with disabilities, and low-income residents of Prince William County, Manassas and Manassas Park. The program builds wheelchair accessible ramps, modify doorways, secure flooring, repair leaky faucets, restore electricity, and make basic home repairs. Project Mend-A-House also has a Durable Medical Equipment (DME) Loan closet program that loans out adaptive daily living aids such as motorized chairlifts (stair climbers), hospital beds, portable ramps, raised toilet seats, walkers, and scooters.

The Resilience Network, LLC

20130 Lakeview Center Plaza, Ste 400

Ashburn, VA 20147

Phone: 703-840-5459

Email: info@resilience-network.net

Website: <https://resilience-network.net/>

The Resilience Network provides an evidenced-based approach to resilience skill building that is action-oriented using multiple modalities. The Resilience Network uses a non-traditional approach that is practical, hands-on, fun, uplifting, and supports the development of resilience skills in people from every background in any situation. Areas of focus include compassion fatigue and secondary traumatic stress, workforce engagement and integrity, direct care for individuals and families, and licensure for master's-level clinicians.

Safe Families for Children

Patrick Henry Family Services

1621 Enterprise Dr

Lynchburg, VA 24502

Phone: 434-376-2006

Website: <https://www.patrickhenry.org/services/safe-families-for-children/>

Safe Families for Children Virginia provides breathing room and support for parents in temporary crisis, giving them time to get back on their feet, while their children are cared for in a safe and loving environment. Volunteers who host children and support parents are known as Host Families, and are recruited from a large network of faith communities. Parents in crisis, called the Placing Family, willingly place their children with a loving, and thoroughly screened volunteer Host Family for a short period of time. Parents can reunite with their children at any time. Both the Placing Family and the Host Family participate voluntarily, with no compensation or expectation of adoption. The trust built between the Placing Family and Host Family is central to the Safe Families program; it's at the heart of creating a safe, temporary haven for children, and a strong, caring support network for the Placing Family. After the hosting arrangement ends, Safe Families For Children's goal is for the two families to remain in contact, further reducing social isolation, and providing ongoing support.

SAMHSA (Substance Abuse and Mental Health Services Administration)

5600 Fishers Lane
Rockville, MD 20857
Phone: 877-726-4727
Email: SAMHSAInfo@samhsa.hhs.gov
Website: www.samhsa.gov

The mission of SAMHSA is to reduce the impact of substance abuse and mental illness on America's communities. SAMHSA Centers include: The Center for Health Mental Services, which focuses on the prevention and treatment of mental disorders; The Center for Substance Abuse Prevention, which seeks to prevent and reduce the abuse of illegal drugs, alcohol, and tobacco; and The Center for Substance Abuse Treatment, which supports the provision of effective substance abuse treatment and recovery services. There a links to resources and many publications are available for sale or electronic download on the website.

SCAN of Northern Virginia

205 South Whiting St, Ste 205
Alexandria, VA 22304
Phone: 703-820-9001
Email: info@scanva.org
Website: www.scanva.org

Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria/Arlington Court Appointed Special Advocate Program (CASA).

The Sleep Lady

Kim West LCSW-C
Phone: 410-975-5765
Fax: 443-927-2722
Email: assistant@sleeplady.com
Website: www.sleeplady.com

Kim West is a licensed clinical social worker who coaches parents to help them get their babies to sleep through the night. She encourages parents to be loving and responsive but to allow the child the room to learn the vital life skill of putting themselves to sleep. The website also has a blog, information about classes Kim facilitates, and links to other resources. There is a free app, "Gentle Sleep Sleep Log,

Baby Data Tracking, and Sleep Content,” available in the App Store or through Google Play.

The Social Skills Center

Oakton Location
2960 Chain Bridge Road, Ste 200
Oakton, VA 22124

Woodbridge Location
13885 Hedgewood Drive, Ste 233
Woodbridge, VA 22193

Fredericksburg Location
601 Jefferson Davis Highway, Ste 1010
Fredericksburg, VA 22401
Phone: 571-285-1403
Email: DrHaley@SocialSkillsCenter.com
Website: <https://socialskillscenter.com/>

The Social Skills Center provides social skills groups for groups for children, adolescents, and adults. Groups are 5-8 members. Groups include discussing themes like friend-making, dealing with bullies, family conflicts, and issues with teachers and allowing the group members to interact and discuss whatever issues are important to them. The therapist facilitates the teaching of social skills within the context of the discussion and an intervention is made at every opportunity to teach a skill, regardless of what the skill is. Interactions between group members are significantly focused on, including aspects like personal space, positive communication skills, listening skills, etc. The approach allows for the teaching of multiple skills in any given session. Games are implemented to reinforce skills that have been learned and include relaxation and settling time at the end because being able to “chill out” is an essential life skill. Dr. Haley is currently available to present FREE workshops to schools, churches, or organizations.

Social Skills for Life, LLC

210 E Broad St Ste G-2
Falls Church, VA 22046
Phone 703-712-9960
Email: programdirector@socialskillsforlife.net
Website: <http://socialskillsforlife.net/>

Social Skills for Life offers social skills groups and camps for kids, teens, and young adults. Saturday social groups work on social, communication, and friendship skills in order to promote self-advocacy. The program aims to develop social skills, independent living skills, and on-the-job skills. Social Skills for Life also offers an internship program for teens and young adults which focuses on independent life skills (budgeting, cooking, navigating your community independently), job skills, and how to interview.

Spina Bifida Association of the National Capital Area

P.O. Box 523415
Springfield, VA 22152-5415
Phone: 703-455-4900
Email: mysbanca@gmail.com
Website: www.sbanca.org

The Association offers two support groups in Virginia: Springfield, Virginia. Group meets the third Thursday of the month at the Bob Evans restaurant at 6310 August Drive (Near intersection of Old Keene Mill Rd (Rt 644) and I-95) from 7:00 to 9:00 pm.

Woodbridge, Virginia. Group meets the third Wednesday of the month at the Bob Evans at 14490 Smoketown Road (near Potomac Mills Mall) from 9:30 to 11:30 am. Please call Jill Hill at (703) 455-5223 or JillMHill@verizon.net for more information.

Strength in Our Voices (SIOV)

2000 14th St. NW, Ste 104
Washington DC 20009
Phone: 202-304-2246
Email: info@strengthenourvoices.org
Website: <https://strengthenourvoices.org/>

SIOV's mission is to eliminate stigma surrounding mental health and to create an environment of trust and support for people impacted by mental health issues through open dialogue, education, empowerment, and positive change. SIOV has content that resonates with people, Sources of Strength suicide prevention trainings, and events engaging with the community. The website has a blog, links to resources, peer leader training, adult advisor training, mini-trainings, 1 and 2 year consultations, speaking engagements, and event partnerships. SIOV also provides a \$2,500 scholarship to a senior from pursuing higher education who has demonstrated the ability to impact mental wellness by spreading hope, help, and strength within their communities

Stronger Together Peer Support Groups

Formed Families Forward
4031 University Dr, Ste 100
Fairfax, VA 22030
Phone: 703-539-2904
Email: info@formedfamiliesforward.org
Website: <https://www.formedfamiliesforward.org/services/peer-support-groups/>

Stronger Together are peer support groups facilitate by professional clinicians for youth and young adults ages 14-22 and for parents and caregivers. One support group is for youth who are involved in one or more service systems such as social services, special education, mental health services, or substance use treatment and recovery. Parents, caregivers, and guardians have their own group meeting at the same time in the same building. The groups meet twice monthly in Fairfax city and meet two

Tuesday evenings a month, October through May, in Fairfax city. The support groups are free of charge.

TOGETHER Program

Virginia Tech Northern Virginia Center
7054 Haycock Road
Falls Church, VA 22043
Phone: 703-538-8324
Email: togethervtumd@gmail.com
Website: www.togetherprogram.org

The TOGETHER Program provides a safe place for couples wanting to work together to build long-lasting changes in their families. The program offers a free 6-week educational workshop for couples focusing on: Communication and Problem Solving, Stress Management, and Financial Management. Partners must be 18 years or older and have lived together for at least one year. All services are provided free of charge and participants receive incentives (gift cards) for the completion of surveys evaluating the effectiveness of the services at the end of the program.

TransParenting

Northern Virginia Family Services (NVFS)
Administrative Headquarters
10455 White Granite Dr., Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Email: oaktonreception@nvfs.org
Website: <https://www.nvfs.org/transparenting-seminar/>

The TransParenting seminar emphasizes each parent's responsibility to provide a nurturing, non-threatening environment for their children, and is designed to help divorcing parents shift their attention to their children's needs. Parents learn ways to lessen the negative impact of divorce on their children by focusing on separation as seen through their child's eyes. This seminar also emphasizes parents' roles in the child's ability to adjust to changes in their lives. This seminar meets Supreme Court of Virginia requirements and is designed specifically for co-parenting and may not suffice for court orders related to Child Protective Services (CPS). Children are not allowed to attend the seminar, preregistration and prepayment are required. Cost to attend is \$50 per person.

Treatment Advocacy Center (TAC)

200 North Glebe Road, Ste 801
Arlington, VA 22203
Phone: 703-294-6001
Email: info@treatmentadvocacycenter.org

The Treatment Advocacy Center is a national nonprofit organization dedicated to eliminating barriers to the timely and effective treatment of severe mental illness. The

organization promotes laws, policies and practices for the delivery of psychiatric care and supports the development of innovative treatments for and research into the causes of severe and persistent psychiatric illnesses, such as schizophrenia and bipolar disorder. The website has information on advocacy and fixing the system; evidence and research; key issues such as anosognosia (lack of insight), consequences of non-treatment, criminalization of mental illness, psychiatric bed shortages, public service costs, and serious mental illness and violence.

Virginia Cooperative Extension Parent Education Program

8033 Ashton Avenue, Suite 105

Manassas, VA 20109

Phone: 703-792-6288

Phone: 703-792-5940 Spanish

Email: parenteducation@pwcgov.org

Website: www.pwcgov.org/parenting

VCE offers classes to equip adults to raise, nurture, and strengthen family relationships. The Systematic Training for Effective Parenting Young Child, School Age and Teen parenting classes are designed to teach adults to understand their child's behavior, build self-esteem, and implement effective discipline practices within their families. In addition, we offer a When Families Get Angry class which focuses on understanding anger in the family and the Juvenile Justice Parenting Program for parents who have a teen exhibiting at-risk behavior or may become court involved. All programs are also offered in Spanish.

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

1220 Bank Street

Richmond, VA 23219

Phone: 804-786-3921

Email: maria.reppas@dbhds.virginia.gov

Website: www.dbhds.virginia.gov

Virginia's public mental health, intellectual disability, and substance abuse services system is comprised of 16 state facilities and 40 locally-run community services boards (CSBs). The CSBs and facilities serve children and adults who have or who are at risk of mental illness, serious emotional disturbance, intellectual disabilities, or substance abuse disorders. Virginia's state-run facilities provide highly-structured, intensive services and consist of: seven mental health facilities, five intellectual disability training centers, a psychiatric facility for children and adolescents, a medical center, a psychiatric geriatric hospital and a center for behavioral rehabilitation (SVP). The website covers many topics, including mental health, developmental services, substance abuse services, and child and family services.

Virginia Family Network

NAMI Virginia

1910 Byrd Ave, Ste 202

Richmond, VA 23230

Phone: 804-285-8264

Email: lmay@namivirginia.org

Website: <https://namivirginia.org/programs/for-parents-of-children-and-youth-virginia-family-network/>

The purpose of the Virginia Family Network (VFN) is to create a statewide network of families who support, educate, and empower other families with children and youth with mental health needs while also promoting family-driven and youth-guided policy throughout the child-serving systems. VFN provides support groups, training, resources, and mentorship from other families with children and youth with mental health needs. VFN offers leadership training opportunities to parents that allow them to learn how to become effective advocates and support partners to other parents. They sponsor the Family and Youth Leadership Summit and Parent Leadership Retreat each year.

Virginia Systems of Care (SOC)

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Office of Children's Services (OCS)

1220 Bank St

PO Box 1797

Richmond Virginia

Phone: 804-663-7270

Website: <http://www.systemofcare.virginia.gov>

A Systems of Care (SOC) is the network of people and services that support families with youth who struggle with mental health diagnoses and other challenges. Virginia provides publicly funded services and supports to families using an approach called High Fidelity Wraparound (HFW). The goal of HFW is to help families get the resources and develop the skills needed to gain self-sufficiency. The process of getting support is family-driven, incorporates natural supports, and team-based planning. Every family has a HFW facilitator who organizes the team and a trained Family Support Partner who can relate to parents during the process. Virginia offers High Fidelity Wraparound to families as service called Intensive Care Coordination (ICC). Contact local Children's Services Act (CSA) Coordinator to find out if a child is eligible for publicly funded support.

Voices for Virginia's Children

1606 Santa Rosa Rd, Ste 109

Henrico, VA 23229

Phone: 804-649-0184

Email: info@vakids.org

Website: www.vakids.org

Voices for Virginia's Children is a statewide, privately funded, non-partisan policy research and advocacy organization that champions policies and practices that improve the lives of children. Voices' Family Economic Success work focuses on promoting

family self-sufficiency, school readiness and success, and community economic strength by mobilizing broad support for funding to increase access to quality child care for low-income working parents. Voices also advocates to reform the foster care system in Virginia so that children in foster care have the opportunity to build permanent family connections and have the supports needed to successfully transition to productive adulthood.

Wellness Connection, LLC

Stone Ridge Office
24600 Millstream Dr, Ste 340
Stone Ridge, VA 20105

Ashburn Office
Nova Medical Group Building
21785 Filigree Ct, Ste 212
Ashburn, VA 20147
Phone: 703-724-0335
Email: info@wellnessconnectionllc.com
Website: <http://www.wellnessconnectionllc.com/>

The Wellness Connection LLC combines conventional therapies with alternative treatments to treat the whole person, which eliminates confusion and ensures optimal patient care. Their simplified wellness solutions are delivered through a collaborative team of professionals. The Wellness Connection is dedicated to serving clients and the surrounding community with the highest integrity, professionalism, and experience in the field of preventative healthcare. Services include counseling, psychological testing, psychiatry, chiropractic, massage therapy, acupuncture, support groups and workshops.

The Wise Family

Wise Mind Solutions, LLC
2850 Eisenhower Avenue, Ste 105
Alexandria, VA 22314
Phone: 703-991-6005
Email: info@thewisefamily.com
Website: <https://www.thewisefamily.com/parent-resources-2/>
Additional Resources: <https://www.thewisefamily.com/parent-resources-2/additional-resources/>

WISE Mind Solutions services include counseling services for kids, admissions and educational testing, ADHD assessment, working memory training, parenting advice. The Wise Family offers a parent consulting program that provides successful, proven parenting techniques that changes family relationships. There are links to additional resources on the website and individuals can subscribe to a weekly newsletter that offers parenting advice and guidance.

The Women's Center

Locations in Washington DC and Northern Virginia

Northern Virginia Location

133 Park St NE, Building 127, 2nd Floor

Vienna, VA 22180

Phone: 703-281-2657

Email: questions@thewomenscenter.org

Website: <https://thewomenscenter.org/services/support-therapy-groups/>

The Women's Center provides counseling services, domestic violence & sexual assault services, education & career services, and therapist training. Counseling services include individual, couples, & family counseling and support & therapy groups. The Women's Center offers two types of groups: support and therapy. The goal of a therapy group is to aid individuals in processing various experiences or symptoms, allowing them to learn alternative ways of coping, relating or being. In contrast, the goal of a support group is to provide individuals with a setting in which they are united with others who share certain life experiences. The Women's Center provides services to people in need regardless of their ability to pay for them.

The Wonder Moms Blog

Website: <http://wondermoms.org/>

Resource Website: <http://wondermoms.org/resources/>

Wonder Moms is a project by three moms to share real talk, helpful information, and practical advice with parents of kids who have intellectual disabilities, Down syndrome, autism, language and speech delays, deafness, chronic illness, and traumatic brain injury. The blog has articles on topics such as sleep tips, lessons from the trenches, tips for communicating with a non-verbal child, and how siblings with special needs affect other kids in the family. The website has a resource page with links to information and support on many different topics related to being a special needs parent.

Youth MOVE Virginia

NAMI Virginia

1910 Byrd Ave, Ste 202

Richmond, VA 23230

Phone: 804-285-8264

Email: along@namivirginia.org

Website: <https://namivirginia.org/programs/youth-young-adults-youth-move-virginia/>

Youth MOVE VA supports a grass-roots peer network for youth and young adults to be empowered active guides in their own care, while advocating for mental health policy and programs that are specific to their unique needs and experiences. The goal is to establish a peer support youth group in each region of the state and offer other education and support programs that will serve as a resource for leadership development, self-efficacy, and personal growth. Programs for Youth and Young Adults include Youth Peer Support Groups, Advanced Youth Leadership Training, Young Adult Leadership Retreats, NAMI Ending the Silence, NAMI Say it Out Loud, and NAMI on Campus.

Youth Net

Loudoun Office of the County Administrator
1 Harrison Street SE, 5th Floor
Leesburg, VA 20175
Phone: 703-777-0200
Email: publicaffairs@loudoun.gov
Website: <https://www.loudoun.gov/youthnet>

Loudoun County is part of the Youth Net Committee, which is developing strategies for improving and expanding youth services in the county and optimizing the use of community resources to serve as many teens as possible. The committee includes more than 20 individuals, representing government, nonprofits, faith-based organizations, philanthropy and business. The goal is to create a more formalized and structured public-private approach to youth services in Loudoun. This coordinated, community-based effort is designed to help Loudoun's young people become more engaged, resourceful and resilient. The Youth Net Committee is planning to hold a Youth Summit in 2019, followed by a presentation of findings, concerns and recommendations to the Board of Supervisors in the fall of 2019.

Respite Care

Access Ministry

McLean Bible Church
8925 Leesburg Pike
Vienna, VA 22182
Phone: 703-639-2000
Fax: 703-639-5680
Website: www.mbctyson.org/access

Access Ministry is McLean Bible Church's ministry for individuals with disabilities and their families. Access Ministry serves the community by equipping people with disabilities and their families to become full participants and contributors in the church and their community. Jill's House is an integrated auxiliary of McLean Bible Church established for the purpose of providing care and support to children with special needs and their families through overnight respite and therapy programs without respect to race, gender, creed or religious preference. McLean Bible Church has several locations around Northern Virginia. There are two respite programs that support families who have children with disabilities. A Friday evening program for children with special needs and their siblings called Break Out and a Saturday respite care for children with special needs aged 2-25 who are living at home called Breakaway.

Addus Home Care

Locations throughout the United States.
Addus—Woodbridge Personal Care
12531 Clipper Dr, Ste 201
Woodbridge, VA 22192

Phone: 703-497-2273

Email: info1@addus.com

Website: https://www.addus.com/home_community.html

Addus Home Care provides a full range of in-home services for elderly and adults with disabilities. Addus Home Care offers services such as help with bathing, dressing, grooming, meal preparation, housekeeping, errands/transportation, and medication reminders. These supportive services can be arranged for any frequency of time, from one to twenty-four hours of care daily, or on a respite or temporary basis. Services may be funded by Medicaid waiver programs, long-term care insurance, veteran's benefits, private pay, or other location-specific social service programs.

Braley & Thompson, Inc.

Offices located in Charlottesville, Hampton Roads, Christiansburg, Lynchburg, Richmond, Roanoke, and Woodbridge.

Woodbridge Office

4300 Ridgeway Center Dr.

Woodbridge, VA 22192

Phone: 703-878-8216

Website: <https://braleyandthompson.com/foster-care/>

Braley & Thompson, Inc. is a therapeutic foster care agency that provides a range of services throughout the Commonwealth. Services in the Woodbridge location provides traditional foster care, therapeutic foster care, and short-term foster care for temporary respite. Braley & Thompson's foster families work with a team of professional staff to develop unique responses to meet the individualized needs of each child. Foster Families are fully trained as part of their certification process. The Short-Term Placement Service provides respite to caregivers by placing the child in a treatment foster home on a short-term basis.

Camp Fairlee

Easterseals

22242 Bay Shore Rd

Chestertown MD 21620

Phone: 410-778-0566

Email: fairlee@esdel.org

Website: <https://www.easterseals.com/de/our-programs/camping-recreation/respite-weekends.html>

Easterseals provides both summer camp and weekend respite opportunities throughout the year. The respite weekend program provides outdoor recreation, fun and friendship in addition to community inclusive activities for children and adults with disabilities. Campers stay in one of seven air-conditioned cabins, each of which accommodates groups of same-sex campers and their counselors. Meals are prepared on-site and served family style in the Carpenter Dining Hall. The program is held at the Camp Fairlee, a 250 acre facility.

Family Teamwork, Inc.

Lifeworks Outreach Services
4300A Ridgewood Center Dr.
Woodbridge, VA 22193
Phone: 703-580-7210
Website: www.familyteamwork.net

LifeWorks Outreach Services, doing business as Family Teamwork, helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill-building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

Hartwood Foundation, Inc.

3702 Pender Dr, Ste 410
Fairfax, VA 22030
Phone: 703-273-0939
Email: info@hartwood.server283.com
Website: www.hartwoodfoundation.com

The Hartwood Foundation offers a variety of community-based supports for families including group home services and supports, supported residential services, emergency respite services, traditional group home-based respite services, in-home support services, drop-in support services, and respite subsidy program. With the exception of in-home support and respite subsidy program, all programs are for adults. With funding through the Virginia Intellectual Disability Waivered Services Program in-home support services can be provided for children in the family home on a limited basis. With funding through the Fairfax-Falls Church Community Services Board, families may be eligible to receive cash subsidies to assist with the costs of hiring specially skilled “sitters/companions” to care for a child with intellectual disabilities during short absences of caregivers. Fees are charged based on the ability to pay and pursuant to contractual agreements with Community Services Boards.

Jill's House

McLean Bible Church
9011 Leesburg Pike
Vienna, VA 22182
Phone: 703-639-5660
Email: info@jillshouse.org
Website: www.jillshouse.org

Jill's House provides overnight respite for children ages six through seventeen with intellectual disabilities. To ensure that parents and caregivers get a real break, typical siblings are welcome to stay at Jill's House. Children can experience adventure, friendship, accessible activities, community meals, and expert care during their overnight stay. The overnight stay gives parents and opportunity to get rest, renewal, and work on their relationships. Jill's House is an integrated auxiliary of McLean Bible Church.

A Mother's Rest Charitable Respite Foundation

PO Box 131

Monrovia, MD 21770

Email: innkeeper@amothersrest.org

Facebook Page: <https://www.facebook.com/amothersrest/>

Online Support Group: <https://www.facebook.com/groups/officialamothersrest>

Website: <https://www.amothersrest.org/>

Retreat Dates and Locations: <https://www.amothersrest.org/eventcalendar>

A Mother's Rest specializes in coordinating therapeutic respite retreats for parents of children with extra needs. The retreats are small group bed and breakfast gatherings that allow parents and caregivers to get true, recuperative rest to address physiological and mental fatigue. There are several types of retreats including retreats for just for moms, just for dads, for couples, mommy & me trips, millennial moms, soldiers & veterans, for families, and adoption prep & post adopt support. They also have a private Facebook support group where parents and caregivers who have a loved one with a disability or chronic illness can connect in a safe place to vent and find comfort.

The Attachment Place (TAP)

P.O. Box 71

Tracy's Landing, MD 20779

Phone: 410-707-5008

Email: info@theattachmentplace.com

Website: <https://theattachmentplace.com/>

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child's ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Therapeutic Short Term Foster Care/Respite Care

Northern Virginia Family Service (NVFS)

10455 White Granite Dr, Ste 100

Oakton, VA 22124

Phone: 571-748-2500

Website: <https://www.nvfs.org/assistance/therapeutic-respite-care/>

Therapeutic Foster Short Term Foster Care/Respite Care provides therapeutic respite care to families for up to 29 consecutive nights, but there is no limit on nights per year. The program serves children birth to 18, in Alexandria, Arlington, Fairfax, Loudoun, and Prince William and county custody is not a requirement. Services include planned respite, emergency respite, and extended respite. Child's guardian or worker can contact the program directly for intake and/or to inquire about current rates.

United Methodist Family Services (UMFS)

Locations in Richmond, Fredericksburg, Alexandria, Norfolk, Farmville, South Hill, and Lynchburg

NOVA Location

5400 Shawnee Rd, Ste 303

Alexandria, VA 22312

Phone: 703-941-9008

Fax: 703-750-0621

Email: nova@umfs.org

Through the Northern Virginia office, UMFS offers a wide range of community-based services including Intensive Care Coordination (ICC), Family Support Partners, therapeutic foster care, Community Respite, Project Life, extreme recruitment, and a 45-day crisis stabilization service at Leland House. Intensive Care Coordination (ICC) and Family Support Partners.

Recreation and Leisure

Ability Fitness Center

The Arc of Loudoun

601 Catocin Cir NE

Leesburg, VA 20176

Email: hparker@thearcofloudoun.org

Phone: 571-439-1520

Website: <https://thearcofloudoun.org/ability-fitness-center/services-provided/>

Ability Fitness Center is a therapeutic fitness and wellness center with expert clinicians and specialized equipment providing access to innovative, customized, and activity-based interventions that increase functional ability for individuals with spinal cord injuries, brain injuries, stroke, Multiple Sclerosis, Parkinson's Disease, cerebral palsy, balance disorders, developmental disabilities, and other neurological conditions. for people with neurologic and developmental disabilities.

Ainsley's Angels

Ainsley's Angels has groups around the nation, including the National Capital Region (NCR).

PO Box 6287

Virginia Beach, VA 23456

Email NCR: NCR@ainsleysangels.org

Website: <http://www.ainsleysangels.org/>

Locations: <https://ainsleysangels.org/ambassadors/virginia/>

Ainsley's Angels is an organization that pairs endurance runners with individuals who have disabilities that prevent them from participating in races. Volunteer runners push athlete-riders in specially adapted chairs during events so that those with disabilities can also have the opportunity to "run" in races. An 'Angel Team' consists of (1) Angel Athlete-rider and up to (3) Angel runners being pulled. The team works together to SAFELY accomplish the mission, while staying together and having fun. The Angel Athlete-rider is the core of the team and pulls the runner across the finish line with smiles, cheers and immeasurable inspirational spirit. In addition to ensuring everyone can experience endurance events, Ainsley's Angels of America aims to build awareness about America's special needs community through inclusion in all aspects of life.

Alexandria City Therapeutic Recreation

Alexandria City Hall

301 King St.

Alexandria, VA 22314

Phone: 703-746-5422

Website: www.alexandriava.gov/recreation/info/default.aspx?id=45758

Therapeutic Recreation offers programs for youth and teens, adults, and summer camps. Youth and teens have a mainstream program (ages 6-17), Kids Day Out (ages 6-17), and FUNtastic Spring Break Camp (ages 5-12). Adult programs (ages 18 & up) include an adult social club and art works. Summer camps include a teenie weenie toddler camp (ages 3-5) and TR Summer Camp (ages 6-17). Programs focus on developing social skills within the context of structured enrichment activities like swimming, arts and crafts, and cooperative games. School aged youth and teens are required to have an Individualized Education Plan (IEP) or 504 Plan. All programs require an initial assessment and eligibility approval by Therapeutic Recreation staff prior to participation in programs.

Animated Child

5167 Waterway Drive

Montclair, VA 22025

Phone: 703-763-0003

Email: montclairva@animatedchild.com

Website: <https://www.animatedchild.com/page/montclair-home>

Animated Child is an inclusive and innovative enrichment center, for children ages 2-13, which encourages a child's natural curiosity, independence and creativity. Animated Child engages children in every element of their intelligence to highlight their own unique way of learning. Classes are available in Music and Movement, Spanish, Art Smarts, STEAM and IT Membership. Programs include all day preschool, before and

after school, year round camps, special events, birthdays, science day in, and parent night out.

The Arc of Greater Prince William

13505 Hillendale Dr
Woodbridge, VA 22193
Phone: 703-670-4800
Email: info@arcgpw.org
Website: www.arcgpw.org

The Arc of Greater Prince William has a recreation program has a wellness for life and integrated bowling program. The Wellness for Life and Bowling operate throughout the school year. Bowling is offered in both Woodbridge and Manassas. Wellness for Life is offered in Woodbridge. There is a registration and transportation fee for both. The Wellness for Life Program includes a physical therapist who incorporates physical activities from more than 100 possible exercises. Some individuals participate in weight training while others join in the walking group. Bowling leagues unite teens and adults with disabilities into teams with non-disabled bowlers. A variety of teams ensures bowlers of all ability levels the chance for growth and success.

Arlington County Therapeutic Recreation

Langston-Brown Community Center
2121 North Culpeper St
Arlington, Virginia 22207
Phone: 703-228-5210
Email: trinfo@arlingtonva.us
Website: <https://parks.arlingtonva.us/therapeutic-recreation/>
Social Clubs Website: <https://parks.arlingtonva.us/therapeutic-recreation/therapeutic-recreation-social-clubs/>
Summer Camps Website: <https://parks.arlingtonva.us/therapeutic-recreation/therapeutic-recreation-camps/>

Parks and Recreation provides specialized services for individuals with disabilities including social clubs, family-centered programming, camps, adapted classes and leisure education. Social clubs for Teens (ages 12-17), Young Adults (ages 18-29), and Adults (ages 30+) meet on the first Friday of each month at different community centers throughout Arlington. Summer camps include specialized camps, designated sites, and inclusion support. Family programs include Family Fun Night and special events in the community. Therapeutic Recreation offers classes in Music, Art, Aquatics, Fitness, Social Clubs, and Summer Camps as well as monthly family fun nights.

Camp Fairlee

22242 Bay Shore Rd
Chestertown MD 21620
Phone: 410-778-0566
Email: fairlee@esdel.org

Website: <https://www.easterseals.com/de/our-programs/camping-recreation/camp-fairlee.html>

Easterseals provides both summer camp and weekend respite opportunities throughout the year. The respite weekend program provides outdoor recreation, fun and friendship in addition to community inclusive activities for children and adults with disabilities. Campers stay in one of seven air-conditioned cabins, each of which accommodates groups of same-sex campers and their counselors. Meals are prepared on-site and served family style in the Carpenter Dining Hall. The program is held at the Camp Fairlee, a 250 acre facility.

Camp Friendship

Social Skills for Life, LLC

210 E Broad St Ste G-2

Falls Church, VA 22046

Phone 609-529-2918

Phone: 202-550-7785

Email: programdirector@socialskillsforlife.net

Website: <http://socialskillsforlife.net/summer-camp/>

Camp Friendship is a camp for children age 3-14 who need to work on social, communication, and friendship skills. Camp activities include indoor and outdoor playtime, games, arts & crafts, water play, collaborative projects, and sports. While having fun kids work on flexibility, peer relationships, social awareness, social cues, and group collaboration. Campers also work on school preparedness skills such as following the schedule, working with a group, being flexible, and waiting nicely. All activities are embedded with social and communication goals. The “hidden curriculum” includes friendship skills such as finding things in common with others, conversation starters, how to engage in “small talk,” working constructively within a group, perspective-taking, listening, showing empathy, reading social cues and body language, managing stress and anxiety, and calming techniques.

Camp Loud and Clear

Holiday Lake 4-H Educational Center

1267 4-H Camp Rd

Appomattox, VA 24522

Phone: 434-248-5444

Email: info@holidaylake4h.com

Website: <https://www.holidaylake4h.com/camp-loud-clear.html>

Camp Loud and Clear is a 3 day, 2 night camping trip, usually in July, for Deaf or Hard of Hearing children and youth. The program features nationally certified interpreters, CART Services (real-time captioning), chaperones who are familiar with hearing loss, and teen leadership training provided for counselors-in-training. Campers are children ages 8-13 and counselors in training are youth age 14-18. Activities include swimming, fishing, canoeing, archery, crafts, Bible Study, Teambuilding Fun, and Adventure

Camp Resource.com Online Summer Camp Directory

Website: <https://www.campresource.com/summer-camps/virginia/special-needs>

Camp Resource.com is an online directory of special needs camps in Virginia (VA) for kids and teens. Find the best overnight, residential and sleepaway camps for this summer in and around the Virginia Beach, Norfolk, Richmond, and Charlottesville areas of Virginia.

Career Camp at Northstar Career Academy

8155 A Staples Mills Road

Henrico, VA 23228

Phone: 804-918-5181

Email: hpeelee@northstaracademy.net

Northstar Website: <http://www.northstaracademy.net/careerhomepage>

Camp Application link: <https://www.northstaracademy.net/wp-content/uploads/2019/05/updated-career-camp-registration.pdf>

Northstar Career Academy is a career Technical Education Center for Central Virginia's alternative learners and students with disabilities. In Career Preparation Programs, students develop the skills necessary to search for and to attain employment. Each summer they sponsor week-long career camps for students age 16-21. Students not enrolled at Northstar Academy must submit a copy of their current IEP to determine program eligibility. At Career Camp, students can experience different professions and see which ones are good fits, grow workplace social skills, learn professional skills through hands-on instruction in the classroom and at local worksites, and work on transition goals as part of approved Extended School Year services.

Citizen ROvers Camp

SDSquared (Sliding Doors STEM & Dyslexia)

Phone: 571-335-1825

Email: krista@sdsquared.org

Website: <https://www.sdsquared.org/>

SDSquared offers a one of a kind week long camp for students with dyslexia in grades 4-8. The camp is designed to expose kids to a myriad of science, technology, engineering, and math topics. Students will become citizen scientists, working with scientists, and engineers to solve real world challenges. Beginning their adventure by building an underwater remotely operated vehicle called Seapearch, students will learn how to use their robots to collect data will therefore become part of the larger scientific community even before they graduate high school.

The Eric Monday Foundation

PO Box 2342

Vienna, VA 22183

Email: info@ericmondayfoundation.org

Website: <https://www.ericmondayfoundation.org/>

Facebook page: <https://www.facebook.com/TakeDownTheStigma/>

Grant Application: <https://www.ericmondayfoundation.org/application.html>

The Eric Monday Foundation strives to raise awareness and remove the stigma related to mental health issues. The foundation seeks to promote empathy and selfless dedication in the support of teammates, the will to overcome personal setbacks, wrestling as a vehicle for personal success, and wrestling as a unique quest for developing mental and physical strength. The website has information about the culture of high school athletics, stressors in athletics, hazing and bullying based on power and dominance, and the use of alcohol and other drugs by high school student athletes. The foundation has developed a program to educate Coaches, Activities Directors and Trusted Advisors to recognize the signs surrounding mental health, where to go for assistance and most importantly to take down the stigma surrounding mental health. The Foundation also assists aspiring youth and high school athletes to attend clinics, camps and tournaments by providing stipends, scholarships and expenses.

Fairfax County Therapeutic Recreation Services

12011 Government Center Parkway, 10th Floor

Fairfax, VA 22035

Phone 703-324-5532

Email: ncs-tracers@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation>

TRACERS website: <https://www.fairfaxcounty.gov/ncs/tracers/up/programlisting.aspx>

Fairfax County Therapeutic Recreation Services provides opportunities for children and adults with disabilities to develop the skills that enable them to participate in the recreation and leisure programs of their choice. Programs include the Sensory Room at Providence Community Center, F.A.N.tastic Times, inclusive services for older adults with minor cognitive impairments or physical disabilities, and Fairfax Falcons adapted sports for individuals ages 4-22 who have not graduated from high school. TRACERS is an online program catalog and registration that allows customers to search program offerings and create a personalized login account for submitting a majority of the registration materials for Therapeutic Recreation Programs online.

Fairfax Falcons Paralympic Sports Team

Fairfax County Therapeutic Recreation Services

Website: <https://fairfaxfalcons.org/>

Registration Website:

<https://www.fairfaxcounty.gov/ncs/tracers/up/programlisting.aspx>

NWBA Registration Website: <https://www.nwba.org/individualregistration>

The Fairfax Falcons Paralympic Sports Team provides a variety of adapted sports experiences to youth with physical disabilities in the Northern Virginia/ DC metro area. Individuals aged 4-22 who have not graduated high school, and who have an irreversible lower extremity disability, such as paralysis, amputation, radiological evidence of limb shortening, spina bifida, a spinal cord injury, or cerebral palsy may participate. All

players must be able to push a manual wheelchair unassisted. **Not all players use wheelchairs for everyday use. ** The Fairfax Falcons Paralympic Sports Program is managed in partnership with the Fairfax County Department of Neighborhood and Community Services. \$30 for Fairfax County residents and noncounty residents. Additional fee for NWBA registration for competitive play

F.A.N.tastic Times: Family Autism Nights

Fairfax County Therapeutic Recreation Services

Phone: 703-324-5621

Email: Deborah.O'Bryant@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/fantastic-times>

Family Autism Night is a free program offered by Fairfax County's Therapeutic Recreation Services for individuals on the autism spectrum from age 2-22 along with their families. Planned activities in the community allow for socializing, fun, and interacting with other families. For all events, please RSVP with Debbie O'Bryant.

GIRL, Inc (Girls Inspired and Ready to Lead)

P.O. Box 7251

Fairfax Station, VA 22039

Email: info@girlsinspiredinc.org

Website: www.girlsinspiredinc.org

The mission of GIRL is to mentor and empower teen girls for future success in STEM careers through promotions academic excellence, leadership skills, community service, career preparation, and self-esteem. Through its workshops and activities, GIRL provides educational and social enrichment opportunities and positive role models so girls can feel confident in themselves and supported in achieving their dreams. Programs include Saturday Girls (grades 6-12), STEAM Spring Break Camp (middle school), F.O.C.U.S. (Females of Color Underrepresented in STEM) Summer Camp, Annual career conference, Pathways to Careers Program, and worksite field trips.

Going Places!

Jewish Community Center of Northern Virginia

8900 Little River Turnpike

Fairfax, VA 22031

Phone: 703-537-3040

Website: <https://www.jccnv.org/specialneeds/social-clubs/>

Going Places! is a social club for teens (ages 14-18), young adults (ages 18-26), and adults (ages 26+) diagnosed with Level 1 Autism Spectrum Disorder (formerly Asperger's syndrome and PDD-NOS). The club provides social opportunities in a structured and supportive environment with guidance from professionally trained staff to help participants gain confidence and improve their overall comfort in social situations. A variety of outings (including parties, bowling, dinners, mini golf, and

community service) are scheduled year-round. Going Places! meets once a month on Sundays. There is a fee of \$30 per event.

Hat Creek Camps

Patrick Henry Family Services

7145 Hat Creek Rd

Brookneal, VA 24528

Phone 434-376-1250

Email: hatcreek@patrickhenry.org

Website: <https://hatcreekcamps.org/>

Hat Creek Camp offers three residential camps: Junior Camp for rising 3rd-5th graders, Youth Camp for rising 6th-8th graders, and Teen Camp for rising 9th-12th graders. All summer staff receive extensive training in principles of trauma-informed care. Camps provide campers the opportunity to come and stay at camp for a week. Campers choose two activities (Canoeing, Climbing, Archery, Riflery, Wilderness Adventure, Drama, and many more) to be involved in throughout the duration of the week. There are also two free-time periods each day and an evening program each night. Campfires, flag raising/lowering, cabin cleanup, and even a rest time are part of the day as well. There will be a spiritual emphasis throughout the week, which will include a morning devotional time and a daily evening challenge.

Holiday Lake 4-H Educational Center

1247 4-H Camp Rd

Appomattox, VA 24522

Phone: 434-248-5444

Email: bgoin@vt.edu

Website: www.holidaylake4h.com/index.php

Holiday Lake is located within Appomattox-Buckingham State Forest. The center and surrounding park provide many camps and activities for families and people of all ages. Holiday Lake hosts several different camps throughout the year including family camps, Camp Loud and Clear for the deaf and hearing impaired, and Cloverbud Camp to introduce younger children to the 4-H program. The facilities include cabins, bunkhouses, and outdoor recreational facilities like canoeing, fishing, and hiking trails. Additionally, there are volleyball, tennis, basketball courts, a softball field, Junior Olympic swimming pool and covered picnic and pavilion areas.

The House Student Leadership Center

Locations in Washington DC and Woodbridge.

Woodbridge Location

14000 Crown Court, Ste 105

Woodbridge, VA 22193

Phone 703-909-5459

Website: <http://www.thehouse-inc.com/>

The House Student Leadership Center is an originator and provider of out-of-school time programs for children and teens. The Center's programs magnify the student voice to expand their opportunity and build community. The Center's program initiatives work to improve health, education, and employment outcomes for students. Programs including before and after school academic coaching and summer camp for pre-teens and teens (grades 4-12); EmpowerMENT Leadership Institute, an elective after school program for teens (grades 9-12); Middle and High School of Public Service, an alternative school education; Fitting In, a sports and activity program; and 1K Destinations: Graduation, a scholarship program to help pay for college.

iCan Bike Camp and After-School Programs

FCPS Program

Link to a schedule with locations available on website.

Website: <https://icanshine.org/ican-bike-fcps-fairfax-va/>

Leesburg Location

Phone: 703-777-1939 ext. 208

Email: eshaffer@thearcofloudoun.org

Website: <https://icanshine.org/ican-bike-leesburg-va/>

iCan Bike is a program designed to teach children with disabilities how to ride a two-wheeled bicycle. With their adapted bicycles, specialized instructional program, and trained staff and volunteers, most participants are riding on a two-wheel. The Fairfax County program is hosted in the spring at several middle schools across the county by the Fairfax County Public Schools and is available only to residents of FCPS District. The program in Leesburg is hosted by the ARC of Loudoun County and is held in the summer.

INMED Family and Youth Opportunity Center

21630 Ridgetop Circle, Ste 130

Sterling, VA 20166

Summer Camp Phone: 571-465-5996

Website: <https://opportunitycenter.us/youth-programs/>

The INMED Family and Youth Opportunity Center has summer camps, after school programs, and a Saturday STEAM Club for youth. The programs focus on improving academic achievement and self esteem. The summer camp program fee is \$50 per week is for kids age 4-12 and offers STEM (coding engineering, building and math), FUN ART (acrylic paint, water color, markers and pencils), and STEAM (coding/programming, science and art) summer camp options. The after school programs for kids in grades 1-5 are provided to student with a referral from a guidance counselor. There are also six 1-week session over the summer. The Saturday STEAM club is free of charge for youth in grades 1-8. registration is required

J Club

Jewish Community Center of Northern Virginia

8900 Little River Turnpike

Fairfax, VA 22031

Phone: 703-537-3040

Website: <https://www.jccnv.org/specialneeds/social-clubs/>

J Club is an inclusive social club for children in grades 5-8. It is designed to provide fun, social opportunities in a structured, supportive environment. Trained staff assist children in navigating through challenging social interactions and engaging in meaningful relationships. Events are planned on a monthly basis and vary from activities at the JCCNV to outings in the community. J Club meets Saturday nights, once a month, October-June. Events and times will be announced one month prior to each event. There is a fee of \$30 per event.

Jewish Community Center of Northern Virginia

Special Needs Program

8900 Little River Turnpike

Fairfax, VA 22031

Phone: 703-323-0880

Website: <https://www.jccnv.org/specialneeds/special-needs/>

The Jewish Community Center of Northern Virginia has a special needs program. The program is committed to helping the community through activities designed to develop physical and social skills for individuals with special needs. The program features small participant-staff ratios and offerings such as social groups, recreation programs, cooking, and much more. Program features educational workshops and special events, programs and classes, ReelAbilities Film Festival, Resources, Social Clubs, and Special Needs Camp.

KEEN (Kids Enjoy Exercise Now)

P.O. Box 341590

Bethesda, MD 20827

Phone: 301-770-3200

Email: info@keengreaterdc.org

Website: <http://www.keengreaterdc.org/>

KEEN brings together volunteers from the community and young people with significant developmental and physical disabilities. It runs 25 free-of-charge sports programs in northern Virginia, Maryland and the District of Columbia. Offerings in Northern Virginia include gym sports, music, bowling (ages 16-21), Zumba for young adults (ages 16-25), and family sports days. Keen Sports programs (gym sports) are broken down into three age groups: kids (ages 5-12), teens (ages 13-19), and young adults (ages 20-25). Family Sports Days are open gym sessions that last 2 hours.

All activities are completely free of charge.

LCF Kids

150 S. Washington Street, Ste 100

Falls Church, VA 22046

Phone: 703-909-7971

20099 Ashbrook Pl, Ste 195
Ashburn, VA 20147
Phone: 571-510-3576
Email: info@LCFKids.com
Website: <http://www.lcfkids.com/>

LCF Kids, is a therapeutic gym that focuses on gross motor skills, fine motor skills, motor planning, dynamic and static balancing, visual spatial awareness, tracking, kinesthetic awareness, proprioception, sensory processing disorder, social skills, adaptive sports skills, upper and lower body strength, cardiovascular endurance, sports fundamentals skills, physical education, coordination, mid-line, weight management and therapeutic camps. LCF Kids provides services to children of all ages and all developmental levels, focusing on children with special needs. Programs include, Children's Fitness and Personal Training, Social Skills and Group Sessions, Bike Riding, Birthday Parties, Open Gym, Consulting, and Year round Camps.

Lead Changes Therapy Service, Inc.

42395 Ryan Rd, Ste 112
Ashburn, VA 20148
Phone: 703-943-0566
Email: info@leadchangetherapy.com
Website: www.leadchangetherapy.com

Lead Changes Therapy specializes in Aquatic Therapy, Community Inclusion, and Rehabilitative Fitness. Aquatic Therapy uses the properties of water instead of weights and impact. The program consists of an assessment, creating short and long term goals, and weekly sessions. Aquatic Therapy can be beneficial to individuals who have been diagnosed with Autism Spectrum Disorder, Sensory Process Disorder, Developmental or Learning Disability, or Mental Illness. The Community Inclusion program centers around developing social integration, confidence building, and practical skills. The Rehabilitative Fitness Plans are made to overcome barriers to assist clients in achieving long term fitness goals in a safe and effective manner.

Loudoun County Adaptive Recreation

Phone: 703-737-8042
Email: adaptrec@loudoun.gov
Website: <https://www.loudoun.gov/1185/Adaptive-Recreation>
Register for Programs:
<https://webtrac.loudoun.gov/wbws/wbtrac.wsc/splash.html?InterfaceParameter=1>

Loudoun County Adaptive Recreation provides individuals of all abilities the opportunity to participate in recreation and leisure programs, which may enhance their quality of life. The Adaptive Recreation Program offers a wide range of activities throughout the year of Adaptive Recreation events and activities are offered throughout the year including aquatics, bowling, movies and theater, and outdoor adventures. On the website there is a link to an electronic copy of the Seasonal Activity Guide that lists

all of the programs. They also offer an adaptive recreation camp, trip camps and a variety of specialty and sport camps at locations throughout the county. Camp guides are available in early March each year.

Muscular Dystrophy Association Summer Camp

161 N. Clark, Ste 3550

Chicago, IL 60601

Phone: 800-572-1717

Email: ResourceCenter@mdausa.org

Website: <https://www.mda.org/summer-camp>

The Muscular Dystrophy Association (MDA) offers a week-long residential summer camp for youth with muscular dystrophy. At MDA Summer Camp, kids are living beyond limits in a place where anything is possible. It is a week where kids are free to enjoy adventures like horseback riding, swimming and fishing, develop lifelong friendships, and build self-confidence and independence. For parents and guardians, MDA camp provides a brief break from the role of caregiver for a child with neuromuscular disease. The summer camp is a place parents can be assured that their child's medical and physical needs will be met by a team of dedicated health professionals and trained camp volunteers. The camps are provided at no charge to families.

Northern Virginia Therapeutic Riding Program (NVTRP)

12933 Popes Head Road

Clifton, VA 20124

Phone: 703-764-0269

Email: office@nvtrp.org

Website: <https://www.nvtrp.org/services>

Summer Camps: <https://www.nvtrp.org/summer-camps>

NVTRP, provides equine-assisted activities for children and adults with disabilities, youth-at-risk, recovering military service personnel, and their families. Summer camps are available as well as on-going therapeutic lessons. Programs include therapeutic riding; physical and occupational therapy; equine-assisted learning; psychotherapy and counseling; community lessons and sessions for recovering military service personnel and youth-at-risk. To sign up for NVTRP's community Lesson program sign up through the Fairfax County Park Authority. NVTRP offers various summer riding camps that are designed to integrate children with and without disabilities through riding programs and many other equine-related activities. Participants learn tolerance, compassion, and respect for differences while improving their cognitive, physical and horsemanship skills.

Prince William County Children's Programs

Phone: 703-590-9734

Website: <http://www.pwcgov.org/government/dept/park/children/pages/default.aspx>

The Prince William County Parks and Rec children's programs offer year-round fun and learning for families. Early childhood classes help children gain independence and learn new skills through developmentally appropriate activities. Offerings include a wide variety of Summer Camps, preschool, dance, sports, scouting, swim lessons, and before and after school programs.

ReelAbilities

Jewish Community Center of Northern Virginia

8900 Little River Turnpike

Fairfax, VA 22031

Phone: 703-323-0880

Email: Sarah.Berry@jccnv.org

Website: <https://www.jccnv.org/reel-abilities/reelabilities-film-festival/>

Film Listings and Tickets: <https://reelabilities.org/northernva/>

ReelAbilities is the largest film festival in the country dedicated to promoting awareness and appreciation of the lives, stories and artistic expressions of people with different abilities. The Northern Virginia ReelAbilities Film Festival is a week-long Festival offering special programming that goes beyond film. Engaging programs, in addition to thought-provoking film, bring together the community to explore, discuss, embrace, and celebrate the diversity of our shared human experience. The 8th Annual ReelAbilities Film Festival: Northern Virginia is in March 2020.

Royal Family Kids

Clover Hill Assembly of God—Camp #360

12310 Bailey Bridge Road

Midlothian, VA 23112

Phone: 804-739-7500

Email: Midlothian@royalfamilykids.org

Website: <http://rfk.org/locations/virginia/midlothian/>

Winchester Church of God—Camp #106

2080 N Frederick Pike

Winchester, VA 22603

Phone: 540-667-8017

Email: Winchester@royalfamilykids.org

Website: <http://rfk.org/locations/virginia/winchester/>

Royal Family Kids is a nationwide network of churches that provide a summer camp experience to foster children ages 6-12 a week of positive memories and royal treatment in a Christian Camp environment. Kids receive the attention and encouragement of an adult Camp Counselor and his or her "buddy Camper". In addition, each Camper is also exposed to a variety of fun activities, designed for their success and to build self-esteem. For most of these children, it's the best week of the year--a special time when kids can focus on having fun and enjoy being a kid.

School Age Child Care (SACC)

Fairfax County Office for Children
12011 Government Center Parkway, 9th floor
Fairfax, VA 22035
Administration Phone: 703-449-1414
Registration Phone: 703-449-8989
Email: DFSCildCareCentral@fairfaxcounty.gov
Website: <https://www.fairfaxcounty.gov/familyservices/office-for-children/sacc>

SACC provides fun, safe and educational care for children in kindergarten-sixth grade before school, after school and during school vacations in most Fairfax County public elementary schools. Children with special needs are fully included in all SACC centers. In addition, SACC programs at Key and Kilmer Centers serve youth, ages 5-21, with multiple types of disabilities. SACC offers a sliding fee scale for income eligible families.

The Sensory Room

Fairfax County Therapeutic Recreation Services
Providence Community Center
3001 Vaden Drive, 2nd Floor
Fairfax, VA 22031
Phone: 703-86500534
Email:
Website: <https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/sensory-room>

The Sensory Room at Providence Community Center is a relaxing and calming environment that offers a variety of sights, sound, and interactive elements that promote stress-free engagement and physical and intellectual development—especially for young children. The room has a vibrant combination of lights, sounds, textures, touch pads, and swings to offer a variety of opportunities to explore. The physical and intellectual benefits include improved communication and social skills; enhanced concentration, focus, and memory; promotes leisure education; and reduced stress. The Sensory Room is available by appointment only, Monday through Saturday 9am-10pm.

Sensory Sundays

23224 Washburn Terrace
Brambleton, VA 20148
Phone: 703-336-2563
Email: sensorysundaysva@gmail.com
Website: <https://www.sensorysundays.org/>
Booking Website: <https://www.sensorysundays.org/new-page-3>

Glow Studios
44025 Pipeline Plaza, Ste 115
Ashburn, VA 20147
Phone: 703-723-0900
Email: hello@glow-studios.com
Website: <https://glow-studios.com/>

Sensory Sundays is a non profit dedicated to helping special needs children and families who's children have trouble with haircuts. Sensory Sundays mission is to provide children all across the Northern Virginia area the opportunity to receive hair services in an environment of acceptance and non-judgement. We work closely with our families to build trust and rehabilitate the normally traumatic experience of getting a haircut by combing the skill of a professional stylist with the knowledge of a trained educator. Sensory Sundays founders, Kristen Shehadi and Garrett Wilhelm, have worked closely to develop a method that works for special needs and autistic children receiving haircuts by practicing their techniques on their autistic son Ashton. Sensory Sundays is the first Sunday of the month at Glow Studios in Ashburn.

She Rocks the World Virginia Girl's Summit

Patsy Mangas, President and Founder

Phone: 703-927-0838

Email: Info@sherockstheworld.org

Website: <https://www.sherockstheworld.org/>

She Rocks the World is a group created by teenage girls for teenage girls to encourage girls to become leaders through hand-on experiences and interactions with leaders in business, entertainment, and community. She Rocks the World has developed workshops to help develop emotional intelligence, has an ambassador program, and hosts an annual summit to help girls learn to use their own voices to positively impact the world. Ambassadors take an active part in the organization. They run the social media, interview CEOs, politicians and entertainers, and plan and run the Virginia Girls' Summit. Every year She Rocks the World hosts the Virginia Girls' Summit where girls meet together in a supportive environment where girls can take risks and build the confidence needed to be the next generation of leaders. The Summit is held on the campus of George Mason University.

Shiloh Project

Nancy Katz, LLC

Phone: 703-273-4056

Email: nancykatztriplett@me.com

Website: <https://www.nancykatz.com/>

The Shiloh Project's offer camps and classes for kids who love animals. Through field trips, special projects, guest speakers and hands-on rescue animal socialization and interaction, Club Y.A.A.P. participants learn how to make a difference for animals in the community. Each summer, The Shiloh Project partners with a variety of local animal rescues for Camp Underdog sessions. In addition to getting to train and socialize rescue dogs, campers will meet a variety of local animal welfare professionals, including Fairfax County Animal Protection Police officers, local vet techs and other animal rescue professionals. Campers experience hands-on animal interaction and a wide variety of humane education activities.

SPARC Solutions

Locations throughout Northern Virginia

SPARC Arlington
Arlington Mills Community Center
909 South Dinwiddie St.
Arlington, VA 22204

SPARC Fairfax
Providence Community Center
3001 Vaden Drive
Fairfax, VA 22031

McLean & Fairfax SPARC
Old Firehouse Teen Center
1440 Chain Bridge Road
McLean, VA 22101

Reston SPARC
South Gate Community Center
12125 Pinecrest Rd
Reston, VA 20191

SPARC Office
10201 Fairfax Boulevard, Ste 230
Fairfax, VA 22030
Phone: 703-228-6185
Website: <http://sparcsolutions.org>

SPARC, is an innovative clubhouse model supporting young adults with life-long physical and/or developmental disabilities. Life-skill development is accomplished through the guided activities presented by staff. Vocational skill development is accomplished through dynamic entrepreneurial projects. SPARC participants learn what it is like to operate a small business in direct support of their club. We currently produce note cards and calendars showcasing our own artwork and photography. Any adult over the age of 22 with a life-long disability is eligible to participate in SPARC.

Special Olympics Virginia

3213 Skipwith Road, Ste 100
Richmond, VA 23294

Phone: 800-932-4653

Email: info@specialolympicsva.org

Website: www.specialolympicsva.org

Area 14 Facebook: <https://www.facebook.com/specialolympicsloudouncounty/>

Area 23 Website: <http://www.pwsova.org/pwso/>

Area 26 Website: <http://novasova.org/>

Special Olympics Virginia is a year-round program of sports training and athletic competition for children and adults with intellectual disabilities. The Potomac Region

Area 14 serves Loudoun County, Aldie, Ashburn, Leesburg, Purcellville, South Riding, and Sterling. The Potomac Region, area 26 serves all the communities of Alexandria, Arlington, Fairfax, Falls Church, Herndon, and Vienna. The Rappahannock Region, area 23 serves the communities of Manassas, Manassas park, and Prince William. There are year-round sports training and athletic competitions in a variety of Olympic-type sports for all children and adults with intellectual disabilities. Sports include basketball, bowling, swimming, bocce, powerlifting, softball, tennis, equestrian, golf, flag football, soccer, and volleyball.

Specialtones App

Phone: 905-324-1461

Email: special@specialtones.com

Website: <https://specialtones.com/>

The Specialtones mobile app offers a comprehensive library of specialized music playlists to trigger and promote the neurological development of atypical children, irrespective of neurodevelopmental disorder(s). The data collection feature allows for the automatic customization of music playlists according to user-generated data profile, and also for benchmarking change in motor, phonological, cognitive and social behavior. The scheduling feature establishes a listening routine for children that can be followed using any speaker equipped with Bluetooth, including in the car. The website also has free podcasts and a newsletter that explains the history and science behind the music.

Trippin' With Jamie!

Jamie Scheff—Owner/Agent

Phone: 703-973-1334

Email: TrippinwithJamie@gmail.com

Website: <http://trippinwithjamie.weebly.com/>

Trippin' With Jamie! Is a travel agency that specializes in booking trips for people with special needs. Employees are trained and certified to best prepare for those needing special diets, on the autism spectrum, needing low-sensory environments, in a wheelchair, with a service dog, or needing allergy friendly accommodations.

TSA Cares

Phone: 855-787-2227

Email: TSA-ContactCenter@tsa.dhs.gov

Website: <https://www.tsa.gov/travel/passenger-support>

TSA Cares is a helpline that provides travelers with disabilities, medical conditions and other special circumstances additional assistance during the security screening process. Call 72 hours prior to traveling with questions about screening policies, procedures and what to expect at the security checkpoint. Travelers requiring special accommodations or concerned about the security screening process at the airport may ask a TSA officer or supervisor for a passenger support specialist who can provide on-the-spot assistance.

Camp Horizon

The Up Center

Offices located in Norfolk, Portsmouth, and Suffolk.

150 W. Boush Street, Ste 500

Norfolk, VA 23510

Phone: 757-965-8683

Email: info@theupcenter.org

Website: <https://www.theupcenter.org/how-we-help/disabilities/summer-camp-therapeutic-recreation/>

Camp Horizon is a summer program for children, ages five and older, and adults with disabilities. Dedicated counselors work individually with campers using a curriculum focused on therapeutic recreation and education. Camp Horizon is held from late-June through mid-August on the campus of Virginia Wesleyan University. Participants may attend day or overnight camp for a week or more.

Washington Metro Transit Reduced Fare Program

600 5th Street NW

Washington, DC 2001

Phone: 202-962-2700

TTY: 202-962-2033

Website: <https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies>

Customers who are under age 65 and receive Medicare (not Medicaid) automatically qualify for reduced fares and receive half fare on Metrobus and Metrorail. Medicare applicants may receive a Reduced Fare SmarTrip photo ID card by presenting a government issued photo ID and a valid Medicare card at the Metro Transit Accessibility Center, 600 5th St NW, Washington, DC. When paying cash on Metrobus, simply show the bus operator a photo ID and a valid Medicare card.

Domestic Violence Services

ACTS (Action in Community Through Service)

Main Location

3900 ACTS Lane

Dumfries, VA 22026

Helpline: 703-368-4141

Domestic Violence Hotline: 703-221-4951

Email: info@actspwc.us

Website: actspwc.org

ACTS fosters hope, provides relief and promotes self-sufficiency for those in crisis in Prince William County. ACTS runs the Beverly Warren Family Shelter, provides emergency assistance with utility bills and other basic needs, food assistance through the ACTS Hunger Prevention Center, support sexual assault survivors from hospital to court room, support domestic violence survivors, and suicide related support. ACTS Domestic Violence Services provide the only comprehensive Domestic Violence

Intervention program serving Prince William County and the cities of Manassas and Manassas Park. The Services include a safehouse where individuals can stay for up to one month at no cost, case management services, housing support, court advocacy and accompaniment, children's program, adult advocacy program, and behavioral intervention program.

Fairfax County Domestic Violence Action Center

DVAC

Historic Courthouse

4000 Chain Bridge Road, Ste 2702

Fairfax, VA 22030

DVAC South County

South County Human Services Building

8350 Richmond Highway, Ste 507

Alexandria, VA 22309

DVAC North County

Herndon Neighborhood Resource Center

1086 Elden Street

Herndon, VA 20170

Domestic & Sexual Violence Hotline: 703-360-7273

Phone: 703-246-4573

Email: DFSinfo@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence>

The Fairfax County Domestic Violence Action Center (DVAC) is a comprehensive, co-located service center created to provide culturally responsive information and support services for victims of domestic violence and stalking, and their families, as well as to promote the accountability of offenders of these crimes through specialized prosecution and offender supervision. Some services offered are court attire program, criminal injuries compensation, crisis intervention, emotional support and options counseling; education about the criminal and civil justice systems, emergency shelter, housing information and referral, short-term case management, and victim advocacy. Services are provided to victims of domestic violence or stalking and their families who reside in Fairfax County or were assaulted and/or stalked in the county.

Fairfax County Domestic and Sexual Violence Services

12011 Government Center Pkwy, Ste 740

Fairfax, VA 22035

Domestic & Sexual Violence Hotline: 703-360-7273

Phone: 703-324-5730

Email: DFSinfo@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence>

The Department of Family Services' Domestic and Sexual Violence Services offers compassionate and comprehensive state-accredited programs for women, men, teens

and children who have been affected by domestic and sexual violence, stalking and human trafficking. Services include a 24-hour hotline, Anger Management Program, Advocacy and Counseling Services, Domestic Violence Action Center, Hospital Accompaniment, Housing and Economic Support, Outreach and Education Services,

Loudoun Abused Women's Shelter (LAWS)

105 East Market St
Leesburg, VA 20176
Crisis Hotline & Shelter: 703-777-6552
Domestic Violence Services: 703-771-7845
Sexual Assault Services: 703-771-9020
Phone: 703-771-3397
Email: laws@lcsj.org
Website: <http://www.lcsj.org/services/>

LAWS operates a 24-hour crisis hotline; an emergency shelter; and provides domestic violence services, sexual assault services, legal services, and youth & children's services to victims of domestic violence and sexual assault. Additionally, they have a community outreach and teen violence prevention program. LAWS Domestic Violence Services provides comprehensive services to adult victims of domestic violence, emotional abuse, dating violence, and stalking and LAWS Sexual Assault Services provides comprehensive services to adults whose lives have been affected by sexual violence, including, sexual assault, rape, incest, sexual abuse, and sex trafficking. Services provided include short-term crisis counseling, support groups, court accompaniment, accompaniment to forensic medical exams, safety planning, information and referral to community resources, and assistance in filing protective orders. All Services are confidential and free of charge.

SCAN of Northern Virginia

205 South Whiting St, Ste 205
Alexandria, VA 22304
Phone: 703-820-9001
Email: info@scanva.org
Website: www.scanva.org

Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria/Arlington Court Appointed Special Advocate Program (CASA).

Quantico Victim Advocacy Program

Quantico Marine Corps Base
Little Hall, Lower Level

2034 Barnett Ave
Quantico, VA
Phone: 703-784-2570
24/7 helpline: 703-350-1688
Website: <http://quantico.usmc-mccs.org/marine-family/behavioral-health-program/family-advocacy-program-fap/victim-advocacy/>

Victim Advocate program services are available to military spouses and family members. Victims Advocates provide information, guidance, and support to victims. Advocates are specially trained to respond to incidents of domestic violence 24 hours a day, 7 days a week. Victim Advocates provide emotional support; advise victims of their rights, explore resources and service in both civilian and military communities, and accompany and support victims through medical and legal proceedings. Transitional Compensation may be available to victims of domestic violence can help you start a new life. This program provides 12-36 months of financial compensation and military ID card benefits and privileges to families of service members separated for domestic violence. To find out more about this program and to see if you qualify for the Victim Advocate Program, contact Victim Advocacy. Services are located on Marine Corps Base Quantico.

Tahirih Justice Center

Locations throughout the US.
National and Greater DC Offices
6402 Arlington Blvd, Ste 300
Falls Church, VA 22042
Phone: 571-282-6161
Email: greaterdc@tahirih.org
Website: www.tahirih.org/

Tahirih Justice Center is a national non-profit that serves immigrant women and girls fleeing violence. Services include immigration law, family law, impact litigation, trafficking prevention, social services, and training and education. Tahirih provides free legal services in immigration law and family law to help client rebuild their lives in safety and with dignity in the wake of violence. They also provide impact litigation to support clients in recovering damages from harms they have suffered, such as trafficking. Tahirih also partners with law enforcement and advocates to address the human trafficking problem in Greater DC. Help clients meet basic needs including food, shelter, medical care, and employment services.

The Women's Center

Locations in Washington DC and Northern Virginia
Northern Virginia Location
133 Park St NE, Building 127, 2nd Floor
Vienna, VA 22180
Phone: 703-281-2657
Email: questions@thewomenscenter.org
Website: <https://thewomenscenter.org/services/domestic-violence-sexual-assault/>

The Women's Center provides counseling services, domestic violence & sexual assault services, education & career services, and therapist training. Counseling services include individual, couples, & family counseling and support & therapy groups. The Women's Center has professional therapists and advocates who have experience supporting survivors of domestic violence and sexual assault. Services include Emotional Support & Counseling, Information & Referral, Victim Advocacy, Crisis Intervention, and Support Groups. The Women's Center provides services to people in need regardless of their ability to pay for them.

Child and Family Services Agency Links

Alexandria City Community and Human Services, Center for Children and Families

Website: www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=50494

The City of Alexandria Center for Children and Families provides programs and services for Behavioral Health, Domestic Violence and Sexual Assault, Child Welfare and Child Protective Services, Early Childhood and Youth Development.

Arlington County Department of Human Services, Child and Family Services

Website: <https://family.arlingtonva.us/>

The Arlington County Department of Human Services has information on Child Care, Child Welfare, Behavioral Healthcare, Child Abuse Prevention, Foster Care and Adoption, and Parent Resources.

Fairfax City Human Services

Website: <http://www.fairfaxva.gov/government/human-services>

Fairfax City Human Services offers a comprehensive array of direct social services is provided to City residents through various agencies under contract to the City of Fairfax. Nearly all of these contracts are with the Fairfax County Department of Family Services.

Fairfax County Department of Family Services (DFS)

Website: <https://www.fairfaxcounty.gov/familyservices/#gsc.tab=0>

Fairfax County Department of Family Services provides information on Children and Families, Older Adults, Financial and Medical Assistance, Domestic and Sexual Violence Services, Office for Children/Child Care, People with Disabilities, Employment Services, and Volunteer Opportunities.

Falls Church City Human Services Department

Website: <http://www.fallschurchva.gov/781/Human-Services>

Falls Church City Human Services Department provides information on Aging Services, Child Care Resources, Disability Services, Domestic Violence Services, Emergency Assistance, Health Care Resources, Homeless and Emergency Shelters, and Transportation Assistance.

Loudoun County Department of Family Services

Website: <https://www.loudoun.gov/107/Family-Services-Department>

The Loudoun County Department of Family Services website provides information on child care and adoption services, programs for older adult residents, employment and workforce training, abuse and neglect, juvenile detention center, foster care, nutritional and financial assistance to low-income families, and safe and affordable housing.

Prince William County Department of Social Services

Website:

<http://www.pwcgov.org/government/dept/socialservices/pages/about%20us.aspx>

The Prince William County Department of Social Services website provides information on Child and Adult Protective Services, Emergency Needs, Financial Assistance, Foster Care and Adoption, Child Care-Youth-family, Homeless Services, and PWC Continuum of Care.

Child Welfare Information Gateway

Website: www.childwelfare.gov/catalog

This website provides links to the newest child welfare publications. The information is organized by titles, topics, and series. There is also a list of publications available in Spanish. PDF versions of all of the pamphlets are available for download on the website.

Virginia Department of Social Services

Website: www.dss.virginia.gov

The Virginia Department of Social Services website provides information on how to apply for benefits, child support assistance, foster care and adoption, and finding local social services departments.

Online Family Support Guides and Resources

Alexandria City Community and Human Services Resource Guide for Children, Youth and Families

Website:

http://alexandriava.gov/uploadedFiles/court_services/info/2011ResourceGuide.pdf

The Resource Guide for Alexandria's Children, Youth and Families is an inventory of resources that promote youth well-being in the City of Alexandria, VA.

American Sign Language Resources in Virginia

Website: <http://wp.vcu.edu/vcucfi/wp-content/uploads/sites/1763/2012/08/ASL-Resource-in-Virginia.pdf>

The American Sign Language Resources in Virginia website has a list of several ASL classes throughout the Commonwealth of Virginia.

ArlingtonFamilies.com

Website: <https://family.arlingtonva.us/arlingtonfamilies-com/>

Arlington Families is a site that links parents and caregivers to valuable online resources about what's happening for families in Arlington, Virginia.

Aunt Bertha: Connecting People and Programs

Website: <https://www.auntbertha.com/>

Aunt Bertha is a nationwide searchable database for free or reduced cost services like medical care, food, job training, and more.

Children's Services Act (CSA) Website

Website: <http://www.csa.virginia.gov/>

The Children's Services Act (CSA) is the name for a law enacted in 1993 that establishes a single state pool of funds to purchase services for at-risk youth and their families. State funds, combined with local community funds, are managed by local interagency teams who plan and oversee services to youth.

Exceptional Parent Magazine

Website: <http://www.eparent.com/>

The Exceptional Parent Magazine provides articles on special needs resources as well as a blog and a special needs resource directory.

LGBT Community Support Groups in Northern Virginia

Website: <https://family.arlingtonva.us/wp-content/uploads/sites/26/2018/02/LGBT-Community-Support-Groups-in-Northern-Virginia.pdf>

This is a link to a list of support groups in the Northern Virginia Region for the LGBT Community. The list is created by Arlington County DHS.

Prince William County Disability Services Board Community Resources Guide

Website:

<http://www.pwcgov.org/government/dept/aaa/Documents/Committee%20for%20Persons%20with%20Disabilities%20Resource%20Guide.doc>

This Community Resources Guide has a list of resources for persons with disabilities and includes information on many different topics including accessing assistive technology, ADA information, service dogs, social security, transportation, and volunteer opportunities in the community.

Social Security Administration Disability Benefits

Website: <https://www.ssa.gov/benefits/disability/>

This website has information related to federal disability benefits. The website includes information on what the benefits are, how to apply for benefits, how the process works, links to an application, and a way to check on the status of an application. The website is refreshingly easy to navigate.

Technical Assistance Center on Social Emotional Intervention (TACSEI)

Website: www.challengingbehavior.org

TACSEI assists states in their efforts to improve systems and services related to children with disabilities.

Virginia Department of Social Services: Directory of Child Placing Agencies

Website: <https://www.dss.virginia.gov/facility/lcpa.cgi>

Virginia Department of Social Services: Child Placing Agencies website is a directory that lists all licensed child placing agencies in Virginia.

Virginia Department of Social Services: Promoting Safe and Stable Families (PSSF)

Website: <http://www.dss.virginia.gov/family/pssf.cgi>

The Promoting Safe and Stable Families Program (PSSF) is designed to assist children and families resolve crises, connect with necessary and appropriate services, and remain safely together in their own homes whenever possible.

Virginia Disability Navigator

Website: <http://disabilitynavigator.org>

Virginia disability Navigator provides direction for people with disabilities. The website provides information on advocacy, community, family, health, home, and planning.

Virginia Infant & Toddler Specialist Network

Website: <http://va-itsnetwork.org/>

Virginia Infant & Toddler Specialist Network is striving to achieve excellence in early care by increasing the knowledge level and skills of those who care for infants and toddlers, whether in family homes or in centers. Along with professional development opportunities for paid caregivers, their website has resources for families including an Ask the Expert link, Child Product Recalls, links to Resources for Families, and information on how to choose quality childcare.

Virginia's Resource Guide for Families of Children with Hearing Loss

Website: <http://wp.vcu.edu/vcucfi/wp-content/uploads/sites/1763/2012/08/Virginia-Resource-Guide-for-Families-of-Children-who-are-Deaf-Hard-of-Hearing-2016.pdf>

This resource guide outlines the different types of hearing loss, how to read test results, how to use adaptive devices, ASL and other forms of communication, how hearing loss affects kids in different developmental stages.

LEGAL ADVOCACY SERVICES AND RESOURCES

Adoption Law

Academy of Adoption & Assisted Reproduction Attorneys (AAAA)

859 Riverside Drive, Ste 11

Greenwood, IN 46142

Phone: 317-407-8422

Email: Info@adoptionart.org

Website: <https://adoptionart.org/>

Academy of Adoption & Assisted Reproduction Attorneys includes 470 attorneys, law professors, and judges who are recognized as Fellows and have extensive experience in the practice of adoption law, ART law, or both. Located around the world – including the United States, Canada, Australia, Argentina, Israel, and the United Kingdom – Fellows of AAAA are considered legal thought leaders and are a highly-vetted, experienced group.

Law Office of Karen S. Law, PLC

43330 Junction Plaza, Ste 164

Ashburn, VA 20147

Phone: 703-723-4385

Email: KLaw@lawadoption.com

Website: <https://www.lawadoption.com/index.html>

Karen S. Law an adoption attorney practicing in Northern Virginia. Mrs. Law represents adoptive parents and birth parents in private, agency, international, step-parent, and relative adoptions. She has been certified by the Virginia Supreme Court as a Guardian Ad Litem to represent the interests of children in adoptions throughout the Commonwealth. She often speaks at national conferences on intercountry adoption and has visited orphanages all over the world. The website offers information on adoption law, step parents, adoptive parents, birth mother services, re-adoption, agency and foster care, financial help, and intercountry adoption/immigration.

Robert H. Klima PC

Virginia Adoption Attorney

9300 Grant Ave, Ste 101

Manassas, VA 20110

Phone: 703-361-5051

Email: RHKlima@RHKlima.com

Website: www.RHKlima.com

Robert H. Klima has been helping adoptive parents and birth parents for over 30 years and has successfully handled more than 2,500 adoptions throughout Northern Virginia and the entire Commonwealth. With offices in Fairfax and Manassas, Mr. Klima represents clients in all types of adoption-related matters, including stepparent adoptions, parental placement adoptions, agency adoptions, interstate adoptions, international adoptions, foster parent adoptions and contested adoptions.

Stan Phillips, Esq

Goldenberg & Phillips, P.C.

1921 Gallows Rd, Ste 110

Tysons Corner, VA 22182

Phone: 703-891-2200

Website: <https://goldenbergandphillips.com/adoption-attorney/>

Attorney Stan Phillips has over 30 years of experience working as an adoption lawyer. He is licensed in Virginia and DC and practices exclusively in the area of adoption law.

He has been awarded the Congressional Angel in Adoption Award to honor his work in enriching the lives of foster children and promoting adoption. Mr. Phillips is active in drafting major rewrites to Virginia's adoption laws as well as on a national level, participated in the drafting of the Uniform Adoption Act.

Education Law and Disability Law

Sheri R. Abrams, Esq

10467 White Granite Dr, Ste 306

Oakton, VA 22124

Phone: 571-328-5795

Email: sheri@sheriabrams.com

Website: www.sheriabrams.com

Sheri R. Abrams, has worked for over twenty years in the areas of Social Security Disability Law, Special Needs Planning, Elder Law & Estate Planning. Sheri's niche-within-a-niche is Social Security Disability Law and the special needs area of estate planning (Special Needs Trusts & Guardianship), which require additional care and experience, to properly understand and meet the needs of the community involved. Sheri has assisted hundreds of clients with their Social Security Disability appeals and special needs issues. She assists clients with guardianship cases in situations where an adult is not able to make decisions for themselves. Sheri also establishes Wills, Trusts & Powers of Attorney.

Belkowitz Law, PLLC

10427 North St, Ste 200

Fairfax, VA 22030

Phone: 703-246-9270

Email: cbelkowitz@belkowitzlaw.com

Website: <https://belkowitzlaw.com>

Belkowitz Law, PLLC helps families ensure their children receive the free appropriate public education guaranteed by law. The practice helps parents navigate the complex maze of special education services, and find solutions to the multi-faceted issues facing students with disabilities. Belkowitz Law also represents students in bullying matters, grade appeals, placement decisions, and disciplinary cases. Attorneys provide legal advocacy, Due Process, and representations in court to facilitate the best outcome in the most efficient way.

Brownley Law Group

Reston Office

11710 Plaza America Drive, Ste 2000

Reston, VA 20190

McLean Office

8300 Greensboro Drive, Ste 800
McLean, VA 22102
Phone: 703-758-5562
Email: <https://brownleylaw.com/>
Website: <https://brownleylaw.com/>

The Brownley Law Group has Special Education Advocates and Educational Consultants that have the education, training, and practical experience to help navigate special education. They are well versed in reading and analyzing test scores, reports and IEPs, and then applying that knowledge. Advocates are well informed regarding the local professionals in such fields as Testing, Speech and Language, Visual and Auditory Processing, Neuro-psychology, and Occupational Therapy. All Advocates are expert at seeking and obtaining positive results in contentious and sometimes hostile situations. The Group also offers Case Analysis for \$650 prior to retaining the group. For the Case Analysis, a lawyer reviews the case for 1-2 hours and then meets with clients for 2 hours to discuss the law, appropriate course of action, answer any questions, and give a professional legal opinion of the case.

Cervoni Disability Law, PLLC

200 Little Falls Street, Ste 507
Falls Church, VA 22046
Phone: 703-241-2625
Email: info@cervonidisabilitylaw.com
Website: <http://www.cervonidisabilitylaw.com/>

Cervoni Disability Law is a practice dedicated to Social Security disability. Attorneys help families through the application process when clients seek eligibility for SSDI benefits. Attorneys also communicate with clients treating physicians to obtain medical evidence, and submits relevant materials to the Social Security Administration (SSA) and Administrative Law Judge (ALJ) to achieve the best possible outcome.

Council of Parent Attorneys and Advocates (COPAA)

P.O. Box 6767
Towson, MD 21285
Website: www.copaa.org

COPAA's mission is to protect and enforce the legal and civil rights of students with disabilities and their families. Their primary goal is to secure high quality educational services and to promote excellence in advocacy. COPAA works to enable parents to work more effectively with school personnel; encourages more attorneys and advocates to undertake representation of parents of children with disabilities; provides information, encourages networking, provides training, and file amicus curiae briefs in cases of national significance.

disABILITY Law Center of Virginia (dLCV)

1512 Willow Lawn, Ste 100
Richmond, VA 23230

Phone: 800-552-3962
Email: info@dlcv.org
Website: <https://www.dlcv.org/>

The Disability Law Center of Virginia seeks to protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities. It helps with disability-related problems like abuse, neglect, and discrimination and also helps people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems, targeted in program goals, may also receive advocacy services and legal representation.

Equal Rights Center

820 First St NE, Ste LL 160
Washington, DC 20002
Phone: 202-234-3062
Phone: 866-719-4372
Email: info@equalrightscenter.org
Website: www.equalrightscenter.org

The Equal Rights Center joined by the Disability Rights Council and its membership, protects the civil rights of persons with disabilities. The ERC takes a multifaceted approach to protecting and advocating for the civil rights of people with disabilities, with a goal of assuring that people with disabilities have the same choices and opportunities that people without disabilities enjoy every day.

Lisa Fagan, Esq

Phone: 571-331-5626
Email: fagan6@cox.net
Website: www.lisafaganlaw.com

Lisa Fagan is an advocate in the areas of special education and disability rights, advocating for services under IDEA and section 504 for students with disabilities. She has represented clients in school disciplinary hearings and counseled clients regarding disability rights and benefits.

William (Bill) Jaffe

Belkowitz Law, PLLC
10427 North St, Ste 200
Fairfax, VA 22030
Phone: 703-246-9270
Email: wjaffe@belkowitzlaw.com
Website: <https://belkowitzlaw.com/index.php/about-us/william-b-jaffe>

William ("Bill") Jaffe is an experienced special education attorney who practices with Belkowitz Law, PLLC. Bill has worked as Attorney Advisor for the District of

Columbia Public Schools' Office of General Counsel, where he represented the school district in Individuals with Disabilities Education Act ("IDEA"), school discipline, and employee misconduct cases. Bill has also worked for the U.S. Department of Justice and the Office of the New York Attorney General. Bill received his B.A. from Columbia University and his J.D. from Benjamin N. Cardozo School of Law.

J.D. Hiznay PLLC

Phone: 571-527-0537

Website: <https://jdhiznay.com/>

J.D. Hiznay, PLLC is a Northern Virginia law firm providing advocacy and support for children and young adults with learning differences. Services provided include private consultations on strategies to obtain services and accommodations, psycho-educational testing, therapeutic support, and application for public benefits; representation in 504 plans, IEPs, and school placement decisions; assessment of school placement needs; representation in school discipline matters for children with disabilities; consultation on transition and post-secondary preparedness, including assessment of legal needs upon the age of majority; and referral to specialists who provide comprehensive diagnostic assessments, therapeutic interventions including occupational therapy and speech-language therapy, and medical or psychiatric interventions as applicable.

JustChildren Legal Assistance

Legal Aid Justice Center

Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA

Northern Virginia Office

6066 Leesburg Pike, Ste 520

Falls Church, VA 22041

Phone: 703-778-3450

Website: <https://www.justice4all.org/justchildren-program/>

JustChildren provides free civil legal representation to low-income children statewide who have unmet needs in the education, foster care, and juvenile justice systems. The primary objective is to protect clients' rights to live and thrive safely in their communities and in their schools. Some areas of representation include school discipline, court involvement, truancy, enrollment or re-enrollment, juvenile justice, and juvenile reentry. Strategies include individual representation, community education and organizing, and statewide advocacy.

The Law Office of Grace E. Kim

11325 Random Hills Road, Ste 360-110

Fairfax, VA 22030

Phone: 703-225-3395

Email: gekim@gekimlaw.com

Website: <https://www.gekimlaw.com/>

Grace E. Kim has focused her law practice on Special Education Law and School Discipline in Virginia. Under the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act (ADA), students with disabilities are entitled to a Free and Appropriate Public Education (FAPE). However, school districts may fail to provide disabled students with the necessary Goals, Accommodations, Services, and Placement that they are guaranteed under the law. This can lead to situations in which a student is disciplined for behaviors that are a manifestation of their disability, and are in essence punished for their disability. Grace Kim has the passion, knowledge and skill to assist your family through these and other special education and education law-related situations. Grace E. Kim speaks English, Korean, and Spanish fluently.

Law Office of Alexander Soroko, Esq

1100 North Glebe Rd, Ste 1010
Arlington, VA 22201
Phone: 703-224-8044
Email: Asoroko@SorokoLaw.com
Website: www.alexandersorokolaw.com

The law firm of Alexander Soroko provides assistance on legal issues for those with disability needs in the following areas: special education law; school discipline; due process hearings; IDEA, FAPE, IEP, MDR, and 504; disability estate planning; special needs trusts; health care directives; power of attorney letters; living trusts; wills; guardianships; conservators; Medicaid health insurance; and social security supplemental income.

Law Office of Joan H. Proper, PC

9300 West Courthouse Road, Ste 202
Manassas, VA 20110
Phone: 703-291-6660
Email: jhp@jproperlaw.com
Website: www.jproperlaw.com

The Law Office of Joan H. Proper, represents clients in Fairfax County, Prince William County, Loudoun County, Arlington, Alexandria City, Manassas City, and in other jurisdictions. The firm's commitment to legal advocacy and dispute resolution is evident in their representation in juvenile and young adult cases and education, including special education, issues as well as divorce. Joan fundamentally understands the school system and counsel parents on their rights and options that are available.

Legal Aid Justice Center

Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA
Northern Virginia Office
6066 Leesburg Pike, Ste 520
Falls Church, VA 22041
Phone: 703-778-3450
Website: <https://www.justice4all.org/>

The Legal Aid Justice Center provides legal representation for low-income individual in Virginia. Their mission is to seek equal justice for all by solving clients' legal problems, strengthening the voices of low-income communities, and rooting out the inequities that keep people in poverty. Programs include Civil Rights & Racial Justice, Economic Justice, JustChildren, and Immigrant Advocacy.

Legal Services of Northern Virginia (LSNV)

Regional Offices in Arlington, Fairfax, Alexandria, Prince William, Loudoun, Route 1, and Fredricksburg.

Main Office

10700 Page Avenue, Ste 100

Fairfax, VA 22030

Phone: 703-778-6800

Email: help@isnv.org

Website: <http://www.lsnv.org/what-we-do/child-advocacy/>

LSNV attorneys advocate on behalf of low-income children and disabled children who experience unmet needs in the educational system. Advocates work to inform families of the right of their children to receive an education, and to improve educational opportunities for children whose needs are not being met through the educational system. LSNV attorneys also advocate for children with disabilities who require additional services and benefits. Advocates provide assistance through informational sessions, handouts, presentations to community organizations and parent groups, and ongoing outreach to other community service organizations. Types of cases they handle include special education and school discipline cases, adoptions (especially by step-parents or other relatives), access to benefits, guardianships for disabled young adults, civil protective orders on behalf of kids, assist with public benefits, adult guardianships for disabled kids who are turning 18, doing Powers of Attorney, and extending permanent child support for disabled children.

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Mathis and Mathis Disability Advocates

1650 King Street, Ste 650

Alexandria, VA 22314

Phone: 202-335-6215

Website: <http://www.mathisdisabilityadvocates.com/>

Mathis and Mathis advocate for individuals with disabilities and their families in the process of winning Social Security benefits. Representatives assist in the application process and in the appeals process if benefits are denied. Mathis and Mathis has represented thousands of clients throughout Washington, D.C., Baltimore and the Mid-Atlantic region. Members of the senior staff have actually worked for the Social Security Administration.

McIntyre DeFede Law, PLLC

9315 Center St, Ste 102

Manassas, VA 20110

Phone 703-659-1962

Website: <https://www.mcintyredefedelaw.com/Education-Law/>

McIntyre DeFede Law PLLC Education Law Special Education Attorneys will assist families in ensuring that the school meets its legal obligation to children. This firm helps clients with determining their child's eligibility by working with medical professionals, determining services related to IEPs and 504 Plans, attending meetings, and serving as a liaison between families and the school system.

Office of the Family & Student Ombudsman

Fairfax County Public Schools
8270 Willow Oaks Corporate Drive
Fairfax, VA 22031

Phone: 571-423-4014

Email: ombudsman@fcps.edu

Website: <https://www.fcps.edu/department/office-family-student-ombudsman>

Family and Student Ombudsman is a new position and provides an independent, confidential resource for students, families, and community members, offering informal help to resolve concerns, problems, complaints, and other student-related issues. The Office of the Family and Student Ombudsman works to serve families and students by providing information about resources and how to access them, understanding concerns and providing support to resolve them. The Office of the Family and Student Ombudsman follows the four principles of the International Ombudsman Association of confidentiality, independence, impartiality, and informality.

WrightsLaw

P.O. Box 1008

Deltaville, VA 23043

Email: webmaster@wrightslaw.com

Website: www.wrightslaw.com

WrightsLaw provides extensive information and training about special education law including information about the Individuals With Disabilities Education Act (IDEA 2004), education law, and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter, and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

CASAs and Other Support Resources

CASA Court Appointed Special Advocates

9384-C Forestwood Ln

Manassas, VA 20110

Phone: 703-330-8145

Email: info@casacis.org

Website: www.casacis.org

CASA is a not-for-profit organization serving Greater Prince William, Loudoun, Fauquier and Rappahannock counties. It provides a variety of services including legal rights advocacy for children still within the adoption system. The Court Appointed Special Advocates (CASA) for Children program recruits, trains and supports citizen-volunteers to advocate for the best interests of abused and neglected children in courtrooms and communities. Volunteer advocates—empowered directly by the courts—offer judges the critical information needed to ensure that every child’s rights and needs are being attended to while in foster care.

CASA Fairfax

4103 Chain Bridge Rd, Ste 200

Fairfax, VA 22030

Phone: 703-273-3526

Email: dcunningham@casafairfax.org

Website: www.fairfaxcasa.org

CASA is a not-for-profit organization providing legal rights advocacy for abused and neglected children referred by the Fairfax County Juvenile and Domestic Relations District Court. The Court Appointed Special Advocates (CASA) for Children program recruits, trains and supports citizen-volunteers to advocate for the best interests of children. Volunteer advocates—empowered directly by the courts—offer judges the critical information needed to ensure that every child’s rights and needs are being met.

Loudoun Abused Women’s Shelter (LAWS)

105 East Market St

Leesburg, VA 20176

Crisis Hotline & Shelter: 703-777-6552

Legal Services Phone: 703-771-3397

Email: laws@lcsj.org

Website: <http://www.lcsj.org/services/>

LAWS operates a 24-hour crisis hotline; an emergency shelter; and provides domestic violence services, sexual assault services, legal services, and youth & children’s services to victims of domestic violence and sexual assault. Additionally, they have a community outreach and teen violence prevention program. LAWS Legal Services provides legal consultation and representation to victims of domestic violence, sexual assault, dating violence, and stalking who need assistance obtaining a protective order or with other family law issues. Services provided include consultation with an attorney, legal representation for victims obtaining a protective order, legal representation for victims in custody, divorce, child support & spousal support hearings, assistance in filing charges against and abuser, and court accompaniment by an advocate. All Services are confidential and free of charge.

SCAN of Northern Virginia

205 South Whiting St, Ste 205

Alexandria, VA 22304
Phone: 703-820-9001
Email: info@scanva.org
Website: www.scanva.org

Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria/Arlington Court Appointed Special Advocate Program (CASA).

Tahirih Justice Center

Locations throughout the US.
National and Greater DC Offices
6402 Arlington Blvd, Ste 300
Falls Church, VA 22042
Phone: 571-282-6161
Email: greaterdc@tahirih.org
Website: www.tahirih.org/

Tahirih Justice Center is a national non-profit that serves immigrant women and girls fleeing violence. Services include immigration law, family law, impact litigation, trafficking prevention, social services, and training and education. Tahirih provides free legal services in immigration law and family law to help client rebuild their lives in safety and with dignity in the wake of violence. They also provide impact litigation to support clients in recovering damages from harms they have suffered, such as trafficking. Tahirih also partners with law enforcement and advocates to address the human trafficking problem in Greater DC. Help clients meet basic needs including food, shelter, medical care, and employment services.

Criminal Law Special Needs

W. Michael Chick, Jr.

Carroll Nuttall, PC
10513 Judicial Dr, Ste 102
Fairfax, VA 22030
Phone: 703-273-7007
Email: mike.chick@carrollnuttall.com
Website: <https://www.carrollnuttall.com/attorneys/w-michael-chick-jr/>

W. Michael Chick, Jr. is an associate at Carroll Nuttall, which is a criminal law practice. Mike is a criminal law attorney experienced in FASD cases. Mike is also committed to

using his position as a lawyer to serve others, and accordingly, he acts not only as retained/hired counsel for those who can afford his services, but also as a court-appointed attorney for indigent defendants who cannot otherwise afford a lawyer.

Erik Jurgensen, Esq

May Law, LLP

3975 University Drive Ste 360

Fairfax, VA 22030

Phone: 703-312-0410

Email: Law@MayLawLLP.com

Website: <https://maylawllp.com/team/c-erik-jurgensen/>

Erik Jurgensen is a partner and practicing counsel at May Law, LLP. His practice concentrates on traffic and criminal defense in all Virginia courts and the U.S. District Court for Eastern District of Virginia. His experience includes cases that involve both family and criminal law including adult children with special needs, including FASD.

JustChildren Legal Assistance

Legal Aid Justice Center

Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA

Northern Virginia Office

6066 Leesburg Pike, Ste 520

Falls Church, VA 22041

Phone: 703-778-3450

Website: <https://www.justice4all.org/justchildren-program/>

JustChildren provides free civil legal representation to low-income children statewide who have unmet needs in the education, foster care, and juvenile justice systems. The primary objective is to protect clients' rights to live and thrive safely in their communities and in their schools. Some areas of representation include school discipline, court involvement, truancy, enrollment or re-enrollment, juvenile justice, and juvenile reentry. Strategies include individual representation, community education and organizing, and statewide advocacy.

Law Office of Joan H. Proper, PC

9300 West Courthouse Road, Ste 202

Manassas, VA 20110

Phone: 703-291-6660

Email: jhp@jproperlaw.com

Website: www.jproperlaw.com

Arlington, VA 22201

The Law Office of Joan H. Proper, represents clients in Fairfax County, Prince William County, Loudoun County, Arlington, Alexandria City, Manassas City, and in other jurisdictions. The firm is committed to legal advocacy and dispute resolution. Joan has experience in representing juvenile and young adult cases and education, including special education issues, and divorce.

Rene Sandler

11 N Washington St, Ste 210

Rockville, MD 20850

Phone: 301-610-9797

Email: sandler@sandlerlawllc.com

Website: <https://sandlerlawllc.com/>

Website: <https://sandlerlawllc.com/cps.htm>

Rene practices law in the areas of criminal defense, protective orders and peace orders, DUI and traffic violations, criminal and civil appeals, juvenile criminal attorney, personal injury, motor vehicle administration (MVA) hearings, and child protective services investigations (CPS). Rene is regularly hired by individuals as well as attorneys to assist their clients with Child Protective Services investigations.

Family Law and Special Needs Planning

Sheri R. Abrams, Esq

10467 White Granite Dr, Ste 306

Oakton, VA 22124

Phone: 571-328-5795

Email: sheri@sheriabrams.com

Website: www.sheriabrams.com

Sheri R. Abrams, has worked for over twenty years in the areas of Social Security Disability Law, Special Needs Planning, Elder Law & Estate Planning. Sheri's niche-within-a-niche is Social Security Disability Law and the special needs area of estate planning (Special Needs Trusts & Guardianship), which require additional care and experience, to properly understand and meet the needs of the community involved. Sheri has assisted hundreds of clients with their Social Security Disability appeals and special needs issues. She assists clients with guardianship cases in situations where an adult is not able to make decisions for themselves. Sheri also establishes Wills, Trusts & Powers of Attorney.

Association of Family and Conciliation Courts (AFCC)

Email: afcc@afccnet.org

Resource Website: <https://www.afccnet.org/resource-center/resources-for-families/categoryid/1>

Family Court Services Guide: <https://www.afccnet.org/services/AFCC-Family-Court-Services-Resource-Guide>

AFCC is the premier interdisciplinary and international association of professionals dedicated to the resolution of family conflict. AFCC members are the leading practitioners, researchers, teachers and policymakers in the family court arena. The website has resources for families that include articles on access to justice, a searchable family court services resource guide, and pamphlets for parents to use to understand custody concerns and explain what is happening to their children.

Bean Kinney & Korman PC, Attorneys

2300 Wilson Blvd, Ste 700

Arlington, VA 22201

Phone: 703-284-7258

Email: info@beankinney.com

Website: <https://www.beankinney.com/services-domestic-relations.html>

Bean, Kinney & Korman has a domestic relations practice area that includes divorce, child custody, support, marriage and adoption. The practice serves clients throughout Maryland, D.C. and Virginia, including those in Arlington, Alexandria, Fairfax, Falls Church, Reston, McLean and the surrounding areas. Counsel has sensitivity, knowledge and skills to guide clients through the adoption process while making it understandable.

Beckman Schmalzle Georgelas & Ross

L. Georgelas

Leesburg Office

29 North King Street

Leesburg, VA 20176

Phone: 703-722-0717

Email: info@bsgrlaw.com

Website: <http://www.bsgrlaw.com/christin-l-georgelas/>

Beckman Schmalzle Georgelas & Ross are the leading divorce attorneys in Northern Virginia. Beckman Schmalzle Georgelas & Ross is experienced in all aspects of family law including divorce, collaborative divorce, child custody, mediation, visitation rights and property support among others. Christin Georgelas is a partner of the firm and focuses in all areas of Domestic Relations (family law) including divorce, equitable distribution, settlement agreements, premarital agreements (“Prenupts”), spousal support, custody, visitation, child support, wills, and post-divorce issues. She regularly practices in several jurisdictions in Northern Virginia, including Loudoun County, Fairfax County, Prince William County, Clarke County, Frederick County and the City of Winchester. Christin also serves as a Guardian ad litem for children, where she represents children in court proceedings.

The Bushman Law Group

2800 Shirlington Rd, Ste 503

Arlington, VA 22206

Phone: 703-845-9070

Email: info@theblg.com

Website: <http://www.bushmanlawgroup.com/>

The Bushman Law Group maintains expertise in many areas of law including trust and estate planning, conservatorships, guardianships, Medicaid, and family law.

The Collins Firm

McLean Virginia Office

1501 Farm Credit Drive, Ste 2000

McLean, VA 22102

Phone: 703-748-3400

Website: <https://mikecollins.com/>

Link to seminar dates: <https://mikecollins.com/estate-planning-seminars/>

The Collins Firm offers estate planning services and seminars throughout the greater DC Metro area. The Collins Firm prefers that customers attend one of their estate planning seminars, where you'll learn what you need to know about wills, trusts, taxes, probate and how to keep your money in their family. The Collins Firm helps clients gain a foundational understanding about estate planning before paying for legal advice. Check the website for upcoming seminar dates and locations.

Cucinelli Geiger, PC

4084 University Drive, Ste 202A

Fairfax, VA 22030

11702 Bowman Green Drive

Reston, VA 20190

Phone: 703-481-6464

Email: info@cucinelligeiger.com

Website: <http://cucinelligeiger.com/>

Cucinelli Geiger, PC is a boutique law firm that focuses on Elder Law, Estate Planning, and Special Needs Planning. They listen first, to understand unique needs and goals, and then provide the advice that is best for particular situations. Representatives work with seniors and their families to provide legal advice and legal services specifically for your unique financial and medical situation. They also help families who are planning for disabled adults or children.

Hartsoe & Morgan, PLLC

Office

4084 University Drive, Ste 100

Fairfax, VA 22030

Leesburg Office (by appointment only)

7 East Market Street, Ste 225

Leesburg, VA 20176

Phone: 703-591-3100

Email: info@hartsoemorgan.com

Website: <https://www.hartsoemorgan.com/>

Hartsoe & Morgan, PLLC is a law practice specializes in several areas of law, including domestic relations and family law and estate planning (including wills, trusts, and advance medical directives). In domestic relations and family law matters, Hartsoe & Morgan represents clients in divorce proceedings and handle a variety of other matters such as division of marital assets, alimony calculations and amendments thereto, and

additional guardianship issues. The estate planning attorneys at Hartsoe & Morgan offer full-service estate planning services for clients with packages that include Wills, Durable Powers of Attorney, and Advance Medical Directives.

The Elder and Disability Law Center (EDLC)

Virginia Office-Tyson's Corner
8300 Boone Blvd, Ste 500
Vienna, VA 22182
Phone: 202-452-0000
Website: <https://www.edlc.com/>

The Elder and Disability Law Center (EDLC) is a boutique estate planning and elder law firm serving clients throughout Washington, D.C., Virginia and Maryland. Lawyers provide you with comprehensive legal services in such areas of law as life care planning and management, Medicaid planning and eligibility, guardianships and conservatorships, probate, estate and trust administration, estate and disability planning, and special needs trusts.

First Fridays Futures Planning

The Arc of Northern Virginia
2755 Hartland Road, Ste 200
Falls Church, VA 22043
Phone: 703-208-1119, ext 120
Email: Beneficiary.Advocate@thearcofNoVA.org
Website: <https://thearcofnova.org/trust-presentations/>

On the First Friday of the month from 10am- 12pm, Tia Marsili, Director of Trusts, will present to families, siblings and adults with disabilities or others interested in learning about special needs trusts and other tools to consider when developing a plan for the future. A schedule of topics can be found online.

Law Office of Alexander Soroko, Esq

1100 North Glebe Rd, Ste 1010
Arlington, VA 22201
Phone: 703-224-8044
Email: Asoroko@SorokoLaw.com
Website: www.alexandersorokolaw.com

The law firm of Alexander Soroko provides assistance on legal issues for those with disability needs in the following areas: special education law; school discipline; due process hearings; IDEA, FAPE, IEP, MDR, and 504; disability estate planning; special needs trusts; health care directives; power of attorney letters; living trusts; wills; guardianships; conservators; Medicaid health insurance; and social security supplemental income.

Law Offices of M.H. Lawrence, P.C.

4000 Legato Road, Ste 400

Fairfax, VA 22033
Phone: 703-267-9666
Email: mhlawrence@mhlawrence.com
Website: <http://mhlawrence.com/>

The Law Office of M.H. Lawrence, P.C. specializes in estate planning, elder law, guardian, long-term care planning, estate and trust administration, special needs planning, military families with special needs, and spousal inheritance rights. The Law Office of M.H. Lawrence can assist in setting up a Special Needs Trust or an ABLER Account to allow inheritance funds to be for the beneficiary's qualified disability expenses without jeopardizing public assistance benefits such as Medicaid and SSI.

Law Office of Michael D. Toobin, PC

7006 Little River Turnpike
Annandale, VA 22003
Phone: 703-354-7700
Email: mtoobin@toobinlaw.net
Website: <http://toobinlaw.net/>

The Law Office of Michael Toobin is experienced in the area of special needs trusts and the legal process of guardianship. The purpose of planning for a child with special needs is to provide lifetime money management for your child, protect your child's eligibility for public benefits, and ensure funds are available for use should public funding cease or be restricted.

Legal Services of Northern Virginia (LSNV)

Regional Offices in Arlington, Fairfax, Alexandria, Prince William, Loudoun, Route 1, and Fredricksburg.

Main Office

10700 Page Avenue, Ste 100
Fairfax, VA 22030
Phone: 703-778-6800
Email: help@lsnv.org
Website: <http://www.lsnv.org/what-we-do/child-advocacy/>

LSNV attorneys advocate on behalf of low-income children and disabled children who experience unmet needs in the educational system. Advocates work to inform families of the right of their children to receive an education, and to improve educational opportunities for children whose needs are not being met through the educational system. LSNV attorneys also advocate for children with disabilities who require additional services and benefits. Advocates provide assistance through informational sessions, handouts, presentations to community organizations and parent groups, and ongoing outreach to other community service organizations. Types of cases they handle include special education and school discipline cases, adoptions (especially by step-parents or other relatives), access to benefits, guardianships for disabled young adults, civil protective orders on behalf of kids, assist with public benefits, adult guardianships

for disabled kids who are turning 18, doing Powers of Attorney, and extending permanent child support for disabled children.

Lloyd Law, PLLC

Barbara Lloyd Kessinger, Esq

15033 Walking Stick Way

Haymarket, VA 20169

Phone: 571-213-7483

Email: blk@lloydlawpllc.com

Website: https://www.lloydlawpllc.com/Lloyd_Law,_PLLC/Home.html

Lloyd Law provides in-home consultation is available in the Bristow / Gainesville / Haymarket / Nokesville area. Daytime, weekend and evening appointments are available at convenient locations in Northern Virginia. Services include estate planning, special needs trusts, guardianship and conservatorship, estate administration and probate, special needs advocacy, and education law.

Thompson Wildhack, PLC

6045 Wilson Blvd, Ste 101

Arlington, VA 22205

Phone: 703-237-0027

Website: <http://www.twplc.com/>

Thompson Wildhack, PLC is a law firm located in Arlington, Virginia providing professional legal representation primarily in the areas of estate planning, special needs planning, guardianship and conservatorship, elder law, and estate and trust administration to individuals in Northern Virginia and the District of Columbia.

Trust Talk Tuesdays

The Arc of Northern Virginia

2755 Hartland Road, Ste 200

Falls Church, VA 22043

Phone: 703-208-1119, ext 120

Email: Beneficiary.Advocate@thearcofNoVA.org

Website: <https://thearcofnova.org/events/workshops/#trust-talk-tuesdays>

Held twice a month on Tuesday mornings, these small-group discussions will focus on Special Needs Trusts. Tia Marsili, Director of Trusts, will walk you through the importance of planning for the future of your loved one with a disability, why SNTs are important, who may establish SNTs, how they are funded, how you can protect means-tested benefits, how to help those who cannot manage their own money, and other critical services and programs that you should consider.

Waddell Group

1953 Gallows Rd, St 110

Vienna, VA 22182

Phone: 703-881-9173

Website: <https://www.raymondjames.com/waddellgroup/services/services/special-needs-planning>

The Waddell Group are financial advisors who seek to help families with special needs achieve financial security, providing independent financial planning for those who have a loved one with a disability.

Mediation and Other Legal Services

Colin Family Mediation Group LLC

P.O. Box 2481

Springfield, VA 22152

Phone: 703-864-2101

Email: mediatorQ@gmail.com

Website: colinfamilymediationgroup.com

The professional family mediators in Colin Family Mediation Group LLC are dedicated to supporting the welfare of children in the families. When relatives and foster or adoptive parents want help discussing things that are hard to talk about, such as a schedule for visits, school plans, or child support, an experienced, certified family mediator may be just the person the family needs. The mediators help all involved figure out how to work together to create a world in which their children can feel safe and well cared for.

Immigration Legal Services

Northern Virginia Family Services (NVFS)

Multicultural Center

6400 Arlington Blvd, Ste 110

Falls Church, VA 22042

Phone: 571-748-2800

1801 George Mason Drive

Arlington, VA 22207

Legal Services Hotline: 571-748-2806

Phone: 571-748-2800

Email: mcir@nvfs.org

Website: <https://www.nvfs.org/about-nvfs/locations/multicultural-center/>

Legal Services Website: <https://www.nvfs.org/our-services/immigration-legal-services/>

The Multicultural Center is part of the Northern Virginia Family Services (NVFS). The Center provides a wide range of services for individuals and families new to the U.S from which clients can quickly become integrated into their new community. Services include Immigration Legal Services, Counseling and Mental Health Services, and Case Management Services. NVFS Legal Services assists immigrants and their families in achieving safety and stability in the United States by providing competent, culturally sensitive and low-cost immigration-related legal services. NVFS represents clients in a

wide variety of family-based and humanitarian immigration cases. Due to high volume, it may take up to one week for an immigration attorney to respond.

Northern Virginia Mediation Services (NVMS)

9653 Fairfax Blvd, Ste 203

Fairfax, VA 22031

Phone: 703-865-7272

Email: info@nvms.us

Website: <https://nvms.us/co-parenting-class/>

NVMS offers a co-parenting class that covers the challenges of parenting from separate homes, the challenges this poses for your child, how to be more involved in your child's life, how to improve communication between you and your child's other parents, the many ways to communicate with your child, and ways to prevent and resolve conflicts. Both parents are not required to attend, but may take the class together if they would like. This class is offered free of charge to parents with open Division of Child Support Enforcement cases by the Virginia Department of Social Services. Class includes a snack and co-parenting manual, Two Parents, Two Homes, with additional parenting resources. A certificate of completion is also provided at the end of class.

TransParenting

Northern Virginia Family Services (NVFS)

Administrative Headquarters

10455 White Granite Dr., Ste 100

Oakton, VA 22124

Phone: 571-748-2500

Email: oaktonreception@nvfs.org

Website: <https://www.nvfs.org/transparenting-seminar/>

The TransParenting seminar emphasizes each parent's responsibility to provide a nurturing, non-threatening environment for their children, and is designed to help divorcing parents shift their attention to their children's needs. Parents learn ways to lessen the negative impact of divorce on their children by focusing on separation as seen through their child's eyes. This seminar also emphasizes parents' roles in the child's ability to adjust to changes in their lives. This seminar meets Supreme Court of Virginia requirements and is designed specifically for co-parenting and may not suffice for court orders related to Child Protective Services (CPS). Children are not allowed to attend the seminar, preregistration and prepayment are required. Cost to attend is \$50 per person.

Online Legal Guides and Resources

Disability Car Insurance: What Are My Rights?

Website: <https://www.obrella.com/resources/disability-car-insurance-guide/>

This website provides information about rights and things that families need to know when buying auto insurance coverage.

Center for Disability Leadership

Website: www.virginiasefadvocacy.org

Center for Disability Leadership supports and encourages people with disabilities to become leaders in their own lives and leaders in their communities. The website has information about looking for a job and training modules to help develop leadership skill as individuals and as members in the community. There is also links to information about

Estate, Trust, Guardianship Services Directory

The Arc of Northern Virginia

Website: https://thearcofnova.org/business-directory/wpbdp_category/estate/

The Arc of Northern Virginia has a directory of services that includes a section with Estate, Trust, and Guardianship law providers in the Northern Virginia Region.

Grandfamilies.org

Website: <http://grandfamilies.org/>

This website has information on federal and state laws related to many topics including adoption, education, federal laws, financial assistance, foster care licensing, housing, healthcare, and subsidized guardianship.

Guide to Disability Rights Laws Website: www.ada.gov/cguide.htm

This guide provides an overview of Federal civil rights laws that ensure equal opportunity for people with disabilities including the Americans with Disabilities Act (ADA) and the Individuals with Disabilities Education Act (IDEA).

VA LegalAid.com

Website: <https://www.valegalaid.org>

Legal Directory: <https://www.valegalaid.org/find-legal-help/directory>

VaLegalAid.org is an attempt by Virginia legal aid offices and their partners to provide complete, accurate, up-to-date information on poverty law issues in an interactive and easily accessible format. A sample of topics included on the website include Consumer, Debtors Rights, Elder Law, Employment, Family and Domestic and Sexual Violence, and Housing. VA LegalAid.com also has a link to a legal directory in Virginia.

Virginia Legal Aid Society

Information Website: <http://vlas.org/>

Application Website: <http://vlas.org/get-legal-help/ways-to-apply/>

Virginia Legal Aid Society provides pro bono support to people who have low-income. Programs include Advocating for Special Kids (ASK), Strengthening Families with Children (SFC), Medicaid Access Project (MAP), Crisis Income Protection (CIP), Housing Improvement and Preservation (HIP), and Enroll VA.

MEDICAL AND HEALTH CARE SERVICES AND RESOURCES

Physical, Occupational, and Speech and Language Therapy

Achieve Beyond Pediatric Therapy and Autism Services

Locations throughout the US.

Virginia/Metro DC Location

11240 Waples Mill Rd, Ste 101

Fairfax, VA 22030

Phone: 703-237-2219

Email: metrodc@achievebeyondusa.com

Website: <http://www.achievebeyondusa.com/index.php/office-locations/virginia>

Achieve Beyond, with a professional team including psychologists, program supervisors, instructors, board certified behavior analysts, and speech, occupational and physical therapists, develops an individualized program to teach communication, social and play skills, independence, appropriate behavior and pre-academic skills. Achieve Beyond offers Parent Training, Therapy Services, Occupational and Physical Therapy, and Speech-Language Therapy. Services are provided in the home, community settings, or in the clinic in Fairfax, VA. Funding sources for treatment and evaluations include The Early Intervention Program of Virginia, Insurance Companies and Private Payment options

Blue Ridge Speech and Hearing Center

19456 Deerfield Ave, Ste 201

Lansdowne, VA 20176

Phone: 703-858-7620

Email: info@speechhearing.org

Website: www.speechhearing.org

Blue Ridge Speech and Hearing Center is a nonprofit providing Audiological Services, Speech Therapy, and Occupational Therapy to Loudoun County's residents in need. Discounted or subsidized treatment for people with speech, language, hearing, and developmental challenges is available. The Audiology department offers an array of services to help protect hearing, diagnose hearing loss, and assist in all hearing healthcare. The clinic works with several hearing aid manufacturers to provide patients with a variety of options including different levels of technology, sizes, and costs. In addition the clinic uses the Fast ForWord Therapy Program, a computer based therapy program that "retrains" the brain to improve language skills.

Building Blocks Therapy Pediatric Speech and Language Services

450 W Broad St, Ste 215

Falls Church, VA 22046

Phone: 703-533-8819

5185 MacArthur Blvd, Ste 101
Washington, DC 20016
Phone: 202-363-8255
Email: admin@buildingblocks.com
Website: buildingblockstherapy.com/

Building Blocks Therapy provides professional speech, language, and occupational therapy for children. The center serves infants, toddlers, and school-aged children in a child-centered and play-based setting. Services include 1:1 therapy, group therapy, and play and social skills groups. Experienced with autism, Down syndrome, dyspraxia, compromised muscle tone, cerebral palsy, and many other disabilities.

Children's Speech Therapy Center (CSTC)

44025 Pipeline Plaza Ste 105
Ashburn, VA 20147
Phone: 703-723-7270
Email: info@childrens-speech.com
Website: www.childrens-speech.com

Children's Speech Therapy Center (CSTC) focuses on diagnosing and treating the unique needs of children communication disorders. Every tool and technique used is designed for children. CSTC works with children ranging in age from birth to adolescence. CSTC does IEP consultations and screenings, consultations, evaluations and treatment, and provides pediatric speech therapy. CSTC also has social skills groups and reading interventions.

The Children's Therapy Center

Gainesville Office
7001 Heritage Village Plaza, Ste 175
Gainesville, VA 20155
Phone: 703-291-1254

Springfield Office
8348 Traford Ln, Ste 200
Springfield, VA 22152
Phone: 703-569-7500

Sterling Office
100 Carpenter Dr, Ste 140
Sterling, VA 20164
Phone: 703-707-9060
Email: kids@pediatric-therapy.com
Website: www.pediatric-therapy.com

Children's Therapy Center is a multidisciplinary practice that offers outpatient physical therapy, occupational therapy, and speech therapy services from birth through adolescence. The practice offers specialized programs such as intensive therapy, constraint (CIMIT) Camp, Feeding Group, Interactive Metronome, ILS Integrated Listening System, Augmentative and Alternative Communication (AAC), Animal Assisted Therapy, Therapeutic Listening, Handwriting Without Tears, Gait Camp, Mindful Masterminds, Social Skills Group, GoBabyGo, Yoga, Fitness for Fun, Kids in the Kitchen, and Dance Camp.

Coleman Therapy Center (CTC)

Main Office

14701 Lee Highway, Ste 305
Centreville, VA 20121

Oakton Office

10467 White Granite Drive, Ste 306, Room 7
Oakton, VA 22124
Phone: 703-266-7700
Email: jjccoleman@gmail.com
Website: www.colemantherapycenter.com

Coleman Therapy Center (CTC) offers pediatric speech and language therapy. Most of the therapy program consists of either a 30 or 60 minute individual therapy session, which follows an individualized treatment plan based on the strengths and needs of each child. CTC also offers Reading Programs, Social Skills Groups, Fabulous Fridays for Children with Down Syndrome, Hippotherapy (horseback riding), and The Listening Program.

Continuum Pediatric Therapy

Offices in Columbia, MD and Chesapeake and McLean, VA

McLean Office

1651 Old Meadow Rd, Ste 600
McLean VA 22102
Phone: 703-506-0123
Website: <http://www.pediatrictherapies.net/>

Continuum Pediatric Therapy provides evidence-based speech and language therapy to support child's ability to interact with the world around him or her through the use of languages. Feeding and swallowing therapy is also provided to help children meet their basic nutritional needs and broaden their diets. Assistive technology is also used to enrich language development when appropriate. Therapy is provided in individual and small group sessions depending on the recommended type and frequency of treatment. Services are available in home as well as their clinics..

Creative Health Solutions

3900 Jermantown Rd, Ste 250
Fairfax, VA 22030

Phone: 703-910-5006
Email: INFO@CreativeHealthLLC.com
Website: www.creativehealthllc.com

Creative Health Solutions offers a range of services including developmental screening and school readiness programs; listening, occupational, and speech-language therapies; and support for young adults transitioning to independence. Creative Health Solutions offers seamlessly integrated occupational therapy and speech-language pathology as well as other custom developed services and programs to help children and adults address physical, emotional, and social challenges. They customize a unique program for each client through evaluation and individual treatment plans. They customize a unique program for each client through evaluation and individual treatment plans.

Dower and Associates, Inc.

Corporate Office
9845 Business Way
Manassas, VA 20110

Clinic Location
24538 Marrwood Rd
Aldie, VA 20105
Phone: 703-618-6180
Email: information@dowerandassociates.com
Website: www.dowerandassociates.com

Dower and Associates specializes in the assessment and treatment of children and adolescents diagnosed with Autism Spectrum Disorder utilizing ABA and in the areas of receptive and expressive language delays and disorders, learning disabilities, ADD/ADHD, phonemic awareness difficulties, phonological/articulation delays, auditory and language processing disorders, semantic-ragmatic disorder, word finding deficits, reading, spelling, and written language problems. Dower and Associates, Inc. current staff of speech/language pathologists and individual instructors/tutors provide services (e.g. evaluations, therapy, tutoring, training, functional behavioral assessments) and consultations to children in a variety of settings (e.g. office, private and public schools, community, and group home living environments).

Exceptional Children's Center

7001 A Loisdale Rd
Springfield, VA 22150
Phone: 703-971-0602
Email: info@exceptionalchildrenscenter.com
Website: www.exceptionalchildrenscenter.com

Exceptional Children's Center offers pediatric occupational therapy, speech-language therapy, and feeding therapy. Services and programs are designed to identify a child's current development, investigate underlying causes for developmental or behavioral

challenges, and to provide ongoing support to facilitate independence and positive changes.

Fairfax County Speech and Hearing Clinics

Fairfax Speech and Hearing Clinic at Joseph Willard Health Center
3750 Old Lee Hwy
Fairfax, VA 22030

Herndon-Reston Speech and Hearing Clinic
1800 Cameron Glen Drive, Ste 100
Reston, VA 20190-3308

Mount Vernon Speech and Hearing Clinic
8350 Richmond Highway, Ste 233
Alexandria, VA 22309-6100,
Phone: 703-246-7120
Email: speechhearing@fairfaxcounty.gov
Website: <https://www.fairfaxcounty.gov/health/speech-hearing>

Fairfax County's Speech and Hearing Clinics are dedicated to helping children and adults communicate effectively. Clinic staff is certified by the American Speech-Language-Hearing Association (ASHA) and licensed by the Commonwealth of Virginia Department of Health Professions. The clinic provides speech, language, and hearing services, including complete diagnostic evaluation and treatment of adult language and swallowing disorders, aphasia, apraxia, articulation delay or disorder, autism spectrum disorders, child language delay or disorder, cleft palate, stuttering, and language learning disabilities.

Growing Kids Therapy Center

722 Grant St, Ste A
Herndon, VA 20170
Phone: 703-464-0456
Website: www.growingkidstherapy.com

Growing Kids Therapy offers pediatric speech, diagnostic and therapeutic services for children of all ages. Services include developmental and speech-language screenings for toddlers and preschoolers, speech-language evaluations, language, cognitive, and academic evaluations. Growing Kids Therapy also offers various tutoring services, including social skills, and math and reading remediation, as well as IEP and educational consulting. Independent and group services are available. The center also offers professional training, school consultations, web-based parent seminars, communications partner workshops, and sibling seminars.

Helping Hands Pediatric Therapy Services

2049 Jefferson Davis Highway
Stafford, VA 22554
Phone: 540-657-1423

Email: office@hhitherapy.com
Website: <https://www.hhitherapy.com/>

Helping Hands Pediatric Therapy Services offers an eclectic approach to therapy, and works closely with parents and families to educate them about their child's diagnosis, treatment, and therapeutic options. Their therapists are passionate about helping families understand their child's daily challenges, therefore increasing a positive outcome for their child's treatment, and improving their child's quality of life. Helping Hands services include Occupational Therapy, Speech Therapy, Sensory Integration, Social Thinking Groups, Life Skills Groups, Educational Support, and Private Day School.

Lynn Konnerth, SLP

10023 Black Ct
Fairfax, VA 22032
Phone: 703-503-3216
Email: lynnk2@verizon.net

Lynn Konnerth is a Speech Pathologist/Therapist.

L.E.A.P. Ahead, Inc.

10686 Crestwood Dr, Ste A and B
Manassas, VA 20109
Phone: 703-392-6166
Fax: 703-392-3885
Email: info@leapahead.org
Website: www.leapahead.org

L.E.A.P. Ahead provides therapy and consultations to children ranging from the ages of 18 months to 16 years of age who have been diagnosed with Autistic Spectrum Disorder and other related disorders. L.E.A.P. works in a variety of settings including within the home, their office, and supporting public and private schools. L.E.A.P. focuses on the implementation of Applied Behavior Analysis (ABA), with an emphasis in Verbal Behavior (VB) and also offers parent support, speech therapy and occupational therapy. LEAP accepts Kaiser Permanente, Anthem Blue Cross, Federal Blue Cross, Aetna, and private pay.

OT 4 Kids

1125 North Patrick Henry Drive
Arlington, VA 22205
Phone: 703-237-7320
Email: OT4Kids@ot4kidsvirginia.com
Website: www.ot4kidsvirginia.com

This is a pediatric occupational therapy group, specializing in treating children with a broad range of needs, with a focus on early intervention in any developmental delays, using the Sensory Integration frame of reference. Services offered include: Evaluation

and assessment of fine and gross motor skills, sensory integration and visual-perceptual skills; Individual treatment sessions; Play partner and socialization sessions; Parent, caregiver, and school consultations; Coordination of treatment with other service providers; Therapeutic Listening Program; and Handwriting Without Tears.

OT Family Connections

JoAnn Kennedy, OTR/L, LLC

5229 Richardson Dr

Fairfax, VA 22032

Phone: 703-978-6532

Email: otjoann@gmail.com

Facebook: https://www.facebook.com/Dr-JoAnn-Kennedy-OTRL-OT-Family-Connections-810127512335305/?hc_location=ufi

JoAnn Kennedy is a licensed occupational therapist who has worked with children with sensory integration needs for over 30 years. JoAnne uses sensory integration model and use other effective interventions (Floor Time, Qigong Sensory Training, Tagteach, Therapeutic Listening) when indicated. She also specializes in serving children who have attachment and trauma disorders.

Pediatric Achievements, LLC

2235 Tackett's Mill Dr, Ste C

Woodbridge, VA 22192

Phone: 703-491-1044

Email: info@pediatricachievements.com

Website: www.pediatricachievements.com

The mission at Pediatric Achievements, LLC is to facilitate independence, intrinsic motivation, and happiness across all environments. Pediatric Achievements aims to collaboratively treat the whole child with the highest quality of individualized care and undivided attention to children and their families. Services offered include Occupational Therapy Evaluations and Treatment, Occupational Therapy Evaluations for a 504 Plan, Early Intervention Services, Handwriting Tutoring, Parent-Infant Massage Classes, Group Motor Skills Classes, Consultations and Monthly Informational Seminars and Workshops.

Pediatric Feeding and Speech Solutions

704 South King St, Ste 1

Leesburg, VA 20175

Phone: 703-771-2200

Email: kelly@pediatricfeedingandspeech.com

Website: www.pediatricfeedingandspeech.com

Pediatric Feeding and Speech Solutions is a unique private practice in a home-like setting that offers individualized and specialized treatment options for pediatric feeding and speech and language disorders. The goals of the therapists are to provide direct therapy and family education to help children reach their feeding and communication

potential, treat the individual rather than an isolated problem, decrease family stress related to mealtimes, offer individualized treatment plans and work as a team with other professionals to optimize the therapy process.

Practical Speech Solutions, PLC

2121 Eisenhower Ave, Ste 234

Alexandria, VA 22314

Phone: 703-850-0872

Website: <http://practicalspeechsolutions.com/>

Practical Speech Solutions, PLC provides diagnostic and therapeutic treatment for children ages 1-18 with communication delays and disorders. Providers work directly with parents and caregivers to educate and enhance communication abilities. Parents are an essential part of the therapy process and are thus encouraged to observe and participate.

Skillbuilders

Offices in Cary, NC and Annandale, McLean, and Alexandria, VA

Annandale Office

7617 Little River Turnpike, Ste 310

Annandale, VA 22003

Phone: 703-941-7757

McLean Office

1487 Chain Bridge Rd, Ste 102

McLean, VA 22101

Phone: 703-821-8883

Del Ray Office

2104 Mount Vernon Ave

Alexandria, VA 22301

Website: www.skillbuildersllc.com

Skill Builders is a private, speech-language and occupational therapy practice seeking to foster positive changes in the daily lives of children and adults. Licensed therapists work with each family to tailor a specific and focused treatment program that meets the unique needs of each patient. In addition to traditional speech, language and occupational therapy services they also offer Augmentative/Alternative Communication; LAMP; Tutoring; Speech/Language Social Groups; Feeding Consultations, Assessments, and Treatment; Oral Myofunctional Therapy, and a variety of Training and Workshops.

Speech Beginnings, PLC

7512 Ashby Lane, Unit G

Alexandria, VA 22315

Phone: 571-481-4344

Email: speechbeginnings@gmail.com

Website: www.speechbeginnings.com

Speech Beginnings is a pediatric speech therapy practice that provides in-home diagnostic and therapeutic services to children of all ages with an emphasis on preschool and elementary-aged children. They provide individualized therapy services to meet communication needs and work closely with parents to assist in progress.

Speech Beginnings provides screenings, evaluations, individual and group therapy sessions, consultative services, community/school-based services, and English/Spanish bilingual evaluations and therapy sessions.

Washington Speech

11150 Fairfax Blvd, Ste 500

Fairfax, VA 22030

Phone: 703-537-0373

Email: info@washingtonspeech.com

Website: www.washingtonspeech.com

Washington Speech is a private speech therapy practice treating children and adults with speech, language, voice, and cognitive disorders. They encourage input from patients and parents or caregivers to help create and maintain a responsive and comfortable environment for everyone involved in the patient's therapy.

Wings to Fly Therapy and Play Center

4530 Walney Road, Ste 203

Chantilly, VA 20151

Phone: 703-466-5533

Email: info@wingstoflytherapy.com

Website: <http://www.wingstoflytherapy.com/index.html>

Wings to Fly Therapy and Play Center is a pediatric (birth to 18 years old) treatment facility serving clients age birth -18 years old. The clinic has two occupational sensory-exploration rooms and several individual therapy rooms. Their mission is to provide an integrated ("all-in-one") therapy and recreational center that empowers families to become their own experts about their children's potential. Their dream has always been to create a caring place where families can obtain practical and collaborative therapies in one location. Their wish is to help families navigate their journey and create meaningful road maps for their futures.

Vision Therapy

Family Vision Therapy

Dr. Kavita Malhotra, FCVOD

501 Church Street NE, Ste 215

Vienna, VA 22180

Phone: 703-242-0737

Email: Drmalhotra@cox.net

Website: <http://familyvisiontherapy.com/>

Family Vision Therapy provides comprehensive and thorough vision care for patients of all ages. Using the latest advances in diagnostic and therapy technologies, Dr. Malhotra provides vision therapy specific to each patient's needs. Providing comprehensive vision exams and vision therapy to treat the following conditions: Learning related vision problems, eye teaming, focusing disorders, tracking problems, strabismus and amblyopia or lazy eye, visual rehabilitation, and computer vision syndrome.

Virginia Vision Therapy Center

Fredericksburg Office
1101 Heatherstone Drive, Ste B
Fredericksburg, VA 22407

Manassas Office
10374 Battleview Pkwy
Manassas, VA 20109

Springfield Office
Cary Building
8136 Old Keene Mill Road, Ste A-210
Springfield, VA 22152

Winchester Office
3031 Valley Ave, Ste 104
Winchester, VA 22601
Phone: 703-753-9777
Website: www.virginiavisiontherapycenter.com

Dr. Davis and Dr. Carlyle have over 30 years of experience specializing in Developmental Optometry, Vision Therapy, NeuroOptometry, and Low Vision Services. Virginia Vision Therapy Center provides hope for children and adults by providing the answers and solutions to all of the difficulties and symptoms related to a vision disorder.

BioFeedback and NeuroFeedback Therapy

The Better Brain Center

2121 Eisenhower Avenue, Suite 604
Alexandria, VA 22314
Phone: 833-964-8483
Email: info@thebetterbraincenter.com
Website: <https://thebetterbraincenter.com/>

The Better Brain Center provides psychiatry, counseling, and neurofeedback services. Counselors are experienced in treating anxiety disorders, depression and mood disorders, grief, trauma, self-harm behaviors, and life transitions. Neurofeedback is used to treat symptoms of chronic pain, insomnia, anxiety, depression, ADHD, and a

variety of behavioral and functional issues from autism and anger management to athletes and executive wanting enhanced performance.

BiofeedbackWORKS in Virginia

Herndon Office
512 Herndon Parkway, Ste F
Herndon, VA 20170

Hamilton Office
38669 Eudora Lane
Hamilton, VA 20158
Phone: 703-689-0449
Email: biofeedbackworksva@gmail.com
Website: <https://www.biofeedbackworksva.com/>

BiofeedbackWORKS in Virginia offers neurofeedback, general biofeedback, qEEG assessment, counseling and psychological assessments. Neurofeedback is a specialized form of brain training that helps improve brain function and flexibility. It is a safe, effective, and non-invasive treatment without the risks and side effects that are possible with medication. Biofeedback is a therapeutic technique in which people learn to use body signals to self-regulate and improve health. May work with Attention Disorders, Anxiety Related Disorders, Depression, Trauma-PTSD, Head Injuries, Headaches, Addictions, Sleep Disorders, Learning Issues, Autism Spectrum Disorders, and Reactive Attachment Disorder.

Break-Thru Coaching

Valerie Hadeed MHS, CSAC, CHWC
3929 Old Lee Highway, Ste 92-D
Fairfax, VA 22030
Phone: 703-409-2101
Email: Break-Thru@valeriehadeed.com
Website: <https://www.break-thrucoaching.com/>
Facebook Page: <https://www.facebook.com/coachbreakthru/?pnref=story>

Break-Thru Coaching offers NeuroFeedback Coaching, Progressive Recovery Coaching and Health and Wellness Coaching. Valerie Hadeed is a certified Health and Wellness Coach, Certified Substance Abuse Counselor, and has a Master of Human Service. Using a combination of NeuroOptimal neurofeedback and coaching each client will see benefits tailored to his or her own needs. Break-Thru Coaching helps others in finding their fulfillment by addressing physical, mental, emotional, and spiritual needs to help maintain balance, manage stress, and make positive life changes toward goals. Break-Thru Coaching also offer Substance Use Assessments.

Carlton NeuroFeedback Center

8805 Sudley Road, Ste 200
Manassas, VA 20110
Phone: 703-335-9149

Website: <https://carltonneurofeedbackcenter.com/>

The Carlton NeuroFeedback Center can help individuals recover from a stressful period in their lives, improve their performance at school, work, sports and other outside interests. NeuroFeedback can provide relief from many of the debilitating symptoms associated with brain-based disorders. The Carlton NeuroFeedback Center treats symptoms related to ADHD and ADD, Anxiety, Autism, Bipolar Disorder, Concussions/Head Injuries, Depression, Insomnia, Migraines, PTSD/Trauma, and Seizures/Epilepsy.

Counseling Bliss LLC

Archana Dogra, Ph.D.

9246-B Mosby Street

Manassas VA 20110

Phone: 571-358-1728

Email: counselingbliss@gmail.com

Website: <http://www.counselingbliss.org/>

Dr. Archana Dogra has extensive experience working with children, adolescents and adults. Counseling Bliss is currently accepting referrals for individuals suffering from anxiety, depression, academic underachievement, ADHD, trauma and mood disorders. Dr. Dogra works from a strengths-based perspective and has been specifically trained in Internal Family Systems and Neurofeedback. Dr. Dogra uses a variety of evidence-based approaches to create a blissful counseling experience, a journey that can be healthy, therapeutic and meaningful.

Family Compass

11150 Sunset Hills Road, Ste 150

Reston, VA 20190

Phone: 703-471-5517

Website: <http://familycompass.com/services/neurofeedback-for-anxiety-attention-and-mood-regulation/>

Family Compass provides early intervention, individual and group therapy for children, and guidance for parents. Family Compass offers psychological, neuropsychological, and developmental evaluation and treatment. Areas of focus include therapy for behavioral, emotional, and parenting challenges; early intervention for developmental delays and/or autism; testing and intervention for attention and learning challenges; neurofeedback for anxiety, attention and mood regulation; and social skills, drama, art and psychotherapy groups.

Brain Shape

Tamera Siminow

2915 Hunter Mill Rd, Ste 6

Oakton, VA, 22124

Phone: 703-728-6087

Website: <https://brainshapellc.com/>

Brain Shape helps clients leverage the body's ability to self-correct to create calmer bodies and minds through the use of cutting-edge neurofeedback techniques based on neuroscience. Trainees re-pattern their brains' electrical pathways for optimized functioning. Tamera Siminow is a certified neurofeedback specialist who customizes in-office sessions and supports at-home training when appropriate. They offer a free no obligation consultation.

NOVA Neuro Center

Dr. Doreen McMahon
1485 Chain Bridge Road, Suite 202
McLean, VA 22101
Phone: 703-760-0987
Email: novaneuro@hotmail.com
Website: <http://novaneurotherapy.com/>

NOVA NeuroIntegrative Medicine offers biofeedback, EEG neurofeedback, behavior incentive systems and counseling. Dr. McMahon, a medical doctor, performs biomedical work-ups, many biomedical treatments, and neurofeedback. Consistent and regular practice of good brain conduct over at least 4-6 months is necessary to attain the fundamental changes in brain architecture and processing for lasting effects.

Peak Performance Neurofeedback, LLC

13800 Coppermine Road, Ste 249
Herndon, VA 20171
Phone: 619-540-3235
Email: drbethdavis@peakperformance-neurofeedback.com
Website: <http://www.peakperformance-neurofeedback.com/>

Peak Performance Neurofeedback provides state of the art Neurofeedback and Cognitive Behavioral Treatment. A few of the conditions currently treated with success are ADD, ADHD, ASD, Depression, PTSD, Anxiety, Learning Disorders, Memory or other cognitive problems such as mTBI (mild traumatic brain injury), and addictions. Treatment occurs over approximately 20 sessions (two or three times weekly) by providing a reward (a desired video plays) whenever selected EEG parameters move in the direction of increased stability, efficiency, and improved regulation.

SYMMETRY Neuro-Pathway Training

Phone: 844-272-4666
Email: Dianne@SYMMETRYNeuroPT.com
Website: <https://symmetryneuropt.com/>

SYMMETRY Neuro-Pathway Training (Neuro-PT) uses neurofeedback to re-pattern the way the brain responds to internal and external impulses. At SYMMETRY Centers, clients are able to visit us in a relaxed and friendly location for sessions. Treatment consists of a series of relaxing sessions where in a subtle, but effective way, brains receive visual and auditory feedback based on brainwave activity. This helps to re-

pattern neural pathways. While personality endures, awareness and adaptive responses are cultivated. Clients can expect to attend approximately 40 sessions. Treatment options are in clinics or programs in your home with online consultations.

Virginia Center for Neurofeedback, Attachment & Trauma

420 3rd Street, NE
Charlottesville, VA 22902
Phone: 434-878-3146
Email: info@virginianeurofeedback.com
Website: <http://virginianeurofeedback.com/>

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

Other Medical Resources

Jacquelyn Calbert, MD

Pediatric Specialists of Virginia (PSV)
Fairfax Office
3023 Hamaker Court, Ste 200
Fairfax, VA 22031
Phone: 703-876-2788
Website: <http://psvcare.org/physicians/jacquelyn-calbert-md>

Dr. Jacquelyn Calbert works in the Fairfax office of Pediatric Specialists of Virginia. She is board certified in Neurodevelopmental pediatrics. Dr. Calbert's areas of clinical interest include ADHD, autism, school problems, learning disabilities, behavioral problems, and developmental delays for all patients starting from birth-23 years of age.

Children's Hospital of Richmond at VCU

Virginia Commonwealth University
Phone: 804-828-2467
Website: www.chrichmond.org

Children's Hospital provides a variety of clinical, therapeutic, and support services for a variety of medical conditions. The services are offered at several locations in and around the Richmond, VA area.

Cover Virginia

Phone: 855-242-8282
Website: <https://www.coverva.org/>

Cover Virginia is a health insurance marketplace connecting Virginians to affordable health insurance. This website has information about Virginia's Medicaid and FAMIS programs for children, pregnant women and adults. There is also information about health insurance options available through the Federal Marketplace. Individuals can apply online or search for someone who can assist with applications.

Developmental Pediatric Specialists of Virginia (PSV)

Children's National and Inova Health System

Executive Offices

3023 Hamaker Court, Ste 200

Fairfax, VA 22031

Administration Phone: 703-848-6610

Inquiries or Appointment Phone: 703-876-2788

Website: <http://psvcare.org/specialty/developmental-pediatrics>

Locations in Ashburn, Fair Oaks, Fairfax, Falls Church, Fredericksburg, Manassas, and Woodbridge.

The Developmental Pediatrics team at Pediatric Specialists of Virginia (PSV) provides comprehensive care for children and adolescents with neurodevelopmental disorders, including cognitive, motor, social, and behavioral needs. Practitioners have unique expertise in caring for children with impairments of typical brain function that often impact their behavior, memory, and ability to learn. These disorders often first appear in early childhood as cognitive, motor, social, and behavioral problems that affect daily life, including school and family.

Diabetes Management Program

Cumberland Hospital for Children and Adolescents

9407 Cumberland Rd

New Kent, VA 23124

Phone: 800-368-3472

Website: <http://www.cumberlandhospital.com/treatment/hospital-services/chronic-illness/>

Cumberland Hospital for Children and Adolescents has a Diabetes Management Program for hard-to-treat children and adolescents. Cumberland's 16-bed, co-ed medical Residential Treatment Program provides a specialized milieu for adolescents ages 13 to 22. These residents do not require hospitalization, but need supervision for medical compliance and a structured environment to address behavioral, emotional and control issues that impede successful medical self-care. Licensed as a behavioral health program, residents also receive 24-hour nursing and medical management assistance. At discharge, program participants will demonstrate skills and knowledge to effectively monitor their blood sugars with insulin, healthy diet, and exercise.

Gainesville Holistic Health Center

7528 Old Linton Hall Rd

Gainesville, VA 20155
Phone: 571-248-0695
Email: info@ghhcenter.com
Website: <http://www.ghhcenter.com/>

Holistic health is a lifestyle that requires clients to be an active participant taking control and responsibility of various aspects of their life. This is the first and only center that takes nutrition, body, mind, emotion, spirituality, exercise, training, stressors and quantum levels of health under one approach. GHHC integrates several therapeutic approaches into one practice including Chiropractic, Naturopathy, Integral Medicine, Integrated Psychiatry, Integrated Neurology, Integrated Internal Medicine, Holistic, Alternative and Complementary Medicine in a collaborative model of healing.

Get Assistance Link

Northern Virginia Family Services (NVFS)
10455 White Granite Dr, Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Email: info@NVFS.org
Get Assistance Link: <https://www.nvfs.org/get-assistance/>

NVFS provides tools to build brighter futures, stronger families and a stronger, healthier communities. NVFS offers a wide range of services, from food and shelter to health care access to job training. Program availability varies by county. The NVFS get assistance link allows individuals to search for service availability in each county. NVFS can provide referrals to low-cost dental clinics and health care access for adults and children. NVFS health access programs negotiate with private health care providers so that many children in our community are assured health care

Greater Prince William Community Health Center

Manassas Location
9705 Liberia Avenue, Ste 201
Manassas, VA 20110

Woodbridge Location
4379 Ridgewood Center Dr, Ste 102
Woodbridge, VA 22192

Dumfries Location
17739 Main Street, Ste 130
Dumfries, VA 22026
Phone: 703-680-7950
Website: <http://gpwhealthcenter.org/>

The Greater Prince William Community Health Center offers Primary, Dental, Behavioral, and OB-GYN Services. The Community Health Center has integrated and coordinated patient care access across all of the practices and provides quality and

affordable care for people of all ages and incomes, regardless of insurance status. The Community Health Center accepts Medicaid, Medicare, and Private Insurances. The Health Center has the Pharmacy Central Program which offers free prescription medications to uninsured and underinsured, income qualifying, patients.

HealthWorks for Northern Virginia

Leesburg Office
163 Fort Evans Rd NE
Leesburg, Virginia 20176

Herndon Office
1141 Elden Street, Ste 300
Herndon, VA 20170

Reston Office
11484 Washington Plaza West
Reston, VA 20190
Phone: 703-443-2000
Email: info@hwnova.org
Website: www.Hwnova.org

HealthWorks for Northern Virginia is a nonprofit community health center that provides comprehensive primary medical care to people regardless of age, income, insurance status, or immigration status. Once someone becomes a patient HealthWorks for Northern Virginia offers dental, behavioral health, and nutrition counseling. Patients with Medicaid, Medicare, and TRICARE are welcome, as well as those with private insurance or no insurance at all. For households making less than 200% federal poverty level, HealthWorks offers a sliding fee scale.

Inova Care Connection for Children

Inova Health System
8110 Gatehouse Rd
Falls Church, VA 22042
Phone: 855-MY-Inova
Website: <https://www.inova.org/Inova-in-the-community/care-connection-for-children/index.jsp>
Online Resource Directory: <https://www.inova.org/inova-in-the-community/care-connection-for-children/parent-resource-directory/index.jsp>

Inova Care Connection for Children provides assistance for parents of children under the age of 21 who have special healthcare needs. Their goal is to help families coordinate community and education resources with medical expertise to ensure that children with special healthcare needs can reach their maximum potential. Each program offers counseling, information, education, social support, referrals, and a community approach. The website has a link to an online resource directory.

Kennedy Krieger Institute

707 North Broadway
Baltimore, MD 21205
Phone: 443-923-9200
Referral Line: 443-923-9400
Website: www.kennedykrieger.org

Neurodevelopmental Pediatricians
Mihee J. Bay, MD
Harolyn ME Belcher, MD, MHS
Joanna Burton, MD
Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger's patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient's needs.

Latimer Neurology Center

2401 Pennsylvania Ave NW, Ste 400
Washington, DC 20037
Phone: 202-625-4898
Website: <http://www.bethlatimermd.com/>

Latimer Neurology Center is a child and adolescent Neurology practice that offers neurological disorder evaluation and treatment. While the Latimer Neurology Center works with a wide variety of neurological disorders, specializing in PANS and PANDAS. Other areas of focus include tremors, tics, concussion, spasticity management, ADD/ADHD, Epilepsy, and Autism.

Ruth A. Mann, MD

Primary Board Certified in Pediatrics
Reston Pediatric Associates
44160 Scholar Plaza, Ste 450
Leesburg, VA 20176
Phone: 703-450-8660
Website:
<https://www.inovachildrens.org/physicians/childrens/details.aspx?sid=39&physician=730030&SearchTerm=Developmental+pediatrics>

Dr. Mann is board certified in Pediatric Medicine and her clinical interests include the following areas: Asthma, ADHD, Developmental Pediatrics, Pediatric Allergy and Immunology, and Children's Stomach Problems and Treatment. She speaks English, French, and Hebrew.

Partnership for Healthier Kids (PHK)

Inova Health System

2700 Prosperity Ave, Ste 280

Fairfax, VA 22031

Phone: 703-698-2550

Email: phk@inova.org

Website: <https://www.inova.org/Inova-in-the-community/partnership-for-healthier-kids/index.jsp>

Partnership for Healthier Kids sponsors an outreach effort led by Inova and community partners including Alexandria City, Fairfax, Prince William and Loudoun counties public schools and governments, as well as other community organizations. The purpose of the program is to identify children who do not have a source of ongoing healthcare and to link these children with free or very low cost medical providers. School staff identify children who have not reported a source of medical care on their emergency healthcare forms and refer them to Partnership for Healthier Kids. In addition, PHK partners with some school systems to reach uninsured families of children who are eligible for free/reduced lunch. Bi-lingual caseworkers conduct confidential, personal interviews over the telephone or at the school to help the families enroll in an appropriate, affordable program.

Pediatric Specialists of Virginia (PSV)

Children's National and Inova Health System

Executive Offices

3023 Hamaker Court, Ste 200

Fairfax, VA 22031

Administration Phone: 703-848-6610

Inquiries or Appointment Phone: 703-876-2788

Website: <http://psvcare.org/>

Locations is Ashburn, Fair Oaks, Fairfax, Falls Church, Fredericksburg, Manassas, and Woodbridge.

Pediatric Specialists of Virginia offers premier specialty care for children in Northern Virginia. Their services cover every stage of care for children—from evaluation, assessment, and procedures, through follow-up. Their services include allergy and immunology; ambulatory surgery center; arthritis and rheumatic diseases; bones, joints, and sports medicine; brain and spinal cord disorders; cancer and blood disorders; developmental pediatrics; diabetes and endocrinology; digestive and liver disorders; genetics; infectious diseases; kidney disorders and hypertension; gynecology; oculoplastics and orbital surgery; rehab medicine, pulmonary medicine, and urology.

The POTS Treatment Center

7515 Greenville Ave, Ste 1005

Dallas, TX 75231

Phone: 888-290-8442

Email: info@potstreatment.com
Website: <http://www.potstreatmentcenter.com/>

The POTS Treatment Center offers patients collaborative, alternative care aimed at treating the whole person, not just the disorder. The treatment team consists of a psychophysiologicalist, an internal medicine doctor, clinical health psychologist, and a registered dietitian who work with you to provide compassionate care through a full range of services. The Center offers an accelerated treatment program where patients travel to the center in Dallas, Texas for eight days to attend the accelerated program. The program will start on a Monday ending the following Wednesday. Patients come in everyday (except weekends) for 3+ hours. After the patient completes the eight day accelerated program, she/he will receive a home program to maintain learned skills and techniques. During the time of home training, the patient's progress is monitored over phone and email. The goal of this program is to gain control of the autonomic nervous system (ANS) and thereby directly addressing the POTS/dysautonomia.

Susan J. Pratt, MD

Developmental and Behavioral Pediatrics
7915 Lake Manassas Drive, Ste 209
Gainesville, VA 20155
Phone: 571-247-4544
Website: <http://drsusanpratt.com/practice-info/>

Dr. Susan J. Pratt specializes in the evaluation and treatment of infants, young children, adolescents, and young adults with developmental delays, differences, or disabilities. It is her privilege and pleasure to care for children with special needs and their families. Her areas of expertise include autism spectrum disorders, attention and learning disorders, sensory processing disorders, low muscle tone and motor delays, and genetic disorders with associated developmental and behavioral problems

Prescription Medication Program

Northern Virginia Family Services (NVFS)
10455 Granite Dr, Ste 100
Oakton, VA 22121
Fairfax Phone: 571-748-2553
Loudoun Phone: 703-443-2000
Prince William Phone: 703-680-7950
Website: <https://www.nvfs.org/assistance/prescription-medication/>

NVFS has a prescription medication program that links low-income, uninsured clients with free prescription medication programs offered by more than 200 pharmaceutical companies. The program is available in Fairfax, Loudoun, and Prince William Counties. Worker or client can contact the staff person directly for intake and information.

Susan Rich, MD, MPH

Potomac, MD 20854
Phone: 301-251-1190

Email: dr.sdrich@gmail.com
Website: www.susandrich.com

Dr. Rich sees patients in a home office on Dream Catcher Farm in Potomac, MD. The practice incorporates neuropsychiatric assessments of children, adolescents and adults with prenatal alcohol exposure with a variety of treatment modalities, including farm animal therapy, academic and vocational recommendations, psychopharmacology, and parent guidance. She focuses on improving social communication and perception, neurocognition and executive function, motor and sensory, and mood regulation and autonomic arousal through multimodal techniques.

Smiles Change Lives

2405 Grand Blvd, Ste 300

Kansas City, MO 64108

Phone: 888-900-3554

Email: info@smileschangelives.org

Website: <https://www.smileschangelives.org/>

Application Website: <https://www.smileschangelives.org/get-involved/refer-a-child-family/>

Smiles Change Lives provides access to life-changing orthodontic treatment for children from families that cannot afford the full cost of braces. They match qualified children, who need orthodontic treatment, with caring orthodontists willing to provide such treatment. To qualify for the program, youth must be 7-18 years of age; have good oral hygiene and no unfilled cavities; have a moderate to severe need for braces; not be wearing braces currently; family must meet financial guidelines (varies by geographic location); and be willing to pay a non-refundable \$30 application fee and the non-refundable \$650 require financial investment (per child).

Smile for a Lifetime

National Headquarters

6547 North Academy Blve, Ste 304

Colorado Springs, CO 80918

Phone: 719-535-2777

Email: info@S4L.org

Website: www.s4l.org

Smile for a Lifetime is an international program that provides orthodontic care to children ages 11-18 who normally would not be able to afford treatment. Smile for a Lifetime does not charge for the orthodontic treatment – participating orthodontists and orthodontic manufacturing companies donate their service, including the cost of one set of retainers. The only fee a family will incur is an initial \$500 administrative fee to help cover the cost of the program.

Wellness Connection, LLC

Stone Ridge Office

24600 Millstream Dr, Ste 340

Stone Ridge, VA 20105

Ashburn Office
Nova Medical Group Building
21785 Filigree Ct, Ste 212
Ashburn, VA 20147
Phone: 703-724-0335
Email: info@wellnessconnectionllc.com
Website: <http://www.wellnessconnectionllc.com/>

The Wellness Connection LLC combines conventional therapies with alternative treatments to treat the whole person, which eliminates confusion and ensures optimal patient care. Their simplified wellness solutions are delivered through a collaborative team of professionals. The Wellness Connection is dedicated to serving clients and the surrounding community with the highest integrity, professionalism, and experience in the field of preventative healthcare. Services include counseling, psychological testing, psychiatry, chiropractic, massage therapy, acupuncture, support groups and workshops.

MENTAL AND BEHAVIORAL HEALTH SERVICES AND RESOURCES

Community Services Boards (CSB) and Agencies

Alexandria Community Services Board (CSB)

Department of Community and Human Services
Alexandria City Hall
301 King St
Alexandria, VA 22314
Phone: 703-746-3523
Emergency Services: 703-746-3401
Website: www.alexandriava.gov/CSB

The Alexandria Community Services Board (CSB) is a group of 12 volunteers appointed by the Alexandria City Council to oversee the use of public funds to provide mental health, intellectual disability, and substance abuse services through the Department of Community and Human Services. The Department has a Center of Administration and three service centers: Center for Adult Services, Center for Children and Families, and Center for Economic Support. CSB meetings are open to the public.

Arlington County Community Services Board (ACCSB)

2100 Washington Blvd. (Sequoia 1)
Arlington, VA 22204
Phone: 703-228-5150
Emergency Services: 703-228-5160
Email: dhscsb@arlingtonva.us

Website: <https://commissions.arlingtonva.us/community-services-board/>

The ACCSB consists of community members appointed to oversee services provided by the Department of Human Services to persons challenged by mental health, intellectual disabilities and substance abuse. The ACCSB provides the principal forum for residents and consumers of services to review, comment on, and influence the direction of those services. The ACCSB acts as an advocate, educator, community organizer, and community planner for services.

Fairfax-Falls Church Community Services Board (CSB)

Merrifield Center
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 703-383-8500
Emergency 24/7 Line: 703-573-5679
Detox 24/7 Line: 703-502-7000

Annandale Office
Heritage Center
7611 Little River Turnpike
East Building, Ste 200
Annandale, VA 22003
Phone: 703-533-0180

Chantilly Office
14150 Parkeast Circle, Ste 200
Chantilly, VA 20151
Phone: 703-968-4000

Gerry Hyland Government Center
South County Center
8350 Richmond Highway
Alexandria, VA 22309
Outpatient Services Phone: 703-704-6355
Youth Services Phone: 703-704-6707

Juvenile Forensics
4000 Chain Bridge Road, Ste 2300
Fairfax, VA 22030
Phone: 703-246-3446

Pennino Building
CSB Central Services Unit
12011 Government Center Parkway, Ste 836
Fairfax, VA 22035
Phone: 703-324-7000

Reston Office
Northwest Center
1850 Cameron Glen Drive, Ste 600
Reston, VA 20190
Phone: 703-481-4100
Email: wwwcsb@fairfaxcounty.gov
Website: <https://www.fairfaxcounty.gov/community-services-board/#gsc.tab=0>

The Fairfax-Falls Church Community Services Board provides services for people of all ages who have mental illness, substance use disorders, and/or developmental disabilities. The Merrifield Center is the Fairfax-Falls Church CSB emergency crisis center. Come directly to the Merrifield Center for screening Mon-Fri 9am to 5 pm with extended youth hours until 7pm on Tuesday.

Loudoun County Community Services Board (CSB)

1 Harrison St. SE
Leesburg, VA 20175
Phone : 703-777-0100
Emergency Services: 703-777-0320
Email: LCCSB@loudoun.gov
Website: www.loudoun.gov/index.aspx?NID=458

The Community Services Board (CSB) acts as the agent of Loudoun County in the establishment and operation of community mental health, developmental services, and substance abuse programs. The CSB oversees the programs and services of the Department of Mental Health, Substance Abuse and Developmental Services (MHSADS), sets departmental policy and procedures, and determines priorities as mandated by the Commonwealth of Virginia.

Prince William County Community Services Board (CSB)

Sudley North Manassas
7969 Ashton Ave
Manassas VA 20109
Phone: 703-792-7800
Emergency Services: 703-792-7800
Same Day Access Intake Office: 703-792-5241

Prince William Club Manassas
8500 Phoenix Drive
Manassas, VA
Phone: 703-792-5480

Ferlazzo Building Woodbridge
15941 Donald Curtis Dr, Ste 200
Woodbridge, VA 22191
Phone: 703-792-4900
Emergency Services: 703-792-4900

Same Day Access Intake Office: 703-792-7373

Email: emailcsb@pwcgov.org

Website: www.pwcgov.org/government/dept/cs/Pages/default.aspx

The Prince William County CSB is a public agency providing a variety of mental health, intellectual disability, substance abuse, emergency services, and early intervention for residents of Prince William County and the cities of Manassas and Manassas Park. Many services are covered by Medicaid and Medicare depending on family size and income. The CSB provides Emergency Services 24 hours a day, 7 days a week. Same Day Access is available at Sudley North and Ferlazzo Monday-Thursday 8:30am-2:30pm

Virginia Systems of Care (SOC)

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Office of Children's Services (OCS)

1220 Bank St

PO Box 1797

Richmond Virginia

Phone: 804-663-7270

Website: <http://www.systemofcare.virginia.gov>

A Systems of Care (SOC) is the network of people and services that support families with youth who struggle with mental health diagnoses and other challenges. Virginia provides publicly funded services and supports to families using an approach called High Fidelity Wraparound (HFW). The goal of HFW is to help families get the resources and develop the skills needed to gain self-sufficiency. The process of getting support is family-driven, incorporates natural supports, and team-based planning. Every family has a HFW facilitator who organizes the team and a trained Family Support Partner who can relate to parents during the process. Virginia offers High Fidelity Wraparound to families as service called Intensive Care Coordination (ICC). Contact local Children's Services Act (CSA) Coordinator to find out if a child is eligible for publicly funded support.

Mental Health Service Providers

ACS Family Services (Ascending Counseling Solutions, LLC)

700 Princess St, Ste 202A

Alexandria, VA 22314

Phone: 703-209-6217

Email: admin@acsfamilyservices.com

Website: www.acsfamilyservices.com

ACS Family Services offers intensive in-home therapy, outpatient therapy, and mentoring. through developing strategies to improve behavior management in the home, school and in the community, Ascending Counseling Solutions strives to support clients and their families in achieving independence in coordinating their mental health, social health, emotional health, physical health, and safety needs so as to become an asset to their community.

Dr. Cynthia Agbayani

Lifeworks Outreach Services/Family Teamwork, Inc.

4300 Ridgewood Center Dr, Ste A

Woodbridge, VA 22193

Phone: 703-580-7210

Website: <http://www.familyteamwork.net/meet-us.html>

Dr. Agbayani has 20 years of experience as a home-based counselor for at risk youth and families, 15 years working with adoptees and their families, eight years as an outpatient counselor, and two years in a youth emergency shelter. Her areas of special interest are attachment, trauma, and severe mental illness in youth and children. She has specialized training in attachment disorder, working with difficult adolescents, the wrap-around approach, and parenting. Dr. Agbayani holds a doctorate in counseling studies and a masters degree in counseling.

Alexandria City Behavioral Health Services for Children and Families

720 N. St. Asaph Street, 2nd Floor

Alexandria, VA

Phone: 571-213-7963

Website: <https://www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=109136>

Behavioral Health Services provides individual, group and family therapy for children, youth and parents to improve functioning, communication and mental health well-being. Services are offered in a number of city schools as well as the office. Services include clinical assessment and consultation, case management, community support services, High Fidelity Wraparound, intensive care coordinating, psychiatric evaluations, hospital discharge planning. Walk-in services are available on Tuesdays or Wednesdays between 9 and 10:30 a.m. Office is located at 720 N. St. Asaph Street, across from the Harris Teeter; please check in on the 2nd floor. No appointment is needed

Arlington County Human Services Department, Children's Behavioral Healthcare

2100 Washington Blvd (Sequoia 1)

Arlington, VA 22204

Phone: 703-228-1560

Website: <https://family.arlingtonva.us/childrens-behavioral-healthcare/>

Children's Behavioral Health promotes the emotional and psychological well-being of Arlington County youth and families. Services are provided to children, teens and their families to prevent mental health and substance abuse problems from developing or becoming more serious, and assist children and teenagers in overcoming problem thoughts, feelings and behaviors that interfere with daily life, and help to develop skills for healthy living. Some of the services provided are screening, assessment, and outpatient treatment; case-management services; intensive care coordination; and court liaison services.

Ashburn Psychological & Psychiatric Services

44095 Pipeline Plaza, Ste 240
Ashburn, VA 20147
Phone: 703-723-2999
Website: www.ashburnpsych.com

Ashburn Psychological & Psychiatric Services offers a wide array of diagnostic, psychotherapy, medication, and consultation services for children, adolescents, adults and families. They offer forensic services, neuropsychological evaluations, online and telephone psychological service, group therapy, and skills groups.

Associated Clinical Services (ACS)

8802 Sudley Road, Ste 112
Manassas, VA 20110

8348 Tradford Lane, Ste 102
Springfield, VA 22152

8134 Old Keen Mill Rd, ste 101
Springfield, VA 22152
Phone: 703-569-8731
Website: <http://www.associatedclinical.com/>

Associated Clinical Services (ACS) has clinicians to serve patients of all ages, backgrounds, and behavioral health needs. ACS offers neuropsychological, psychological, educational, speech/language, forensic/legal, and vocational evaluations. Screenings for specific disabilities, substance abuse, behavioral health, and treatment progress are also provided. ACS clinicians collaborate with other professionals, such as primary care physicians, lawyers, and teachers, as needed, to coordinate services. ACS accepts insurance. For those not covered by insurance, ACS offers sliding scale fees and other payment arrangements. ACS is able to work with patients of all financial means to minimize out of pocket expenses. ACS offers evening appointments and limited Saturday service.

Autumnleaf Group, Inc.

Offices in Washington, DC and Burke, VA.
8983 Hersand Dr, Ste 2
Burke, VA 22015
Phone: 703-658-7103
Email: info@adoptattach.com and info@group.com
Website: www.autumnleafgroup.com

Autumnleaf Group offers five programs which focus on improving relationships and parenting skills as well as addressing both the emotional, developmental and case management needs of clients. The In-Home Services program offering home-based therapeutic and case management services to children and families. Services offered

include: Counseling, Individualized Treatment Plans, Skill Capacity Building, Case Management, Service Coordination, Therapy, and Crisis Management Response Intervention. The Adoption Attachment Program offers therapeutic trauma-informed clinical services that promote healthy interactions, bonding and relationships between children and families.

Rachel Bailey, M.A.

Phone: 703-309-9131

Email: Rachel@Rachel-Bailey.com

Website: www.Rachel-Bailey.com

Rachel Bailey offers parents realistic, hands-on tools for raising responsible, resilient children. Building upon her experience as an ADHD Coach, in-home counselor, and therapist, Rachel teaches parents to respond effectively to children's behavior ranging from defiance, disrespect, and poor decision-making to anxiety, perfectionism, and high-sensitivity. Services include workshops, classes, and individual consultations.

Behavioral Care Services

7340 Heritage Village Plaza, Ste 102

Gainesville, VA 20155

Phone: 703-398-1085

Email: info@behavioral-care.com

Website: www.behavioral-care.com

Behavioral Care Services is a specialized practice provides comprehensive psychoeducational testing, developmental evaluations, behavioral assessments, and psychotherapy. They specialize in services for children and adolescents with learning disabilities, ADD/ADHD, developmental delays, and emotional and behavioral problems.

Behavioral Health & Wellness Associates of Northern Virginia

4460 Brookfield Corporate Drive, Ste H

Chantilly, VA 20151

Phone: 571-261-8239

Website: <https://bhwaofnova.com/>

The focus at Behavioral Health and Wellness Associates is to help individuals heal, energize, and become aware of their inner strengths. Behavioral Health and Wellness Associates provides child psychological and psycho-educational assessments as well as outpatient therapy. Assessments are offered for emotional disorders, behavioral disorders, learning disabilities, and gifted/IQ evaluations. Counseling specialties for children, adolescents, and adults include ADHD, Asperger's Disorder Autism Spectrum Disorder, depression, anxiety, substance abuse, bipolar disorder, grief, family conflict, and marital issues.

The Bethesda Group Psychological Services LLC

7990 Old Georgetown Road Ste 9B, 10B, 10A

Bethesda, MD 20814
Phone: 301-718-4544
Email: info@thebethesdagroup.com
Website: <https://thebethesdagroup.com/>

The Bethesda Group provides evidence-based services that include individual therapy, DBT, Groups, CBT, Child and Family Services, Parent Consultation, Couples Therapy, Testing and Assessment, and College and Career. DBT has been demonstrated to be highly effective in treating a wide range of issues, including depression, substance abuse, PTSD, and eating disorders. DBT is known as the gold standard treatment for the treatment of Borderline Personality Disorder (BPD). The Bethesda Group also provides psycho-educational evaluations, neuropsychological evaluations, psychological evaluations, focused ADHD evaluations, and admissions testing evaluations.

The Better Brain Center

2121 Eisenhower Avenue, Suite 604
Alexandria, VA 22314
Phone: 833-964-8483
Email: info@thebetterbraincenter.com
Website: <https://thebetterbraincenter.com/>

The Better Brain Center provides psychiatry, counseling, and neurofeedback services. Counselors are experienced in treating anxiety disorders, depression and mood disorders, grief, trauma, self-harm behaviors, and life transitions. Neurofeedback is used to treat symptoms of chronic pain, insomnia, anxiety, depression, ADHD, and a variety of behavioral and functional issues from autism and anger management to athletes and executive wanting enhanced performance.

Susan Branco, PhD, LPC, LCPC, NCC, ACS

105 North Virginia Avenue, Ste 309
Falls Church, VA 22046
Phone: 703-302-0769
Email: sbranco@adoptiontherapist.org
Website: <http://adoptiontherapist.org/>

Susan Branco is an adoption therapist with experience providing mental health counseling services for diverse populations with treatment needs ranging from severe mental illness to mild adjustment issues. Susan strongly believes every person possesses innate strengths and resiliency. Susan does not adhere to a pathological model of treatment. Rather, Susan works diligently with her clients to build a trusting relationship, to identify core strengths, and to collaboratively develop a plan to address where clients feel challenged. Susan's clinical training includes two post master's certificates.

Bridging the Gap Family Services

Offices in Richmond and Manassas.
Northern Virginia Office

10515 Crestwood Dr, Ste 103
Manassas, VA 20109
Phone: 804-986-0044
Email: info@btgfs.org
Website: www.BTGFS.org

Bridging the Gap Family Services provides intensive in-home services for youth ages 5-21, working with diagnoses of emotionally or learning disabled, oppositional defiant disorder (ODD), anxiety or depression, ADD or ADHD, disruptive behavior, conduct disorder, attachment disorder, bipolar. Bridging the Gap Family Services also provide school-based counseling, mentoring, outpatient therapy, substance abuse intensive outpatient program, post-discharge support, and Mental Health Skill Building for Youth and Adults with serious mental health diagnosis and/or a history of hospitalization.

Dan Campbell, LCSW

10560 Main St, Ste 411
Fairfax, VA 22030
Phone: 703-352-3812
Email: dancampbell@aol.com

This is a Clinical Social Work practice specializing in treating children with disabilities. Services include individual and family psychotherapy, communication with schools and other professionals, and referrals.

Capital Music Therapy Services, LLC

10560 Main Street, Ste PH-01
Fairfax, VA 22030
Phone: 301-785-3596
Website: www.capitalmts.com

Capital Music Therapy Services consists of a dynamic group of specialists who hold degrees in the research-backed benefits of music's ability to maximize human development, rehabilitation, and improve the overall quality of life of individuals. Capital Music Therapy Services specializes in helping improve the overall quality of life of all individuals. Experienced in working with children with autism and Down syndrome. The therapy focuses on helping to develop communication, motor skills, socialization and improving challenging behaviors.

C.A.S.E. (Center for Adoption Support and Education, Inc)

Locations in Maryland, Virginia, and New York.
Sterling, Loudoun County Office
21335 Signal Hill Plaza, Ste 290
Sterling, VA 20164
Phone: 703-659-0816

Annandale, Fairfax County Office
7857 Heritage Dr, Ste 300

Annandale, VA 22003
Phone: 703-256-3820
Website: www.adoptionssupport.org

C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences. The Northern Virginia office also offers free counseling as part of Adoptive Family Preservation supported by Virginia Department of Social Services.

Center for Attachment and Trauma Services, Inc. (CATS)

Haymarket Office
14950 Washington Street, Ste 204
Haymarket, VA 20169

Springfield Office
8136 Old Keene Mill Rd, Ste A-302
Springfield VA 22152
Phone: 703-913-8563
Email: info@familyattachment.org
Website: www.familyattachment.org

Center for Attachment and Trauma Services, Inc. (CATS) is a non-profit organization offering programs and counseling geared toward promoting healthy relationships from infancy through adulthood. Services include Counseling, Parent Guidance and Coaching, Assessment and Evaluation, Community Education and Training, and the Clinic for Understanding Baby Behaviors (CUBB). CATS specializes in attachment focused therapies, Trauma Focused Therapies, EMDR, Sand Tray Therapy, Parent-Child therapy, mindfulness, DBT, Hypnotherapy, Emotional Freedom Technique, and Somatic Experiencing. All of which are evidence based approaches to treating trauma and attachment challenges.

The Center for Clinical and Forensic Services, Inc.

Locations in Washington, DC; Laurel, MD; and Fairfax and Manassas, VA
Mailing Address and Administrative Office
10396 Democracy Ln, Ste 210
Fairfax, VA 22030

Fairfax Office
10398 Democracy Lane, Ste 110
Fairfax, VA 22030

Manassas Office
8809 Sudley Rd, Ste 236
Manassas, VA 20110
Phone: 703-278-0457

Website: <https://www.ccsinc.net/>

The Center for Clinical and Forensic Services is a private outpatient practice that specializes in clinical assessments and treatment services to children, including: psychosexual risk assessment, treatment for sexually abusive youth and sex offenders, and family issues. Practitioners are committed to intervening in the lives of clients in responsible, empirically guided ways. The Center for Clinical and Forensic Services believes that through increased awareness, education, the learning of new skills, and the strengthening of internal and external resources, individuals can make changes to allow them to live safer, healthier and more fulfilling lives.

Center for Family Services

Virginia Tech Northern Virginia Center
7054 Haycock Rd
Falls Church, VA 22043-2311
Phone: 703-538-8470
Website: <https://mft.nvc.vt.edu/>

The Center for Family Services offers therapy sessions provided by students in the Virginia Tech Marriage and Family Therapy Master's Program. Therapy sessions must be arranged by appointment and are scheduled for the same time each week. Fees are set on a sliding scale and are based on household income, household size, and ability to pay. CFS has a family plan: if more than one family member needs services, these are provided at no additional cost per week.

Cherry Tree Neuropsychology

2200 Wilson Boulevard, Ste 401
Arlington, VA 22201
Phone: 703-875-0475
Email: info@cherrytreenp.com
Website: www.cherrytreenp.com

Cherry Tree Neuropsychology specializes in assessment, treatment, and therapy services for children, adolescents, adults, and older adults. Their office provides comprehensive, individualized neuropsychological assessments, detailed analysis of test results, personalized intervention strategies, and support in implementing treatment recommendations. They offer individual, family, and group therapy as well as executive functioning coaching and social skills training.

Child and Family Counseling Center (CFCC)

13649 Office Pl, Ste 102
Woodbridge, VA 22192
Phone: 703-670-5738
Email: drjcrist@aol.com
Website: www.cfcc.info

Child and Family Counseling Center (CFCC) offers individual, family, and couples therapy for children, adolescents and adults; psychiatric evaluation and medical management, psychological testing—intelligence, personality, and educational; cognitive-behavioral therapy; substance abuse and addiction assessment and treatment. After-hours emergency service is available for current patients who need to reach their therapist in the event of a psychiatric emergency.

Child and Family Counseling Group, PLC

10521 Rosehaven St, Ste 100

Fairfax, VA 22030

Phone: 703-352-3822

Website: www.childandfamilycounseling.com

The Child and Family Counseling Group, PLC is a qualified team of Psychiatrists, Psychologists, and Clinical Social Workers who are committed to providing the highest level of comprehensive diagnostic and therapeutic services to families in the Washington Metropolitan area. Services offered include psychiatric and neuropsychological evaluations, psychotherapy, play therapy, behavior therapy, and Cogmed working memory training. Cogmed Working Memory training is a home based program that helps children with attention problems by training and increasing their working memory capacity.

Children's Hospital of Richmond at VCU

Virginia Commonwealth University

Phone: 804-828-2467

Website: www.chrichmond.org

Children's Hospital provides a variety of clinical, therapeutic, and support services for a variety of medical conditions. The services are offered at several locations in and around the Richmond, VA area.

Cameron K. Gallagher Mental Health Resource Center

Virginia Treatment Center for Children

Children's Hospital of Richmond at VCU

Virginia Commonwealth University

Phone: 804-828-9897

Website: www.mentalhealth4kids.org

The Children's Mental Health Resource Center is an innovative resource for families of children with mental, emotional or behavioral health needs. Family navigators at the Mental Health Resource Center help providers and families understand the mental health options available for children and assist them in finding therapists, psychiatrists or other appropriate services. The model uses the valuable experiences of families who have navigated the mental health system, providing one-on-one support and referral assistance to families across Virginia. Health care providers can request services or families may call directly. All services are provided free of charge.

Children's Regional Crisis Response (CR2)

National Counseling Group (NCG)

Information Line: 703-257-5997

24-Hour Emergency Response: 844-627-4747

24 Hour Emergency Respond: 703-257-5997

Website: <https://www.cr2crisis.com/>

Website: <https://family.arlingtonva.us/childrens-regional-crisis-response/>

CR2 provides 24-hour rapid response to all youth (17 and younger) facing a mental health and substance use crisis. Counselors provide phone screening and face-to-face assessment, intervention, and support. CR2 is provided at no cost to families. It is funded through both DBHDS grants and Medicaid. The counties of Arlington, Fairfax, Loudoun, Prince William, and the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

Choices Youth Services at Dominion Hospital

Dominion Hospital

HCA VA Health System

Falls Church Adolescent and Child PHP

2960 Sleepy Hollow Rd

Falls Church, VA 22044

PHP Phone: 703-538-2872

Falls Church Adolescent IOP

6565 Arlington Blvd

Falls Church, VA 22044

Phone 703-720-5527

Chantilly Adolescent PHP and IOP

14501 George Carter Way

Chantilly, VA 20151

PHP Phone: 703-538-2872

IOP Phone: 703-227-8185

Website: <https://dominionhospital.com/service/choices-outpatient-services>

Choices Adolescent Intensive Outpatient (IOP) and Choices Adolescent Partial Hospitalization Program (PHP) are two programs offered by Dominion Hospital that provide a new choice for those struggling with emotional and/or behavioral issues. The programs are for adolescents age 13-17 and combine a highly structured therapeutic environment with the flexibility of nights and weekends at home and/or work. Choices also offer a PHP program for children ages 5-12 at the Falls Church location.

Choose To Thrive

Karen Chaudhry, LCSW

Fairfax, VA
Phone: 571-278-4678
Email: kconsultnow@gmail.com
Website: www.thriveandchange.wordpress.com

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens at Instep. Working with adoptive families and kinship families, Karen addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections. Karen specializes in the areas of anxiety, abuse, neglect, trauma, social skills, children with a history of foster care, adoptees, and those struggling with Autism Spectrum Disorder, and ADHD.

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Alexandria City TRAILS Program

Alexandria Community Services Board (CSB)
Department of Community and Human Services
Alexandria City Hall
301 King St
Alexandria, VA 22314
Phone: 703-746-3441
Email: trails2recovery@alexandriava.gov
Website: <https://www.alexandriava.gov/dchs/adultservices/default.aspx?id=86020>
Referral Form: <http://www.surveygizmo.com/s3/2268363/TRAILS-Contact-Form>

TRAILS (Transitioning Adults Into Living Successfully) is a coordinated specialty services program that serves adolescents and young adults who are experiencing their first psychotic episode. The program serves City of Alexandria residents ages 15-30 who have experienced symptoms of psychosis within two years of referral, have an ability to benefit from services, and are willing to work with a multi-disciplinary team. TRAILS provides outreach and referral, evaluation and assessment, psychiatric treatment, recovery coaching, case management, psychotherapy, vocational and educational support, medication management, peer support, supportive housing, and psychosocial rehabilitation programming.

Community Counseling Program

Marine Corps Community Services
Marine and Family Programs
Main Side Office
Little Hall, Lower Level
2034 Barnett Ave
Quantico, VA
Phone: 703-784-3523

West Side Office
Cox Hall, Camp Barrett
24009 Montezuma Ave
Quantico, VA

Phone: 703-432-6442

24 Hour Victim Advocacy Helpline: 703-350-1688

Website: <http://www.quantico.usmc-mccs.org/index.cfm/marine-family/behavioral-health-program/community-counseling-program-ccp/>

The Community Counseling Center utilizes a holistic approach to assist people with overcoming some of life's most difficult challenges. Clinicians are independently licensed and credentialed professionals who provide solutions designed to meet specific needs in the following areas: Marital Issues, Parent/Child Relationship, Family Issues, Communication, Anger Management, School/Work Issues, Reintegration, Adjustment Issues, and Grief and Loss. Services are located on Marine Corps Base Quantico.

Compass Counseling Services of NOVA, LCC

Locations throughout Virginia

9274 Corporate Circle

Manassas, VA 20110

Phone: 703-496-7804

10715 Spotsylvania Avenue

Fredericksburg, VA 22408

Phone: 540-339-3640

Website: <https://compassva.com/>

Compass Youth and Family Services offers the following services in their NOVA office: ABA & family support, intensive in-home services, mental health skill building services for adults, crisis intervention support, parenting support services, therapeutic mentoring, and outpatient therapy. Compass also offers therapeutic day treatment and psych testing in their Fredericksburg office. The Loudoun County office is limited to only ABA and Family Support. Compass offers individual, family, and couples therapy, matching our treatment approach with our clients' specific needs. Compass specializes in a variety of mental health concerns including stress, anxiety, depression, family conflicts, and behavioral challenges.

Counseling Bliss LLC

Archana Dogra, Ph.D.

9246-B Mosby Street

Manassas, VA 20110

Phone: 571-358-1728

Email: counselingbliss@gmail.com

Website: <http://www.counselingbliss.org/>

Dr. Archana Dogra has extensive experience working with children, adolescents and adults. Counseling Bliss is currently accepting referrals for individuals suffering from anxiety, depression, academic underachievement, ADHD, trauma and mood disorders. Dr. Dogra works from a strength-based perspective and has been specifically trained in Internal Family Systems and Neurofeedback. Dr. Dogra uses a variety of evidence based

approaches to create a blissful counseling experience, a journey that can be healthy, therapeutic and meaningful.

Columbia Associates in Psychiatry

Offices in DC, Maryland, and Virginia.

Arlington Office

2501 North Glebe Road, Ste 303

Arlington, VA 22207

Loudoun Office

4229 Lafayette Center Drive, Ste 1300

Chantilly, VA 20151

Reston Office

1810 Michael Foraday Dr, Ste 204

Reston, VA 20190

McClean Office

6760 Old McLean Village Dr

McLean, VA 22101

Phone: 703-841-1290

Website: <https://www.columbiapsychiatry-dc.com/>

Columbia Associates in Psychiatry is a group of psychiatrists, psychologists, advanced practice nurses, social workers, and dieticians who have exceptional experience working with children, adolescents, adults, and families with a range of disorders. Services include child and adolescent psychiatry; psychological assessments; individual, family, and Group therapy; and TMS therapy. TMS Therapy is a therapeutic option for those who have not benefited from prior antidepressant treatment that uses highly focused, pulsed magnetic fields to stimulate function in targeted brain regions.

Counseling By The Creek

5016 Ridgewood Rd

Alexandria, VA 22312

Phone: 703-750-0258

Email: CounselingByTheCreek@gmail.com

Website: www.counselingbythecreek.com

Counseling By The Creek offers behavioral health counseling for individual, couples and family behavioral health and wellness needs. Their services include issues such as ADHD or ADD, anger management, anxiety, depression, and grief and bereavement, parenting issues, PTSD, substance abuse, and work, school, and family stress.

Crossroads Counseling Center, Inc. (CCC)

Offices in Winchester, Luray, Manassas, and Harrisonburg.

Manassas Office

7545 Presidential Ln

Manassas, VA 20109
Phone: 703-361-1525
Email: crossroads2@crossroadsvirginia.com

Winchester Office
174 Costello Drive
Winchester, VA 22602
Phone: 540-662-7007
Email: crossroads@crossroadsvirginia.com
Website: www.crossroadsvirginia.com

CCC provides counseling services to Medicaid eligible children and adults and is committed to improving mental health and family stability. Services include children and family support services, outpatient services, substance abuse services, adult services and group services. CCC is a participating provider with Medicaid and the Medicaid Managed Care Organizations, and some private insurance plans. Services may also be funded by the Comprehensive Services Act (CSA), VA Department of Juvenile Justice (DJJ), other state or local agencies, or self-pay.

Ellissa Arling Dolina, Psy.D., LCP

1483 Chain Bridge Rd, Ste 301
McLean, VA 22101
(in the office of McLean Psychotherapy Practices)
Phone: 571-572-2214
Website: www.mcleanpsychology.com

Dr. Dolina is a licensed clinical psychologist who conducts psychological evaluations and provides treatment to children and adolescents struggling with self-esteem, depression, anxiety. Dr. Dolina's areas of interest include child development, relationship problems, and individual issues throughout the stages of adult life. She is practical while being supportive, caring while maintaining objectivity, and has an appreciation of the need for privacy.

Dominion Center for Behavioral Health Services

43130 Amberwood Plaza, Ste 140
South Riding, VA 20152

Town Pediatrics
823 South King St, Ste A
Leesburg, VA 20175
Phone: 703-348-0030
Website: <http://www.dc4bhs.com/>

DCBHS provides the highest quality psychiatric, psychological, and counseling services for individuals in Northern Virginia. The team of psychiatrists, psychologists, nurse practitioners, and therapists offer a wide range of assessment and treatment services, including counseling and therapy (individual, family, marriage, and group), testing

(psychological and neuropsychological), medication management, play therapy, and parent coaching.

Dominion Youth Services

Locations in Fredericksburg, Richmond, and Roanoke.

85 S. Bragg St, Ste 302

Alexandria, VA 22312

Phone: 571-447-3296

Website: <https://dominionyouthservices.com/services/community-based-mental-health/>

Dominion Youth Services in Alexandria provides Community Based Mental Health Services and Intellectual and Developmental Disabilities Services. Community Based Mental Health Services include Mental Health Skill Building for adults, Intensive In-Home services for children and adolescents up to age 21, therapeutic day treatment for youth, and Crisis Stabilization Services for adolescents and adults who are experiencing acute psychiatric crisis. Intellectual and Developmental Disabilities Services include in-home supports for youth ages 6 and over and a large variety of supports for transition age youth which include housing and independent living skill development, community coaching, supported and sponsored living arrangements, and workplace assistance and community coaching.

Dr. Judi Sprei and Associates – DBT Maryland

4933 Auburn Avenue

Bethesda, MD 20814

Phone: 301-229-0063

Email: judi@dbtmaryland.com

Website: <http://www.dbtpsychologist.com/>

Dr. Sprei and her associates have extensive experience in trauma recovery (PTSD treatment), borderline personality disorder, depression, anxiety, dissociative disorders, interpersonal relationships, chronic suicidality and problems of daily living. These problems are often most effectively addressed by dialectical behavior therapy. Clinicians offer individual, couples, and group therapy as well as supervision, consultation and continuing education to other mental health professionals such as psychologists, social workers, and counselors.

Envision Counseling

National Counseling Group (NCG)

7620 Little River Turnpike, Ste 403

Annandale, VA 22003

Phone: 703-552-8182

Website: <https://ncgenvision.com/>

Envision Counseling provides expert counseling and treatment services to adolescents, young adults, and adults suffering from mental health or substance abuse issues. Practitioners utilize diverse modalities to include individual, family, and group

treatment so that all clients may fulfill their journey of change in the way that best suits their individual needs. Envision Counseling provides education for parents, group therapy, and maintenance sobriety support and accountability through drug testing.

Fairfax Therapy Solutions

9675 Main Street, Ste C

Fairfax, VA 22031

Phone: 703-899-8222

Email: Deborah@fairfaxtherapysolutions.com

Website: <https://www.deborahobrienlcsw.com/>

Fairfax Therapy Solutions provides therapy for individuals, children, and adolescents who struggle with emotional and relationship difficulties. They specialize in Anxiety Disorders, Divorce Issues, Autism, ADHD, Anger Management, Depression, and Drug/Alcohol Addictions. The philosophy of Fairfax Therapy Solutions is to help clients build lives that are more satisfying and secure, to heal parts of their lives that feel broken or wounded, and to become free from unproductive, repetitive patterns in their lives. The therapist and client can work to improve relationships, to cope with stress, to heal from trauma, and to recover joy.

Family Compass

11150 Sunset Hills Road, Ste 150

Reston, VA 20190

Phone: 703-471-5517

Email: Website: <http://familycompass.com/>

Family Compass provides early intervention, individual and group therapy for children, and guidance for parents. Family Compass offers psychological, neuropsychological, and developmental evaluation and treatment. Areas of focus include therapy for behavioral, emotional, and parenting challenges; early intervention for developmental delays and/or autism; testing and intervention for attention and learning challenges; neurofeedback for anxiety, attention and mood regulation; and social skills, drama, art and psychotherapy groups.

The Family Counseling Center of Greater Washington

1952 Gallows Rd, Ste 210

Vienna, VA 22182

Phone: 703-761-2225

Email: counseling@fccgw.org

Website: <http://www.fccgw.org/>

The Family Counseling Center of Greater Washington provides individual, couples, and family counseling in Korean or English. They also offer bilingual child and youth counseling, a Peer to Peer student program, and an affordable summer camp program. The mental health clinic offers a free 15 minute psychiatric telephone consultation every Tuesday from 9am-12:30pm. The Counseling Center also offers educational

therapy, art therapy, play therapy, ADHD coaching and consulting, and certified parenting education classes.

Family First Psychological Services

8381 Old Courthouse Road, Ste 330

Vienna, VA 22181

Phone: 703-938-9090

Website: <http://familyfirstva.com/>

Family First is a comprehensive mental health practice in Northern Virginia that provides therapy and psychological testing services to children, adolescents, and adults in a family-friendly environment. The following types of therapy are offered: child and adolescent, parent-focused, adult, couples, and family. Family First also offers psychoeducational, cognitive assessments, developmental, social-emotional, and comprehensive testing services. The assessments objectively measure, explore, and identify strengths and weaknesses to aid in diagnosis and treatment planning. Psychologists will work with families to determine which type of evaluation is most appropriate for their youth.

Family Insight, P.C.

Locations in Lynchburg, Chesterfield, Danville, Hampton/Newport News, Lynchburg, Manassas, Richmond, Roanoke, Virginia Beach, and Winchester.

Winchester Location

312 S. Cameron St

Winchester, VA 22601

Phone: 540-486-4653

Manassas Location

7730 Donegan Dr

Manassas, VA 20109

Phone: 571-208-0592

Email: peter.doyle@familyinsight.net

Website: <https://familyinsight.net/>

Family Insight offers ABA service, intensive in-home services, mental health skill building, parent/family support service, therapeutic mentoring, Level-C Residential prevention program, supervised/guided visitation, outpatient service, crisis stabilization, substance use disorder treatment services, psychiatric services, and therapeutic day treatment. Level C Residential Prevention Program is a treatment approach designed to create change within the home to reduce or eliminate out-of-home placements. Level C services focus on strengthening systems within the family's natural environment to ensure a greater likelihood of long-term success. This service provides 30 days of direct counseling, with 8-10 hours per day or a minimum of 15 hours per week. Level C's intense services are aimed to produce home and child stabilization in seven days.

Family Priority, LLC

Locations in Fairfax, Williamsburg, and Richmond.

Fairfax Office

11350 Random Hills Rd, Ste 240

Fairfax, VA 22030

Phone: 703-537-0700

Email: FamilyPriorityFairfax@familypriority.com

Website: <https://familypriority.com/>

Family Priority, LLC offers ABA therapy, home-based counseling, parent coaching, level 3 developmental services, and wraparound. In-home Applied Behavior Analysis (ABA) program provides evidence-based treatment for children with autism and other intellectual disabilities. All interventions are developed based on a Functional Behavior Assessment using research-based assessment tools and may include language and skill assessments such as the VB-MAPP, ABLLS, Vineland, or FBA. Funding provided by EPSDT/Medicaid, Tricare and Private Insurance, Self pay, and CSA.

Family Teamwork, Inc

Lifeworks Outreach Services

4300A Ridgewood Center Dr

Woodbridge, VA 22193

Phone: 703-580-7210

Website: www.familyteamwork.net

LifeWorks Outreach Services, doing business as Family Teamwork, helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill-building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

FamilyWorks Together

Adoptions Together

Locations in Calverton, MD; Baltimore, MD; Alexandria, VA; and Washington, DC.

Alexandria, VA Office

5250 Cherokee Avenue, Ste 203

Alexandria, VA 22312

Phone: 703-689-0404

Email: info@adoptionstogether.org

Website: <https://www.familyworkstogether.org/>

The FamilyWorks Together is affiliated with Adoptions Together. FamilyWorks Together provides comprehensive education and training opportunities to families formed through adoption, kinship and guardianship. They offer trauma-informed, adoption-competent and attachment-sensitive counseling to individuals, families, and

groups in a number of settings. They strive to teach and prepare parents and their unique children for the journey of family together and endeavor to assist those involved in the child welfare system, or at risk for such involvement.

Dr. Ronald S. Federici, PsyD

9532 Liberia Ave, Ste 727
Manassas, VA 20110

10432 Balls Ford Rd
Manassas, VA 20109
Phone: 703-830-6052
Phone: 703-734-1012
Phone: 703-548-0721
Email: DRFEDERICI@aol.com
Website: www.drfederici.com

Dr. Federici specializes in the neurodevelopmental assessment and family treatment of both domestically and internationally adopted children. Dr. Federici and colleagues offer comprehensive in-home evaluations and intensive family interventions for crisis or emergency cases with children, adolescents, and adults experiencing cognitive or emotional disorders, including FASD. Services include comprehensive psychological and neuropsychological evaluations for children and adolescents and adults experiencing cognitive or emotional disorders. Dr. Federici assesses organic brain syndromes and traumatic brain injury and trauma-developmental disorders and offers highly specialized and intensive treatment services.

For Children's Sake of Virginia

Chantilly Office
14900 Bogle Dr, Ste 200
Chantilly, VA 20151
Phone: 703-817-9890

Woodbridge Office
12741 Darby Brook Ct, Ste 202
Woodbridge, VA 22192
Phone: 703-817-9890
Website: <https://www.fcsva.org/foster-care-resources.html>

For Children's Sake of Virginia (FCSVA) is a child placing agency that offers intensive in-home services, supervised visitation, mentoring, mental health support services, intensive care coordination (ICC), and mental health skill building for adults. Intensive in-home services provide master's level clinicians, crisis management, parenting skills education, individual and family counseling, and 24/7 on call support. FCSVA Outpatient Services offer both short-term and long-term models of therapy. They accept several private insurances and Medicaid.

Dr. Dina Friedman

585 Grove Street, Ste 135

Herndon, VA 20170

Phone: 703-859-5608

Email: doc4mind@yahoo.com

Website: <http://doc4mind.com>

Dr. Dina Friedman is a clinical psychologist providing individual and group therapy who specializes in supporting parents with children who have disabilities. Dr. Friedman is the parent of a special needs child and understands and has developed creative tools to help bring peace back into individual lives. She also works with adults with trauma, eating and sleep disorders, anxiety and depressive disorders.

Patrice B.F. Garver, Ph.D.

2915 Hunter Mill Rd, Ste 21

Oakton, VA 22124

6832 Old Dominion Drive, Ste 302

McLean, VA 22101

Phone: 703-281-6058

Email: drpatricegarver@drpatricegarver.com

Website: www.drpatricegarver.com

Dr. Garver specializes in working with children and adults age 5-adult with Attention Deficit Hyperactivity Disorder (ADHD). Dr. Garver offers psychoeducational and developmental evaluations, parent and school consultation, child advocacy service, and support in developing home or school intervention programs. Additionally, Dr. Garver is a collaborative divorce coach and child specialist.

GetOnTrack Program

Prince William County Community Services Board (CSB)

Ferlazzo Building:

15941 Donald Curtis Drive, Ste 200

Woodbridge, VA 22191

Phone: 703-792-5240

Website:

<http://www.pwcgov.org/government/dept/cs/Documents/GOTBrochure1.8.18.pdf>

The GetOnTrack Program provides early intervention through a coordinated specialty care team aimed at identifying and treating adolescents and young adults (ages 16 - 25), who may be experiencing early signs of psychosis. Individuals who meet criteria and chose to participate in the program will receive coordinated services. Services include community-based mental health support for up to two years, support finding or maintaining a job, support returning to or remaining in school, individual and group sessions, family education and support, psychiatric services regarding medication management.

Gil Institute for Trauma Recovery and Education, LLC

8626 Lee Highway, Ste 200

Fairfax, VA 22031

Phone: 703-560-2600

Email: contactus@gilinstitute.com

Website: www.gilinstitute.com

Gil Institute provides research-informed, trauma-focused treatment to children, adolescents, and adults. It offers several treatment options, including individual, group, couples, family and parent-child therapy, working with children as young as three years of age. Specialized services include attachment parent-child assessments, Boundary Project for problem sexual behaviors in children, Extended Play-Based Developmental Assessments (EPBDA), attachment and brain-based parenting programs, and a variety of professional training services. Treatment approaches include equine assisted therapy, Theraplay, Filial therapy, Circle of Security Parenting Program, and parent child dyadic work.

GMU Center for Psychological Services

George Mason University

10340 Democracy Ln, Ste 202

Fairfax, VA 22030

Phone: 703- 993-1370

Email: psycclin@gmu.edu

Website: <https://psyclinic.gmu.edu/>

The GMU Center for Psychological Services provides evidence-based assessment and treatment services to people of all ages across the Northern Virginia and greater Capital region. Services are primarily provided by graduate students under the supervision of qualified, licensed professionals. All supervising faculty are affiliated with GMU, practicing, teaching, and/or conducting nationally funded research. Services offered include outpatient therapy, diagnostic testing & assessment, and consultation. The center also runs an adolescent social skills training group for adolescents with Autism Spectrum Disorder. Sliding scale fee applications are accepted for Individual Therapy and Comprehensive Psycho-educational Assessment Services.

Greater Prince William Community Health Center

Manassas Location

9705 Liberia Avenue, Ste 201

Manassas, VA 20110

Woodbridge Location

4379 Ridgewood Center Dr, Ste 102

Woodbridge, VA 22192

Dumfries Location

17739 Main Street, Ste 130

Dumfries, VA 22026
Phone: 703-680-7950
Website: <https://www.gpwhealthcenter.org/behavioral-health/>

The Greater Prince William Community Health Center offers Primary, Dental, Behavioral, and OB-GYN Services. Their Behavioral Health Services takes an evidence based practice approach to help patients address issues that are affecting their life and health-anxiety, depression, substance abuse, or chronic illness. The Community Health Center uses a trauma informed, solution focused, motivational approach to assess the situation and develop a specific, practical plan for improvement. The specialist team includes a Doctor of Psychology and Licensed Professional Counselors who have experience working with adults and teens, individuals and families. The Health Center has the Pharmacy Central Program which offers free prescription medications to uninsured and underinsured, income qualifying, patients.

Kimberly Harrell, LPC

4601 North Fairfax Drive, Ste 1200
Arlington, VA 22203

4000 Legato Road, Ste 1100
Fairfax, VA 22033
Phone: 703-282-4286
Email: KHarrell.lpc@gmail.com
Website: <https://kimberlyharrelllpc.com/>

Kimberly Harrell, LPC provides individual couples, and family counseling. She works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. A few areas of specialization include parenting support, adoption issues, infertility grief work, and birth parent therapy. She also provides consultation services in adoption search and reunion, adoption readiness, choosing the right adoption agency and type of adoptions, and mediation between birth and adoptive parents.

Pat Harvey, LCSW

Rockville, MD
Website: <https://www.patharveymsw.com/>

Pat Harvey, LCSW-C, is a licensed clinical social worker dedicated solely to helping parents and family members whose loved ones have emotional challenges. Loved ones can learn skills and strategies that will help them communicate, interact and effectively support their loved one. Parents also learn how to stay out of the emotional vortex created by intense emotions and safely manage and de-escalate situations. Pat uses a DBT framework to coach family members and is passionate about how DBT and DBT skills can be helpful to everyone.

HOPE Therapy and Wellness Center

Locations in Springfield, Fredericksburg, and On-line therapy.

9001 Braddock Road, Ste 220
Springfield, VA 22151
Phone: 571-748-5999
Email: Info@HTAWC.com
Website: <https://www.hopetherapyandwellness.com/>

HOPE Therapy and Wellness Center serves clients of all ages and offers individual therapy, family therapy, couples counseling, and group therapy. Professionals at HOPE Therapy and Wellness Center help people struggling with depression, anxiety, personality disorders, addiction, and so much more. They help build life skills in those with attention-deficit hyperactivity disorder (ADHD) and learning disorders and have therapists who are nationally recognized experts in areas of addiction and PTSD. The center accepts most insurance plans and welcome Medicaid clients.

Itoiro Ibia, MD

1760 Reston Parkway, Ste 215
Reston, VA 20190
Phone: 703-707-9777
Email: dritoroibia@yahoo.com
Website: <https://www.itoroibiamd.com/>

Dr. Itoiro Ibia is a psychiatrist who provides evaluation, medication management, patient education and may serve as a complement to a patient's current treatment team which include medication for short-term or long-term interventions. Diagnosis and treatment specializations include mood disorder (depression, bipolar disorder, schizoaffective disorder, suicide prevention), psychotic disorders (schizophrenia), and anxiety disorders (social phobia, PTSD, Generalized anxiety disorders, and obsessive compulsive disorder).

Improving Outcomes

101 Rowell Ct.
Falls Church VA 22046
Phone: 703-533-1996
Email: info@improvingoutcomes.com
Website: <http://www.improvingoutcomes.com/>

Improving Outcomes uses attachment-based interventions, and attachment and trauma-informed care as well as positive behavior support. Services offered include individual and family therapy, intensive in-home services, comprehensive clinical assessments, social skills groups for youth, and CONNECT Parent Group. Evidence-based clinical approaches include ARC framework, Positive Behavior Support, Collaborative Helping, Trauma focused cognitive behavioral therapy, and incredible years.

Inova Behavioral Health Services

Inova Health System
Phone Adult admission: 703-289-7560

Phone Children and Adolescents: 703-218-8500

Email: inovabehavioralhealth@inova.org

Website: <https://www.inova.org/healthcare-services/behavioral-health/index.jsp>

Inova Behavioral Health promotes total wellness of mind and body by offering a full spectrum of mental health and addiction treatment services to the community. Their extensive continuum of care includes an urgent psychiatric and addiction assessment center (IPAC), inpatient psychiatry, inpatient detoxification, partial hospitalization programs (PHP), intensive outpatient programs (IOP), outpatient psychiatric appointments and outpatient counseling services. There are several Inova Behavioral Health Services locations throughout the Northern Virginia Region including outpatient clinics located in Mount Vernon, Ballston, Fairfax, and Loudoun.

Inova Kellar Center

Inova Kellar Center-Fairfax

11204 Waples Mill Road

Fairfax, VA 22030

Phone: 703-218-8500

Inova Kellar Center-Loudoun

46050 Manekin Plaza

Sterling, VA 20166

Website: <https://www.inova.org/healthcare-services/Inova-kellar-center/index.jsp>

Inova Kellar Center provides comprehensive mental health and substance abuse treatment programs and an innovative special education school support families throughout Northern Virginia. The Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, intensive home base services and partial hospitalization programs. The Kellar Center also houses the Kellar School, a therapeutic education program serving students grades 3-12.

Insight Into Action Therapy

Loudoun Office

44340 Premier Plaza, Ste 230

Ashburn, VA 20147

Fairfax Office

10474 Armstrong St, Ste 104

Fairfax, VA 22030

Phone: 703-646-7664

Website: www.insightactiontherapy.com

Insight Into Action Therapy is an outpatient practice that provides services for Mental Health Therapy, Addictive Behaviors Therapy, Couple and Relationship Therapy, and

Children's Pay Therapy. They also provide psychological evaluations and medication monitoring for individuals, couples, and families. Therapists are extremely knowledgeable of the resources in the area and are able to help with referrals and case management as needed. Areas of expertise include: Substance Use, LGBTQ, ADHD, depression, anxiety, trauma, attachment, abuse and neglect, couples, and faith-based counseling.

In Step

8500 Executive Park Ave, Ste 204

Fairfax, VA 22031

Phone: 703-876-8480

Website: www.insteppc.com

In Step provides a comprehensive range of mental health programs to the Northern Virginia community. Services include a wide range of group therapy options, psycho-educational evaluations, as well as individual and family therapy. In Step specializes in Parent Support and the Stepping Stones program, a structured, step-by-step approach for both parents and children, using specific cognitive-behavioral techniques to help children learn the skills needed to make and maintain friends.

Jewish Social Service Agency (JSSA)

Offices in Maryland and Northern Virginia.

Northern Virginia Office

3025 Hamaker Court, Ste 450

Fairfax, VA 22031

Phone: 703-896-7918

Email: info@jssa.org

Website: www.jssa.org

JSSA serves and supports individuals and families through a wide range of services including: counseling, educational, special needs services, and social services. JSSA provides a wide range of mental health, care management, and employment and support services for all those in our community with special needs. Providers develop an individualized program that coordinates a variety of assessment, treatment, intervention and support services specific to your child's and teen's unique needs. Services offered include counseling, neuropsychological, psychological, and psychoeducational testing.

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Joe Cabush & Associates

3911 Old Lee Hwy, Ste 42-B

Fairfax, VA 22030

Phone: 703-691-0036

Email: joecabush@gmail.com

Website: <http://cabush.com/>

Joe Cabush & Associates is a group of therapists who provide individual, group, and family counseling to children, adolescents, and their families. They offer several groups

for young people including friendship group, LGBTQ groups sports injury group, college age group, and parent support group. Joe Cabush & Associates also offer professional guidance to parents, students, physicians, and educators, on topics of wellness, life skills, human sexuality, and behavioral health issues.

Mary Ann Keller, LCSW

210 East Broad Street, Ste 208

Falls Church, VA 22046

Phone: 202-907-1144

Email: maryannkellerwdc@gmail.com

Mary Ann Keller is a mental health therapist with 20 years experience treating all population types. Addiction therapist also experienced in tobacco addiction, eating disorders and gambling addiction. Credentialed and experienced working in corporate psychology. Therapeutic approaches include cognitive behavioral therapy, behavioral therapy, motivational therapy, EMDR therapy and dialectical behavioral therapy. Experienced working in in-patient settings, out-patient settings, partial hospitalization programs, crisis programs and facilitating addiction IOP for adolescents.

Kirby Creative Clinical Solutions

3929 Old Lee Highway, Ste 92-C & 92-D

Fairfax, VA 22030

Phone: 703-409-2571

Email: Heather@KCClinicalSolutions.com

Website: <http://kcclinicalsolutions.com>

Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

Lead Changes Therapy Service, Inc.

42395 Ryan Rd, Ste 112

Ashburn, VA 20148

Phone: 703-943-0566

Email: info@leadchangetherapy.com

Website: www.leadchangetherapy.com

Lead Changes Therapy specializes in Aquatic Therapy, Community Inclusion, and Rehabilitative Fitness. Aquatic Therapy uses the properties of water instead of weights and impact. The program consists of an assessment, creating short and long term goals, and weekly sessions. Aquatic Therapy can be beneficial to individuals who have been diagnosed with Autism Spectrum Disorder, Sensory Process Disorder, Developmental or Learning Disability, or Mental Illness. The Community Inclusion program centers

around developing social integration, confidence building, and practical skills. The Rehabilitative Fitness Plans are made to overcome barriers to assist clients in achieving long term fitness goals in a safe and effective manner.

Life Line Counseling Center

10374A Democracy Lane

Fairfax, VA 22030

Phone: 703-691-3029

Email: GSwanberg@lifelinerecovery.com

Facebook Page: <https://www.facebook.com/LifeLineFairfax/>

Life Line is an outpatient counseling center for those who have mental health and addictions related problems. Life Line specializes in counseling for Addictions and Substance Abuse in adults and young adults, DWI counseling, Adult Sexual Addiction and Marriage and Family Issues. Because substance abuse/dependence in adolescents tends to be a very difficult problem to arrest, Life Line finds that a strong beginning with full parental support works best with both parents present at the initial assessment. Treatment then includes individual and family counseling sessions, working on restoring trust between family members, and educating about the long-term impact of drug and alcohol use on development.

LINC (Linking Individuals & Navigating Care)

Loudoun County Community Services Board (CSB)

Psychiatric Rehabilitation Services (PRS)

1 Harrison St. SE

Leesburg, VA 20175

Phone: 703-777-0147

Website: <https://www.loudoun.gov/3662/LINC-Linking-Individuals-Navigating-Care>

The Loudoun County Community Services Board has partnered with PRS, Inc., a nonprofit helping those living with serious mental health issues, to start LINC (Linking Individuals and Navigating Care). LINC is a coordinated specialty service program designed to help adolescents and young adults, ages 16 to 30, who have experienced a first psychotic episode. LINC's goal is to help young people and their families understand and manage symptoms of mental illness, while also building skills and supports that allow them to be successful in work, school, and life in general. Services include family education and support, care from a coordinated team of professionals, assistance with getting and keeping a job, and assistance with meeting educational goals. Participation in the program may continue for up to two years as needed. Participants must reside in Loudoun County, be willing to participate in services, and have had their first experience of psychosis within the past 24 months. The program also focuses on clients' families so they can better understand mental illness and learn ways to support their loved one and instill a hope for recovery.

Loudoun County Family Connections

45201 Research Place, Ste 110

Ashburn, VA 20147

Phone: 571-258-3071

Email: familyconnections@loudoun.gov

Website: <https://www.loudoun.gov/998/Family-Connections-Program>

Family Connections is a program aimed at helping families who have teens who are struggling with drug and alcohol abuse, failing grades, running away, severe disrespect, suicidal thoughts, truancy, or violence. A one-time program fee pays for individual family counseling, if desired; a seven-week Managing Your Difficult Teen program; and voluntary participation in the Alumni Group to provide ongoing peer support for parents and teens. The program begins with parents and teens participating in a seven-week, multi-family group called Managing Your Difficult Teen. The group is a step-by-step roadmap that will help parents establish authority and reclaim love. Concrete strategies that have proven results are taught by professional counselors and volunteers. The success of the program is due in part to the parent and teen volunteers who can offer support from their own experiences.

Lourie Center for Children's Social and Emotional Wellness

12301 Academy Way

Rockville, MD 20852

Phone: 301-984-4444

Website: www.louriecenter.org

The Lourie Center for Children's Social and Emotional Wellness is a private, non-profit agency with a mission to improve the social and emotional health of young children and their families through prevention, early intervention, education, research and training. Lourie's Center is a private, non-profit agency providing parent-child clinical services, early head start program, therapeutic nursery program for children ages 3-5, and a non-public elementary school for children ages 4-12.

Neil McNerney, LPC

Reston Office

1984 Isaac Newton Square South, Ste 204

Reston, VA 20190

Leesburg Office

30 Catocin Circle SE, Ste 207

Leesburg, VA 20175

Phone: 703-352-9002

Email: neil@neilmcnerney.com

Website: www.neilmcnerney.com

Neil McNerney is a Professional Counselor, Parent Consultant, Speaker, and Trainer. He helps children with a number of issues including anxiety, misbehavior, ADHD, and other issues. In addition, he provides couples counseling, family counseling, in-home consulting, and children and teens individual counseling. Counseling approaches

include cognitive-behavioral, solution-oriented therapy, structural-strategic family therapy for parenting, and Gottman marriage therapy.

NcitewithN, LLC

Felicea Meyer-DeLoatch, MSW, LCSW

10195 Main Street, Ste O

Fairfax, VA 22031

Phone: 703-909-1072

Website: <https://www.ncitewithn.com/>

Ms. Meyer-DeLoatch is a solution focused therapist who integrates complementary methodologies and techniques to offer a highly personalized therapeutic approach tailored specifically to the individual. She provides effective support and guidance to assist individuals through challenging situations. Treatment specialization includes therapy for depression and anxiety, family counseling, parenting support, trauma therapy, grief and loss counseling, work and career issues, stress management, and conflict resolution. Evening appointments available to meet the needs of working clients. Accepts several insurances and reduced fee services are available on a limited basis.

Merrifield Center

Fairfax-Falls Church Community Services Board (CSB)

8221 Willow Oaks Corporate Drive

Fairfax, VA 22031

Phone: 703-559-3000

Website: <https://www.fairfaxcounty.gov/community-services-board/about/merrifield-center>

Peer Resource Center Website: <https://www.fairfaxcounty.gov/community-services-board/recovery/merrifield-peer-resource-center>

Fairfax County Community Services Board's 24/7 emergency services, mobile crisis team, and entry, referral, and assessment services are located at Merrifield. Outpatient services and supports, intensive case management, psychiatric services, medication management, community-based supports for individuals with intellectual disability, and wellness and health promotion services are also provided at Merrifield. The Peer Resource Center and medication-assisted substance use disorder treatment are also available at Merrifield Center. Same day screening and assessment services are available Monday-Friday from 9am-5pm with extended hours until 7pm on Tuesdays for youth screening.

Mind Well Psychology

14110 Robert Paris Ct.

Chantilly, VA 20151

Phone: 703- 378-7998

Website: www.mindwell.us

Mind Well Psychology provides services for children, teens, and adults. Services include consultation, neuropsychological testing, psycho-educational testing, emotional and developmental testing, and in-school observation. After evaluation clinicians develop an action plan that can include therapy and advocacy services. The assessment includes executive functioning and learning disorders to developmental delays, autism, ADHD, anxiety, depression, disruptive disorders, and other issues.

A Mindful Choice

Karyn Sandelman, Founder and Principal

Phone: 703-606-1157

Email: Karyn@amindfulchoice.com

Website: <https://www.amindfulchoice.com/>

A Mindful Choice offers secular mindfulness programs to diverse audiences in the workplace, schools, and community settings. The primary goals are to enhance individual well-being and strengthen organizations and communities through the practice of mindfulness. A mindful choice offers the Mindfulness-Based Stress Reduction (MBSR), which is a transformative 8-week course that offers powerful methods for improving vitality and strengthening our ability to manage stress, illness, and chronic pain. A renowned and evidence-based, experiential program, MBSR is set in a supportive environment that includes guided instruction in a wide variety of mindfulness practices, group learning and discussions, and home assignments designed to help participants integrate mindfulness into their lives.

Multicultural Center

Northern Virginia Family Services (NVFS)

6400 Arlington Blvd, Ste 110

Falls Church, VA 22042

Phone: 571-748-2800

1801 George Mason Drive

Arlington, VA 22207

Phone: 571-748-2800

Email: mcir@nvfs.org

Website: <https://www.nvfs.org/about-nvfs/locations/multicultural-center/>

The Multicultural Center is part of the Northern Virginia Family Services (NVFS). The Center provides a wide range of services for individuals and families new to the U.S from which clients can quickly become integrated into their new community. Services include Immigration Legal Services, Counseling and Mental Health Services, and Case Management Services. Individual and family case management services for community members who need assistance meeting emergency or short-term needs through counseling, referrals, some direct assistance, translations and support. Also includes housing counseling and job search assistance. Counseling services include a program for survivors of torture and trauma and trafficking survivor services.

Multicultural Clinical Center

Loudoun Location
46161 Westlake Drive, Suite 130
Sterling, VA 20165

Fairfax Location
6563 Edsall Rd
Springfield, VA 22151
Phone: 703-354-0000
Email: info@mccva.com
Website: <http://mccva.com/>

The Multicultural Clinical Center provides therapeutic home-based, ABA, in-home residential, and outpatient services. The center offers outpatient diagnostic and treatment services for children, adolescents and adults, including diagnostic clinic, psychological and neuropsychological evaluations, psychiatric evaluations, assessments, specialized treatment, children and adolescent services, sex offender services, substance abuse services, and gang intervention services. Also offered are home-based, play, individual, group, family, and couples therapy. Specialized Treatment Services include Child Abuse and Neglect, Domestic Violence, Trauma-Focused Services, and Substance Abuse Program. Services provided in English, Spanish, Vietnamese, Korean, Urdu, Hindi, Punjabi, Pashtu, Farsi, Mandarin, and Sign Language.

National Counseling Group (NCG)

Over 20 locations throughout Virginia.

Annandale Location
7620 Little River Turnpike Ste 402
Annandale, VA 22003
Phone: 703-813-5982

Manassas Location
9301 Forest Point Circle
Manassas, VA 20110
Phone: 703-257-5997

Fredericksburg Location
10712 Ballantraye Dr Ste 301
Fredericksburg, VA 22407
Phone: 540-446-0007

Front Royal Location
134 Payton St Unit A
Front Royal, VA 22630
Phone 540-2734

Winchester Location
817 Cedar Creek Grade Ste 202

Winchester, VA 22601
Phone: 540-450-2734
Website: <https://ncgcommunity.com/>

National Counseling Group (NCG) offers a wide range of community-based services throughout Virginia. Services include mental health skill building for youth and adults age 18-21, intensive in-home, home and community based counseling, residential diversion, therapeutic mentoring, and outpatient counseling. Many of the services are CSA funded. NCG partner agencies in the Northern Virginia Region include Envision Counseling and Embrace Treatment Foster Care.

NeuroSound Music Therapy, LLC

10355 Democracy Lane, Ste b
Fairfax, VA 22030
Phone: 571-367-9951
Email: info@neurosoundmusictherapy.com
Website: www.neurosoundmusictherapy.com

NeuroSound Music Therapy provides individual and group music therapy services that focus on facilitating progress toward functional goals, targeting areas of communication, cognition, behavior, fine/gross motor, socialization, and emotional well-being. All music therapy activities target specific goals and objectives and are designed based on the individual's needs. NeuroSound Music Therapy offers both home-based services and facility-based services in the Northern Virginia area, as well as traditional and adapted music lessons that are tailored to the individual's learning styles. NeuroSound Music Therapy specializes in working with children with autism, developmental and intellectual disabilities, physical disabilities, emotional disabilities, and learning disabilities.

New Horizons Program

Prince William County Community Services Board (CSB)
Sudley North Building:
7969 Ashton Avenue
Manassas, VA 20109
Phone: 703-792-7800

Ferlazzo Building:
15941 Donald Curtis Drive, Ste 200
Woodbridge, VA 22191
Phone: 703-792-4900

Human Services Building:
14716 Potomac Mills Rd
Woodbridge, VA 22192
Phone: 703-792-5099
Web: <http://www.pwcgov.org/government/dept/cs/pages/youth-services.aspx>

The New Horizons programs provide a range of mental health treatment, substance abuse treatment, co-occurring disorders treatment and prevention services to youth who are age 18 or younger and their families. Youth and families are assessed for the least restrictive treatment options. Services include an array of outpatient treatment options, therapeutic services at the Juvenile Detention Center, referrals to residential treatment, discharge planning from psychiatric hospital and residential facilities, and prevention services for at-risk youth. Programs include Behavioral Health Wellness Services, Clinic-Based Services, Home-Based Services, Probation Services, and School-Based Services.

Oak Hill Psychological Services (OHPS) PLLC

2579 John Milton Drive, Ste 210

Herndon, VA 20171

Phone: 703-214-4924

Email: frontdesk@oakhillpsychological.com

Website: <https://oakhillpsychological.com/>

Oak Hill Psychological Services (OHPS) offers psychotherapy and assessment services for children, tweens, adolescents, adults and families. OHPS provides support for parents on several issues including issues related to coping with children with mental health issues and parenting challenges during infancy, early childhood, adolescence and adulthood. OHPS provides support for youth on issues related to ADHD, anxiety, social issues, mood disorders, school challenges, sexuality, family stress, identity/self-image, and family transitions. Psychological assessment of children, adolescents, and young adults for ADHD; intellectual functioning; advanced academic placement; learning disabilities; social emotional, and behavioral functioning; and school and college-based accommodations.

Patricia Pearson, LCSW

3600 Chain Bridge Rd, Ste B

Fairfax, VA 22030

Phone: 703-307-9095

Website: www.pattypearson.com

Patricia is a therapist who provides individual, group and family therapy for children, adolescents and adults who have special needs or have experienced trauma. Areas of specialization include play therapy, therapy for adolescents, therapy for adults, family therapy, group therapy, and parent coaching. Patricia offers parenting workshops on parenting the anxious child, talking about adoption, and, the child that lies.

PHILLIPS Programs for Children and Families

7010 Braddock Rd

Annandale, VA 22003

Phone: 703-941-8810

Fax: 703-658-2378

Website: <http://www.phillipsprograms.org/>

PHILLIPS Programs for Children and Families provides home-based and outpatient therapy services to children and families of any age living in Northern Virginia. Referrals typically come from state agencies and schools. Alternately, families themselves may also refer a child, with payment based on a sliding scale. PHILLIPS Programs for Children and Families also offers Applied Behavior Analysis (ABA) therapy services are provided as a home-based or outpatient service to children and youth, and their families, throughout Northern Virginia. There are also several schools in the Northern Virginia area that serve kids that have difficulty functioning in a traditional school setting.

Terri Pilkerton, MAEd, NCC

Granato Group Integrative Counseling Services

Phone: 703-831-8300

Website: <http://www.granatogroup.com/terri-pilkerton/>

As a practitioner of holistic therapy, Terri's treatment approach places emphasis on the mind-body relationship by way of an evidence-based fusion of Cognitive Behavior Therapy and Mindfulness. Cognitive Behavior Therapy (CBT) is a present-oriented and structured psychotherapy directed at solving current problems and teaching skills to modify unhelpful thinking and behavior which often affect the ability to create and maintain healthy relationships. Mindfulness involves a connection to self-awareness and internal processes. Developing greater awareness of inner experience (including thoughts and feelings) helps bring unhelpful thoughts to the surface.

Professional Mental Health Associates (PMHA)

Burke Center Plaza

9554 Old Keene Mill Rd, Ste F

Burke, VA 22015

Phone: 703-786-3703

Email: gustavo.rife@verizon.net

Website: www.psychologicalevaluations.org

The goal of PMHA is to provide people from all cultural and racial backgrounds a variety of psychological services that include: psychological evaluations, parent-child assessments; individual, family, couples, and group therapy; and Home based psychological services. PMHA provides psychotherapy for children, adolescents, and adults dealing with issues such as: Depression; Anxiety; Severe Trauma (including victims of sexual abuse, domestic violence, torture); Anger Management; Conduct and Disruptive Behavior Disorders; Developmental Disorders (Autism, Asperger's); Substance Abuse (groups); Behavioral Management; and Life Transition/Adjustment due to life stage or disability.

Project Horse Empowerment Center

Equine Facility

18915 Lincoln Road

Purcellville, VA 20132

Administrative Office
20015 Great Falls Dr
Great Falls, VA 22066
Phone: 703-517-6964
Email: info@projecthorse.org
Website: <http://www.projecthorse.org/>
Scholarship Application: <https://www.projecthorse.org/foster-scholarship-application>

Project Horse Empowerment Center provides therapy services for individuals, families and groups. For those already seeing a therapist or psychiatrist, clinicians from Project Horse Empowerment Center will collaborate to meet treatment goals. Therapy is tailored to an individual's family's or couple's treatment goals, in coordination with a primary therapist. Programs include Wellness & Learning; Therapy & Mental Health, Warrior Herd Veterans & Military, and Community Outreach. Project Horse raises funds in order to offer a sliding scale and financial assistance to participants, whenever possible. Services are Pro bono for veterans and their families. Project Horse also attends a variety of community events with our "Mobile Minis" (miniature horses), such as parades and fairs; we educate the public about the power of equine assisted therapy and help reduce the stigma surrounding mental health issues; and we enable a variety of groups in the community to have convenient access to our equine assisted services.

Psych Ed Connections

Locations in Florida and Northern Virginia

Ashburn Office
21750 Red Rum Drive, Ste 102
Ashburn, VA 20147

Alexandria Office
1600 Prince Street, Ste 102
Alexandria, VA 22314
Phone Coaching: 571-289-9729
Email: Info-va@PsychEdConnections.com
Website: <https://www.psychedconnections.com/>

Psych Ed Connections provides Testing and Psychological Assessments for children, teens and adults who have interest in learning of a possible mental health diagnosis. Psych Ed Connections provides individual and family therapy for child, adolescent and adult clients struggling with a wide range of mental health issues including low self-esteem, depression, bipolar disorder, anxiety, or substance use.

Psychiatric Institute of Washington (PIW)

4228 Wisconsin Avenue, NW
Washington, DC 20016
Emergency Assessment: 888-397-8819
Website: <http://psychinstitute.com/>

The Psychiatric Institute of Washington (PIW) provides comprehensive behavioral healthcare for children, adolescents, adults and senior adults who have mental health and addictive illnesses. PIW is a short-term, acute care hospital that offers inpatient, partial and intensive outpatient programs, as well as specialized treatment programs for chemical dependency. Programs for teens and adolescents are available for patients between the ages of 10 and 17 and include programs for patients who suffer from major psychiatric disorders, depression, substance abuse and behavioral problems. The Adolescent Treatment Program is highly structured to meet each patient's special needs. PIW has a free call line to help assess whether an individual needs psychiatric help.

Bronwen Rankin, PhD, PLLC

256 North Washington Street, Ste 3
Falls Church, VA 22046
Phone: 703-424-2909
Email: bronwenrankin@gmail.com
Website: www.novapsychology.com

Dr. Rankin is a licensed clinical psychologist who conducts psychotherapy for older children, adolescents, and adults, using cognitive-behavioral approaches and evidence-based treatments. Dr. Rankin takes a skills-based approach to teach kids (age 6-17) skills to help them emotionally regulate themselves, cope with stress, stay focused and organized, and deal well with family and other social relationships. Dr. Rankin integrates creative play-based activities into learning emotional and social skills to keep therapy engaging and fun.

Rathbone & Associates

Bethesda Office
4701 Sangamore Road #210N
Bethesda, MD 20816

Rockville Office
5942 Hubbard Drive
Rockville, MD 20852
Phone: 301-230-9490
Website: <https://rathboneandassociates.com/>

Rathbone & Associates offers a comprehensive DBT program for adolescents that includes all 5 modes of treatment (individual DBT, skills training group, parent skills training group, phone coaching, and consultation). The website state that "treatment that does not provide all 5 modes is not DBT." DBT therapists provide treatment specifically designed for adolescents, including skills not found in adult DBT. Adolescents are served by a professional treatment team who coordinate care, meet regularly for consultation, and maintain communication with parents.

REACH (Regional Education Assessment Crisis Services Habilitation)

Easterseals UCP North Carolina & Virginia
VA REACH Northern Region of Virginia

3460 Commission Ct., Ste 300
Lake Ridge, VA 22192
Phone: 571-383-7834

Website: <http://www.easterseals.com/NCVA/our-programs/adult-services/va-reach-northern-region-5.html>

REACH is a program to support adults with an intellectual disability and/or developmental disability, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. REACH provides 24/7 crisis intervention, information, and referral to individuals residing in Fairfax, Loudoun, Arlington, Prince William, and the City of Alexandria. REACH also provides mobile support, Consultation, and run a therapeutic home that provides temporary, short-term support to individuals who are transitioning into or out of a hospitalization or are not able to return to their last place of residence.

The Resilience Network, LLC

20130 Lakeview Center Plaza, Ste 400
Ashburn, VA 20147
Phone: 703-840-5459
Email: info@resilience-network.net
Website: <https://resilience-network.net/>

The Resilience Network provides an evidenced-based approach to resilience skill building that is action-oriented using multiple modalities. The Resilience Network uses a non-traditional approach that is practical, hands-on, fun, uplifting, and supports the development of resilience skills in people from every background in any situation. Areas of focus include compassion fatigue and secondary traumatic stress, workforce engagement and integrity, direct care for individuals and families, and licensure for master's-level clinicians.

Reston Psychological Center

Reston Family Center
1800 Town Center Drive, Ste 411
Reston, VA 20190
Phone: 703-437-3236
Email: restonpsych@comcast.net
Website: <http://www.restonpsych.com/>

Reston Psychological Center provides professional psychological services to children, adolescents, adults, and families. The team of psychologists and social workers provides a broad range of therapies and diagnostic testing. Comprehensive services include individual, couples, and family therapies, consultation and psychological evaluations. Reston Family Center provides evaluation and intervention to high conflict families through custody assessment, family consultation, and directed co-parenting counseling and intervention. Working with children and families of divorce and separation, Reston Family Center consults, evaluates and treats issues of visitation and parental custody.

The Ross Center Northern Virginia

Locations in New York and Washington DC.

Northern Virginia Center

1595 Spring Hill Road, Ste 520

Vienna, VA 22182

Phone: 703-783-9855

Email: VAinfo@rosscenter.com

Website: <https://www.rosscenter.com/about/northern-va-office/>

The Ross Center in Northern Virginia has psychologists, psychiatrists and therapists and work with children, adolescents, young adults, and adults. Clinicians work individually or with the entire family in developing the optimal treatment plan. With a variety of clinician specialists, they are able to provide a combination of approaches that can include testing and assessment, individual or family therapy, and psychiatric medication to provide the best possible outcome. The team includes child psychiatrists and child therapists who specialize in working with kids and patients are taught positive behaviors and coping skills, while clinicians offer suggestions for helpful parenting techniques to help deal with behavioral problems, anxiety and more. Clinicians work with adolescents and young adults to help them acquire skills in communication, conflict resolution and problem-solving so that they can experience less anxiety and a higher quality of life. Additionally, child therapists work effectively with local schools.

Mark V Sakran, MD Mindful Healing Group

Mindful Healing Group

1485 Chain Bridge Rd, Ste 203

McClean, VA 22101-4501

Phone: 571-435-3334

Phone: 301-969-2285

Email: SakranMD@gmail.com

Email: Mindfulhealinggroup@gmail.com

Website: https://www.facebook.com/Mindful-Healing-Group-235234496921175/?ref=page_internal

Mark V. Sakran is a psychiatrist in private practice. He is also affiliated with Healthy Foundations Group in Bethesda, MD, which provides a full range of mental health services for children, adolescents, adults, and families. Medical/psychiatric assessment of children, teens and young adults who may be suffering from neuro-developmental delays, anxiety, depression, mood disorders or academic struggles. Utilizing medication in these conditions can be helpful if needed however risks vs benefits must always be closely assessed prior to their use.

Sound Start Development

10560 Main Street, Ste PH-01

Fairfax, VA 22030

Phone: 301-785-3596

Sound Start Development uses music and play to promote literacy, numeracy and executive function development in children 18 months-kindergarten. Board-certified music therapists use storytelling with rhythm, melody, and moving to a beat to promote literacy skills; finger play songs to promote counting and finding patterns, and learning through fine motor play to promote numeracy; and memory games to promote focused attention, solving problems, learning about feelings to promote executive functioning.

Therapeutic Alliance LLC

Fredericksburg Site
1702 Farm Hill Ave, Ste 105
Fredericksburg, VA 22401
Phone: 540-899-5790

Manassas Site
7771 Ashton Avenue
Manassas, VA 20109
Phone: 703-492-2686

Sterling Site
22375 Broderick Dr., Ste 125
Sterling, VA 20166
Phone: 703-596-2686

Falls Church Site
6400 Arlington Boulevard, Ste 670
Falls Church, VA 22042
Email: director@taculture.com
Website: <https://taexperience.com/>

Therapeutic Alliance LLC offers a full range of mental health services for children and families throughout Northern Virginia. Their staff are professionally trained and widely recognized in Early and Periodic Screening, Diagnostic and Treatment services for autism. Therapeutic Alliance focuses on early detection and the ability to provide Intensive In-Home Treatment Services and Mental Health Skill-Building Services for both autism and other mental health issues. Therapeutic Alliance also provides support for kids struggling with conduct Disorder/Oppositional Defiant Disorder, Depression, Anxiety and Stress, Arguments, Trauma, Communication, Trust, Self-Esteem, and Aggression. Pro bono counseling is available to some clients.

Thrive Therapy Center

10560 Main Street, Ste PH4
Fairfax, VA 22030
Phone: 703-507-0963
Email: mbutler@thrivetherapycenter.com
Website: <https://thrivetherapycenter.com/>

Thrive Therapy Center provides compassionate, supportive and confidential care to children, adolescents, adults and couples. They specialize in providing relief from anxiety, depression, loss and grief and trauma. Therapists work with issues related to life transitions and acculturation, sexual abuse and trauma, and behavioral dysregulation. The practice has native Spanish and Portuguese speaking therapists and offer daytime, evening and weekend hours to best meet the needs of clients..

Turning Point

Fairfax-Falls Church Community Services Board (CSB)

Merrifield Center

8221 Willow Oaks Corporate Drive

Fairfax, VA 22031

Phone: 703-559-3000

Email: CSBTurningPointCSC@fairfaxcounty.gov

Website: <http://turningpointcsc.org/>

Website: <https://www.fairfaxcounty.gov/community-services-board/services/turning-point>

Turning Point offers coordinated specialty care (CSC) program that serves young adults who are residents of Fairfax County or cities of Fairfax or Falls Church who are between the ages of 16 and 25 who have experienced their first episode of psychosis (FEP). The program offers services for up to two years, including Case management, Resiliency training, Individual and group psychotherapy, Medication management, Peer support, Family education, Supported employment, and supported education. There is a fee for services, based on a sliding scale.

Trauma and Hope

5417-C Backlick Road

Springfield, VA 22151

Phone: 703-750-1714

Email: traumaandhope@gmail.com

Website: <https://traumaandhope.com/>

Trauma and Hope provides clinical evaluations, home based therapy, individual, family and group therapy. Specialized programs include: Substance Abuse Treatment Program, Sex Offender Program, Gang Specific Treatment Program, Sexual Exploitation Treatment Services (SETS), Anger Management Program, and Substance Abuse Treatment Program. Trauma and Hope provides private mental health treatment for a range of problems including trauma, depression, anxiety, conduct, problem sexual behaviors, schizoaffective disorder, and bipolar disorder.

United Methodist Family Services (UMFS)

5400 Shawnee Rd, Ste 303

Alexandria, VA 22312

Phone: 703-941-9008

Fax: 703-750-0621

Email: nova@umfs.org

Through the Northern Virginia office, UMFS offers a wide range of community-based services including Intensive Care Coordination (ICC), Family Support Partners, therapeutic foster care, Community Respite, Project Life, extreme recruitment, and a 45-day crisis stabilization service at Leland House. Intensive Care Coordination (ICC) and Family Support Partners. ICC is team based individualized support for families who have youth who are at risk for out of home placement. Family Support Partners are parents with lived experience who help educate, support, and empower families of children with mental or emotional health challenges.

US Care In-Home Behavioral Health

Offices in Richmond and Fairfax.

Fairfax Office

4031 University Dr, Ste 100

Fairfax, VA 22030

Phone 703-554-7188

Email: info@myuscare.com

Website: <http://myuscare.com/>

US Care In-Home Behavioral Health provides behavioral Health Assessments, Family Support Services, Intensive In-Home Services (IIH), Mental Health Skill-Building Services, Mentoring, and Outpatient Therapy. IIH services are provided to children and adolescents who are at risk of an out-of-home placement or who are transitioning back home after an out-of-home placement. Outpatient Therapy is offered for children, adolescents, and adults who require therapeutic treatment to improve their behavior and functioning, reduce symptoms, and increase coping skills. US Care offers individual, family, group, and addiction and recovery treatment services.

Victoria Transcultural Clinical Center (VTCC)

3541 Chain Bridge Rd, Ste 204

Fairfax, VA 22030

Phone: 703-218-6599

Email: info@vtccmail.com

Website: <http://vtccnet.com>

Facebook: <https://www.facebook.com/victoriatransculturalclinicalcenter>

VTCC is a private, for-profit, multicultural mental health agency serving children, youth, and families who are Medicaid or funded through Family Assessment and Planning Teams (FAPT). Their programs are open to underserved children, youth and families located in the Northern Virginia area. Their programs currently include Applied Behavior Analysis (ABA) or EPSDT, and home-based intensive in-home services. At VTCC, services are provided when the child/adolescent is at risk of out-of-home placement (hospitalization, residential or incarceration) or to facilitate the transition to home/community. VTCC incorporates its cross-cultural approach to all treatment.

Vienna Counseling Solutions, LLC

Barbara Dumais, LCSW

115 Beulah Rd NE, Ste 100D
Vienna, VA 22180
Phone: 703-988-6308
Email: bdumaisvcs@gmail.com
Website: www.viennacounselingsolutions.com

Vienna Counseling Solutions, LLC offers short and long term counseling for individuals, couples and families. Therapist Barbara Dumais has experience working with clients with depression, anxiety, divorce, grief, marital issues and issues regarding families and children, including adoption.

Virginia Home Based Counseling (VHBC) and Virginia Support Services (VSS)

8140 Ashton Ave, Ste 200
Manassas, VA 20109
Phone: 703-367-7800
Email: Patrick.stiehm@chooseyourprovider.org
Website: <http://www.chooseyourprovider.org/>

Virginia Home Based Counseling has offices throughout the Commonwealth of Virginia. The agency provides mental health and substance abuse services to the community. Offers intensive in-home services for those ages 4-20 with mental health concerns. Offers behavior therapy for those ages 4-21 with developmental delays, autism, and intellectual disabilities. Virginia Support Services provides services for those ages 16 and older with mental, behavioral, or emotional disorders.

Virginia Center for Neurofeedback, Attachment & Trauma

420 3rd Street, NE
Charlottesville, VA 22902
Phone: 434-878-3146
Email: info@virginianeurofeedback.com
Website: <http://virginianeurofeedback.com/>

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

Virginia State Mental Health Facilities

Virginia Department of Behavioral Health and Developmental Services (DBHDS)
<http://www.dbhds.virginia.gov/about-dbhds/facilities>

Virginia operates 13 facilities: eight behavioral health facilities for adults, two training centers, a psychiatric facility for children and adolescents, a medical center, and a center for behavioral rehabilitation. State facilities provide highly structured, intensive services for individuals with mental illness, intellectual disability or are in need of substance use

disorder services. In the evolutionary movement towards a single, integrated system of care, increased emphasis has been placed on the establishment of community services and on the more effective and efficient use of state facilities. This emphasis has defined the role of state facilities as one of several resources in an overall continuum of care. Patients are initially evaluated and referred to the mental health facilities by staff from Community Services Boards (CSBs). Pre-admission screening services are provided by CSBs on a 24-hours per day, 7 days per week basis.

The Wake Kendall Group PLLC

5247 Wisconsin Avenue NW, Ste 4

Washington, DC 20015

Phone: 202-686-7699

Website: <http://www.wakekendall.com/>

The Wake Kendall Group provides individuals, families, and schools with a full range of psychological and educational assessment and psychotherapy. Therapists are trained in a variety of approaches and thoughtfully individualize therapy to meet your needs. Dialectical Behavioral Therapy (DBT) trained therapists work with adolescents and adults who have pronounced emotion regulation difficulties. DBT has been extended to work with individuals who struggle with depression, trauma, and addiction. Other services provided include Emotional and Social Effectiveness Program (EASE), a didactic skills training groups for adults age 18 and older. Clinicians also provide comprehensive neuropsychological evaluations, psycho-educational testing, social and emotional assessments, early childhood evaluations, and school admissions testing.

Wellness Connection, LLC

Stone Ridge Office

24600 Millstream Dr, Ste 340

Stone Ridge, VA 20105

Ashburn Office

Nova Medical Group Building

21785 Filigree Ct, Ste 212

Ashburn, VA 20147

Phone: 703-724-0335

Email: info@wellnessconnectionllc.com

Website: <http://www.wellnessconnectionllc.com/>

The Wellness Connection LLC combines conventional therapies with alternative treatments to treat the whole person, which eliminates confusion and ensures optimal patient care. Their simplified wellness solutions are delivered through a collaborative team of professionals. The Wellness Connection is dedicated to serving clients and the surrounding community with the highest integrity, professionalism, and experience in the field of preventative healthcare. Services include counseling, psychological testing, psychiatry, chiropractic, massage therapy, acupuncture, support groups and workshops.

The Wise Family

Wise Mind Solutions, LLC

2850 Eisenhower Avenue, Ste 105

Alexandria, VA 22314

Phone: 703-991-6005

Email: info@thewisefamily.com

Website: <https://www.thewisefamily.com/>

Additional Resources: <https://www.thewisefamily.com/parent-resources-2/additional-resources/>

WISE Mind Solutions is a psychotherapy, education and family consulting practice created to guide and inspire families to build resilient communication and emotional intelligence. The focus of the practice is to provide children and their families with essential knowledge, tools and resources through individual and group therapy, assessment, brain-based training and professional and parent development seminars. Services include counseling services for kids, admissions and educational testing, ADHD assessment, working memory training, parenting advice. Wise Family offers both play and cognitive behavioral therapy to address anxiety, depression, anger management, ADHD, autism spectrum disorders, sensory processing dysfunction, social skills deficits, behavioral difficulties, family stress/conflict and mood-based issues. There are also links to additional resources on the website.

The Women's Center

Locations in Washington DC and Northern Virginia

Northern Virginia Location

133 Park St NE, Building 127, 2nd Floor

Vienna, VA 22180

Phone: 703-281-2657

Email: questions@thewomenscenter.org

Website: <https://thewomenscenter.org/services/individual-couples-family-counseling/>

The Women's Center provides counseling services, domestic violence & sexual assault services, education & career services, and therapist training. Counseling services include individual, couples, & family counseling and support & therapy groups. The Women's Center meets the diverse psychological needs of women, men, children, couples, and families of all ages. They offer sessions in both English and Spanish. The Women's Center provides services to people in need regardless of their ability to pay for them.

Youth for Tomorrow (YFT)

11835 Hazel Circle Dr

Bristow, VA 20136

Phone: 703-659-9900

Website: <http://youthfortomorrow.org/Behavioral-Health-Services>

Woodbridge Office

14000 Crown Court, Ste 101

Woodbridge, VA 22193

Manassas Office

9720 Capital Court, Ste 303
Manassas, VA 20110

Gainesville Office
7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

Springfield Office
6800 Backlick Road, Ste 300
Springfield VA 22150

Loudoun Office
19415 Deerfield Avenue, Ste 101
Landsdowne, VA 20176

Warrenton Office
20 Rock Pointe Lane, Ste 201
Warrenton, VA 20186

Youth For Tomorrow (YFT) provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT's Behavioral Health Services (BHS) offers a broad scope of outpatient counseling services for children (ages five and up), adolescents, adults, families, and couples. Specialized programs include Therapeutic Day Treatment program funded through Medicaid, Intensive In-Home Services, Comprehensive Mental Health Assessments, Psychological Testing, Intensive outpatient substance abuse program, and Psychiatric Assessment for Medication Management which must be in tandem with on-going therapy with an YFT professional therapist.

Inpatient, Group Home, and Residential Treatment Facilities

Inova Adolescent Behavioral Health Inpatient

Inova Fairfax Hospital
3300 Gallows Road
Falls Church, VA 22042
Phone: 703-289-7560

Email: inovabehavioralhealth@inova.org

Website: <https://www.inova.org/healthcare-services/behavioral-health/adolescent-inpatient>

Opened in 2018 on the Inova Fairfax Medical Campus, the adolescent psychiatry inpatient unit provides care for adolescents (ages 14–17) who require stabilization and short-term treatment for emotional, behavioral, and psychological needs. This unit has 15 beds: 13 private rooms and 2 semi-private rooms. The program provides a full spectrum of mental health services including comprehensive mental health

assessments, psychiatric and medical evaluations, nursing and social work care, group therapy, education on symptom management, family meetings, collaboration with schools and other providers, and aftercare and discharge planning.

The Alice C. Tyler Village of Childhelp

Childhelp

23164 Dragoon Rd

Lignum, VA 22726

Phone: 540-399-1926

Email: aclark@childhelp.org

Website: <https://www.childhelp.org/virginia/the-village/>

Childhelp Alice C. Tyler Village is a residential treatment community specializing in the treatment of children and adolescents with mild to severe trauma or neglect, psychiatric disorders, and neurodevelopmental disorders. Childhelp accepts children from age 5-14 years of age who have been referred by schools, parents, nearby judicial authorities, and child welfare offices. Children live in separate home-like cottages based on age and gender. While at the village, children receive on-site clinical services provided by Childhelp's multi-disciplinary team under the direction of a staff psychiatrist. The Village has residential and day-school special education programs open to children in the community. Childhelp has a full-time recreational therapist, a music therapist, an animal therapy specialist, and offers speech and occupational therapy to residents. The program is a 60-90 day treatment program.

The Attachment Place (TAP)

P.O. Box 71

Tracy's Landing, MD 20779

Phone: 410-707-5008

Email: info@theattachmentplace.com

Website: <https://theattachmentplace.com/>

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child's ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Aurora House

420 South Maple Ave

Falls Church, VA 22046

Phone: 703-237-6622

Email: Aurora_House@fallschurchva.gov

Website: www.fallschurchva.gov/514/Aurora-House

Aurora House is a residential counseling center for girls ages 13-17 and certified by the Virginia Department of Juvenile Justice. Aurora House offers long-term community-based treatment to a group of up to 12 girls. Aurora House provides at-risk females the nurturing structure, and support necessary to help them through the difficulties, offering the girls and their families the opportunity to make positive changes toward a brighter future. It operates under the direction of the Juvenile and Domestic Relations District Court and serves Arlington County, City of Alexandria, City of Falls Church, and Fairfax County.

The Barry Robinson Center

443 Kempsville Road

Norfolk, VA 23502

Phone: 757-455-6100

Email: admissions@barryrobinson.org

Website: <http://www.barryrobinson.org/>

The Barry Robinson Center (BRC) has behavioral health residential programs for boys and girls, as well as offering community-based services for children of all ages. The Barry Robinson Center is located on a sprawling 32-acre wooded campus, conveniently located on the border of Norfolk and Virginia Beach. It provides a serene setting for programs designed to help at-risk youth and their families overcome emotional and behavioral difficulties. There are separate, specialized programs for children, for adolescents diagnosed with mental health and substance abuse illnesses, and older adolescents.

Child & Family Healing Center

United Methodist Family Services (UMFS)

3900 W. Broad St.

Richmond, VA 23230

Phone: 804-239-1277

Email: info@umfs.org

Website: <https://www.umfs.org/services/residential-treatment/cfhc/>

Charterhouse School Website: <https://www.charterhouseschool.org/>

Child & Family Healing Center in Richmond provides 24-hour intensive residential treatment for youth ages 11-17 in an unlocked 33 acre campus environment. While at CFHC, youth attend the Charterhouse School on campus. The CFHC Child & Family Healing Center empowers kids by addressing clinical needs and building social competency through family-focused and youth guided treatment plans. Areas of expertise include Trauma and attachment (including but not limited to Post-Traumatic Stress Disorder and Reactive Attachment Disorder); Problem sexual behaviors; and Autism and other neurological differences (e.g., mild traumatic brain injury). The CFHC is licensed by the Commonwealth of Virginia and are Medicaid approved.

Cumberland Hospital for Children and Adolescents

9407 Cumberland Rd
New Kent VA 23124
Phone: 804-966-2242
Website: www.cumberlandhospital.com

Cumberland Hospital has both hospital services and residential treatment programs. Cumberland Hospital services serves children dealing with brain injuries, chronic illnesses or neurobehavioral issues. The hospital uses the latest approaches in medical management and adaptive skill-building to help young people ages two to 22 heal physically and develop emotionally. Residential programs provide consistent, structured medical, practical and emotional support children need to thrive. Cumberland's Residential Services Program is designed for adolescents who have a chronic illness, brain injury or neurological impairment, providing them with a specialized medical atmosphere when hospitalization is not needed. The program can accommodate 16 residents and accepts young people with IQs of 55 or greater.

DePaul Community Resources

Phone: 888-233-7285
Email: info@depaulcr.org
Website: <http://www.depaulcr.org/>

DePaul Community Resources has two programs that offer supported living environments for children and adults with developmental disabilities. The Sponsored Residential Program matches children and adults with developmental disabilities to sponsored residential homes. Sponsored residential home providers empower individuals with developmental disabilities to be active members of families, experience community involvement, and find normalcy in everyday life. DePaul Group Homes provide residential care for adults 18 and older with developmental disabilities. Group homes are staffed around the clock with residential mentors who assist individuals in personalized care, medication management, and skills development while helping to create an inclusive family atmosphere among residents. DePaul currently operates two group homes located in Amherst and Waynesboro, VA.

Dominion Hospital

HCA VA Health System
2960 Sleepy Hollow Rd
Falls Church, VA 22044
Phone: 703-538-2872
Website: www.dominionhospital.com

Dominion Hospital treats children ages 5-12 and adolescents ages 13-17 with emotional and behavioral health problems. Services include inpatient stabilization for young people who are challenged with an acute behavioral health issue. There are separate and distinct programs for each age group. Treatment plans involve collaboration with outpatient treatment providers and emphasize patient and family education to help everyone involved better understand emotional health issues and symptom management. Services include: Medication management; Supportive medical care;

Therapeutic milieu (environment) setting; Behavior modification; Group therapy; Nursing education groups; Psycho-education groups; Activities therapy; Pet therapy; and Family discharge planning sessions. Outpatient services are provided for patients who are able to maintain their work schedules while working to improve their overall health in a supportive and calming environment.

FreshStart Assessment & Diagnostic Homes

Intercept Health

Locations in Richmond, Chesapeake, Chester, Henrico, Lynchburg, Roanoke, Rocky Mount, Martinsville, Stafford, Wytheville, and Waynesboro

Stafford Office

2712 Jefferson Davis Hwy

Stafford, VA 22554

Phone: 540-318-4740

Website: <https://www.intercepthealth.com/fresh-start>

FreshStart is a specialized service offered through Intercept Health. FreshStart is a short term, 90 day assessment and diagnostic program focused on the unique developmental, emotional and behavioral needs of children and adolescents. FreshStart offers a detailed assessment focused on strengths and needs, diagnosis, education and treatment recommendations. Education is on site. They also offer a 30 day stabilization track. Treatment is trauma informed and encourages family engagement.

Grafton Psychiatric Residential Treatment Center

Grafton Integrated Health Network

120 Belview Avenue

Winchester, VA 22601

Phone: 888-955-5205 ext 6460

Email: admissions@grafton.org

Website: <https://www.grafton.org/about-us/services/psychiatric-residential-treatment/>

Grafton provides an integrated continuum of care that includes psychiatric residential treatment, therapeutic day school, and therapeutic community living options. Grafton provides secure, trauma informed psychiatric residential treatment (PRT) for individuals between the ages of six and 21 with psychiatric disabilities, or those with intellectual disabilities or autism and simultaneous psychiatric conditions. Grafton provides short-term, intensive residential therapeutic treatment, in direct partnership with the family or guardian, designed to help individuals build the skills necessary to be successful in a community and home setting. In addition to individual, group and family therapy, clients explore issues and challenges through a variety of activities including animal assisted therapy, art therapy, horticulture, music instruction, and structured recreation.

Grafton Specialized Therapeutic Group Homes

Grafton Integrated Health Network

Homes located in Winchester and Richmond, VA.

120 Belview Avenue

Winchester, VA 22601

Phone: 888-955-5205 ext 6460

Email: admissions@grafton.org

Website: <https://www.grafton.org/about-us/services/therapeuticgrouphomes/>

Grafton's Therapeutic Group Homes serve individuals with intellectual/developmental or autism spectrum disorders, often combined with psychiatric diagnoses. The homes are staffed with psychiatrists, nurses, nurse practitioners, board certified behavior analysts, registered behavior technicians, and psychotherapists, and more. A fully accredited school with a career and technical education track is also available at these program sites, as are speech and occupational therapists, educators, music therapists, and others. Individuals learn the adaptive skills necessary to increase self-autonomy and build healthy relationships. In addition to addressing challenging behaviors, services support clients in achieving improved life skills and abilities, such as daily living, money management, home maintenance, food preparation, personal hygiene, socialization, leisure, and community safety.

Hallmark Youthcare

12800 West Creek Pky

Richmond, VA 23238

Phone: 804-784-2200

Email: info@hallmarksystems.com

Website: www.hallmarkyouthcare.org

Hallmark Youthcare offers residential programs for assessment & diagnostic, residential treatment, short term residential care, and treatment for sexually acting out youth (TSAY). Assessment and Diagnostic Services (A&D) provide a secure facility for children who do not have the necessary evaluations required to determine the most appropriate level of care. Comprehensive Adolescent Residential Treatment Program offers a multidisciplinary approach to individualized care for youth ages 11-17. Customization and flexibility are key to Hallmark Youthcare's short-term treatment options for youth. Brief stays and highly individualized treatment plans meet the needs of youth stepping down from a hospital stay or who need a short-term residential stay. TSAY Program provides immediate and intensive early intervention services for male adolescents, who have demonstrated aggressive sexual behaviors.

Harrison House of Virginia

5105 Q Backlick Rd

Annandale, VA 22003

Phone: 703-256-6474

Email: hhouse5105@aol.com

Website: <https://www.harrisonhouseofvirginia.com/>

Harrison House of Virginia is an affordable drug and alcohol treatment program who for men and women over the age of 18. Harrison house offers interventions, sober living

homes with day treatment, weekly multi-family groups, and outpatient support as part of their treatment program. Harrison House has a foundation that was formed to create grants for those men and women who cannot afford care in battling their addiction.

Henry and William Evans Home for Children and The Lloyd House

330 E Leicester St

Winchester, VA 22601

Phone: 540-662-8520

Email: evans@evanshome.org

Website: <https://www.evanshome.org/>

The Henry and William Evans Home for Children and the Lloyd House provide a place of learning for children age 5-17 who have yet to find an adoptive home. The children live in a home environment and have their own private bedroom. Children live with children like themselves, attending the same process of recovery. Children are encouraged to develop independent living skills, attend school in the local community, and develop the mutual respect and sense of belonging that allows them to grow and progress in all areas of their lives.

The Hughes Center

1601 Franklin Turnpike

Danville, VA 24540

Phone: 434-836-8500

Email: HughesCenterAdmissions@uhsinc.com

Website: <https://thehughescenter.com/>

The Hughes Center is a highly structured, 56-bed Psychiatric Residential Treatment Facility for adolescents and young adults age 10-22 with a current diagnosis of Autism Spectrum Disorder and/or an Intellectual Disability with one or more co-occurring (significant) psychiatric disorders. The Hughes Center utilizes a multidisciplinary team approach to provide comprehensive evaluation, evidence-base and trauma-informed treatment interventions to build upon the individual strengths and abilities of each resident within a safe and secure campus setting.

Intercept Community Homes

Intercept Health

Locations in Richmond, Chesapeake, Chester, Henrico, Lynchburg, Roanoke, Rocky Mount, Martinsville, Stafford, Wytheville, and Waynesboro

Stafford Office

2712 Jefferson Davis Hwy

Stafford, VA 22554

Phone: 540-318-4740

Website: <https://www.intercepthealth.com/community-homes>

Intercept Health is a full-service provider with specialized programming across the care continuum. Intercept Health offers a variety of specialized services to meet the needs of individuals and families throughout Virginia. Community Homes are therapeutic group homes located throughout Virginia for children and adolescents age 7-19. They have a specialized children's program for co-ed ages 7-12 for sexually reactive children. Treatment modalities include trauma focused therapy, substance abuse education, sex offender relapse prevention, and individual group and family therapy. The programs focus on developing life skills, behavioral modification, peer support, and positive youth development.

Joshua House II

NDUTIME Youth & Family Services, Inc
6015 Staples Mills Road
Henrico, VA 23228
Phone: 804-303-8393
Email: infor@ndutime.org
Website: http://www.ndutime.org/?page_id=21

NDUTIME operates "Joshua II" as an independent living group home for adolescent males between the ages of 13-19. The program addresses issues and/or problems of adolescents who are dealing with some form of mental health distress, which has resulted in an out-of-home placement. Joshua House II is designed to facilitate holistic healing and therapeutic growth that supports independent living skills for males to reintegrate into the community-at-large. NDUTIME utilizes forgiveness and servant leadership as a vehicle to transformation.

Kempsville Center for Behavioral Health

860 Kempsville Rd
Norfolk, VA 23502
Phone: 757-461-4565
Toll-free: 877-409-2228
Website: www.kempsvillecenter.com

Kempsville Center for Behavioral Health provides comprehensive behavioral health services to children and adolescents with mental health concerns. Kempsville Center for Behavioral Health offers acute inpatient hospitalization in a safe, secure, and therapeutic environment with the youngest and most vulnerable children ages 4-11 having a completely separate and wing. Additionally, there is a partial hospitalization program and long-term residential program for adolescents ages 12-18.

Kids in Focus

StepStone Family & Youth Services
74000 Beaufont Springs Drive, Ste 430
Richmond, VA 23225
Phone:
Website: <https://www.stepstoneyouth.com/kids-in-focus/>

Kids in Focus (KIF) is a diagnostic assessment program for children ages five to 17-years-old. Programs are tailored to meet age specific and unique emotional developmental needs of individual clients. They use evidenced-based treatments including the Attachment, Self-Regulation, and Competency (ARC) treatment framework and You're Safe-I'm Safe: Techniques for Achieving Positive Behavioral Results. KIF provides recommendations for placement, treatment, and services and assists in obtaining appropriate placement or services with a stabilization track if appropriate.

Leland House

United Methodist Family Services (UMFS)

Fairfax County

Phone: 703-222-3558

Website: <https://www.umfs.org/services/residential-treatment/leland-house/>

UMFS Leland House provides short-term (up to 45 days) intervention and stabilization for children ages 12 to 17 in Fairfax County who are in crisis and cannot remain in their home or current residential setting. UMFS Leland House empowers children to overcome their behavioral or emotional issues through individual, group and family therapy, education and recreational opportunities. Intensive Care Coordination is provided to families as part of the Systems of Care model. Intensive Care Coordinators and Family Support Partners work as part of a team to support Fairfax County families who have children living with mental illness. Services are for Leland House residents or may be provided on an outpatient basis.

North Spring Behavioral Healthcare

42009 Victory Ln

Leesburg, VA 20175

Phone: 703-777-6300

Email: Fredericka.harris@uhsinc.com

Website: www.northspringleesburg.com;

<http://www.northspringleesburg.com/programs/residential-treatment-programs/>

North Spring Behavioral Healthcare strives to supply a comprehensive range of treatment services to residents and their families, including assessment, diagnosis, treatment planning, consultation, treatment, rehabilitation, prevention and community education. The various programs empower individuals, giving them a relevant foundation upon which to build healthy, productive lives. North Spring has several different programs tailored to meet specific needs of residents including acute inpatient psychiatric treatment (ages 7 and older), residential inpatient treatment (ages 9 and up) and outpatient IOP and PHP programs (ages 11 and older).

Patrick Henry Boys and Girls Homes

Patrick Henry Family Services

860 Red Hill Road

Brookneal, VA 24528

Phone: 434-376-2006

Email: admissions@patrickhenry.org

Website: <https://www.patrickhenry.org/services/residential-care-boys-girls-homes/>

Patrick Henry Boys and Girls Home works with families to provide therapeutic care to children while coaching parents to be capable and successful when the children return home. The program's goal is to return every child to their family within one year of placement. The program uses Trust-based Relational Intervention (TBRI) to assist children in regulating themselves and healing from prior trauma so that they can more readily connect with trusted adult caregivers. The entire family is expected to participate in all elements of the treatment because the entire family is the critical focus of treatment, not just the child.

Poplar Springs Hospital

350 Poplar Dr

Petersburg, VA 23805

Phone: 804-733-6874

Website: www.poplarsprings.com

Poplar Springs has an acute inpatient program for adolescents ages 11-17 and a residential treatment program for adolescent girls ages 11-17. The adolescent acute inpatient program is designed to provide stabilization for adolescents in severe distress or exhibiting unsafe behavior. Poplar Springs Hospital provides structured, short-term inpatient care in an atmosphere of support and respect. Adolescents learn how to deal with their emotional and behavioral issues so they can quickly return home with better coping tools to deal with stress. The residential program treats girls who have experienced complex trauma/sexual trauma, borderline personality, and co-occurring/compulsive disorders. The program provides assessment and diagnostic services. The secure campus allows the opportunity for residents to walk daily to education classes, treatment groups and cafeteria-style dining. All residents attend the Learning Center, a private, 12-month school licensed by the Commonwealth of Virginia.

Reflections- An Eating Disorders Treatment Center

Dominion Hospital

HCA VA Health System

2960 Sleepy Hollow Rd

Falls Church, VA 22044

Phone: 703-538-2886

Website: <http://reflectionsed.com/>

Reflections is an eating disorder treatment center housed in Dominion Hospital, in Falls Church, Virginia. Reflections is able to treat patients as inpatients, through partial hospitalization (day program) and provide access to outpatient care. Reflections uses a multimodal treatment approach that includes psychiatrists, internal medicine physicians, psychologists, therapists (cognitive behavioral, expressive, family, and group), social workers, case managers, registered dietitians, and nursing support

Rest Assured LLC

Male Program

4003 Collingbourne Road
Richmond, VA 23235
Phone: 804-221-1746

Female Program

3830 Monza Drive
North Chesterfield, VA 23234
Phone: 804-275-3565
Email: restassuredllc@verizon.net
Website: <http://www.restassuredllc.com/>

Rest Assured is a therapeutic community-based residential facility, serving adolescent males and female ages 12-17. Males and females are housed separately and the program is able to accept siblings. The structure of the program includes emphasis on educational pursuits; life and personal skills development; therapeutic services consisting of individualized, family or guardian, and group therapy sessions; recreational exposure; life and social skills counseling groups; behavior management and modification tools, in addition to components to promote advancement of their self-esteem.

Southstone Behavioral Health

3046 Carlbrook Rd
South Boston, VA 24592
Phone: 434-226-5840
Website: <https://www.southstonebhc.com/>

Southstone Behavioral Health is a residential treatment center specializing in trauma-informed and attachment focused care for adolescents ages 13 through 17. The campus is located on 220 rural acres with separate areas for lodging, dining, education, and treatment. Programming at Southstone offers a unique combination of evidence-based treatments and educational practices. The program helps families reconnect, build memories, and learn healthy communication skills. In addition to therapeutic services, Southstone also provides a robust academic program.

STARS Structured Therapeutic Adolescent Residential Service

517 Park Street
Charlottesville, VA 22902
Phone: 434-970-1904
Email: referrals@thestarsprogram.com
Website: <https://www.thestarsprogram.com/>

STARS is a structured therapeutic adolescent residential service with four group homes in Charlottesville with capacity to serve up to 16 female and 15 male residents between 13-19 years of age. The program is for at-risk adolescents who are in need of learning life skills and age-appropriate independent living skills while in a safe and therapeutic

environment. The program is centered on trauma and attachment informed care, reality therapy principles and emphasizes a percentage and privilege system to help motivate the resident's growth and success. Instructional groups, mentoring and support on a variety of Independent Living Skills such as money management, household management, food prep, employment skills, and meeting self-care needs are emphasized.

Timber Ridge School

Mailing Address

P.O. Box 3160

Winchester, VA 22604

Physical Address

1463 New Hope Road

Cross Junction, VA 22625

Phone: 540-888-3456

Email: info@trschoo.org

Website: <http://www.timberridgeschool.org/>

Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them successfully with their families and communities. Timber Ridge School has enhanced residential services, community in-home services, substance abuse services, career and technical training, academic day school, and academic services.

Three Rivers Treatment Center and Academy

231 Hickory Road

Kenbridge, VA 23944

Phone: 434-676-1378

Email: info@3rtc.com

Website: <https://www.3rtc.com/>

Three Rivers Treatment Center is a Family Driven and Youth Guided diagnostic and treatment service provider for youth ages 11 through 17 who require a structured therapeutic short-term residential treatment environment as part of their continuum of care. Each youth will receive a Comprehensive Educational Evaluation that is coordinated with the Family and community school. Treatment and educational goals are designed to complement each other and prepare the Youth to return successfully back to their Family and Community School. Educational professionals will coordinate educational services with the youth's home school at the time of admission, during the treatment stay, and as part of the discharge process back to the community. Three Rivers Treatment Center partners with the local school district to ensure youths are provided with an educational program that meets standards established by the Virginia Department of Education and is following requirements established in the federal IDEA.

Virginia Home for Boys and Girls

8716 W. Broad Street
Henrico, VA 23294
Phone: 804-270-6566
Email: Info@vhbg.org
Website: <https://vhbg.org/programs-services/group-care-and-independent-living/>

Virginia Home for Boys and Girls has a group care program for adolescents ages 11-17 and an independent living program for young adults ages 17-21 who are aging out of traditional foster care. Teaching-Family Homes can house up to eight children. Teaching-Families prepare their meals in their kitchen and eat at their own dining table. Children can study in their rooms, play games and socialize family rooms and learn to interact appropriately in a family setting. Youth learn to develop skills associated with frustration tolerance, anger and or aggression management, healthy decision-making, conflict resolution and age-appropriate living.

Virginia Treatment Center for Children

Children's Hospital of Richmond at VCU
Virginia Commonwealth University
1308 Sherwood Avenue
Richmond, VA 23220
Outpatient Phone: 804-828-3129
Inpatient Intake: 855-546-7792
Website: <https://www.chrichmond.org/Locations/Virginia-Treatment-Center-for-Children.htm>

The Virginia Treatment Center for Children provides short-term crisis stabilization as well as outpatient support. Prior to admission, the child must be screened by a qualified mental health professional. This can be the child's regular mental health provider or a screener in a hospital emergency room or community services board. The center works with families and communities to transition the patient come with continuing care following discharge. The average length of stay is 5-7 days.

Wall Residences

PO Box 235
Floyd, VA 24091
Phone: 540-745-4216
Email: info@wallresidences.com
Website: <http://www.wallresidences.com/services/>

Wall Residences provides sponsored residential and group home living arrangements to individuals ages five to 90 and over with a diagnosis of intellectual disabilities (ID Waiver / Comprehensive Services Act funding), mental illness (Discharge Assistance Planning funding) and/or other developmental disability (DD Waiver funding). In the sponsored residential service, up to two individuals live in the home of a professional service provider and become an integrated part of the family. Group home services may be provided in a group home licensed home of a family provider that has several professional providers and back-up workers that assist with care or in a more traditional

shift based group home which may be better suited to support people who require an intensity of support, particularly at night, which may overburden a sponsored provider family. Wall Residences is licensed to offer sponsored residential and in-home support services to individuals who are not yet 18. These services are considered on a case by case basis.

Youth for Tomorrow (YFT)

11835 Hazel Circle Dr

Bristow, VA 20136

Phone: 703-659-9951

Website: <http://youthfortomorrow.org/Programs-Overview>

Youth For Tomorrow (YFT) offers residential treatment for girls and boys. Residential, therapeutic and education staff provide professional services including residential treatment and supervision, case management, clinical services, nursing services and education in State and regionally accredited secondary school. One third of YFT staff are bilingual in Spanish and English. Children are grouped by gender, age, diagnosis and functioning level. The residents in each home spend all day together – attending class, eating meals together and participating in activities as a group. Every home reflects the environment of a typical family home --a living room, bedrooms, bathrooms, showers, a kitchen, laundry room, and an office for residential counselors and house coordinators/parents. YFT has specialized programs for pregnant for pregnant teens and young mothers, girls who have been sex trafficked and exploited, and substance abuse treatment.

Links to Additional Residential Treatment Facilities

AMIkids Virginia Wilderness: Oakwood, VA

Website: <http://amikids.org/programs-and-services/programs/amikids-virginia-wilderness/story/about>

AMIkids Virginia Wilderness program a program that serves males and a program that serves females who have suffered through multiple failed placements within foster care. AMIkids offers dynamic programs and comprehensive services to treat each kid's unique issues, primarily focusing on education, behavior modification, and treatment.

Benchmark Behavioral System: Woods Cross, Utah

Website: <http://www.bbhsnet.com/>

Benchmark Behavioral offers treatment for a variety of psychiatric and behavioral disorders including conduct disorder, sexual disorders/sexual misconduct issues, fetal alcohol spectrum disorders, Asperger's disorder, developmental disorders, mood disorders, anxiety disorders, personality disorders and substance abuse issues for young adult males, ages 13-20.

Clinicare: Wauwatosa, WI

Website: <http://www.clinicarecorp.com/>

Clinicare operates three residential treatment facilities in Eu Claire and Milwaukee, WI and Plankinton, SD. The program in Eu Claire has a co-ed residential treatment facility, an alternative day school, and two group homes for youth ages 10-18. The Milwaukee program is a program for females ages 10-17. Aurora Plains Academy is the program in Plankinton South Dakota that serves both males and females aged 10-20 that exhibit high levels of verbal, physical, and sexual aggression who are referred from Department of Corrections or DSS.

Copper Canyon Academy: Rimrock, AZ

Website: <http://www.crchealth.com/troubled-teenagers/teenage-substance-abuse/adolescent-substance-abuse/coppercanyonacademy/>

Copper Canyon Academy is a private girls boarding school for girls ages 13-17 that are in need of a structured environment. Copper Canyon Academy excels at healing and transforming defiant girls whose emotional or learning issues have undermined academic success and relationships. It is a boarding school for girls with behavioral problems, emotional problems, or learning problems.

Copper Hills Youth Center: West Jordan, UT

Website: <http://copperhillsyouthcenter.com/>

Copper Hills Youth Center is a therapeutic residential treatment center that specializes in working with adolescents aged 12 through 17 with behavioral, emotional, and mental health disorders. Copper Hills Youth Center also provides excellent education through an accredited private school. They also have a residential program for youth aged 12-17 on the Autism Spectrum.

Devereux Advanced Behavioral Health Pennsylvania Devon, PA

Website:

http://www.devereux.org/site/PageServer?pagename=penn_services_for_children_adolescents_bh

Devereux Pennsylvania's three residential treatment programs provide 24-hour, out-of-home services for children and adolescents with emotional and behavioral challenges who need intensive services. Each program has its own focus, customizing treatment environments to serve the unique needs of children and adolescents who have experienced specific emotional and behavioral challenges and traumas. One of their programs specializes in supporting sex-trafficked girls on their path to healing.

Elk Hill, Locations in Bremono Bluff, Charlottesville, Chesterfield, and Goochland, VA

Website: <https://www.elkhill.org/residential-services/>

Residential treatment programs include: Elk Hill Farm Residential Treatment for males 11-18, Spring Garden Group Home for females 14-18, Elk Hill Charlottesville Group Home for males 14-18 and The Amani House for males 14-18.

Fair Winds Residential Treatment Center, Bumpass, VA

Website: <https://fairwindsrtc.org/>

Fairwinds operates a co-ed group home and an all-boys group home in Bumpass, VA. Each home hosts 8 residents. Residents attend school on grounds with a special education teacher and teacher's assistant. The recreational program includes structured

on grounds and community activities which focus on attaining skills related to their treatment goals.

Family First Adolescent Services, Palm Beach Gardens, FL

Website: <http://hopetreefs.org/residential/>

Family First Adolescent Services offers treatment for substance use, mental health, trauma, and problematic gaming. The NARM approach offers a specialized approach to healing developmental trauma that focuses on a healthy connection between body and mind, and an experiential program that teaches teens to connect fun with self-care. The program has a teen-centric program includes focus weeks that address anger, impulse control, spirituality, shame and low self-esteem. The agency works with insurance and is flexible

Hope Tree Family Services, Salem, and Craig County, VA

Website: <http://hopetreefs.org/residential/>

HopeTree's Residential program is a co-ed program that provides long-term care for residents ages 11-17 who need a structured setting in order to best learn to cope with their emotional and behavioral challenges. Both Male and Female

Ironwood: Morrill, ME

Website: <http://www.ironwoodmaine.com/>

Ironwood is coeducational and licensed by the State of Maine to serve 45 residents, ages 13-18, over an average 9-12 month length of stay. Ironwood focuses on building foundational communication and life skills, in addition to improving the basic educational skills of reading, writing, and math. Using a level system, residents are challenged to meet therapeutic, behavioral, and educational goals, designed to reinforce self-reliance and a strong self-esteem. Ironwood is divided into two campuses, the Frye campus (levels 1 and 2) is a highly structured, rule-oriented environment, intended to establish acceptance and reinforce respect for one's self and others. The Farm House (levels 3 and 4) focuses more on developing the internal character traits of honesty, integrity, and motivational values. Both aspects of the program consistently use routines that encourage residents to become more self-directed, responsible, and emotionally mature, ultimately working toward the successful employment of Ironwood's mission.

Jackson-Feild Behavioral Health Services, Jarratt, VA

Website: www.jacksonfeild.org

Jackson-Feild specializes in the treatment of the multiple effects of trauma including deficient prenatal care and maternal alcohol and drug exposure, early separations and abandonment, and sustained emotional, physical and sexual abuse. Jackson-Feild Behavioral Health Services works with boys and girls ages 11 to 17 in their Adolescent Psychiatric Program and the Addiction and Recovery Treatment Services. Jackson-Feild may accept a child ages 18-21 if the residents are placed by a local department of social services, are court ordered, or are referred through the Family Assessment and Planning Team. In the case of a direct parental placement with no public agency involvement, individual approval by the Department of Behavioral Health and Developmental Services must be received prior to accepting residents 18 and over.

Laurel Ridge Treatment Center: San Antonio, TX

Website: <http://laurelridgetc.com/>

Laurel Ridge Treatment Center is a psychiatric hospital offering a comprehensive continuum of behavioral health and substance abuse services, including acute programs for children, adolescents and adults, and residential treatment for children and adolescents. Their child specialized program is specifically for children 12 or younger to address a range of behavioral health issues.

Liberty Godparent Maternity Home, Lynchburg, VA

Website: <http://godparent.org/>

The Liberty Godparent Home (LGH) is a residential maternity home providing housing, education, medical care, and counseling for single, pregnant young women aged 12-21. LGH offers a variety of Case Management Services, including Individual Service Planning (ISP), counseling services, psychiatric/psychological services as needed, and medical, educational and recreational services. Counseling services are provided on an individual and group basis. Weekly group sessions explore household dynamics, interpersonal relationships, personal goals, etc.

Liberty Point Behavioral Healthcare, Staunton, VA

Website: www.libertypointstaunton.com

Liberty Point offers secure residential treatment and community based residential programs for young men ages 13 to 18 who exhibit a variety of psychiatric and behavioral issues. The community-based residential program is for young men who need treatment in a 24-hour supervised therapeutic setting but do not require a secure environment. Many young men are diagnosed with autism in addition to intellectual disability. They offer a trauma-informed approach to autism treatment that utilizes Applied Behavioral Analysis (ABA) and Positive Behavioral Supports (PBS).

New Hope Treatment Centers, Rock Hill, SC

Website: www.newhopetreatment.com

New Hope Treatment Centers is a residential treatment facility that offers several different programs including a program for females ages 12-21 within a DBT framework and the staff has had extensive training in trauma-informed treatment of victims of sex trafficking and exploitation. New Hope also has programs for males ages 12-21 to help young men learn how to effectively manage mood and/or disruptive behavior disorders; a program called LEAP for young men in crisis with Autism Spectrum Disorder, and a program for males who exhibit offensive sexual behavior.

Newport News Behavioral Health Center, Newport News, VA

Website: www.newportnewsbhc.com

Newport News Behavioral Health Center has residential treatment programs for children and adolescents. The Children's program provides immediate acute inpatient treatment services for children ages 8 to 17 experiencing distress due to a broad range of psychiatric symptoms. Treatment includes individual therapy, group therapy, family therapy, medication management and psychoeducation. The Center offers a number of treatment options for adolescents ages 11-21. Among these are inpatient treatment,

residential treatment and substance abuse treatment, as well as the Project Valor program for sexually abusive males.

New Vision Wilderness Therapy Franklin, NC; Medford, WI; Bend, OR

Website: <https://newvisionwilderness.com/>

New Vision Wilderness (NVW) is a wilderness therapy program. Programs specialize in treating struggles associated with adoption, developmental trauma, anxiety, and addiction. Program serves preteens, teens, young adults, and families.

North Homes Children and Family Services: Grand Rapids, MI; Bemidji, MN; Duluth, MN

Website: <http://www.northhomesinc.org/programs>

North Homes Children and Family Services offers a range of residential programs for boys and girls. The programs are separated by age and sex; some are group homes and some are residential inpatient settings; and a program for girls who have been or at risk of being sexually exploited or sex trafficked.

Riverside Behavioral Health Center, Hampton, VA

Website: www.riversideonline.com/rbhc

Riverside Behavioral Health offers acute services for short-term crisis care of adolescents age 12-18 and residential treatment for adolescents 12-18. Those in residential treatment attend the licensed, on-site school. Dialectical Behavior Therapy (DBT) is a commonly used modality in the residential treatment program.

Seven Hills Foundation, Worcester, MA

Website: <https://www.sevenhills.org/supports/residential>

Several Residential Treatment options including programs specializing in long-term care, treatment for attachment disruptions, children with complex needs, and therapeutic treatment and support.

Springbrook Autism Behavioral Health, Travelers Rest, SC

Website: <https://springbrookautismbehavioral.com/>

Springbrook Behavioral Health offers treatment programs for behavioral problems that are linked to autism. The Autism Program at Springbrook is a goal-oriented treatment plan designed to minimize the self-destructive behaviors that are often seen in children with autism and related diagnoses. At the core of the program is Applied Behavior Analysis—a discipline that uses evidence-based interventions to improve socially significant behaviors.

St. Mary's Home, Norfolk, VA

Website: <http://saintmaryshome.org>

St. Mary's Home provides specialized care within a home-like environment for children ages 6 years to 21 and adults with severe disabilities. St. Mary's Home in Norfolk provides around-the-clock care for 88 Virginia children and 12 adults with disabilities.

Timberline Knolls Residential Treatment Center: Lemont, IL

Website: <http://www.timberlineknolls.com/>

Timberline Knolls Residential Treatment Center is a private residential treatment center for women and girls age 12 and older with eating disorders, addictions, mood disorders, personality disorders, and trauma. At Timberline Knolls, individualized treatment includes faith and spiritual renewal for every woman. Each resident works with an expert team to chart her own unique path of recovery, and to heal her whole self from the inside out.

Wingate Wilderness Therapy: Kanab, UT

Website: <https://www.wingatewildernesstherapy.com/>

Wingate Wilderness Therapy

WinGate Wilderness Therapy is a wilderness therapy program for troubled teens and young adults. WinGate offers two distinctly separate wilderness programs for both troubled teens and young adults addressing the needs of two very different age groups. The program is clinically centered and integrated, relationship driven, and acknowledges internal change.

Online Mental and Behavioral Health Guides and Resources

Alexandria City Center for Children & Families

Website: <https://www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=50494>

The Center for Children and Families provides programs and services for Behavioral Health, Domestic Violence & Sexual Assault, Child Welfare & Child Protective Services, Early Childhood and Youth Development.

Anxiety and Depression Association of America (ADAA) Therapist Directory

Website: <https://members.adaa.org/page/FATMain?>

The Anxiety and Depression Association of America (ADAA) is an international nonprofit membership organization and a leader in education, training, and research for anxiety, depression and related disorders. The website has a directory of therapists who specialize in anxiety, depression, OCD, PTSD, and related disorders. All providers listed are professional members of ADAA who have chosen to be included in this database. ADAA does not provide direct clinical care, treatment advice, or individual or personal referrals.

Arlington Mental Health Info

Website: <https://jones3290.wixsite.com/mysite>

The Arlington Mental Health Info page provides support for parents and other caregivers of children, teens and young adults ages 4-30 with psychiatric illness living in Northern Virginia area.

Child Mind Institute

Website: <https://childmind.org/>

Younger Self Videos: <https://childmind.org/myyoungerself/>

The Child Mind Institute is devoted to transforming mental health care for the world's children to enable them to reach their full potential. The website includes information for families and educators on mental health topics A-Z as well as information on care and current research. There are also short videos from over 100 celebrities sharing their lived experience with mental health struggles—giving advice to their “younger self.”

HealthyPlace.com

Website: <https://www.healthyplace.com/>

Healthy Place offers mental health support, resources, and information.

HealthyPlace.com is the largest consumer mental health site, providing trusted information on mental health disorders and psychiatric medications from both a consumer and expert point of view. They have online psychological tests, breaking mental health news, mental health videos, and tools like the "mood journal."

National Institute of Mental Health (NIMH)

Website: www.nimh.nih.gov/index.shtml

Clinical Trials Website: <https://clinicaltrials.gov/>

The National Institute of Mental Health (NIMH) is the lead federal agency for research on mental disorders. The website has information on mental health conditions, outreach, research, funding, and news and events. There are links to help find treatment and join clinical studies.

NIH National Institute on Drug Abuse Treatment Referral Resources

Website: <https://www.drugabuse.gov/publications/principles-adolescent-substance-use-disorder-treatment-research-based-guide/treatment-referral-resources>

This website has information regarding evidence-based approaches to treating substance use disorders in adolescents. There are links to several locator and patient referral programs to help find a treatment program.

Online Youth Suicide Prevention Training

Fairfax-Falls Church Community Services Board (CSB)

Website: <https://www.fairfaxcounty.gov/community-services-board/training/suicide-prevention>

The online trainings include four brief trainings that allow participants to enter a virtual environment and assume the role of an adult interacting with a young person. Unlike many online trainings, these are interactive and dynamic with actions you choose to move the scenario along, and participants receive real-time feedback. Participants learn how to differentiate between "normal" and "at-risk" behavior and how to begin a conversation about the topic of mental distress. The courses are offered to anyone in the community, free of charge. Each training can be done in more than one sitting.

Youth Mental Health First-aid Course

Website: <https://www.mentalhealthfirstaid.org/cs/>

Mental Health First Aid is an 8-hour course that teaches people how to identify, understand, and respond to signs of mental illnesses and substance use disorders in their communities. Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.

TRANSITION SERVICES AND RESOURCES FOR YOUNG ADULTS (age 18-21)

Education, Job, and Independent Living Services and Resources

AbilityOne Program

Goodwill of Greater Washington

DC Career Center

2200 South Dakota Ave NE

Washington, DC 20018

Phone: 202-719-1288

Website: <https://www.dcgoodwill.org/blog-posts/ability-one-jobs/>

AbilityOne is a program that provides people who have disabilities employment opportunities in the delivery of products and services to the Federal Government. The program offers training services to those with disabilities and also pays a fair wage. Goodwill of Greater Washington partners with SourceAmerica for their AbilityOne Program. Ability One is that it allows people who have disabilities an opportunity to gain significant employment. This, in turn, allows them to lead more independent lives.

ACE-IT in College at VCU

Virginia Commonwealth University

1314 W Main St

P.O. Box 842011

Richmond, VA 23284-2011

Phone: 804-828-2315

Email: aceit@vcu.edu

Website: <http://www.aceitcollege.org/>

VCU's ACE-IT in College is an inclusive learning and training program for transition-age adults with intellectual disabilities. Students participate in 5 semesters of employment, college classes, and campus activities. These college experiences create opportunity and prepare students to pursue self-determined futures. The program does not offer a residential component. Students seeking to live independently can explore multiple, non-university housing options close to the VCU campus.

ADHD College Success Guidance Program

9685-D Main Street
Fairfax, VA 22031
Phone: 703-425-5200
Email: jthomas@adhdcollegesuccess.com
Website: www.adhdcollegesuccess.com

ADHD College Success Guidance Program provides college readiness assessments, residential workshops, training and follow up guidance for students with ADHD. The training, guidance, and follow up will empower individuals to develop the tools necessary to succeed in college and ready them to function independently in the world of work beyond. They offer 3-day intensive residential workshops where students are immersed in and learn the proven principles of success. Students leave the training energized, focused, and well-equipped to do the hard work that college and careers will demand.

Alexandria City Public Schools Career and Transition Services

T.C. Williams High School
3330 King St
Alexandria, VA 22302
Website: <https://www.acps.k12.va.us/Page/407>

Transition services are a coordinated set of activities for students with disabilities that promote movement from school to post-school activities including postsecondary education, vocational education, integrated employment, continuing and adult education, adult services, independent living, or community participation. Available to students receiving special education services, the planning begins as early as age 14.

Alexandria City TRAILS Program

Alexandria Community Services Board (CSB)
Department of Community and Human Services
Alexandria City Hall
301 King St
Alexandria, VA 22314
Phone: 703-746-3441
Email: trails2recovery@alexandriava.gov
Website: <https://www.alexandriava.gov/dchs/adultservices/default.aspx?id=86020>
Referral Form: <http://www.surveygizmo.com/s3/2268363/TRAILS-Contact-Form>

TRAILS (Transitioning Adults Into Living Successfully) is a coordinated specialty services program that serves adolescents and young adults who are experiencing their first psychotic episode. The program serves City of Alexandria residents ages 15-30 who have experienced symptoms of psychosis within two years of referral, have an ability to benefit from services, and are willing to work with a multi-disciplinary team. TRAILS provides outreach and referral, evaluation and assessment, psychiatric treatment, recovery coaching, case management, psychotherapy, vocational and educational

support, medication management, peer support, supportive housing, and psychosocial rehabilitation programming.

Arlington Public Schools Special Education Transition Services

Arlington, VA 22207

Phone: 703-228-6000

Website: <https://www.apsva.us/special-education/transition-services/>

Arlington Public Schools transition services consist of coordinated activities for a student with a disability. Services include a Career Assessment Program, School-Based Transition Assessments, Functional Life Skills Programs, Stratford Program, and a Program for Employment Preparedness. The program includes instruction, related services, community experiences, the development of employment and other post-school adult living objectives, and, if appropriate, acquisition of daily living skills and functional vocational evaluation

Bridging the Gap Family Services

Offices in Richmond and Manassas.

Northern Virginia Office

10515 Crestwood Dr, Ste 103

Manassas, VA 20109

Phone: 804-986-0044

Email: info@btgfs.org

Website: <http://www.btgfs.org/mental-health-skill-building>

Bridging the Gap Family Services provides Mental Health Skill Building for Youth and Adults with serious mental health diagnosis and/or a history of hospitalization. They also have a substance abuse intensive outpatient program for ages 12-65. Individuals over age 21 with mental, behavioral, or emotional illness that results in significant functional impairments in major life activities. Services are provided to individuals who require individualized training to achieve or maintain stability and independence in the community.

Career Pathways for Individuals with Disabilities (CPID)

Virginia Department for Aging and Rehabilitative Services (DARS)

Virginia Department for the Blind and Vision Impaired (DBVI)

Phone: 804-662-7516

Email: Emily.west@dars.virginia.gov

Website: <https://vadars.org/drs/cpid/>

Career Pathways connects Virginians with disabilities to the education, training and industry-recognized credentials needed to qualify for high-demand jobs. The program provides services including career exploration, employable skills, in-demand jobs, marketable credentials, skilled training, support services, technical training, and workforce-ready. A counselor will help individuals explore their career pathway by encouraging self-exploration, career exploration, identifying jobs, developing a tentative career plan, and supporting them while they pursue their goals.

Center on Transition Innovations at VCU

Virginia Commonwealth University
1314 West Main St
P.O. Box 842011
Richmond, VA 23284-2011
Phone: 804- 828-1851
Email: transition@vcu.edu
Website: <http://centerontransition.org>

The Center on Transition Innovations (CTI) is committed to serving Virginia's middle and secondary special educators, families, service providers, and other stakeholders as in supporting youth with disabilities to create self-determined paths to adulthood. CTI serves as a portal for information and resources on the transition of youth with disabilities. It offers a website that includes free web courses for Virginia's special educators, fast facts about transition and webcasts from experts in the field. CTI is also highly involved in conducting demonstration and research in Virginia that will be used to develop resources for online use.

The Choice Group

4807 Radford Ave, Ste 106
Richmond, VA 23230
Phone: 804-278-9151
Email: info@thechoicegroup.com
NOVA Website: <http://www.thechoicegroup.com/nova.html>
Program Website: <http://www.thechoicegroup.com/programs-services.html>

The Choice Group places individuals with disabilities in an integrated work setting within the community. The individual is employed by the business and The Choice Group provides ongoing support services through job coaches and vocational counselors, case management, and community support. Also offered are services to assist students in transitioning from school to work including independent living skills, job coaching, social skills development, customized employment, supported employment services, vocational evaluation, therapeutic consultation, and counseling support. The Choice Group helps facilitate several employment programs including Pre-Employment Transition Services (Pre-ETS) for DARS and DBVI, Work Incentives Specialist Advocates(WISA), Ticket to Work, TANF employment, an Project SEARCH.

College and Career Readiness and Success Center (CCRS Center)

1000 Thomas Jefferson St NW
Washington, DC 20007
Phone: 202-403-5000
Email: CCRScenter@air.org
Website: <http://www.ccrscenter.org/>

CCRS Center provides resources to states, localities and others in order to support career and college preparedness after the high school level. The College and Career

Readiness and Success Center (CCRS Center) is dedicated to ensuring all students graduate high school ready for college and career success. The mission of the CCRS Center is to serve Regional Comprehensive Centers in building the capacity of states to effectively implement initiatives for college and career readiness and success. Through technical assistance delivery and supporting resources, the CCRS Center provides customized support that facilitates the continuous design, implementation, and improvement of college and career readiness priorities.

College Living Experience (CLE)

401 N Washington St, Ste 420
Rockville, MD 20850
Phone: 800-486-5058
Email: info@ExperienceCLE.com
Website: <https://experiencecle.com/>

College Living Experience (CLE) provides post-secondary supports for young adults with learning differences. CLE collaborates with a variety of schools, universities, community colleges, and vocational programs and provides 1:1 tutoring, group tutoring, and supervised study halls to meet the needs of CLE students. CLE provides supports with independent living, social skills, executive functioning, and career development. They offer a 3 week summer exploration program in Denver, CO for high school juniors, seniors, and recent graduates to personally experience the next step toward gaining independence. Within a supportive environment, students practice developing the skills necessary for their pursuit of higher education and preparing for employment, social development, and independent living.

College Steps

Northern Virginia Community College (NOVA)
National Phone: 888-732-1022
National Email: contactus@CollegeSteps.org
National Website: <https://www.collegesteps.org/>
NOVA Website: https://www.nvcc.edu/disability-services/_files/college-steps-page.pdf

NOVA Alexandria Email: Admissions@collegesteps.org
NOVA Annandale Email: Andrew@collegesteps.org
NOVA Loudoun Email: taylor@collegesteps.org
NOVA Website: https://www.nvcc.edu/disability-services/_files/college-steps-page.pdf

College Steps is a non-profit with a simple mission: To empower students living with learning and social challenges through structured post-secondary support. Working with high schools, colleges and families, the program emphasizes peer-to-peer services that build confidence and success. College Steps' Individualized College Plan (ICP) is developed to compliment or pick up where the student's Individualized Educational Plan (IEP) may have left off that ultimately serves as a road map, outlining areas of need and tracking progress throughout the student's college experience and including the areas of academic enrichment, independent living, social integration, and pre-

employment training. College Steps is located on several college campuses around the country including Northern Virginia Community College.

CRi (Choice. Respect. independence.)

14160 Newbrook Dr

Chantilly, VA 20151

Phone: 703-842-2300

Email: info@mycri.org

Website: <https://mycri.org/services/youth-services/lift-program>

CRi has a Community Living Program (CLP) and a Mental Health Skills Building Service. Both services are flexible and intentional where CRi staff work with individuals to develop ongoing mental health recovery and success. CRi's Community Living Program (CLP) provides evidence-based skills building services that focuses on individuals' strengths. Qualified Mental Health Professionals (QMHP) meet with individuals at either their home or in another community setting and provide services that support the development of necessary life management and mental health recovery skills. Skill-Building Services are time-limited trainings and supports. These supports assist individuals with achieving and maintaining community stability through reinforcement of independent living skills, identifying and using other resources in the community, assistance with medication management and monitoring of psychical health and nutrition.

Compass Counseling Services of NOVA, LCC

Locations throughout Virginia

9274 Corporate Circle

Manassas, VA 20110

Phone: 703-496-7804

10715 Spotsylvania Avenue

Fredericksburg, VA 22408

Phone: 540-339-3640

Website: <https://compassva.com/service/mental-health-skill-building-services/>

Compass Youth and Family Services offers mental health skill building services for adults in their NOVA and Fredericksburg offices. Mental Health Skill-building Services (MHSS) is an intensive, home-based service that is designed to assist the client in obtaining independence or stability within the community. MHSS is available for adults who have long-term mental health needs, cognitive deficiencies or dual diagnoses. The program focuses on developing skills related to mental health, employment, money management, self-care and dialing living, and personal development.

Coordinated Services Planning

Fairfax County Neighborhood and Community Services

12011 Government Center Pkwy, 10th floor

Fairfax, VA 22035

Phone: 703-222-0880, TTY: 711

Email: NCS@fairfaxcounty.gov

Website: <https://www.fairfaxcounty.gov/neighborhood-community-services/coordinated-services-planning>

Coordinated Services Planning provides general information, on county programs to connect individuals to county and community based resources to fulfill more pressing needs such as emergency food, shelter, clothing, healthcare, employment or financial assistance. CSP works collaboratively with county agencies and non-profit and community organizations to form a robust network of resources that can assist county residents with a variety of needs and provide information and referral. Multilingual staff can assist callers in Amharic, Arabic, Dari, Farsi, French, Hindi, Italian, Korean, Pashto, Punjabi, Somali, Spanish, Swedish, Tigrinya, and Urdu. CSP services are also available in other languages through the use of an interpreter.

Crossroads Counseling Center, Inc. (CCC)

Offices in Winchester, Luray, Manassas, and Harrisonburg.

Manassas Office

7545 Presidential Ln

Manassas, VA 20109

Phone: 703-361-1525

Email: crossroads2@crossroadsvirginia.com

Winchester Office

174 Costello Drive

Winchesater, VA 22602

Phone: 540-662-7007

Email: crossroads@crossroadsvirginia.com

Website: www.crossroadsvirginia.com

Crossroads Counseling Center (CCC) provides counseling services to Medicaid eligible children and adults with offices in Winchester, Harrisonburg, Manassas, and Luray. CCC has a Transitional Independent Living Skills program. The service is designed for older teens and young adults who have emotional and behavioral difficulties and who are not ready to live independently. The service provides therapeutic services in areas such as education, employment, daily living skills and social skills and community living.

Davis Career Center

Fairfax County Public Schools

7731 Leesburg Pike

Falls Church, VA 22043

Phone: 703-714-5600

Website: <https://daviscenter.fcps.edu/>

Davis Career Center is a career/vocational center serves students with disabilities ages 18-22. Placement is through a referral process and is an IEP placement. It is part of the

FCPS continuum of special education services. Instruction is provided to develop employability skills, independent living skills, social skills, and self-advocacy skills.

Didlake

8641 Breeden Ave
Manassas, VA 20110
Phone: 703-361-4195
Email: ask@didlake.org
Website: www.didlake.org

Didlake provides support services for people with disabilities and their families through job support and training, day-support services, stable employment, and paths for upward mobility to aid in their independence. Employment Services ensure employment success for adults with disabilities, matching passion and skills to the best employment opportunity. Day Support Services provide opportunities for people with disabilities to optimize their personal, social, and vocational skills. Didlake's diverse workforce can provide custodial, logistics, grounds maintenance and landscaping services as well as administrative services and more.

The disAbility Resource Center of the Rappahannock Area Inc (dRC)

409 Progress St
Fredericksburg, VA 22401
Phone: 540-373-2559
CAPTEL/TTY: 540-373-5890
Video Phone: 540-645-5378
Voice or Relay: 800-648-6324
Website: <http://www.cildrc.org/>

The disability Resource Center is a Center for Independent Living working to enable people of all disabilities of all ages to live up to their greatest potential of independent living. Services offered include independent living skills training, peer counseling, advocacy, information and referral services, and transition services. The Resource center provides information and training to youth and their families about transition from high school to adult life in a program developed for youth ages 16-21.

Disability Services

Goodwill of Greater Washington
DC Career Center
2200 South Dakota Ave NE
Washington, DC 20018
Phone: 202-719-1288
Website: <https://www.dcgoodwill.org/disability-services/>

Goodwill of Greater Washington provides vocational services and employment to individuals with disabilities and disadvantages, including specialized training on cultural diversity and disability awareness. Recognized as one of the leaders in vocational rehabilitations, Goodwill offers a comprehensive continuum of vocational

service and employment opportunities. Programs include job coaching and retention services, career assessments, and customized employment strategies.

Dominion Youth Services

Locations in Fredericksburg, Richmond, and Roanoke.

85 S. Bragg St, Ste 302

Alexandria, VA 22312

Phone: 571-447-3296

Website: <http://dominionyouthservices.com/services/intellectual-and-developmental-disabilities-services/>

Dominion Youth Services in Alexandria provides Community Based Mental Health Services and Intellectual and Developmental Disabilities Services. Community Based Mental Health Services include Mental Health Skill Building for adults, Intensive In-Home services for children and adolescents up to age 21, therapeutic day treatment for youth, and Crisis Stabilization Services for adolescents and adults who are experiencing acute psychiatric crisis. Intellectual and Developmental Disabilities Services include in-home supports for youth ages 6 and over and a large variety of supports for transition age youth which include housing and independent living skill development, community coaching, supported and sponsored living arrangements, and workplace assistance and community coaching.

Easy Street Foundation, LLC

35867 Camotop Court

Round Hill, VA 20141

Phone: 571-274-2728

Website: <https://easystreetllc.org/>

Easy Street Foundation is a support network for parents caring for young adults with Asperger's. The foundation offers help to young adults transitioning from high school to independence with a focus on identifying vocations, skill development opportunities, and job opportunities for young adults with Autism Spectrum Disorder.

ENDependence Center of Northern Virginia, Inc. (ECNV)

2300 Clarendon Blvd, Ste 250

Courthouse Plaza II

Arlington, VA 22201

Phone: 703-525-3268

Email: info@ecnv.org

Website: <http://www.ecnv.org/>

Loudoun Website: <http://www.ecnv.org/aboutlend>

A local branch of the National Council on Independent Living, ECVN is a community-based resource and advocacy center managed by and for people with disabilities. ECVN promotes the independent living philosophy and equal access for all people with disabilities. Loudoun. ENDependence (LEND) a Center for Independent Living (CIL) Satellite Program of ECVN located in Ashburn, VA.

Educating Youth through Employment (EYE) Program

Virginia Career Works Northern Region

8300 Boone Boulevard, Ste 450

Vienna, VA 22182

Phone: 703-827-3782

Email: info@vcwnorthern.com

Website: <https://vcwnorthern.com/eye-programs/>

The Northern Virginia Educating Youth through Employment (EYE) a program is a summer initiative that recruits, screens and matches youth ages 18-24 with professional opportunities in the private sector and other area businesses. These young adults are required to attend intensive training workshops before and during their work experiences. The EYE program offers local youth more than just a summer job, but rather an exciting, professional opportunity with training that will allow them to explore a career path that matches their interest.

Employment Advocates Group

8905 Yorkshire Lane

Manassas, VA 20111

Phone: 703-257-7000

Email: info@employmentadvocates.org

Website: <https://employmentadvocates.org/>

Employment Advocates Group is a supported employment service based in the state of Virginia. They provide assistance with choosing, acquiring, and maintaining employment for individuals with disabilities. Services include job shadowing; assistance in the use of education resources; resume development training; job interview skills training; assistance in learning skills necessary for job retention; and monitoring, supervision, assistance in job tasks, work adjustment training, and counseling as needed to complete job training.

Fairfax County Public Schools Career and Transition Services

Website: <https://www.fcps.edu/academics/academic-overview/special-education-instruction/career-and-transition-services>

The mission of Career and Transition Services is to empower a diverse population of students with the opportunities and resources necessary for transition to a variety of post-secondary options. These services offer career instruction, programming for students ages 18-22, transition planning beginning in middle school, career assessment services, work-based learning, employment and transition services, and postsecondary services.

Family Insight, P.C.

Locations in Lynchburg, Chesterfield, Danville, Hampton/Newport News, Lynchburg, Manassas, Richmond, Roanoke, Virginia Beach, and Winchester.

Winchester Location

312 S. Cameron St
Winchester, VA 22601
Phone: 540-486-4653

Manassas Location
7730 Donegan Dr
Manassas, VA 20109
Phone: 571-208-0592
Email: peter.doyle@familyinsight.net
Website: <https://familyinsight.net/>

Family Insight offers mental health skill building for adults and children in their late teens who suffer from mental illness and lack basic living skills, need connections to community resources and require help in managing their psychiatric symptoms. Staff helps create a specialized treatment plan with goals specific to the client's needs, emphasis on managing psychiatric symptoms and establishing consistent medication management. The service improves a client's well being by establishing a support network of safety, education and empowering the client to increase overall quality of life by managing and controlling symptoms. Services include extensive collaboration with outside professionals and 24/7 crisis management.

For Children's Sake of Virginia

Chantilly Office
14900 Bogle Dr, Ste 200
Chantilly, VA 20151
Phone: 703-817-9890

Woodbridge Office
12741 Darby Brook Ct, Ste 202
Woodbridge, VA 22192
Phone: 703-817-9890
Website: <https://www.fcsva.org/adult-services.html>

For Children's Sake of Virginia (FCSVA) is a child placing agency that offers intensive in-home services, supervised visitation, mentoring, mental health support services, intensive care coordination (ICC), and mental health skill building for adults. FCSVA's Adult Mental Health Support Services are provided to adults 18 years of age and older who are at risk of nursing home placement, hospitalization, homelessness, or social isolation. Services are Medicaid approved and designed to assist adults and families in developing necessary skills/supports to lead independent, healthy lives.

Future Quest

Northern Virginia Transition Coalition
George Mason University Johnson Center
4400 University Dr
Fairfax, VA 22030

Phone: 703-993-4496

Email: ttacnews@gmu.edu

Website: <http://www.futurequestgmu.org/>

Future Quest is a free college and career conference held every two years for middle and high school students with disabilities, young adults with disabilities, their families, and professionals that work with them. It is organized by George Mason University and the Northern Virginia Transition Coalition. One of the largest events of its kind in Virginia, Future Quest features more than 40 workshops and 40 exhibits related to successful life after high school. The next Future Quest will be held on October 26, 2019 at the GMU Johnson Center.

GMU Office of Disability Services

George Mason University

Student Union Building, Ste 2500

Phone: 703-993-2474

Email: ods@gmu.edu

Website: <http://ods.gmu.edu/>

Disability Services is available to all students with disabilities: cognitive, sensory, mobility, or other physical impairments. Their mission is to promote equal access, foster partnerships, and empower students. Mason Autism Support Initiative (MASI) is a program also offered.

GetOnTrack Program

Prince William County Community Services Board (CSB)

Ferlazzo Building:

15941 Donald Curtis Drive, Ste 200

Woodbridge, VA 22191

Phone: 703-792-5240

Website:

<http://www.pwcgov.org/government/dept/cs/Documents/GOTBrochure1.8.18.pdf>

The GetOnTrack Program provides early intervention through a coordinated specialty care team aimed at identifying and treating adolescents and young adults (ages 16 - 25), who may be experiencing early signs of psychosis. Individuals who meet criteria and chose to participate in the program will receive coordinated services. Services include community-based mental health support for up to two years, support finding or maintaining a job, support returning to or remaining in school, individual and group sessions, family education and support, psychiatric services regarding medication management.

Goodwill Job Training Programs

Goodwill of Greater Washington

DC Career Center

2200 South Dakota Ave NE

Washington, DC 20018

Phone: 202-719-1288

Website: <https://www.dcgoodwill.org/education/training-programs/energy-utilities/>

The Goodwill Job Training Programs focus on careers in high demand industries. Each program is specifically designed for unemployed and underemployed job seekers in greater Washington, DC region. Participants obtain valuable skills that will lead to a successful career. Each program provides industry recognized certifications, career coaching, and 1-on-1 job placement assistance. All training programs are led by industry professionals and available free of charge. Programs include the following: Energy & Utilities, Security & Protective Services, Hospitality, and Medical Office Administration.

Great Expectations

Northern Virginia Community College (NOVA) - Alexandria Campus

Bisdorf Building, Room 427

3001 N. Beauregard St.

Alexandria, VA 22311

Phone: 703.845.6477

Email: greatexpectations@nvcc.edu

Website: www.greatexpectations.vccs.edu

NOVA Website: <https://www.nvcc.edu/cpi/ge.html>

The Great Expectations for Youth in Foster Care program helps Virginia's current and former foster youth gain access to community college education and transition successfully from higher education to a self-sustaining career. Supports for school, life and work are available through this program, administered through Virginia's Community Colleges. The Great Expectations Program is available in many community colleges across Virginia including NOVA.

iFoster TAY Assistant

iFoster

Offices in LA, NY, Truckee, and Sacramento

Headquarters Office

10049 Martis Valley Rd, Unit C

Truckee, CA 96161

Phone: 530-550-9645

Email: support@ifoster.org

Website: <https://portal.ifoster.org/iFosterTAYAssistant.aspx>

iFoster's mission is to ensure that every child growing up outside of their biological home has the resources and opportunities they need to become successful, independent adults. The iFoster Transition Age Youth (TAY) Assistant with an integrated Digital Locker is an online personal assistant that helps current or former foster, kinship or crossover youth manage their lives. Youth can choose from resources that can help with school, getting a job, and daily living expenses. Youth have their own secure, data encrypted iFoster Digital Locker to store and keep track of important documents so the

documents can always be accessed from anywhere, anytime. The Assistant also provides free Member Specialist support so that youth may get help with anything they need.

I'm Determined Project

Region 4 VDOE (Northern VA)

Phone: 703-993-4496

Email: info@imdetermined.org

Region 4 Coordinator Email: nanders7@gmu.edu

Region 4 Coordinator Email: jratzlaf@gmu.edu

Region 4 Website: <https://ttac.gmu.edu/focus-area/im-determined>

State Website: <http://www.imdetermined.org/>

Sponsored by the Virginia Department of Education, the I'm Determined project offers training modules and other materials and events for educators, parents and youth. A youth and parent summit is offered in the summer. Self-determination materials are designed to teach and encourage youth with disabilities to take control of planning for their education, goals and future.

Integrated Living Opportunities ILO

5603 Potomac Avenue NW

North Entrance

Washington, DC 20016

Phone: 202-248-7113

Email: info@ilonow.org

Website: <https://www.ilonow.org/>

Integrated Living Opportunities (ILO) is a coalition of adult self-advocates with special needs and their families who work together to help children live independently in the community. ILO helps families facilitate networks of support for adults with developmental disabilities that include individuals who can remain connected to them for the rest of their lives, even after the parents are gone. ILO can provide skills inventory assessments, coaching, skill development, identification of services, employment opportunities, and social activities to prepare individuals for moving out of the family residence and engaging in the community. ILO also provides support with advocacy and identifying services to meet specific needs, but does not provide or fund staffing for an individual. ILO can facilitate the development of an ongoing, interactive plan for the individual and his/her family to maintain and develop independent living skills.

Kirby Creative Clinical Solutions

3929 Old Lee Highway, Ste 92-C & 92-D

Fairfax, VA 22030

Phone: 703-409-2571

Email: Heather@KCClinicalSolutions.com

Website: <http://kcclinicalsolutions.com>

Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

LINC (Linking Individuals & Navigating Care)

Loudoun County Community Services Board (CSB)

Psychiatric Rehabilitation Services (PRS)

1 Harrison St. SE

Leesburg, VA 20175

Phone: 703-777-0147

Website: <https://www.loudoun.gov/3662/LINC-Linking-Individuals-Navigating-Care>

The Loudoun County Community Services Board has partnered with PRS, Inc., a nonprofit helping those living with serious mental health issues, to start LINC (Linking Individuals and Navigating Care). LINC is a coordinated specialty service program designed to help adolescents and young adults, ages 16 to 30, who have experienced a first psychotic episode. LINC's goal is to help young people and their families understand and manage symptoms of mental illness, while also building skills and supports that allow them to be successful in work, school, and life in general. Services include family education and support, care from a coordinated team of professionals, assistance with getting and keeping a job, and assistance with meeting educational goals. Participation in the program may continue for up to two years as needed. Participants must reside in Loudoun County, be willing to participate in services, and have had their first experience of psychosis within the past 24 months. The program also focuses on clients' families so they can better understand mental illness and learn ways to support their loved one and instill a hope for recovery.

Living Independently for Tomorrow (LIFT)

CRi (Choice. Respect. independence)

14160 Newbrook Dr

Chantilly, VA 20151

Phone: 703-842-2300

Email: info@mycri.org

Website: <https://mycri.org/services/youth-services/lift-program>

CRi. LIFT Project provides outreach and transitional living and support services to help homeless youth or those aging out of foster care, ages 17-21. LIFT focuses on five key areas: subsidized scattered-site apartments in order to provide stable housing to homeless youth, viable vocational/career skills training, life skill preparation, and support services, including: shelter, food, clothing, medical assistance, crisis intervention, counseling, referrals, and aftercare services. LIFT ONE project provides

outreach and transitional living and support services to help homeless youth who are residents of Fairfax county ages 17-21. LIFT TWO Project provides apartment-based Independent Living and Support Services to help foster care youth ages 17-21 transition from residential care to independent living.

Loudoun County Public Schools Career and Transition Services

Website: <https://www.lcps.org/Page/164616>

The Loudoun county Public School Career and Transition team is focused on helping students plan for and gain competencies to prepare them for post-high school college, career and life. The team consists of a Transition Teacher/Facilitator and Job Coach at each high school, whom work with the Special Education Case Managers in each of their high schools and middle schools on student Transition planning for all students with an IEP ages 14 to 22. There is a post high school program in the community for students with an IEP ages 18-22, who are interested and meet the criteria for acceptance and this program is called CAST. The Community and Schools Together/CAST program has four placement groups throughout Loudoun County, with one Transition Teacher/Consultant and one Job Coach with each group. CAST has a limited number of seats available and applications are accepted on an ongoing basis.

Lutheran Family Services of Virginia

Offices in Richmond, Newport News, Winchester, Lynchburg, Bedford, Charlottesville, Danville, Manassas, and South Hill.

Northern Shenandoah Valley Region Office

629 Cedar Creek Grade, Ste C2

Winchester, VA 22601

Phone: 540-450-2782

Developmental Services-Northern Virginia

10688 Crestwood Drive, Ste B

Manassas, VA 20109

Phone: 571-719-7052

Email: info@lfsva.org

Website: <https://lfsva.org/support-employment-available-services/>

Lutheran Family Services of Virginia (LFSV) provide an array of community based services and supported employment for individuals with intellectual and developmental disabilities, and help students with behavioral challenges. Supported Employment Services include situational assessments, job development, and job placement and training. One-on-one job coaching, support, and training are provided when needed. Services are billable to DARS, Medicaid waiver or self-pay. A vendor agreement with the Department for Aging and Rehabilitative Services is negotiated annually. Medicaid and self-pay for this service are based on the vendor rate. Medicaid Waiver rates are consistent with DARS rates and may be billed if the person has funding through the Medicaid Waiver program. Medicaid is the payer after DARS funding has been exhausted.

Mason LIFE Program

Helen A. Kellar Institute for Human Disabilities
Graduate School of Education
4400 University Drive, MSN 1F2
Fairfax, VA 22030
Phone: 703-993-3905
Website: <https://masonlife.gmu.edu/>

The Mason LIFE Program offers a four year postsecondary curriculum of study to students with intellectual and developmental disabilities (IDD) who begin the program between 18-23 years of age. Students completing their four years with the Mason LIFE Program will graduate with a George Mason Certificate of Completion with a catalog concentration and a work specialty area. There is a residential housing component of the program, where participants live in a supported living environment on campus.

Meaningful Opportunities for Successful Transitions (MOST)

Jewish Foundation for Group Homes (JFGH)
The Sally and Robert Goldberg MOST Program
1500 East Jefferson Street
Rockville, MD 20852
Virginia Phone: 703-865-6830
Website: <http://www.jfgh.org/services/services/>

The Jewish Foundation for Group Homes (JFGH) offers the Sally and Robert Goldberg MOST Program in Maryland and Virginia. MOST is a one year individualized program of activities and training designed to help participants develop the skills needed for independent living, integrating into the community through social and recreational activities, and helping them gain skills needed to pursue a vocation. The Virginia MOST Program is located in the Fairfax Circle shopping center in Fairfax, VA.

MVLE

7420 Fullerton Rd, Ste 110
Springfield, VA 22153
Phone: 703-569-3900
Email: info@mvle.org
Website: www.mvle.org

MVLE is Working with Purpose to employ and support individuals living with disabilities. MVLE creates opportunities for individuals with disabilities to find their independence through community-based social activities, supported employment, and customized skills training. They have workforce development, job placement, and ticket to work programs. MVLE also has clinical services including art, music, speech, behavioral support, physical, and dance-expressive movement.

National Counseling Group (NCG)

Over 20 locations throughout Virginia, including offices in Annandale, Manassas, Fredericksburg, Front Royal, and Winchester.

Annandale Location
7620 Little River Turnpike Ste 402
Annandale, VA 22003
Phone: 703-813-5982

Manassas Location
9301 Forest Point Circle
Manassas, VA 20110
Phone: 703-257-5997

Fredericksburg Location
10712 Ballantraye Dr Ste 301
Fredericksburg, VA 22407
Phone: 540-446-0007

Front Royal Location
134 Payton St Unit A
Front Royal, VA 22630
Phone 540-2734

Winchester Location
817 Cedar Creek Grade Ste 202
Winchester, VA 22601
Phone: 540-450-2734
Website: <https://www.ncgcommunity.com/adult-services>

National Counseling Group (NCG) offers a wide range of community-based services throughout Virginia. NCG's Mental Health Skill Building Services has specially trained and dedicated staff who provide training and support to adults who require assistance with becoming more independent and performing daily activities. The program focusses on functional, social, and life skill development. Mental Health Skill Building is funded through Medicaid. NCG also offers Adult Support funded through CSA that allows for flexible interventions to be provided to those who are otherwise ineligible for Medicaid funded MHSS. Mental Health Care Staff members provide support and training, including parenting and employment supports.

National Foster Parent Association

1102 Prairie Ridge Trail
Pflugerville, TX 78660
Phone: 800-557-5238
Email: Info@NFPAonline.org
Website: <https://nfpaonline.org/Scholarship>

The National Foster Parent Association offers scholarships to NFPA members whose birth, foster and US adopted youth wish to further their education beyond high school, including college or university studies, vocational/technical school or junior college.

Newbrook Day Programs

CRi (Choice. Respect. independence.)

14160 Newbrook Dr

Chantilly, VA 20151

Phone: 703-842-2300

Email: info@mycri.org

Website: <https://mycri.org/services/youth-services/lift-program>

Newbrook Day program and Newbrook Integrated Community Support program are two innovative behavioral programs providing a community-based alternative for individuals with a variety of disabilities and intensive behavioral support needs. There are two Newbrook Day programs, one in Chantilly at the HQ office, and second in Loudoun County, near the Dulles Town Center. Through a variety of educational, recreational and therapeutic processes, individuals learn to overcome challenges by achieving and maintaining life skills; developing coping mechanisms; understanding social dynamics; identifying personal goals; outlining steps to achieve the defined goals; and improving self-esteem and independence.

Next Level Transition Consulting

Phone: 571-332-2992

Email: scottwilbur@nextleveltransition.com

Website: <http://www.nextleveltransition.com>

Next Level Transition Consulting promotes success in clients with Learning Disability, Attention Deficit Disorder, Autism, Intellectual Disability, Physical Disability, and mental illness, as well as those who have never been classified with a label. Anyone who is transitioning into a new educational, career, independent living situation, or general phase of life, will benefit from Next Level's transition services. Coaches focus on strengths, create independence, and identify environments that support success. They can provide services in person, over the phone, through emails, FaceTime, or Skype.

Northern Virginia WIOA Youth Program

Virginia Career Works Northern Region

8300 Boone Boulevard, Ste 450

Vienna, VA 22182

Phone: 703-827-3782

Email: info@vcwnorthern.com

Website: <https://vcwnorthern.com/youth-programs/>

The WIOA Youth program offers free training, internships, SAT and GED prep, tutoring, and career exploration for eligible young adults ages 17-24. Career development services include job preparation skill development, apprenticeship opportunities, interview coaching, training opportunities. The program also offers educational support with college or vocational school explorations, tutorial assistance, GED and high school completion options, and short-term training opportunities.

NOVA Disability Support Services (DSS)

Northern Virginia Community College (NOVA)
7630 Little River Turnpike, Ste 306
Annandale, VA 22003-3796
Phone: 703-764-5084
Email: disabilityservices@nvcc.edu
Website: <https://www.nvcc.edu/disability-services/>

NOVA Disability Support Services will make reasonable accommodations in providing course, program and building modification, or auxiliary aids and services in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act Amendments Act (ADAAA) of 2008. No academically qualified student with a disability shall be denied access to or participation in the services, programs and activities of the College.

NOVA Workforce Development

Northern Virginia Community College (NOVA)
Phone: 703-503-6300
Email: NOVAWorkforceAnswers@nvcc.edu
Website <http://www.nvcc.edu/workforce/>

NOVA Workforce offers continuing education and professional development training for today's workforce. Learn new, in-demand skills, or prepare for industry credentials, and advance careers. Classes are available online and in-person on six local campuses.

PHILLIPS Education Programs

7010 Braddock Rd
Annandale, VA 22003
Phone: 703-941-8810
Fax: 703-658-2378
Website: <http://www.phillipsprograms.org/phillips-schools/>
Building Futures Fairfax: <https://www.phillipsprograms.org/phillips-building-futures-fairfax>
Building Futures Loudoun: <https://www.phillipsprograms.org/phillips-building-futures-loudoun>
Growing Futures Laurel: <https://www.phillipsprograms.org/growingfutures>
Designing Futures Annandale & Fairfax: <https://www.phillipsprograms.org/3d-design-print>

The PHILLIPS Education Programs have the Building Futures, Growing Futures, and Designing Futures program that help prepare high school student for a vocation. Building Futures programs in Fairfax and Loudoun provides intensive vocational programming for students with disabilities. Growing Futures in Laurel is a farm to table model providing training in culinary arts, commercial kitchen, and training in indoor hydroponic vertical far growing. In the Designing Futures Programs in Annandale and Fairfax students learn to utilize 3D computer assisted design software.

Potomac Job Corps Center

200 Constitution Ave NW, Ste N4463
Washington, DC 20210
Phone: 202-693-3000
Email: national_office@jobcorps.gov
Website: <https://potomac.jobcorps.gov/>

Potomac Job Corps Center offers a no-cost education and career technical training program administered by the US Department of Labor that helps young people ages 16 to 24 improve the quality of their lives through career technical and academic training. Job Corps benefits include housing, books and supplies, childcare allotment, clothing for career training, food, health and wellness: basic medical care, a living allowance, and transportation for off-campus students. The campus' residential living facilities can house 278 male students and 182 female students in five dorms. Every room comes with a private bathroom. Residential students live with one to three roommates.

Prince William County Schools Transition Resources

Website:

https://pwcs.edu/academics_programs/special_education/program_supports/transition_services/transition_resources/

Transition Resources refers to those programs and services provided by Prince William County Public Schools' Special Education Department that are specifically designed to prepare and support students with disabilities in their transition from high school to adult roles. Emphasis is placed on developing the student's self-determination and those skills necessary for achieving successful postsecondary outcomes. Outcomes may include, but are not limited to, independent living, vocational training, employment, and postsecondary education.

Project LIFE

United Methodist Family Services (UMFS)
5400 Shawnee Rd, Ste 303
Alexandria, VA 22312
Phone: 703-941-9008
Email: nova@umfs.org
Website: www.umfs.org
Website: www.vaprojectlife.org

Project LIFE supports older youth, local staff and other professionals by providing an integrated approach to permanency and helping them prepare for adulthood. Project LIFE has Statewide Youth Conferences, Regional Youth Events, a Youth Network, Speaker's Bureau, and Independent Living Transition Planning. Virginia Department of Social Services' Independent Living Program for youth in foster care, operated by UMFS. The Alexandria office serves the Northern Virginia region.

Project SEARCH Transition-to-Work

There are Project Search locations/programs throughout the country
Website: <https://www.projectsearch.us/transition-to-work/>

Program Locations: <https://www.projectsearch.us/find-a-program/>

The Project SEARCH Transition-to Work Program is a unique, business-led, one-year, school-to-work program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration, and relevant job-skills training through strategically designed internships. The goal for each student participant is competitive employment. The program provides real-life work experience combined with training in employability and independent living skills to help youths with significant disabilities make successful transitions from school to productive adult life.

Pulley Career Center

Fairfax County Public Schools
6500 Quander Rd
Alexandria, VA 22307
Phone: 703-718-2700
Website: <http://www.fcps.edu/PulleyCtr/>

This career center serves students with disabilities ages 18-22. It is part of the FCPS continuum of special education services

Ready Set Go College (RSGC)

Foggy Bottom Road
Bluemont, VA 20135
Phone: 561-531-1638
Email: readyssetgocollege@yahoo.com
Website: <https://www.readyssetgocollege.com/>

Ready Set Go College (RSGC) provides personalized college preparation, selection, and transition services for students with disabilities. RSGC serves middle, high school, and transitioning college students in the Northern Virginia area. Most students with disabilities have gaps in their preparedness for college living and academics. Areas that require assistance may be related to academics, executive functioning, independent living, or social/emotional skills. RSGC helps develop these skill in students through coaching, assists in selecting and applying for best fit colleges, and advocates with college staff to optimize campus life and academics.

Regratifying Foundation's NOW Program

13100 Tall Shadows Lane, Ste A
Fairfax, VA 22033
Phone: 703-585-7239
Website: <https://www.regratifyingfoundation.org/>

The Regratifying Foundation's NOW program is designed to encourage foster care youth to continue their education, learn about and consider professional careers and set future personal and career goals before they age out or emancipate from foster care. Participants will learn about various professions, as well as how to improve social and

communication skills, problem solving, and self-confidence. To encourage participation, the program will be actively engaging and provide personal incentives to each participant. Participants will be partnered with a mentor, develop skills, explore careers, gain job experience, earn rewards, and set personal and career goals.

Rehabilitation Engineering and Assistive Technology Society of North America (RESNA)

1560 Wilson Blvd, Ste 850

Arlington, VA 22209

Phone: 703-524-6686

Email: info@resna.org

Website: www.resna.org

RESNA is an organization dedicated to promoting the health and well-being of people with disabilities through increasing access to technology solutions. RESNA offers certification, continuing education, and professional development. It develops technology standards; promotes research and public policy; and sponsors forums for the exchange of information and ideas to meet the needs of its multidisciplinary constituency.

SelfWorks

Lifeworks Outreach Services/Family Teamwork, Inc.

4300A Ridgewood Center Dr

Woodbridge, VA 22193

Phone: 703-580-7210

Website: www.familyteamwork.net

SelfWorks is program that provides skills training and support to adults (18 year or older) with mental, behavioral, or emotional illness that impacts their ability to function in major life activities. The primary goal is to help individuals achieve the highest functioning possible within the community and reducing or eliminating the need for psychiatric hospitalizations. Treatment consists of a rang of services from assistance with daily life skills to financial management, medication monitoring, and the ability to access community resources.

ServiceSource Community Integration Programs

Regional offices in Delaware, Florida, North Carolina, and Virginia

Virginia Regional Office

Employment & Rehabilitation Services

10467 White Granite Drive

Oakton, VA 22124

Phone: 703-461-6000

Alexandria Community Integration Center

6295 Edsall Rd, Ste 260

Alexandria, VA 22312

Phone: 703-461-6000

Annandale House
7217 Poplar St
Annandale, VA 22003

ArlingtonWeaves, Etc.
2110 Washington Blvd, Ste 301
Arlington, VA 22204
Phone: 703-228-1789

Chantilly Community Integration Center
14048 Parkeast Circle, Ste 200A
Chantilly, VA 20151
Phone: 703-429-6000

Oakton Disability Resource Center
10467 White Granite Dr
Oakton, VA 22124
Phone: 703-461-6000

Prince William County Neighborhood Place
8910 Portner Ave
Manassas, VA 20110
Phone: 703-330-5705

Springfield Community Integration Center
6860 Commercial Dr.
Springfield, VA 22151
Phone: 703-354-0900

South Springfield Community Integration Center
7300 Boston Blvd
Springfield, VA 22153
Phone: 703-778-8186

Woodmont Community Integration Center
2422 N. Fillmore St.
Arlington, VA 22207
Phone: 703-228-6343

Website: <https://www.servicesource.org/service/long-term-community-integration-programs/>

ServiceSource is a nonprofit disability resource organization which offers a broad range of rehabilitation and employment services to individuals with disabilities, including employment, training, rehabilitation, housing and other support services.

ServiceSource's Community Integration Programs throughout Virginia offer services such as personal care and medical case management; person-center activities; therapy

programs in music, dance, art, and therapeutic horseback riding; and Rehabilitation engineering.

Social Skills for Life, LLC

210 E Broad St Ste G-2

Falls Church, VA 22046

Phone 703-712-9960

Email: programdirector@socialskillsforlife.net

Website: <http://socialskillsforlife.net/>

Social Skills for Life offers social skills groups and camps for kids, teens, and young adults. Saturday social groups work on social, communication, and friendship skills in order to promote self-advocacy. The program aims to develop social skills, independent living skills, and on-the-job skills. Social Skills for Life also offers an internship program for teens and young adults which focuses on independent life skills (budgeting, cooking, navigating your community independently), job skills, and how to interview.

SPARC Solutions

Locations throughout Northern Virginia

SPARC Arlington

Arlington Mills Community Center

909 South Dinwiddie St.

Arlington, VA 22204

SPARC Fairfax

Providence Community Center

3001 Vaden Drive

Fairfax, VA 22031

McLean & Fairfax SPARC

Old Firehouse Teen Center

1440 Chain Bridge Road

McLean, VA 22101

Reston SPARC

South Gate Community Center

12125 Pincrest Rd

Reston, VA 20191

SPARC Office

10201 Fairfax Boulevard, Ste 230

Fairfax, VA 22030

Phone: 703-228-6185

Website: <http://sparcsolutions.org>

SPARC, is an innovative clubhouse model supporting young adults with life-long physical and/or developmental disabilities. Life-skill development is accomplished

through the guided activities presented by staff. Vocational skill development is accomplished through dynamic entrepreneurial projects. SPARC participants learn what it is like to operate a small business in direct support of their club. We currently produce note cards and calendars showcasing our own artwork and photography. Any adult over the age of 22 with a life-long disability is eligible to participate in SPARC.

Starfish Savers

P.O. Box 230636

Centreville, VA 20120

Phone: 703-631-9557

Email: info@starfishsavers.com

Website: www.starfishsavers.com

Starfish Savers provides many services for all age groups including IEP and 504 review, free get-togethers and consultation services. While their target group for these services are those with complex mental disorders, Starfish Savers offers a multitude of free resources from their website including Life Coaching and Advocacy Support services across the lifespan, Self-Advocacy Training, Transition Services, Soft Skills Training, Life and Social Skills Training and Advocacy Consultation and Support. Starfish Savers helps youth with complex needs through the steps necessary to become independent and help youth with day-to-day activities such as finding a social group, aiding with time management tasks.

STEP Up's Pre-Vocational Training Program

The Arc of Loudoun

601 Catocin Cir NE

Leesburg, VA 20176

Phone: 703-777-1939

Website: <https://thearcofloudoun.org/our-programs/pre-vocational-training-program/>

STEP Up's Pre-Vocational Training Program is designed for adults who need 1:1 Supports for Activities of Daily Living, Behavioral Supports, or Self-Management Supports. Families of individuals in this program are responsible for providing a home health aide to accompany the trainee to the program. STEP-Up requires aides to attend a seminar in order to learn research-based methods of teaching independence to adults with disabilities. Once aides complete the seminar, they accompany their trainee to STEP-Up's Pre-Vocational Training Program,. The trainee will undergo extensive assessments upon entry to STEP-Up's Pre-Vocational Training program and staff will create goals to work towards independence in job skills, community skills, and daily living skills.

STRIVE (Support and Training Resources for Independence and Vocational Education)

Northern Virginia Community College (NOVA)

Phone: 571-212-4482

Email: strive05@icloud.com

Website:

https://nvcc.augusoft.net/index.cfm?method=ClassListing.ClassListingDisplay&int_cat_egory_id=6&int_sub_category_id=51

The STRIVE Program provides opportunities for young adults with learning disabilities to transition from school to post-secondary training, employment and successful community living. All classes listed change in content each semester so students can participate regularly. Students will be required to cover the cost of entrance/activity fees. Each course includes highly recommended parent meetings. The program prepares LD students for the challenges of adult living in career life planning; community based training, involvement, and employment; community service learning; recreation and leisure; social skills; academic referral; and residential living. The STRIVE program is a non-credit, CEU, certificate granting, college campus and community based career life planning program.

TOGETHER Program

Virginia Tech Northern Virginia Center
7054 Haycock Road
Falls Church, VA 22043
Phone: 703-538-8324
Email: togethervtum@gmail.com
Website: www.togetherprogram.org

The TOGETHER Program provides a safe place for couples wanting to work together to build long-lasting changes in their families. The program offers a free 6-week educational workshop for couples focusing on: Communication and Problem Solving, Stress Management, and Financial Management. Partners must be 18 years or older and have lived together for at least one year. All services are provided free of charge and participants receive incentives (gift cards) for the completion of surveys evaluating the effectiveness of the services at the end of the program.

Training Futures

Northern Virginia Family Services (NVFS)
8603 Westwood Center Dr, Ste 300
Vienna, VA 22182
Phone: 571-748-2863
Email: info@NVFS.org
Website: <https://www.nvfs.org/our-services/workforce-development/training-futures/>

Training Futures is a nationally recognized workforce development program with proven results, providing training for living-wage professional office careers. It offers an innovative curriculum in a simulated office environment with two primary goals: to help under- and unemployed adults secure professional careers with potential for advancement and to meet the needs of local employers who seek qualified, entry-level workers.

Transition POINTS Program at Arc of Northern Virginia

The Arc of Northern Virginia
2755 Hartland Rd, Ste 200
Falls Church, VA 22043
Phone: 703-208-1119 ext 118
Email: teamchallenge@thearcofnova.org
Website: <https://thearcofnova.org/programs/transition/>

Transition POINTS provides parents, siblings and other caregivers with the information and support needed to make decisions at key points across eh lifespan of their loved one with intellectual or developmental disabilities The program offers information on securing employment and housing and transition support.

Transition to Independence

Creative Health Solutions
3900 Jermantown Rd, Ste 250
Fairfax, VA 22030
Phone: 703-910-5006
Email: INFO@CreativeHealthLLC.com
Website: <https://creativehealthllc.com/transition-to-independence/>

Creative Health Solutions offers a range of services including developmental screening and school readiness programs; listening, occupational, and speech-language therapies; and support for young adults transitioning to independence. Transitions is a program for late teens and young adults with autism, intellectual, learning, or similar “disabilities,” or other conditions that inhibit their ability or motivation to become effective and productive individuals who want independence and self-reliance. Therapists focus on each individual’s needs and recognize when special attention is needed. Class sizes are kept very small so that each person gets the one-on-one time they need.

Turning Point

Fairfax-Falls Church Community Services Board (CSB)
Merrifield Center
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 703-559-3000
Email: CSBTurningPointCSC@fairfaxcounty.gov
Website: <http://turningpointcsc.org/>
Website: <https://www.fairfaxcounty.gov/community-services-board/services/turning-point>

Turning Point offers coordinated specialty care (CSC) program that serves young adults who are residents of Fairfax County or cities of Fairfax or Falls Church who are between the ages of 16 and 25 who have experienced their first episode of psychosis (FEP). The program offers services for up to two years, including Case management, Resiliency training, Individual and group psychotherapy, Medication management, Peer support,

Family education, Supported employment, and supported education. There is a fee for services, based on a sliding scale.

US Care In-Home Behavioral Health

Offices in Richmond and Fairfax.

Fairfax Office

4031 University Dr, Ste 100

Fairfax, VA 22030

Phone 703-554-7188

Email: info@myuscare.com

Website: <http://myuscare.com/>

US Care In-Home Behavioral Health provides Mental Health Skill-Building Services (MHSS) to adults and adolescents 18 years or older. The goal of MHSS is for individuals to achieve and maintain independence and community stability in the most appropriate, least restrictive environment. Service includes training in skills for daily living, health and safety management, and use of community resources

Virginia Association of Community Rehabilitation Programs (VaACCSES)

7420 Fullerton Rd, Ste 110

Springfield, VA 22153

Phone: 571-339-1305

Email: ktefelski@vaaccses.org

Website: <http://www.vaaccses.org/>

The Virginia Association of Community Rehabilitation Programs (vaACCSES) is an active statewide association of organizations providing quality employment, residential, day support, training, and support services for persons with disabilities. The VaACCSES mission is to provide valued services that enhance the ability of member organizations to create quality employment, training, residential and community support options for Virginia's citizens with disabilities.

Virginia Department for Aging and Rehabilitative Services (DARS)

Office located throughout Virginia.

Disability Determination Fairfax Office

11150 Fairfax Blvd, Ste 200

Fairfax, VA 22030

Phone: 703-934-7400

DRS Alexandria Office

5904 Old Richmond Highway, Ste 410

Alexandria, VA 22303

Phone: 703-960-3411

DRS Fairfax Office

11150 Fairfax Blvd, Ste 300

Fairfax, VA 22030
Phone: 703-359-1124

DRS Fredericksburg Office
10300 Spotsylvania Ave, Ste 220
Fredericksburg, VA 22408
Phone: 540-899-4161

DRS Leesburg Office
722 East Market St, Ste 202
Leesburg, VA 20176
Phone: 703-771-4775

DRS Manassas Office and Evaluation Center
9300 W Courthouse Rd, Ste 302
Manassas, VA 20110
Phone: 703-335-5550

DRS Winchester Office
20 Ricketts Dr
Winchester, VA 22601
Phone: 540-722-3410

Manassas Fabrication Center
8641 Phoenix Drive
Manassas, VA 20110
Phone: 703-335-2150
Email: dars@dars.virginia.gov
Website: <https://www.vadars.org/>

DARS' mission is to improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families. The Division of Rehabilitative Services offers vocational rehabilitation to assist people with disabilities prepare for, secure, retain, or regain employment. Assistive technology devices, services, or accommodations are available to businesses to improve workplace accessibility. DARS also runs the Wilson Workforce and Rehabilitation Center which provides comprehensive, integrated medical and vocational rehabilitation services to enhance an individual's independence and employability.

Virginia Keys School
433 New Dominion Lane
Cumberland, VA 23040
Phone: 434-983-1776
Email: info@virginiakeys.org
Website: <http://www.virginiakeys.org/>

Virginia Keys is an academic and trade school where youth ages 14 through 22 may gain a high school diploma while learning a trade that will provide them with a living wage. Virginia Keys has a full-time academic day school, residential placement, or a weekly boarder program where the young adult returns home on the weekends. Virginia Keys offers three housing options: a group home, college dormitory style room, or individual “tiny homes” that are built by the students. Training is available in vocations such as carpentry, culinary arts, agriculture, welding, auto mechanics, roofing, use of heavy equipment, small engine repair, electrician, firefighter, and professional lawn care. Virginia Keys School is approved by Virginia Department of Social Services (DSS) as a licensed Residential Program and Independent Living Program suited for youth who may be aging out of the foster care system.

Youth MOVE Virginia

NAMI Virginia

1910 Byrd Ave, Ste 202

Richmond, VA 23230

Phone: 804-285-8264

Website: <https://namivirginia.org/programs/youth-young-adults-youth-move-virginia/>

Youth MOVE VA supports a grass-roots peer network for youth and young adults to be empowered active guides in their own care, while advocating for mental health policy and programs that are specific to their unique needs and experiences. The goal is to establish a peer support youth group in each region of the state and offer other education and support programs that will serve as a resource for leadership development, self-efficacy, and personal growth. Programs for Youth and Young Adults include Youth Peer Support Groups, Advanced Youth Leadership Training, Young Adult Leadership Retreats, NAMI Ending the Silence, NAMI Say it Out Loud, and NAMI on Campus.

YouthQuest Independent Living

Intercept Health

Locations in Richmond, Chesapeake, Chester, Henrico, Lynchburg, Roanoke, Rocky Mount, Martinsville, Stafford, Wytheville, and Waynesboro

Stafford Office

2712 Jefferson Davis Hwy

Stafford, VA 22554

Phone: 540-318-4740

Website: <https://www.intercepthealth.com/youth-quest>

Intercept Health is a full-service provider with specialized programming across the care continuum. Intercept Health offers a variety of specialized services to meet the needs of individuals and families throughout Virginia. YouthQuest Independent Living provides services throughout Virginia where young adults, ages 17-21, can reside in a less restrictive arrangement while continuing to receive case management and support focused on independence and self-sufficiency. Programs include apartment living, supports while living in the community, and parent training for young parents.

Programs focus on developing skills, positive youth development, and permanent connections.

Wilson Workforce Rehabilitation Center (WWRC)

Virginia Department for Aging and Rehabilitative Services (DARS)
243 Woodrow Wilson Ave
Fishersville, VA 22939
Phone: 540-332-7000
TTY: 800-811-7893
Email: WWRCInfo@wwrc.virginia.gov
Website: <https://www.wwrc.net/>

WWRC is a residential vocational and rehabilitative training school for individuals with disabilities. WWRC provides people with disabilities comprehensive, individualized services to realize personal independence through employment. The Campus Community offers a comprehensive services that span twenty-four hours a day, seven days a week, to ensure that students receive an array of services that promote independence, self-sufficiency and employment skills. Students who require supportive training, socialization, intervention and training to improve their behavior in the classroom and in the community have access to a continuum of services at WWRC.

Year Up NCR-Woodbridge

Northern Virginia Community College (NOVA)
2645 College Drive
Seefeldt Building (WC)
Student Services Center, Room 202
Woodbridge, VA 22191
Phone: 703-884-1116
Email: nvccadmissions@yearup.org
NOVA Website: <https://www.nvcc.edu/yearup/>
Year Up Website: <https://www.yearup.org/>

NOVA-Woodbridge is partnered with Year Up to offer an intensive training program that provides young adults, ages 18-24, with a combination of hands-on skill development, college credits, corporate internships and educational support. The program prepares students by providing them with professional, interpersonal and technical skills they need to begin successful IT and Cyber Security careers upon graduation. Internships with corporate partners allow students to gain valuable experience and local businesses to add competent, skilled professionals to their workforce. Year Up envisions a future in which every young adult will have access to the education, experiences and guidance required to realize his or her true potential and meaningful employment.

Young Invincibles (YI)

1725 DeSales Street NW, Ste 715
Washington, DC 20036
Phone: 202- 734-6519

Email: questions@younginvincibles.org
Website: <https://younginvincibles.org/>

Young Invincibles (YI) is a national nonprofit organization dedicated to improving economic opportunities for young adults (18-34) and elevating young adult voices in the political process. YI provides consumer resources related to health insurance, access to higher education, civic engagement, and workforce issues. YI website also has links to research, an “Adulting 101” section, a blog, information on how to use lived experience to affect policy change, information on focus groups, and links to tech tools and apps designed to reach young adults.

Supported Living Resources

The Albero House for Adults,

St. Mary’s Home
6171 Kempsville Circle
Norfolk, VA 23502
Phone: 757-622-2208
Email: information@smhdc.org
Website: <http://saintmaryshome.org/donate/the-albero-house-for-adults/>

The Albero House for is an alternative to nursing homes for ad with adults with severe disabilities who need 24-hour care. The house has 12 private rooms and residents have common spaces to socialize and nurses will have ample room to provide clinical care. Residents live with a wide range of medical conditions, such as cerebral palsy, traumatic birth defects, birth-related injuries and injuries from abuse. The 12-bed home for adult residents at St. Mary’s is recognized by the Commonwealth of Virginia as an Intermediate Care Facility for The Mentally Retarded (ICF/MR)

Albryte Support Services

2 Pidgeon Hill Drive, Ste 540
Sterling, VA 20165
Phone: 703-544-2644
Email: info@albrytesupport.com
Website: <http://www.albrytesupport.com/#services>

Albryte Support Services provide group homes and residential services with around-the-clock care for intellectually and/or developmentally disabled adults throughout Northern Virginia. Community based group homes have been designed to combine physical activity and clinical care with safe exposure to social environments. Services are structured to maximize daily functioning capabilities and decision-making processes for intellectually or developmentally disabled individual including those with chronic medical conditions.

Aloha Community Platteville:

FASD Communities
1516 Avon Way

Honolulu, HI 96822
Phone: 808-523-8191
Email: fasdcommunities@gmail.com
Website: <http://fasdcommunities.com/>
Aloha Community Platteville: <http://fasdcommunities.org/housing/>

The mission of FASD Communities is to create sustainable living communities across the United States for young adults with Fetal Alcohol Spectrum Disorders (FASD) Aloha Community Platteville is the first of FASD communities and is located in Wisconsin. Aloha Community Platteville is a five-bedroom home that sits on four acres. Each resident has a bedroom and access to communal spaces. Aloha community Platteville provides a structured, calm environment that combines the safety of 24-hour staff oversight for adults living with FASD. The program provides the tools needed to achieve self-reliance including duties such as preparing dinner or tending to farm animals. If a resident is interested in taking a class at one of the area technical or community colleges, that can be arranged.

Addus Home Care

Locations throughout the United States.
Addus—Woodbridge Personal Care
12531 Clipper Dr, Ste 201
Woodbridge, VA 22192
Phone: 703-497-2273
Email: info1@addus.com
Website: https://www.addus.com/home_community.html

Addus Home Care provides a full range of in-home services for elderly and adults with disabilities. Addus Home Care offers services such as help with bathing, dressing, grooming, meal preparation, housekeeping, errands/transportation, and medication reminders. These supportive services can be arranged for any frequency of time, from one to twenty-four hours of care daily, or on a respite or temporary basis. Services may be funded by Medicaid waiver programs, long-term care insurance, veteran's benefits, private pay, or other location-specific social service programs.

The Arc of Greater Prince William

13505 Hillendale Dr
Woodbridge, VA 22193
Phone: 703- 670-4800
Email: info@arcgpw.org
Website: www.arcgpw.org

The Arc of Greater Prince William has adult day support and vocational programs as well as residential program. The adult day program is for those needing The Vocational and Skill Advancement Center (VOSAC) is a center-based day program for adults with intellectual disability that offers community integration, activities of daily living and social development for adults who require intensive support. INSIGHT, Inc. the residential component of The Arc, offers adults with intellectual and

developmental disabilities the option of group home with 24/7 support and less structured supervised living environment.

Brightcare Center

7845 Ashton Ave

Manassas, VA 20109

Phone: 703-330-5836

Email: info@brightcarecenter.org

Website: <http://brightcarecenter.org/services>

Brightcare Center offers adult day care and caregiver respite for adults with disabilities ages 18 and older. Care is provided by Certified Nursing Assistants and Registered Nurses and is available for, autism, cerebral palsy, developmental disability, diabetes, Down syndrome, intellectual disability. Drop-in caregiver respite is available.

Chimes Virginia

3951 Pender Dr, Ste 120

Fairfax, VA 22030

Community Living Options: 703-267-2780

In-Home Support Services: 703-267-2770

Day Services: 703-267-2775

Website: <https://chimes.org/about/chimes-family/chimes-virginia/>

Chimes Virginia offers supported living options to enable individuals with intellectual and developmental disabilities to live in homes and communities of their choice throughout Northern Virginia. Traditional residential options include Agency-operated single-family homes for adults who may require 24-hour support. Supports can also be provided to both children and adults in their family home or their own home, depending on age and individual preferences. Support services can range from occasional respite care to ongoing drop in support to more comprehensive services. Day supports are provided in both our Fairfax County facility and in the community and emphasize enrichment activities, skill acquisition, and full community participation.

Community Concepts, Inc.

17932 South Fraley Blvd, Ste 300

Dumfries VA 22026

Phone: 703-680-5127

Email: information@comconinc.net

Website: www.comconinc.net

Community Concepts, Inc. provides exceptional residential and behavior consultation to adults with intellectual disabilities in the Northern Virginia area. Community Concepts, Inc. provides small group, 24-hour care residential programs that foster independence and personal excellence in supported persons. Our homes are designed to support 4-5 persons. Community Concepts provides client focused, person centered, comprehensive behavioral consultation services to individuals with intellectual and developmental disabilities through a program called Collaborations. Behavior Specialists, who are

qualified to provide therapeutic consultation through the Developmental Disability (DD) Medicaid Waiver Programs, personalize behavior plans to fit the needs of each individual.

Dedicated Care Health Services

4326 Evergreen Rd, Ste C

Annandale, VA 22003

Woodbridge, VA 22193

Phone: 703-642-8000

Email: hello@dedicatedcarehealthservices.com

Website: <http://www.dedicatedcarehealthservices.com/>

Dedicated Care Health Services provides 24 hour supervised residential care in a home-like setting for adults with a primary diagnosis of intellectual disability who may have a secondary diagnosis of mental illness. Dedicated Care Health Services strives to promote skill development, progressive use of leisure time, community socialization and personal development to be able to live, work and be an active citizen in the community. The home is a split 2 level home licensed for 4 beds. There are 2 bedrooms upstairs and one shared bedroom downstairs. Residents need to be able to ambulate stairs

DePaul Community Resources

Phone: 888-233-7285

Email: info@depaulcr.org

Website: <http://www.depaulcr.org/>

DePaul Community Resources has two programs that offer supported living environments for children and adults with developmental disabilities. The Sponsored Residential Program matches children and adults with developmental disabilities to sponsored residential homes. Sponsored residential home providers empower individuals with developmental disabilities to be active members of families, experience community involvement, and find normalcy in everyday life. DePaul Group Homes provide residential care for adults 18 and older with developmental disabilities. Group homes are staffed around the clock with residential mentors who assist individuals in personalized care, medication management, and skills development while helping to create an inclusive family atmosphere among residents. DePaul currently operates two group homes located in Amherst and Waynesboro, VA.

Faison's Family Partner Program

The Faison Center

1701 Byrd Avenue

Richmond, VA 23230

Phone: 804-612-1947

Website: <https://www.faisoncenter.org/family-partner-program>

Faison's Family Partner Program is a residential option for adults with autism. Clients are matched with professional family partners in single-family homes. Often the professional family partner has a long-term relationship with the person to be

supported. A Family Partner home is developed in full partnership with the natural family, the professional family partner, and Faison. Family Partners provide a caring and structured home life, in partnership with Faison and the individual's natural family. This career choice provides Family Partners with the flexibility to stay at home with their children, or to pursue other interests as most of the individuals served attend day programs such as Faison's Adult Day Services. Professional family partners participate in best practice training and use Faison's resources. The program ensures that individuals with autism have an increased level of independence and are living enriched, inclusive lives within the community.

The Faison Residence

The Faison Center
1701 Byrd Avenue
Richmond, VA 23230
Phone: 804-612-1947

The Faison Residence
5322 Markel Rd
Richmond, VA 23230
Website: <https://www.faisoncenter.org/the-faison-residence>

The Faison Residence operates as part of The Faison Center's adult services program. The Residence features 45 apartments, as well as a community room and recreational facilities for social activities. Approximately a third of the apartments are set aside for adult tenants with autism and other developmental disabilities who are generally independent but need occasional assistance and supervision. The remaining apartments are rented to the public, making it a truly integrated community with neighbors looking out for neighbors. The apartments also feature assistive and security technology – all embedded into the fabric of this amazing residential community. The Faison Residence allows individuals to live as independently as possible with supportive in-home services.

Family Care Homes

Lutheran Family Services of Virginia
Offices in Richmond, Newport News, Winchester, Lynchburg, Bedford, Charlottesville, Danville, Manassas, and South Hill.
Northern Shenandoah Valley Region Office
629 Cedar Creek Grade, Ste C2
Winchester, VA 22601
Phone: 540-450-2782

Developmental Services-Northern Virginia
10688 Crestwood Drive, Ste B
Manassas, VA 20109
Phone: 571-719-7052
Email: info@lfsva.org
Website: <https://lfsva.org/family-care-homes/>
Website: <https://lfsva.org/available-group-homes/>

Lutheran Family Services of Virginia (LFSV) provide an array of community based services and supported employment for individuals with intellectual and developmental disabilities, and help students with behavioral challenges. Supported living options for individuals with intellectual disabilities or developmental disabilities who are 18 years or older include Family Care Homes and Group Home Living. Family Care homes offer a “foster care” setting where qualified families and individuals are carefully screened and licensed through LFSV to provide services in their home as contracted employees. LFSV also has group homes throughout Virginia. In both types of settings skill-building is provided to help individuals meet their medical, dietary, behavioral, personal care and daily living needs. The home of the individual with disabilities to become a licensed Family Care Home and allows a family member or relative to be the paid caregiver.

Farm in the Dell International

Farms in Montana, Minnesota, Wisconsin, Saskatchewan, and Kyrgyzstan.

1208 Poplar

Helena, MT 59601

Phone: 406-449-9394

Email: farminthedellinternational@gmail.com

Website: <https://www.farminthedell.org/>

Farm in the Dell provides residential and vocational support to adults with developmental disabilities. Their homes promote independence with trained staff on-site 24 hours-a-day/7 days-a-week to offer support, training and assistance. For those living on their own, Supported Living Service staff provides the necessary support with personal hygiene, shopping, food preparation, safety, money management, and household maintenance to help clients live as independently and safely as possible. Individuals have the opportunity to learn a variety of homemaking skills, self-help skills, communication and socialization skills, recreational and leisure activities that contribute to a full and rewarding life.

Hartwood Foundation, Inc.

3702 Pender Dr, Ste 410

Fairfax, VA 22030

Phone: 703-273-0939

Email: info@hartwood.server283.com

Website: www.hartwoodfoundation.com

The Hartwood Foundation offers a variety of community-based supports for families including group home services and supports, supported residential services, emergency respite services, traditional group home-based respite services, in-home support services, drop-in support services, and respite subsidy program. With the exception of in-home support and respite subsidy program, all programs are for adults. Hartwood currently operates 18 group residences supporting nearly 100 adults with special needs within the community where they receive the support and encouragement they need to build their skills and reach their highest potential.

Hope Family Village

PO Box 982

Williamsburg, VA 23187

Phone: 804-829-0881

Website: <http://hopefamilyvillage.org/>

Hope Family Village is a community in the planning stages that will offer community-based care for people who face mental health condition and provide a loving and supportive community for caregivers. The community will be located in Williamsburg, VA. The initial community plan is to develop an inclusive village, where 25 caregiving families and their loved ones who endure serious mental illness, live on 25 acres. Hope Family Village will have a center, a Common House, to congregate, meet, cook and share meals, recreate, otherwise care and support one another. Three housing options are currently under consideration: A family home for 4-5 unrelated adults in recovery, each with their own bedroom and shared living, kitchen, and bathroom areas; 2-3 bedroom single family homes and 3 bedroom single family townhomes. Virginia Senate Floor approved a state owned property to be set aside for Hope Family Village in February 2018. Expected groundbreaking is May 2020 with the first family homes expected to be ready for occupancy in February 2021. The first Williamsburg Fairweather Lodge opened in July 2019 (the first lodge in Virginia).

HopeTree Community Homes

Homes located in Abington, Bedford, Farmville, Fredericksburg, Martinsville, Richmond, Salem, and Virginia Beach.

DDM Western Region

Adam West, Director

Phone: 540-389-5468

Email: AdamW@HopeTreeFS.org

DDM Eastern Region

Crystal Burgess, Director

Phone: 804-869-6201

Email: CrystalB@HopeTreeFS.org

Website: <http://hopetreefs.org/community-homes/>

HopeTree offers group home supports to adults with developmental disabilities. Homes have private, single occupancy bedrooms, and individuals are encouraged to use their belongings to make the room a comfortable place to live. Other areas of the home are common areas used by all residents and staff. DDM staff provide assistance, supervision and training. DDM staff work to help individuals enjoy life to its fullest. Residents can attend churches within their communities, are encouraged to work where appropriate, and volunteer to help others. Transportation is provided or arranged by DDM staff. Medical/Health needs and appointments are managed by the DDM staff according to health professional orders and advice.

HumanKind Group Homes

Fredericksburg Location

Phone: 540-373-1237

Lynchburg Location
Phone: 434-384-3131

Lexington Location
Phone: 540-464-8260

Website: <https://www.humankind.org/developmental-disabilities/group-homes/>

HumanKind currently operates group homes for adults in Fredericksburg, Lynchburg, and Lexington, VA. The group home setting provides around-the clock care for up to six individuals with developmental disabilities. While some group homes serve a particular gender, type of disability, or level of functioning, our homes are inclusive, and provide care for adults across this continuum. Homes are licensed by the Virginia DBHDS and adhere to all Human Rights regulations as well. The primary funding source for this service is the Medicaid Community Living Waiver, but for those ineligible for the Medicaid waiver, some families choose to pay out of pocket for services.

Joshua House II

NDUTIME Youth & Family Services, Inc
6015 Staples Mills Road
Henrico, VA 23228
Phone: 804-303-8393
Email: infor@ndutime.org
Website: http://www.ndutime.org/?page_id=21

NDUTIME operates “Joshua II” as an independent living group home for adolescent males between the ages of 13-19. The program addresses issues and/or problems of adolescents who are dealing with some form of mental health distress, which has resulted in an out-of-home placement. Joshua House II is designed to facilitate holistic healing and therapeutic growth that supports independent living skills for males to reintegrate into the community-at-large. NDUTIME utilizes forgiveness and servant leadership as a vehicle to transformation.

Psychiatric Rehabilitation Services (PRS)

1761 Old Meadow Rd, Ste 100
McLean, VA 22102
Phone: 703-536-9000
TTY: 703-790-0582
CrisisLink Hotline: 800-273-TALK (8255)
Email: info@prsinc.org
Website: <http://prsinc.org/>

PRS provides skills training and supports so individuals living with mental illness, substance use disorders and addiction, mild intellectual disabilities, autism spectrum disorders or any combination of these achieve wellness, recovery and community integration. Community housing, employment services, outpatient services, and

recovery day programs are available in Virginia and DC. PRS CrisisLink has trained crisis workers who provide a listening ear, problem solving, resources, and referrals.

REACH (Regional Education Assessment Crisis Services Habilitation)

Easterseals UCP North Carolina & Virginia
VA REACH Northern Region of Virginia
3460 Commission Ct Ste 300
Lake Ridge, VA 22192
Phone: 571-383-7834

Website: <http://www.easterseals.com/NCVA/our-programs/adult-services/va-reach-northern-region-5.html>

REACH is a program to support adults with an intellectual disability and/or developmental disability, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. REACH provides 24/7 crisis intervention, information, and referral to individuals residing in Fairfax, Loudoun, Arlington, Prince William, and the City of Alexandria. REACH also provides mobile support, Consultation, and run a therapeutic home that provides temporary, short-term support to individuals who are transitioning into or out of a hospitalization or are not able to return to their last place of residence.

Support Services of Virginia Inc (SSVA)

Coastal Virginia
420 Investors Place, Ste 102
Virginia Beach, VA 23452
Phone: 757-497-6111

Central Virginia
3801 Campbell Ave
Lynchburg VA 24501
Phone: 434-316-0078

Southern Virginia
2354 N. Main Street
Danville, VA 24540
Phone: 434-836-651
Website: <http://www.ssvainc.org/>

Support Services of Virginia Inc (SSVA) provides Day services, residential services, and behavioral consultations. Their residential services include in-home, residential, and group home placements. Support Services of Virginia currently has five group home sites. There are no more than four individuals receiving services at each site. Each individual has their own private room. There are at least two bathrooms in each home, spacious backyards, and many modern updates. The Sponsored Residential Program (SR) provides full-time, 24 hour, support for individuals with Intellectual/Developmental Disabilities. Some sponsored homes offer a close, family-

like setting, while others offer more independent options, like a private apartment/mother-in-law type suite within the home. Each Sponsored home has its own unique character and SSVA carefully assesses to assure that the specific home chosen matches well with the individual's interests and needs. All SSVA SR homes are fully licensed. The sponsors and their relief workers attain and stay current with all required certifications and often have additional specialized training or licenses, like MSW, RN or LPN.

Transition Program at Beaver Farm

The Camphill School

551 West Seven Stars Roac

Phoenixville, PA 19460

Phone: 610-469-9236

Email: information@camphillspecialschool.org

Website: <https://camphillschool.org/school/programs/transition-program/>

The Camphill School is a Waldorf residential school for children with special needs in kindergarten through grade twelve. The Transition Program at Beaver Farm is a pre-vocational program designed for students ages eighteen to twenty-one who have completed the twelfth grade. The transition program offers vocational opportunities, opportunities to learn life skills in a life sharing community setting, and continued academic support and therapies. Students have daily tasks that they are responsible for doing, such as cooking, baking, cleaning, laundry, grocery shopping, table setting, recycling/composting, and dishwashing. Students have the opportunity to work in different vocational placements such as biodynamic/organic farming and gardening, land maintenance, cooking, pottery, woodworking, baking, and cleaning. Continued academic support is an integral part of the Transition Program. Students who need the continued support of occupational, physical, and speech therapies also receive them over the course of the week.

The Up Center

Offices located in Norfolk, Portsmouth, and Suffolk.

150 W. Boush Street, Ste 500

Norfolk, VA 23510

Phone: 757-965-8631

Email: info@theupcenter.org

Website: <https://www.theupcenter.org/how-we-help/disabilities/day-support-sponsored-homes/>

The Up Center offers a range of services to help people with disabilities live safely and comfortably in the community and avoid institutional living. Through the Family Life program, individuals with intellectual disabilities live in homes with specially trained families, rather than in a group home or an institution. Families who open their hearts and homes to a person with disabilities work as a team with Up Center staff and receive monthly reimbursement for providing this valuable, caring service.

Virginia Home for Boys and Girls

8716 W. Broad Street
Henrico, VA 23294
Phone: 804-270-6566
Email: Info@vhbg.org
Website: <https://vhbg.org/programs-services/group-care-and-independent-living/>

Virginia Home for Boys and Girls has a group care program for adolescents ages 11-17 and an independent living program for young adults ages 17-21 who are aging out of traditional foster care. Independent Living townhouse apartments on VHBG's campus include rent, food allowance, and utilities. The program uses the Casey assessment of independent living skills and provides independent living skills coaching related to education, employment, transportation, nutrition, money management, self-care, and social relationships. Youth are assisted with a wide-array of tasks and details of everyday life, from making a doctor's appointment to opening a bank account to disputing a bill. Youth are taught how to advocate for themselves; helped to graduate from high school and enroll in college; and helped to secure short-term jobs and provided long-term career counseling.

Wall Residences

PO Box 235
Floyd, VA 24091
Phone: 540-745-4216
Email: info@wallresidences.com
Website: <http://www.wallresidences.com/services/>

Wall Residences provides sponsored residential and group home living arrangements to individuals ages five to 90 and over with a diagnosis of intellectual disabilities (ID Waiver / Comprehensive Services Act funding), mental illness (Discharge Assistance Planning funding) and/or other developmental disability (DD Waiver funding). In the sponsored residential service, up to two individuals live in the home of a professional service provider and become an integrated part of the family. Group home services may be provided in a group home licensed home of a family provider that has several professional providers and back-up workers that assist with care or in a more traditional shift based group home which may be better suited to support people who require an intensity of support, particularly at night, which may overburden a sponsored provider family. Wall Residences is licensed to offer sponsored residential and in-home support services to individuals who are not yet 18. These services are considered on a case by case basis.

Housing Support Services

Homeless Shelters in Virginia

Website: <http://www.homelessshelterdirectory.org/virginia.html>

This is a link to a list of Virginia Homeless Shelters. Many are emergency shelters along with general homeless shelters and some transitional housing opportunities. As a note, many of these shelters now have waiting lists. Call before going to them as many of the waiting lists are very long.

Embry Rucker Community Shelter (ERCS)

Cornerstones, Inc.

11150 Sunset Hills Rd, Ste 210

Reston, VA 20190

Phone: 571-323-9555

Website: <https://www.cornerstonesva.org/services/food-financial-or-urgent-assistance/emergency-shelter/>

The ERCS is a 70-bed residential shelter open 24 hours a day, 365 days a year. Comprehensive services include child-care, medical assistance, nutritious meals, a nurse on staff and financial counseling. Services offered include an in-house employment specialist helps unemployed or underemployed residents expand their skills as they prepare to look for work; tutoring and mentoring assessments are available for children; and drop-in access to hot meals, laundry machines, and shower facilities for unsheltered homeless people.

Beverly Warren Emergency Shelter

ACTS (Action in Community Through Service)

Main Location

3900 ACTS Lane

Dumfries, VA 22026

Helpline: 703-368-4141

Domestic Violence Hotline: 703-221-4951

Email: info@actspwc.us

Website: actspwc.org

Beverly Warren Emergency Shelter is available if they need a safe place to stay for the night or even a few weeks. There are 18 beds available for single female or families with children. People can call the shelter if they are homeless, facing eviction, living in a car, living on the street, or living in other housing which has been deemed unsuitable for human habitation. Case managers can provide housing location services, employment services, life skills classes, and referral services. They also run a rapid re-housing program

Second Story

P.O. Box 694

Dunn Loring, VA 22027

Phone 703-506-9191

Email: info@second-story.org

Website: <https://second-story.org/>

24 Hour Crisis Hotline: 1-800-SAY-TEEN

Text: TEENHELP to 855-11

Programs at second story provide support at critical turning points in people's lives. The program for Teens in Crisis serves young people age 13-17 who are moving beyond

homelessness, abuse, trafficking, neglect, or other harmful situations. The program for Young Mothers help young mothers attain stability and independence. The program for Homeless Youth provides help for young people overcoming trauma, homelessness, and hardship. The programs in the community provide support for children, teens, families, and community members through resource centers and programs.

Emergency Shelters

Fairfax County Office to Prevent and End Homelessness

Website: <https://www.fairfaxcounty.gov/homeless/emergency-shelters>

Fairfax County has six emergency shelters for individuals and families who are homeless. These shelters are operated by community nonprofit organizations under contract with the county. The shelters have additional capacity during winter months to take in people overnight who are at risk of hypothermia. Shelters located in Fairfax, Reston, Falls Church, Bailey's Crossroads, Richmond Highway-Ft. Belvoir, and Reston.

Loudoun Abused Women's Shelter (LAWS)

105 East Market St

Leesburg, VA 20176

Crisis Hotline & Shelter: 703-777-6552

Email: laws@lcsj.org

Website: <http://www.lcsj.org/services/>

LAWS operates a 24-hour crisis hotline and emergency shelter. LAWS is the only emergency shelter in Loudoun County that is specifically for victims of domestic violence and sexual assault who are fleeing abuse. The shelter is a small, single-family home in a confidential location that can house up to 12 people. There are three bedrooms, two full bathrooms, a kitchen, a dining room, living room, laundry area, and playroom. There is also a fenced in back yard for additional privacy and protection. Residents at our shelter are provided bedding, toiletries, clothing and food. For families in need of shelter with pets, LAWS coordinates pet shelter through a partnership with the Loudoun County Animal Shelter. Services provided include safety planning advocacy and case management, assistance with goal planning, information and referrals to community resources, and transportation assistance to appointments when needed. All services are confidential and free.

Loudoun County Homeless Shelters

Daytime Drop In Center:

19529 Meadowview Court

Leesburg, VA 20175

Drop in Center Phone: 571-258-3033

Youth Shelter Phone: 703-771-5300

Abused Women's Shelter Phone: 703-777-6552

Website: <https://www.loudoun.gov/index.aspx?NID=4011>

Loudoun County has four homeless shelters including a youth shelter, an abused women's shelter, and a daytime drop in center. The drop in center offers showers,

phones, laundry facilities, bag meals, referrals, and counseling for adults 18 and older who are homeless. Individuals need an ID and can not be a sex offender to receive services.

Mobile Hope of Loudoun

Mailing address

P.O. Box 4135

Ashburn, VA 20148

Physical Address

741 Miller Drive, Ste F

Leesburg, VA 20175

Phone: 703-771-1400

Email: getinvolved@mobilehopeloudoun.org

Website: <http://www.mobilehopeloudoun.org/>

Mobile Hope's Homeless Youth Diversion Program serves anyone under age 24 who is at risk of becoming homeless and offers basic needs such as clothing, shoes, socks, underwear, hygiene supplies, diapers and wipes, emergency and supplemental food supplies, financial assistance for other things like school related activities. Mobile Hope's Crisis Care Program serves 18-24 year olds who are homeless by providing homeless solutions, extensive case management, life skills training. Services are offered either on their bus or at the facility. The bus travels to Leesburg, Sterling, Villages of St. Louis, Middleburg, Lucketts, Lovettsville, South Riding, and Purcellville. Call the office for locations and schedule.

NVFS Serve Campus

Northern Virginia Family Services (NVFS)

Homeless Shelter

10056 Dean Dr.

Manassas, VA 20110

Phone: 571-748-2674

Shelter, Housing, Rent, Utilities Assistance Hotlines

Fairfax County: 703-222-0880

Prince William County: 703-792-3366

Food Assistance Hotline: 703-792-3366

Website: <https://www.nvfs.org/our-services/homelessness-housing/serve-campus/>

NVFS' SERVE Campus houses a variety of programs that help our neighbors receive the immediate assistance they need, such as food and shelter, and develop the potential for future success, including rapid re-housing, health access and services for children. NVFS also has rental assistance programs to prevent homelessness from occurring including short-term and emergency assistance, affordable rental units, and utility assistance programs.

Pathway Homes, Inc

10201 Fairfax Boulevard, Ste 200

Fairfax, VA 22030
Phone: 703-876-0390
Email: info@pathwayhomes.org
Website: <http://www.pathwayhomes.org/>

Pathway Homes provides housing support services to adults with severe mental illnesses and/or co-occurring disorders, including substance abuse or intellectual disability. Pathway homes situate individuals with a history of homelessness in supported housing and provide supportive services to others, allowing them to retain their own housing. Pathway Homes provides non-time-limited housing. The program follows the Housing First model, an evidence-based practice that looks at housing as a resource, rather than a reward, for recovery. It is an approach to ending homelessness that centers on providing permanent housing first and then providing services as offered and accepted. The individuals the program serves are actively engaged in their recovery process. Pathway Homes launched the first consumer-directed housing program in Northern Virginia, a Consumer Advisory Council meets regularly to provide feedback to the agency, and Pathway Homes employs several individuals with a lived experience of mental illness as peer support counselors.

Prince William County Homeless and Winter Shelters

Website: <http://www.pwccgov.org/government/dept/socialservices/pages/homeless-and-winter-shelters.aspx>

Prince William County runs or provides support to six winter and homeless shelters. Additional beds are available from November 1 through March 21 to protect homeless residents from hypothermia during the winter season.

Winter Homeless Shelter

Friends of Falls Church Homeless Shelter
217 Gordon Road
Falls Church, VA 22046
Phone: 703-854-1400
Website: <http://www.fallschurchva.gov/686/Shelters>

Friends of Falls Church Homeless Shelter is open November 15 through March 31 only, providing relief from harsh winter weather. The shelter opens at 6 p.m. each day and closes at 8 a.m.

Women's Homeless Shelters in Virginia

Website: <https://www.womenshelters.org/sta/virginia>
Listings of shelters, transitional housing, residential treatment centers and women's residential services.

Other Support for Transitional Youth

Consulting Connection Services

Phone: 703-857-4337

Email: info@consultingconnectionservices.com

Website: <https://consultingconnectionservices.com/what-is-it%3F>

Consulting Connection Services provides benefits planning and Work Incentives Specialist Advocate (WISA) services. Benefits planning is an individualized analysis and consultation service provided to assist individuals receiving waiver services and social security benefits (SSI, SSDI, SSI/SSDI) to understand their benefits and explore the possibility of work, to start work, and the effect of work on local, state, and federal benefits. This service includes education and analysis about current benefits status and implementation and management of state and federal work incentives as appropriate. WISA's are individuals who have been certified to provide work incentives counseling services to DARS clients who are receiving Social Security Disability (SSDI) and/or Supplemental Security Income (SSI) benefits.

Foster Care Alumni of America

5810 Kingstowne Center Dr, Ste 120-730

Alexandria VA 22315

Phone: 918-862-2586

Email: info@fostercarealumni.org

Website: www.fostercarealumni.org

The mission of Foster Care Alumni of America (FCAA) is to connect the alumni community and to transform policy and practice, ensuring opportunity for people in and from foster care. The Foster Care Alumni of America host alumni reunions, annual foster walks, provides speakers, offers training on how to strategically share lived experience, sponsor a radio show project called Foster Stories, and a community art project called the culture of foster care. Additionally, the website provides links to resources and information on advocacy. FCAA has a scholarship program for foster care alumni age 25 and over to help fill a gap in educational opportunities for older alumni. voice of alumni.

PEATC Youth Empowerment Program (PYE)

Parent Educational Advocacy Training Center (PEATC)

8003 Forbes Place, Ste 310

Springfield, VA 22151

Phone: 703-923-0010

Toll free: 800-869-6782

Email: uria@peatc.org

Website: <http://www.peatc.org/peatc.cgim?template=pye>

PEATC Youth Empowerment Program (PYE) is a program meant to empower young people ages 14-26 with disabilities in Virginia. This group helps youth gain knowledge to become empowered self-advocates, successfully transition into adult life, and to be an active leader in their community. It offers a chance to create new friendships, learn or improve self-advocacy skills, get school and work recommendation letters, gain volunteer hours, and earn special prizes for participating in various activities. PYE meets virtually most of the time and ask for a one year commitment to the program.

Phoenix House Mid-Atlantic

200 North Glebe Road, Ste 104
Arlington, VA 22203
Phone: 703-841-0703 (option 1)
Website: <https://www.phoenixma.org/>

Phoenix House Mid-Atlantic provides evidence-based treatment for adults struggling with substance use disorders. Phoenix House's gender-specific residential treatment programs help clients break the cycle of drug and alcohol addiction and equips them with the tools they need to re-enter the community as responsible citizens in sustained recovery. Counselors and clinicians use a cognitive-behavioral approach, including medication and withdrawal management, to address a wide range of substance use disorders and co-occurring mental health problems. The Outpatient Counseling Center offers a Partial Hospitalization Program (PHP), day and evening Intensive Outpatient (IOP) Programs, evening Outpatient (OP) Services, and Office Based Opioid Treatment (OBOT). The Phoenix House accepts most major insurance plans, Virginia Medicaid, and all major credit cards.

Prescription Medication Program

Northern Virginia Family Services (NVFS)
10455 Granite Dr, Ste 100
Oakton, VA 22121
Fairfax Phone: 571-748-2553
Loudoun Phone: 703-443-2000
Prince William Phone: 703-680-7950
Website: <https://www.nvfs.org/assistance/prescription-medication/>

NVFS has a prescription medication program that links low-income, uninsured clients with free prescription medication programs offered by more than 200 pharmaceutical companies. The program is available in Fairfax, Loudoun, and Prince William Counties. Worker or client can contact the staff person directly for intake and information.

Tranquil Voices Peer to Peer Support Group

Fairfax-Falls Church Community Services Board (CSB)
Merrifield Center
8221 Willow Oaks Corporate Drive
First Floor, East Wing, Room 1-413
Fairfax, VA 22031
Phone: 703-207-7769
Email: wwwcsb@fairfaxcounty.gov
Website: <https://www.fairfaxcounty.gov/community-services-board/recovery/tranquil-voices>

Tranquil Voices is a peer-led support group for adults. It is offered weekly at the Merrifield Center. Peer support is people who have had similar experience giving each other encouragement, hope, assistance, guidance, and understanding that aids in

recovery. This support group is for adults and includes socialization and recovery activities including discussions about the recovery model.

Vehicles for Change

Northern Virginia Family Services (NVFS)

10455 Granite Dr, Ste 100

Oakton, VA 22121

Phone: 571-748-2561

NVFS Website: <https://www.nvfs.org/our-services/workforce-development/vehicles-for-change/>

Vehicles for Change Website: <https://www.vehiclesforchange.org/>

NVFS' Vehicles for Change program provides qualifying, low-income families with reliable transportation so that they may readily access more job and school opportunities. NVFS partners with Vehicles for Change, based in the metropolitan D.C. area, provides donated vehicles made road-ready in partnership with local garages.

Washington Metro Transit Reduced Fare Program

600 5th Street NW

Washington, DC 2001

Phone: 202-962-2700

TTY: 202-962-2033

Website: <https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies>

Customers who are under age 65 and receive Medicare (not Medicaid) automatically qualify for reduced fares and receive half fare on Metrobus and Metrorail. Medicare applicants may receive a Reduced Fare SmarTrip photo ID card by presenting a government issued photo ID and a valid Medicare card at the Metro Transit Accessibility Center, 600 5th St NW, Washington, DC. When paying cash on Metrobus, simply show the bus operator a photo ID and a valid Medicare card.

Online Transition Age Youth (TAY) Guides and Resources

The Forum for Youth Investment

Website: www.forumfyi.org

Resource Website: <https://forumfyi.org/knowledge-center/>

The Forum for Youth Investment provides products and services to help leaders improve partnerships, policies and practices for young people. The website has on-line advocacy training for young adult advocates.

Life After High School: A Handbook on Transition Planning for Students and Families

Loudoun County Public Schools Career and transition Services

Website:

www.lcps.org/cms/lib4/VA01000195/Centricity/Domain/63/Transition/LCPS_Handbook_on_Transition_Planning_for_Students_and_Families.pdf

Life After High School is a detailed and informative handbook providing parents of a child or adolescent with disabilities, information, practical suggestions, and questions to consider as their children transition from the world of school as a student into the world of an adult.

National Collaborative on Workforce and Disability/Youth

Website: <http://www.ncwd-youth.info>

The National Collaborative on Workforce and Disability for Youth (NCWD/Youth) assists state and local workforce development systems to better serve all youth, including youth with disabilities and other disconnected youth.

MPowerMe

Website: <https://mpowerme.care/>

MPowerMe is a monthly fee-based subscription service that gives users access to programmable technology to help develop independent living skills. The service includes interactive digital lessons designed by, and for the user, secure online decision support tool, and access to peer coaching to personalize lesson on a mobile device. Lessons are customized to each Student's preferences, experiences, perspectives, and level of independence and can be changed over time to meet the student's changing needs and capabilities.

Resources for Access, Independence, Self-Advocacy, and Employment (RAISE)

Website: <http://www.raisecenter.org/>

The National Resources for Advocacy, Independence, Self-determination and Employment (RAISE) Technical Assistance Center works with the seven RSA-funded Parent Training and Information Centers to develop and disseminate information and resources that increase their capacity to serve youth and young adults with disabilities and their families.

Virginia Intercommunity Transition Council (VITC)

Website:

http://www.doe.virginia.gov/special_ed/transition_svcs/va_intercommunity_transition_council/index.shtml

The mission of the Virginia's Intercommunity Transition Council is to promote successful transition outcomes for youth and young adults with disabilities.

The mission of the Virginia's Intercommunity Transition Council is to promote successful transition outcomes for youth and young adults with disabilities by providing leadership and innovation in employment, education, training, living independently, community participation, and community support systems that influence success for all students.

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Formed Families Forward
4031 University Drive, Suite 100
Fairfax, VA 22030
(703) 539-2904 phone
(703) 277-7730 fax
info@FormedFamiliesForward.org
www.FormedFamiliesForward.org
Kelly Henderson, Ph.D., Executive Director