



WHAT  
**FORMED**  
**FAMILIES**  
**FORWARD**  
 CAN DO FOR YOU



**Families formed by foster care, kinship care, or adoption, especially those raising children with special needs, face unique challenges. Formed Families Forward helps families find and navigate services here in Northern Virginia, including:**

- Early intervention for infants and toddlers
- Instruction and support in schools
- Mental and behavioral health services
- Juvenile justice, courts, and detention
- Health and disability services
- Social services
- Transition through middle and high school to college, job training, and employment

**CONSULTATION & RESOURCE NAVIGATION FOR PARENTS AND CAREGIVERS**

- Free consultations, in-person and by phone
- Assistance with navigating systems, applying for benefits, and advocating for children and youth in your care
- Lending library of books on disability and foster, adoptive and kinship topics

**TRAINING & FAMILY EVENTS**

- Regional trainings on-site and webinars
- Annual Spring Forward Family Fun Day - families share a day of learning, fun, games, food, and community connections
- Family movie nights

**RESOURCES ON OUR WEBSITE**

- Current trainings and events
- Fact sheets and resource links
- Information on trauma-informed practices, kinship care, fetal alcohol spectrum disorders, post-secondary transition, and other topics

**SUPPORT GROUPS**

- "Stronger Together" peer support groups for youth ages 14-22 meet twice monthly in Fairfax during the school year
- Parents and caregivers meet separately
- Both groups led by professional clinicians



Ask us! We've been there. We are here to help.

Resources, consultations, and most trainings are available at no cost to families in Northern Virginia

Find us at [www.FormedFamiliesForward.org](http://www.FormedFamiliesForward.org), on Facebook, and on Twitter

Reach us at [info@FormedFamiliesForward.org](mailto:info@FormedFamiliesForward.org) and (703) 539-2904