



Neurofeedback: How Strengthening Brains Can Help Conquer Challenging Thoughts and Behaviors

With Dan Dinsmoor, Ph.D. and Larisa deGraffenreid, LCSW

Monday, March 5, 2018

FREE WEBINAR! 7:00PM- 8:30PM

Neurofeedback, or EEG Biofeedback, is the direct training of brain function by which certain areas of the brain will learn to function more efficiently. Through this process one can retrain areas of the brain to process and extract information more easily. Traditionally, this treatment has been used to help those with attention disorders, behavioral issues, depression, autism and migraines. ***Dan Dinsmoor, Ph.D. and Larisa deGraffenreid, LCSW*** of **Family Compass** will present on their use of neurofeedback to treat children who have challenges with attention, learning, and emotional regulation. Following a discussion of understanding these challenges from a brain-based perspective they will explain how neurofeedback has improved the lives of patients.

Dr. Dinsmoor is a licensed Clinical Psychologist who has been serving patients for 45 years. Having formerly served on the staff of various hospitals, he then acted as coordinator of Child and Adolescent Services for Charles County Mental Health. Ms. deGraffenreid is a Licensed Clinical Social Worker who began her career in Treatment Foster Care, followed by serving as a Clinical Supervisor at JSSA. She has been using neurofeedback with her patients for three years with successful results. Both now are in private practice at Family Compass in Reston.

WEBINAR is FREE; please register at www.FormedFamiliesForward.org or call 703-539-2904.

Open to all parents, caregivers, and professionals, though content will address issues of particular relevance to foster, adoptive and kinship families. We offer training and support to foster, adoptive and kinship families raising children and youth with special needs. Older teens and young adults are welcome to attend.