

# Trauma 101

## Empowering Parents and Educators



Research suggests that approximately 1 in 4 children will experience a traumatic event by the age of 16. We know that traumatic stress in children and youth contributes to poor school performance and makes it harder to develop strong, healthy relationships with peers and adults. Families and educators, as frontline partners for children, benefit from strong foundational knowledge regarding

- the signs of trauma;
- how trauma reactions may influence behavioral, emotional, and academic outcomes; and
- home and school strategies to help support children.

**November 2, 2017 | 10:00 – 11:30 a.m.**

Dunn Loring Center for Parent Services | 2334 Gallows Road  
Entrance 1 | Room 100 | Dunn Loring, Virginia 22027 ([map](#))

Chrissy Cunningham, MSW, Prevention Coordination Specialist, Fairfax County Neighborhood and Community Services, and Kelly Henderson, Ph.D., Executive Director, Formed Families Forward will present this trauma training and provide practical strategies that you can use immediately. Learn how parents, caregivers, and friends can help build resilience in children impacted by traumatic stress.

## Don't miss this important workshop.

## Register online now!

Or call the FCPS Parent Resource Center at 703-204-3941.