



From Trauma to Resiliency: Building Trauma-Informed Schools and Communities

A Workshop for Professionals

with Elizabeth Meeker, Psy.D., Coordinated Care Services,

Friday, April 6, 2018

8 AM - 12:30 PM ○ 4031 University Dr., Fairfax

National trauma expert Dr. Elizabeth Meeker will guide education, social service, clinical and other professionals through practical strategies to implement trauma-informed practices in school and community settings.

The workshop will build upon participants' understanding of the impact of Adverse Childhood Experiences (ACEs) and toxic stress on early brain development and implications for learning. The principles of trauma-responsive care and student social and emotional health will be addressed. Participants will gain tools to create systemic changes promoting environments conducive to the learning needs of all students. Because "stressed brains can't learn", this session will focus on strategies to support the individual student who may be struggling socially, emotionally and/or academically due to the effects of trauma. Drawing upon the most recent work on attachment, regulation and skill development, participants will apply their understanding to current challenges faced in the classroom.

Workshop fee, including breakfast is \$48.

Va Social Work CEUs, pending, at additional fee.

Register at www.FormedFamiliesForward.org

or call 703-539-2904.

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